



## Wondering about 2019 premiums?

Premiums for some UMP Classic Medicare retirees are decreasing in 2019. For the complete list of 2019 premiums, see the PEBB Program's October *For Your Benefit* newsletter or visit [www.hca.wa.gov/erb](http://www.hca.wa.gov/erb).

### Have questions about your 2019 benefits?

#### Attend a benefits fair

Attend a PEBB benefits fair, meet plan representatives, and learn about your options for 2019. Benefits fairs will be held across Washington between October 30 and November 19. Visit [www.hca.wa.gov/erb](http://www.hca.wa.gov/erb) for the full schedule and more details.

#### Go online with UMP

Visit [www.hca.wa.gov/ump](http://www.hca.wa.gov/ump) to find out about changes for UMP members, check to see if a provider is in a UMP plan network, and compare the three UMP plans.

### Find out if you can pay less for Tier 3 prescription drugs

If you take Tier 3 (nonpreferred) brand-name prescription drugs, you may be able to pay less. Find your drug's tier by visiting [www.hca.wa.gov/ump-drugs-classic](http://www.hca.wa.gov/ump-drugs-classic) and clicking on "UMP Preferred Drug List."

If you are taking a Tier 3 drug, you (or your prescribing provider) may request an exception to the cost-share (50 percent of the allowed amount) for that prescription drug.

Your prescribing provider must submit clinical information to request preauthorization for an exception. If the plan approves an exception, you will pay based on the Tier 2 cost-share (30 percent of the allowed amount, \$75 maximum payment per 30-day supply).

To learn more about this process, or to request an exception, call Washington State Rx Services at 1-888-361-1611 (TRS: 711).

### Ready to make changes for 2019?

Open enrollment starts November 1 and ends November 30 at midnight (Pacific). During open enrollment, you can make changes to your medical or dental plan. To learn how to make changes, see the PEBB Program's October *For Your Benefit* newsletter.

### Interested in benefits changes for 2019?

Starting in January 2019, male condoms, male spermicides, and all female contraceptives will be covered at 100 percent with no deductible.

To take advantage of this benefit:

- Get a prescription from your doctor or call your pharmacy to find out if your pharmacist has prescribing authority.
- Go to a network pharmacy. To find network pharmacies, visit [www.hca.wa.gov/ump/find-drugs](http://www.hca.wa.gov/ump/find-drugs) and click on "A network pharmacy" under your plan.

- Show the pharmacist your UMP ID card.
- Pay for your prescription at the pharmacy counter.

**Note:** You will need to submit a reimbursement claim to Washington State Rx Services if you go to a pharmacy without a prescription or if the pharmacy does not have prescribing authority. You will also need to submit a claim if you do not pay at the pharmacy counter.

UMP is administered by a third-party vendor under contract with the Washington State Health Care Authority.



### UMP Notice of Privacy Practices updated

The UMP Notice of Privacy Practices is being updated and will be effective November 1, 2018. To find the notice, visit [www.hca.wa.gov/ump](http://www.hca.wa.gov/ump) and click on "Privacy" at the bottom of the page.

# Want to know more about your prescription medications?

UMP has added a new tool, the Drug Information and Interaction Checker, that you can access through your online pharmacy account. You can use this tool to learn about how to take prescription drugs more safely. Use the Drug Information and Interaction Checker to find out how your prescription drugs, over-the-counter drugs, and herbal or vitamin products interact with each other.

You can also learn if there can be any harmful side effects caused by mixing certain prescription drugs or by combining prescription drugs with other lifestyle factors (alcohol, caffeine, tobacco, food). If you have drugs that have been separated from their original packaging, you can search by the imprint code stamped on the pill and the description.

**Note:** The Drug Information and Interaction Checker is not intended to cover all possible uses, precautions, interactions, or negative effects for a drug. If you have questions about a drug you are taking, please check with your health care professional.

## How to get started

- Visit [www.hca.wa.gov/ump/log-your-accounts](http://www.hca.wa.gov/ump/log-your-accounts) and click on "Pharmacy account."
- Log in to your pharmacy account.
- Under "Tools," select "Drug Information and Interaction Checker."

## More ways to use your pharmacy account

Log in to your pharmacy account to order mail-order prescription drug refills and check the estimated cost of your prescription drugs. You can also find a network pharmacy near you, check your prescription drug deductible, and view your prescription drug claims history.

## Questions?

Call Washington State Rx Services customer service at 1-888-361-1611 (TRS: 711).



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**Look inside for important information on your 2019 UMP benefits!**

## Need to find a provider?

You get the most from your plan when you choose a preferred provider:

- You pay 15 percent of the allowed amount for most services after you pay your medical deductible.
- You pay nothing for covered preventive care services and most covered immunizations.
- Preferred providers can't bill you for charges that exceed the plan's allowed amount.

To find a preferred provider, visit [www.hca.wa.gov/ump-providers-classic](http://www.hca.wa.gov/ump-providers-classic) and click "Find preferred providers." This will take you to the Regence provider search. You can search by a doctor's name or specialty. You can also search for a specific hospital or clinic, or you can search for hospitals, urgent care centers, or clinics near you.

## Two important tips:

First, make sure the "Your Location" information is set to the place where you want to find your providers. Next to the words "Your Location" you can enter an address, city, state, or ZIP Code.

Second, confirm "Your Plan" is set to "UMP Classic/UMP CDHP." If it is not, to select your plan:

- Click on the space next to "Your Plan;"
- Click on "Uniform Medical Plan (UMP);"
- Scroll down to "UMP Classic/UMP CDHP;" and
- Select "UMP Classic/UMP CDHP."

## Need help finding a provider?

For help finding a provider, please call UMP Customer Service at 1-888-849-3681 (TRS: 711)