

Integrated Physical & Behavioral Health Care Accelerator Committee

January 4, 2016



Agenda

- 1) Welcome and Introductions
- 2) Committee Logistics/Frequency
- 3) Discussion of Committee Scope and Goals
- 4) Next Steps

Joe Roszak
CEO
Kitsap Mental Health Services

Mr. Roszak has over 25 years of senior leadership experience with not-for-profit agencies. Joe's passion provides inspiration and compassion for clients, staff and the community while maintaining the delicate balance between fiscal fitness, exceptional quality of services and accomplishment of the agency's mission.



Teresita Batayola, MSUA

CEO

International Community Health Services

Teresita Batayola, Chief Executive Officer of International Community Health Services (ICHS) in Seattle, Washington, leads the state's largest Asian and Pacific Islander non-profit organization providing primary health care services including medical, dental, behavioral health, acupuncture and health education services. Batayola came into health care with a background in economic development, community and international development, and strategic planning.

Batayola is Vice Chair of Seattle Colleges' Board of Trustees, the immediate past president of the Washington Association of Community and Migrant Health Centers and serves on the boards of the Association of Asian Pacific Community Health Organizations, the Community Health Plan, Community Health Network and the Community Clinic Contracting Network. Batayola is an active spokesperson and public speaker on affordable health care. In 2010, Batayola was named by Seattle Business Magazine as an outstanding leader in healthcare. In March 2012, Batayola received the Betsey K. Cooke Grassroots MVP Award from the National Association of Community Health Centers. In April 2014, Batayola was recognized as a White House Champion of Change for increasing access to health care coverage. She received the Filipino Community of Seattle Lifetime Achievement Award for Community Leadership in November 2014.

Batayola holds a BA in Public Affairs from Seattle University and an MS in Urban Administration from Bucknell University. Twenty leaders, including Batayola, are featured in Teri Critterman's *From the CEO's Perspective, Leadership in Their Own Word*.



Chelene Whiteaker, MHA
Policy Director, Member Advocacy
Washington State Hospital Association

Chelene is responsible for a variety of policy areas at WSHA including mental health, telemedicine, state transformation work, and federal advocacy. Recently, she was heavily involved in the policy work for the 2015 telemedicine legislation and advocacy for mental health funding to combat the psychiatric boarding crisis.

Chelene began her 10-year career at WSHA through an internship with the Washington Coalition for Insurance Parity. The coalition successfully advocated for the state's mental health parity law and she played a significant role in the enactment and subsequent expansion of the law.

Chelene earned a Master of Health Administration and a certificate in Health Policy from the University of Washington in 2009. She also holds a Bachelor of Arts in History from the University of Washington.

Darcy Jaffe, MN, ARNP, NE-BC
Chief Nursing Office and Senior Associate Administrator
Harborview Medical Center

Darcy is the Chief Nursing Officer and Senior Associate Administrator at Harborview Medical Center (HMC), University of Washington Medicine in Seattle. HMC is an academic medical center that serves as the Level 1 trauma center for Washington, Alaska, Montana and Idaho and the safety net for King County. She is also adjunct Clinical Faculty at the University of Washington School of Nursing. She has been at HMC for over twenty years in multiple leadership positions including Administrator for Psychiatry and Behavioral Health Sciences and Rehabilitation Medicine. In addition to nursing practice throughout HMC her operational responsibilities include Psychiatry and Behavioral Health Science, Critical Care, Acute Care, Rehabilitation Medicine, Neurosciences, Cardiology, The Burn Center, Pediatrics, Respiratory Care, Sleep Medicine, Care Management and the outpatient procedural areas. She also serves as the UW Medicine Co-Chair for services initiatives dedicated to improving the experience of all patients and those who care about them. In partnership with the UW School of Medicine Chair of the Department of Psychiatry she co-chairs the UW Medicine Behavioral Health Strategic Planning Committee which has resulted in the system-wide implementation of evidence-based integration of primary care and behavioral health as well as providing consultation and assistance to the Wyoming Department of Health to reform their mental health policies related to individuals with developmental delays and mental illness. Her current appointments include, faculty for The Institute for Behavioral Healthcare Improvement, The Washington State Speaker of the House Mental Health Task Force, the King County Mental Illness and Drug Dependency Oversight Committee, the University Health System Consortium Chief Nursing Officer Steering Committee and the Advisory Boards for the University of Washington Schools of Nursing Seattle and Bothell Campuses. She is a Robert Wood Johnson Foundation Executive Nurse Fellow and a member of the Academy of Health Care Executives. Her past service includes the Governing Board for Fairfax Psychiatric Hospital, Rosehedge AIDS Housing and Healthcare Board of Directors and the President of the King County Community Mental Health Association.

Erin Hafer

Director of New Programs Integration & Network Development
Community Health Plan of Washington

Erin Hafer, MPH, is Director of New Programs Integration & Network Development at Community Health Plan of Washington. Ms. Hafer has extensive experience working with managed care and delivery systems to integrate health care reform opportunities through strategic planning, product development, care delivery and payment model innovation. She is experienced in developing models to improve access to care for individuals with complex conditions, including individuals with mental health conditions and substance use disorder. Ms. Hafer has provided program oversight of the innovative, Mental Health Integration Program (MHIP) since its inception in 2007.

Julie Lindberg
Vice President of Health Care Services
Molina Health Plan of Washington

Primary Responsibilities: I oversee the utilization management and care management functions for the Washington Plan.

Hometown/School: Phoenix, AZ; Undergraduate degree in Psychology from Pomona college; Master's Degree in Social Work from UCLA.

Outside Interests/Hobbies: I spend most of my time with my kids in their activities watching little league games, soccer games, basketball games, swim meets, and dance recitals. I also enjoy playing tennis, reading, and bicycling.

Other interesting info: I'm training to run to Portland half-marathon in October.



Jürgen Unützer, MD, MPH

Professor and Chair, Psychiatry & Behavioral Sciences

University of Washington School of Medicine

Dr. Unützer chairs the Department of Psychiatry and Behavioral Sciences at the University of Washington and he directs the AIMS Center which is dedicated to advancing integrated mental health solutions (<http://aims.uw.edu>).

Dr. Unützer's work focuses on developing local and regional partnerships for workforce development and capacity building in behavioral health care. He has published more than 250 articles in peer reviewed medical journals and received numerous grants and awards for his efforts to support innovations in integrated behavioral health care.



Sarah Addison
Integrated and Collaborative Care Manager
Sea Mar Community Health Centers

Sarah's work over the past 25 years has encompassed Behavioral Health, Chronic care, and Integrated care. She began her Behavioral Health work in Colorado within a Cancer Care unit and Brain Injury unit. In WA state she worked for an Area Agency on Aging, and spent many years as a BH clinician and Program Manager. Over the past few years she has focused on integrated care and the roll-out of the WA State Health Home Program across Western WA.

Rick Weaver

CEO

Central Washington Comprehensive Mental Health

Rick Weaver has worked in the behavioral health field for nearly 40 years. He worked for Peninsula Lodge a community mental health and developmental disabilities center in Bremerton, WA from 1976-1983. He served as its Executive Director. Since 1983, Rick has worked at Central Washington Comprehensive Mental Health. He has served as Comprehensive's President/CEO since 1997. Rick also served the State of Washington as a special policy consultant from 2011-2012. He has served as the Co-CEO of Behavioral Health Northwest since 2010.

Central Washington Comprehensive Mental Health (Comprehensive) is a large multi-service healthcare and social service provider with a primary presence in six central Washington counties (Kittitas, Yakima, Klickitat, Benton, Franklin and Walla Walla). It also provides limited services in 4 additional Eastern Washington Counties. Comprehensive provides a full continuum of mental health and substance use services for children, adults and seniors. It provides integrated primary care and behavioral health services in many locations in its service region.

Behavioral Health Northwest is co-owned by Comprehensive and Compass Health. It provides care transitions, care coordination, health home and outpatient mental health services statewide through its network of mental health providers.



Lauren Simonds, MSW

Executive Director

National Alliance on Mental Illness of Washington State (NAMI)

Lauren Simonds has a Master of Social Work degree in Organizational Administration and Planned Social Change from the University of Washington. She has lived in the Pacific Northwest since 1991, and has worked in the fields of HIV/AIDS, reproductive rights, and Jewish communal service. Prior to her position with NAMI Washington, she has served as the Executive Director of Rosehedge/Multifaith Works, NARAL Pro-Choice Washington, and the Seattle Section of the National Council of Jewish Women. Ms. Simonds has a strong background in community building, legislative advocacy, fund development, strategic communications, and leadership development and training.



MaryAnne Lindeblad

Washington State Medicaid Director

Health Care Authority

MaryAnne Lindeblad brings a broad health care and administrative background to the top position in the Washington State Medicaid program. Lindeblad, a Registered Nurse, has been an active health care professional as well as a leader spanning most aspects of health care including acute care, long-term care, behavioral health care, eldercare and services for people with disabilities. Prior to her appointment as State Medicaid Director, she served for two years as the Assistant Secretary for Aging and Disability Services Administration in the Department of Social and Health Services. Previously, she was Director of the Health Care Services Division of the Medicaid program. Lindeblad held a variety of leadership positions over the years, including assistant administrator of the Public Employees Benefits Board. During the 1990s, Lindeblad also worked in the private sector, serving as director of operations for Unified Physicians of Washington. In 2010, she was selected for the inaugural class of the Medicaid Leadership Institute. In 2015 she was inducted into the Eastern Washington University Chapter of the Upsilon Phi Delta Society. She is a member of the executive committee for the National Academy for State Health Policy, and chairs its Long Term and Chronic Care subcommittee. She also is on the board of the National Association of Medicaid Directors, and the Olympia Free Clinic. Lindeblad holds a bachelor of science in nursing from Eastern Washington University and a master's in public health from the University of Washington.



Ann Christian
CEO
Washington Council for Behavioral Health

Ms. Christian is an advocate and leader in policy development for behavioral healthcare. She guides the Council's strategic vision, ensures the Council's role as a leading voice and resource for community behavioral health, and builds partnerships that promote clinical practice and system improvement.



Brian Sandoval
Primary Care Behavioral Health Manager
Yakima Valley Farm Workers Clinic
Salud Medical Center

Dr. Brian Sandoval is a clinical psychologist with 7 years of primary care experience in several capacities including clinical work, program development, policy, and research. He is currently the program manager for Primary Care Behavioral Health at the Yakima Valley Farm Workers Clinic, an FQHC network with 16 clinics throughout Oregon and Washington. During his professional career, Brian has been involved in several projects integrating mental and physical health. He has chaired the Integrated Behavioral Health Alliance of Oregon, a workgroup dedicated to developing practice standards and payment reform strategies at the state level. Brian also assumes a leadership role in his own corporation's Patient Centered Medical Home transformation initiative, specifically related to patient self-management of chronic disease. Brian has a passion for working with the underserved and continues to provide direct patient care at Salud Medical Center in Woodburn. Brian and his family reside in the Portland, Oregon metro area.

Vanessa Gaston

Director, Clark County Human Services

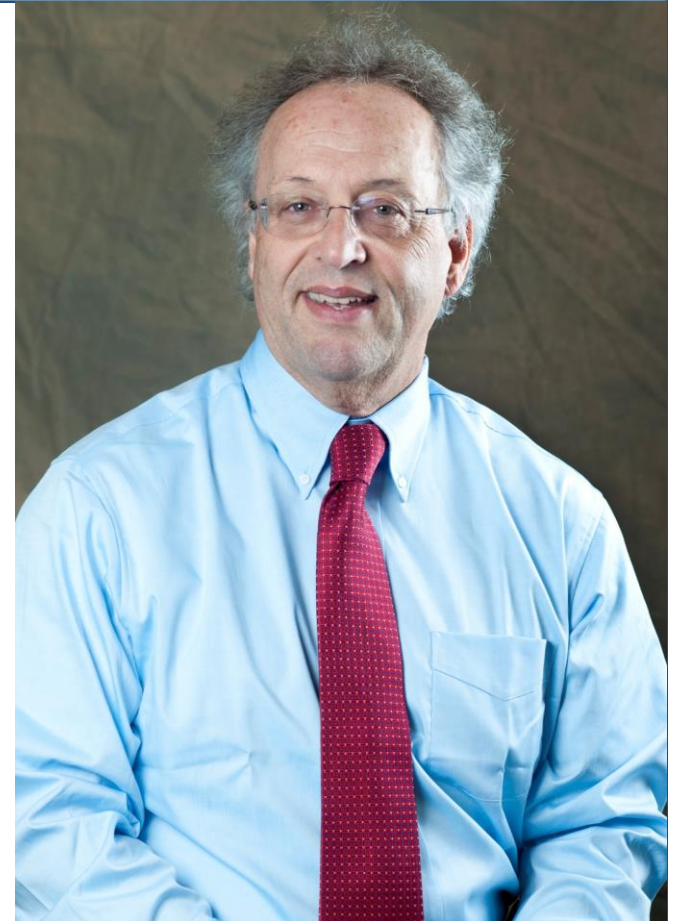
Administrator, Southwest Behavioral Health

Vanessa Gaston is the Director for Clark County Community Services. She is responsible to oversee a department with 61 employees and an annual budget of over \$28 million. Community Services administers grants, contracts and programs for alcohol and drug treatment, local mental health services, crisis service system, veteran services, developmental disability, youth services, low-income home rehab, housing and homeless programs for Clark County. Ms. Gaston is also the Administrator for SWBH Regional Support Network and is working with the Board and staff to successfully transition over the responsibilities for mental health services to managed care organizations effective April 1, 2016. She currently serves on the Board of Directors for Washington Community Action Partnership. She is the designated lead representative from Clark County working with other regional County representatives and Health Care Authority on Early Adopter implementation for full Medicaid integration between mental health, chemical dependency and physical health programs. She was instrumental in creating the SWWA Regional Health Alliance and serves as the Board Secretary. She served as a Washington State Human Rights Commissioner and board member for WIN211. She was also appointed and served on the Oregon State Board of Education. She brings to her jobs strong administrative and communication skills, with a strong background in leadership positions. Ms. Gaston has a Master's degree in Public Administration with a focus on Education and Social Policy Administration from the University of Washington and a bachelor's degree from Evergreen State College. Her past experience includes 12 years in Washington State Government working for the Department of Social and Health Services and the Washington State Department of Veteran Affairs. She also served honorably in the U.S. Army. Ms. Gaston has an extensive background with over 24 years working with various human service, health, employment and educational programs and issues.



Paul Schoenfeld, PhD
Director, Center for Behavioral Health
Everett Clinic

Paul has been the Director of The Everett Clinic's behavioral health department for the last 22 years. He has been a clinical psychologist working in healthcare since 1977. The department has 30 mental health practitioners, including psychiatrists, psychologists, nurse practitioners, social workers, and master's level therapists. Their clinicians are integrated into primary care sites throughout The Everett Clinic.



Peter Rutherford, MD

CEO

Confluence Health

Dr. Rutherford has been a practicing General Internist for 30 years, and for the last three years has provided physician leadership of Confluence Health, based in Wenatchee, serving four counties in North Central Washington. His major interest and goal is to see high value care for all patients. He recognizes that physical medical, behavioral health, and chemical dependency care for each patient are intertwined, and can not be siloed.



Barry Kling
Administrator
Chelan-Douglas Health District

Barry has served as Administrator for Chelan-Douglas Health District since 2003 and is also chair of the North Central ACH Governing Board. Before coming to Washington State his career included local health departments, the Shoshone and Arapaho Tribes of Wyoming, and the University of Missouri-Columbia School of Medicine, where he spent 20 years developing community health programs and was Associate Dean for External Affairs in his last few years there.



Laura Kate Zaichkin
Administrator
Office of Health Innovation and Reform
Health Care Authority

Laura Kate Zaichkin is the Administrator of the Washington State Health Care Authority's Office of Health Innovation and Reform within the division of Policy, Planning and Performance. The Office of Health Innovation and Reform is the health policy and innovation engine for HCA and has been primarily focused on the development and implementation of the state's five-year plan for health system transformation, called Healthier Washington. Prior to joining HCA in 2013, Laura was with the National Quality Forum in Washington DC where she convened a public-private partnership of national health care entities to help shape and catalyze action around the National Quality Strategy. Laura has a masters degree in public health policy from The George Washington University.

Isabel Jones
Payment Redesign Specialist
Office of Health Innovation and Reform
Health Care Authority

Isabel Jones is a Payment Redesign Specialist at the Health Care Authority, within the division of Policy, Planning and Performance. Isabel is responsible for the implementation of Payment Model I under the State Innovation Model (SIM) Grant, and her work is focused on redesigning Medicaid purchasing in Southwest Washington, to integrate the purchasing of physical and behavioral health services.

Prior to joining the HCA, Isabel worked in the White House Domestic Policy Council Health Office as a Policy Assistant, focused on implementation of the Affordable Care Act. Isabel also worked for Senator Tom Carper as a health policy fellow where she focused on policy analysis, and served as a legislative correspondent for health and education issues for Senator Maria Cantwell.

Before moving to D.C., Isabel worked in her home state of Washington as a field organizer for both President Obama's campaign in 2008 and Senator Cantwell's re-election campaign in 2006, positions in which she managed several offices and hundreds of volunteers. Isabel holds a Master's degree in Public Policy from American University (2013) and a B.A. in International Studies from the University of Washington (2008).

Additional Committee Members

- Chris Imhoff, Director of the Division of Behavioral Health and Recovery, Department of Social and Health Services
- Susan McLaughlin, Health and Human Services Integration Manager, King County Department of Community and Health Services
- Cezanne Garcia, Practice Transformation Hub Manager, Department of Health
- Diane Narasaki, Executive Director, Asian Counseling and Referral Service
- Representative Paul Harris, 17th District Legislator, House of Representatives
- Peggy Papsdorf, Policy Analyst, Pioneer Human Services



Committee Meeting Logistics & Expectations

- Go-To Meeting Etiquette
- Monthly 1 hour web-meetings
- In-person meetings optional
- 2-3 hours of pre-work, materials review, and action steps
- Expectation of engagement and participation, with a focus on actionable next steps

Committee Scope

Mission: Accelerate the uptake and spread of integrated delivery models.

Vision: Connecting and drawing linkages between Washington's public and private sector stakeholders to drive action and create innovative solutions around physical and behavioral health system challenges, and build sustainability for Healthier Washington initiatives.

Goals: Mobilize health innovators to:

- 1) Facilitate the uptake of integrated models of care;
- 2) Identify challenges to integrated service delivery and take action to master the challenges and expand opportunities; and
- 3) Identify and disseminate best practices and/or practice transformation resources, in alignment with existing or developing transformation efforts.
- 4) Identify challenges to integrated service delivery and take action to master the challenges and expand opportunities; and
- 5) Identify and disseminate best practices and/or practice transformation resources, in alignment with existing or developing transformation efforts.



Targeted Priorities for Committee Consideration

- 1) Develop an inventory to assess providers across the State and their capacity for adopting more advanced integrated care models.
- 2) Create a readiness assessment tool for partners to self-evaluate their current capacity to achieve maximum integration.
- 3) Develop and implement a statewide communication clearing house of integration models, definitions, tools, stories of mastery over challenges, listing of opportunities and more.
- 4) Champion legislative and state governmental changes that are customized to incentivize integration delivery models across all regions.

*** Succeed in these targeted priorities within a viable and realistic timeline by leveraging the resources and commitment of committee members to take collective and individual action.*

Next Steps?