

UMP Offering New Plan: UMP Plus

As of January 1, 2016, UMP will offer a new plan, UMP Plus, with a choice of two networks: **Puget Sound High Value Network** and **UW Medicine Accountable Care Network**.

Who is eligible to enroll in UMP Plus?

PEBB benefits-eligible members who are employees; Leave Without Pay members; and retirees or COBRA members and their covered spouses or registered domestic partners **not** enrolled in Medicare Part A or Part B.

Members must live in King, Kitsap, Pierce, Snohomish, or Thurston counties to enroll in UMP Plus.

What's different about UMP Plus?

Lower premiums: Monthly premiums are lower than UMP Classic—up to 30% lower for state agency and higher-education employees.

Lower medical deductible: \$125 per person, \$375 per family. If the subscriber qualifies for a \$125 SmartHealth wellness incentive in 2016, the subscriber will pay no deductible and the family deductible decreases to \$250.

No prescription drug deductible: Other than this, prescription drug benefits are identical to UMP Classic.

Primary care office visits at no cost: When you use the primary care network providers with your UMP Plus network, office visits are covered in full.

Same great benefits as UMP Classic: UMP Plus covers all the same medical services as UMP Classic, including preventive services paid in full.

Coordinated provider networks: UMP Plus helps coordinate primary and specialty network care and offers one centralized phone number for appointments. You can coordinate services with your primary care provider, or continue to self-refer to specialists. If your providers are in one of the UMP Plus networks, you'll pay less to see them.

UMP Plus network providers will collaborate to help reduce duplicate or unnecessary care. These providers are also committed to using best practices and research-based medicine, and working with you to make the best

Preferred Drug List Changes for 2016

See the list of changes to the *UMP Preferred Drug List* at www.hca.wa.gov/ump. While we make every effort to include all changes anticipated for January 2016, UMP cannot guarantee that a drug will be covered (or covered at a specific tier level) due to the introduction of new generic drugs and other factors.

decisions for your health. This can be especially valuable for members who see multiple providers.

See additional information at www.hca.wa.gov/ump.

New benefits for all UMP plans

For details on these services, see your plan's 2016 Certificate of Coverage at www.hca.wa.gov/ump.

Breast health testing: Certain tests that may be performed in addition to a screening mammogram are covered for women ages 40-74.

End-of-life counseling: 30 visits are covered in full per year for members enrolled in hospice care. Outside of hospice, these services are covered subject to the medical deductible and coinsurance.

Tobacco cessation services: Access to tobacco cessation services outside of the *Quit for Life* program. You may still enroll in *Quit for Life*, but can now get counseling, nicotine replacement therapy, and prescription drugs covered as preventive without enrolling in *Quit for Life*.

Preventive care services: Some additional services covered as preventive, with no member cost-sharing:

- ◆ Intensive behavioral counseling for adults who are at risk for cardiovascular disease.
- ◆ Screening for hepatitis B for non-pregnant adolescents and adults at high risk.
- ◆ Low-dose aspirin for pregnant women at high risk of preeclampsia.
- ◆ Fluoride for prevention of caries (cavities) for children ages 6 months and older.
- ◆ Chlamydia and gonorrhea testing for some women.
- ◆ Intensive behavioral counseling for adolescents and adults who are at risk for sexually transmitted infections.
- ◆ Screening for gestational diabetes mellitus for pregnant women with no symptoms.

UMP Consumer-Directed Health Plan only

The out-of-pocket limit for an individual enrolled in a family account (more than one enrolled) is \$6,850.

Contact Us

UMP Website	www.hca.wa.gov/ump
Customer Service, Medical	1-888-849-3681
Customer Service, Prescription Drugs	1-888-361-1611