

# Washington Thriving



## Washington **Thriving**

Developing a strategic plan  
for prenatal through age 25  
behavioral health.

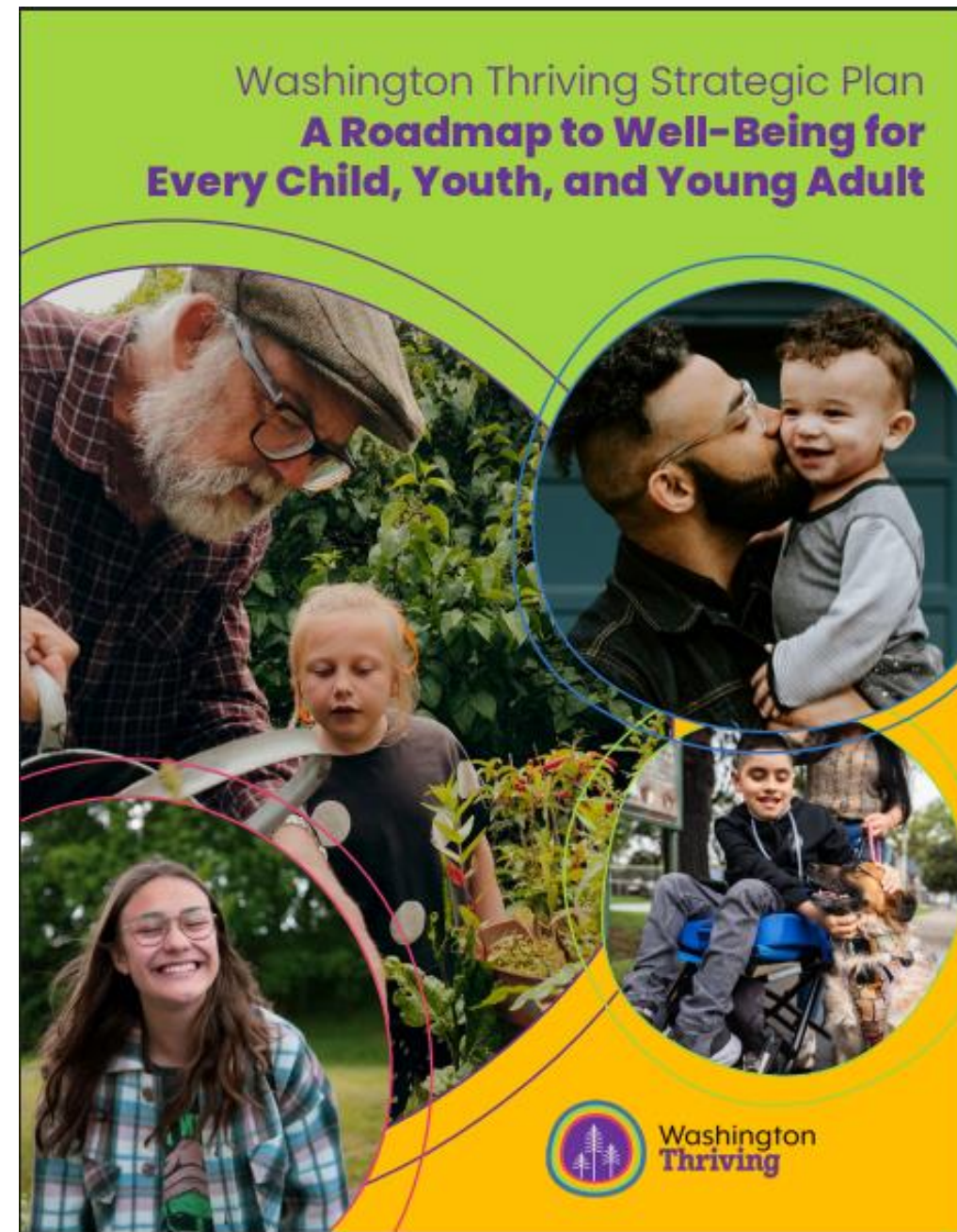
# Full Value Agreement



- Use plain language (explain acronyms)
- Use first names
- Encourage grace, respect, compassion, patience, and kindness for self and others
- Be open, listen actively for understanding, be brave
- Embrace uncertainty, sit with discomfort
- Step up then step back so that everyone has a chance to be heard.
- One at a time when speaking, and give attention to facilitators/speakers
- Honor this time as a space for you and others to share perspectives across differences without judgment
- Acknowledge your own lenses
- Assume best intentions and that everyone is doing the best they can with the tools they have
- Speak your truth, from your own experience – your story, your knowledge, and your experience matters
- Stories stay private, but lessons carry forward
- Affirm and validate one another
- Everyone is a teacher, everyone is a learner
- Be mindful of trauma and recognize the impact of that trauma
- When sharing a traumatic experience, please offer warnings to others
- Receive feedback without defensiveness, show humility, take accountability
- Address issues collectively and repair early

# Strategic Plan

- This plan was co-developed with lived and living experience voices through the Children and Youth Behavioral Health Work Group and a Washington Thriving Advisory Group
- [The Washington Thriving Strategic Plan](#) has been submitted to the legislature and can be accessed online
- Alongside the plan is a [companion website](#) that allows individuals to click through and learn about the Plan in a different way



# Discussion



**What other ways can we support awareness and inclusion of this work who might not be connected yet?**

# Resources



- [Community Toolkit](#)
- [Washington Thriving Strategic Plan](#)
- [Washington Thriving website](#)
- [Sign-up for the newsletter](#)
- Contact the project team: [info@washingtonthriving.org](mailto:info@washingtonthriving.org)

# Thank you!

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