

TEMPLATE FOR TRANSFORMATION PROJECT SUGGESTIONS

For projects to be considered for inclusion in the Medicaid Transformation Project List, please provide the information requested in the template. We are looking for summarized information – **2-3 pages maximum per project**.

Please email completed templates by **January 15, 2016**, to MedicaidTransformation@hca.wa.gov with the subject **Medicaid Waiver Project**. Thank you for your interest and support.

Contact Information	<p><i>Rose Ness, (425) 760-3323, Rose.Ness@si4bh.com</i></p> <p><i>Sound Integration for Behavioral Healthcare</i></p>
Project Title	<i>Screening, Brief Intervention, and Referral to Treatment (SBIRT)</i>
Rationale for the Project	
<p><i>Include:</i></p> <ul style="list-style-type: none"> • <i>According to the National Institute on Alcohol Abuse and Alcoholism Data nearly 88,007 die from alcohol related causes, making it the third leading preventable cause of death in the United States</i> • <i>SBIRT is an evidence based practice</i> • <i>Medicaid expansion: Most people with substance use problems do not seek formal treatment but over half visit their general practitioner each year.</i> 	
Project Description	
<p><i>Which Medicaid Transformation Goals¹ are supported by this project/intervention? Check box(es)</i></p> <p><input type="checkbox"/> Reduce avoidable use of intensive services</p> <p><input type="checkbox"/> Improve population health, focused on prevention</p> <p><input type="checkbox"/> Accelerate transition to value-based payment</p> <p><input type="checkbox"/> Ensure Medicaid per-capita growth is below national trends</p> <p><i>Which Transformation Project Domain(s) are involved? Check box(es)</i></p> <p><input type="checkbox"/> Health Systems Capacity Building</p> <p><input type="checkbox"/> Care Delivery Redesign</p> <p><input type="checkbox"/> Population Health Improvement – prevention activities</p> <p><i>Describe:</i></p> <ul style="list-style-type: none"> • <i>Washington State. All Medicaid beneficiaries who access primary care services.</i> • <i>Improves population health by focusing on addressing individual's who have risky or alcohol use disorders. Reduces emergency room and hospital admissions. Those who are hospitalized have shorter durations. Health expenditure decreased \$3.81 for each \$1.00 spend on SBIRT services resulting in a 26% savings.</i> • <i>SBIRT is an evidence practice for addressing individual's with risky alcohol use who consist of approximately 20% of the population and 5% who need a referral to treatment.</i> • <i>Supports Senate Bill 6312</i> • <i>Healthcare providers, social service providers including acute care services for medical and/or behavioral health, participant training, ACH orientation promoting familiarity and common language with the SBIRT model and it's intended purpose.</i> 	

Core Investment Components
<p><i>Describe:</i></p> <ul style="list-style-type: none"> • <i>Proposed activities and cost estimates (“order of magnitude”) for the project.</i> • <i>Best estimate (or ballpark if unknown) for:</i> <ul style="list-style-type: none"> ○ <i>Depends on size of healthcare clinic who implement SBIRT practices</i> ○ <i>A study of Washington State Medicaid patients in 2008 who received one brief intervention as a result of an alcohol use screen saved \$271 per member per month.</i> • <i>Depends on scope of program and organizational goals</i> • <i>Missouri SBIRT randomized trial in family physician health clinics cites a benefit-cost ratio of 5.6 to 1, or \$56,263 for every \$10,000 invested</i>
Project Metrics
<p><i>The state will monitor implementation of transformation projects at regional and statewide levels through process and outcome measures. Each project will require clearly defined outcomes that relate to the goals and specific process steps.</i></p> <p><i>Wherever possible describe:</i></p> <ul style="list-style-type: none"> • <i>Healthcare providers who choose to implement SBIRT can implement a patient registry to track certain medical disorders (diabetes—Hemoglobin H1C for example) for those patients who have received a brief intervention. Stepped interventions can be performed if a patient’s blood sugar levels are not improving. Stepped interventions will also be tracked in patient registry to determine impact and outcomes of interventions performed and to rule out any other comorbid or co-occurring conditions.</i>

¹Transformation goals as stated in Washington’s Medicaid Transformation waiver, <http://www.hca.wa.gov/hw/Documents/waiverappl.pdf>:

- Reduce avoidable use of intensive services and settings such as acute care hospitals, nursing facilities, psychiatric hospitals, traditional LTSS and jails.
- Improve population health, with a focus on prevention and management of diabetes, cardiovascular disease, pediatric obesity, smoking, mental illness, substance use disorders and oral health; that is coordinated and whole-person centered.
- Accelerate the transition to value-based payment, while ensuring that access to specialty and community services outside the Indian Health system are maintained for Washington’s tribal members.
- Ensure that Medicaid per-capita cost growth is two percentage points below national trends.