

Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network (FASDPN)

Overview

Fetal Alcohol Spectrum Disorders (FASD) are lifelong disabilities caused by maternal consumption of alcohol during pregnancy. FASD is the leading known cause of intellectual disabilities and is 100% preventable.

In Washington, an estimated 70,000 people have FASD, and 870 babies with FASD are born each year (one percent of all births).

The Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network (WA FASDPN) has included two to seven community-based interdisciplinary FASD diagnostic clinics since 1993, linked by the core clinical/research/training program at the University of Washington (UW). The mission of the WA FASDPN is FASD prevention through screening, diagnosis, intervention, research, and training (fasdpn.org). All aspects of this mission have been accomplished as documented in the [literature](#) published by the WA FASDPN over the past 25 years.

The WA FASDPN:

- Provides 100 percent of the state's interdisciplinary FASD diagnostic and treatment referral services to individuals with fetal alcohol exposure from birth to 22 years old.
- Provides FAS screening and surveillance for high-risk populations.
- Identifies and refers high-risk women to intervention programs.
- Developed evidence-based FASD screening, diagnostic, and intervention tools through its translational research program.
- Provides FASD training to community professionals.

The WA FASDPN is recognized as a national/international model for FASD diagnosis and [prevention](#). It has been replicated [worldwide](#).

Eligibility requirements

- FASD diagnostic evaluations: Individuals under 22 years of age and have a confirmed prenatal alcohol exposure history are eligible to receive a FASD diagnostic evaluation at one of the WA FASDPN clinics. An evaluation is conducted in one four-hour appointment. Information on [how to request an appointment](#) is posted on the WA FASDPN website.
- FASD training: The FASDPN at the UW offers free training for community professionals interested in learning how to recognize, refer, diagnose, treat, and prevent FASD. Information for how to enroll in the [training programs](#) is posted on the WA FASDPN website.

Authority

The CDC-sponsored UW FASDPN clinic was established in 1993 and expanded into the WA FASDPN through [Senate Bill 5688](#) in 1995. DBHR manages the WA FADPN.

Budget

\$453,598 per fiscal year.

Breakdown:

- \$354,050 for training (per year)
- \$91,080 for evaluation (per year)

Rates

Training and network coordination fees for the UW are reimbursed monthly for staff, facilities and materials costs incurred in the previous month's clinical training days. Evaluation costs through a separate satellite contract are paid \$3,960 per FAS diagnostic evaluation.



Costs and numbers served

The following services are provided for \$454,130 per year:

- 70 FASD diagnostic evaluations conducted per fiscal year.
- 80 -100 FASD screenings conducted per fiscal year for Developmental Disabilities Administration and foster care.
- Up to 400 community professionals trained on site per fiscal year. An additional 300 professionals trained off site per fiscal year.

Partners

The WA FASDPN clinics are hosted by the UW Medical Center. The WA FASDPN is a member of the WA FASD Interagency Work Group (fasdwa.org). Partners include: University of Washington (UW), Washington State University (WSU), Parent Child Assistance Program (PCAP), WA chapter of the National Organization on Fetal Alcohol Syndrome (NOFAS), Foster Care Assessment Program (FCAP), Child Health and Education Tracking (CHET), Alliance for Child Welfare Excellence, Children's Home Society of WA, DOC, DOH, OSPI, CDC, NIAAA, SAMHSA FASD Center of Excellence, American Academy of Pediatrics, and community-based pediatric mental and health care providers throughout the state.

Oversight

Oversight of the UW FASDPN and satellite site oversight is provided by the UW FASDPN who monitors each FASDPN patient record, and is also monitored by the DBHR program manager.

For more information

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