

Introducing UMP's website!

We are excited to introduce UMP's newly launched website, regence.com/ump/sebb.

Designed with you in mind, we've created an online experience for you to learn about UMP's medical and prescription drug coverage, plan costs, and health and wellness programs. And when you enroll in a UMP plan, you'll gain access to a dedicated team of customer service professionals ready to help you make the most of your benefits.

Here's what you can expect from regence.com/ump/sebb:

- **Helpful homepage**
You're only one click away from learning about UMP's five affordable health plans, searching for providers in your network, understanding plan costs, and finding contact information.
- **Convenient provider search**
We've made it easier to search for providers and facilities with a more user-friendly results page that lets you see information like what plans your provider participates in. You can learn about options for your care that might save you time and money, and easily find UMP Customer Service contact information if you have questions or need more help.

You can also sign in to your Regence account to find providers. Signing in gives you more personalized search results and, starting January 2020, you will be able to search for costs by codes and use a cost estimator for more accurate coinsurance rates.
- **Benefit support and resources**
Find resources to help you understand your health benefits and tools to help you make the most of your health care dollars.

Questions? Call UMP Customer Service at 1-800-628-3481 (TRS: 711), M-F 5 a.m. - 8 p.m., Sat. 8 a.m. - 4:30 p.m. (Pacific)