

**TEMPLATE FOR TRANSFORMATION PROJECT SUGGESTIONS**

For projects to be considered for inclusion in the Medicaid Transformation Project List, please provide the information requested in the template. We are looking for summarized information – **2-3 pages maximum per project**. Please email completed templates by **January 15, 2016**, to [MedicaidTransformation@hca.wa.gov](mailto:MedicaidTransformation@hca.wa.gov) with the subject **Medicaid Waiver Project**. Thank you for your interest and support.

<b>Contact Information</b>	<p><i>Rose Ness, (425) 760-3323, Rose.Ness@si4bh.com</i></p> <p><i>Sound Integration for Behavioral Healthcare</i></p>
<b>Project Title</b>	<i>Bi-directional Integration. Integrating physician services into community mental health clinics.</i>
<b>Rationale for the Project</b>	
<p><i>Include:</i></p> <ul style="list-style-type: none"> <li>• <i>Public Mental Health Consumers are less likely to receive care for chronic physical health conditions and die approximately 25 years younger than the general population.</i></li> <li>• <i>Nearly 3 out of 4 consumers have 2 or more concurrent chronic conditions who do not access a general practitioner</i></li> <li>• <i>Bi-directional or reverse integration improves health conditions and outcomes by having patients medical conditions regularly monitored.</i></li> </ul>	
<b>Project Description</b>	
<p><i>Which Medicaid Transformation Goals<sup>1</sup> are supported by this project/intervention? Check box(es)</i></p> <p><input type="checkbox"/> Reduce avoidable use of intensive services</p> <p><input type="checkbox"/> Improve population health, focused on prevention</p> <p><input type="checkbox"/> Accelerate transition to value-based payment</p> <p><input type="checkbox"/> Ensure Medicaid per-capita growth is below national trends</p> <p><i>Which Transformation Project Domain(s) are involved? Check box(es)</i></p> <p><input type="checkbox"/> Health Systems Capacity Building</p> <p><input type="checkbox"/> Care Delivery Redesign</p> <p><input type="checkbox"/> Population Health Improvement – prevention activities</p> <p><i>Describe:</i></p> <ul style="list-style-type: none"> <li>• <i>Washington State Medicaid expansion and Medicare population</i></li> <li>• <i>Bi-directional integration with reduce avoidable use of intensive services and settings, will improve population health by helping patients manage their chronic medical conditions, and will help curb Medicaid costs to treat this clinically complex population.</i></li> <li>• <i>Patients will get better as wellness activities including addressing a patients clinical care, housing instability, income insecurity, poor social cohesion and education.</i></li> <li>• <i>Community Mental Health including Primary Care Physicians, Volunteers of America, Designated Crisis responders, Registered Nurses, Dietician, Peer Counselor and Behavioral Health clinicians</i></li> </ul>	

<b>Core Investment Components</b>
<p><i>Describe:</i></p> <ul style="list-style-type: none"> <li>• <i>Depends on size of community mental health center and the number of patients it services</i></li> <li>• <i>Best estimate (or ballpark if unknown) for:</i> <ul style="list-style-type: none"> <li>○ <i>Difficult to determine at this time.</i></li> <li>○ <i>No specifics, but costs will be saved by decreased utilization of emergency departments, hospitalizations, jails, acute psychiatric units, pharmaceuticals and medical outpatient centers.</i></li> </ul> </li> <li>• <i>Unable to answer</i></li> <li>• <i>Unable to answer</i></li> </ul>
<b>Project Metrics</b>
<p><i>The state will monitor implementation of transformation projects at regional and statewide levels through process and outcome measures. Each project will require clearly defined outcomes that relate to the goals and specific process steps.</i></p> <p><i>Wherever possible describe:</i></p> <ul style="list-style-type: none"> <li>• <i>Each clinic will create a registry of specific chronic health conditions and/or diseases. Physicians and care teams will track lab results, vital signs, etc. to determine interventions.</i></li> <li>• <i>Community Mental Health Centers will need to decide on admission criteria. Fore example, patients who are at risk for or have chronic medical condition(s) and are willing to work with a comprehensive care coordination team.</i></li> </ul>

<sup>1</sup>Transformation goals as stated in Washington’s Medicaid Transformation waiver, <http://www.hca.wa.gov/hw/Documents/waiverappl.pdf>:

- Reduce avoidable use of intensive services and settings such as acute care hospitals, nursing facilities, psychiatric hospitals, traditional LTSS and jails.
- Improve population health, with a focus on prevention and management of diabetes, cardiovascular disease, pediatric obesity, smoking, mental illness, substance use disorders and oral health; that is coordinated and whole-person centered.
- Accelerate the transition to value-based payment, while ensuring that access to specialty and community services outside the Indian Health system are maintained for Washington’s tribal members.
- Ensure that Medicaid per-capita cost growth is two percentage points below national trends.