HCA VALUE-BASED ROADMAP
Apple Health Appendix

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Purpose

The Apple Health Appendix reflects specific initiatives and changes pertaining to the Apple Health (Medicaid) program, in alignment with the Health Care Authority’s (HCA) Value-based Roadmap. This document describes how managed care is transforming in alignment with the Medicaid Transformation Project (demonstration), and establishes targets for Value-based Payment (VBP) attainment and related incentives under the Delivery System Reform Incentive Payment (DSRIP) program for Managed Care Organizations (MCOs) and Accountable Communities of Health (ACHs).

This document addresses the following topics:

- Identified VBP targets and approach for measuring, categorizing and validating progress towards regional ACH and statewide MCO attainment of said VBP goals.
- Alternative payment models deployed between MCOs and providers to reward performance consistent with DSRIP objectives and measures.
- Use of DSRIP measures and objectives by the state in their contracting strategy approach for managed care plans.
- Measurement of MCOs based on utilization and quality in a manner consistent with DSRIP objectives and measures.
- Inclusion of DSRIP objectives and measures reporting in MCO contract amendments.
- Evolution toward further alignment with the Medicare & CHIP Reauthorization Act (MACRA) and other advanced Alternative Payment Models (APM).
- Approaches that MCOs and the state will use with providers to encourage practices consistent with DSRIP objectives, metrics, and VBP targets.

In accordance with the Special Terms and Conditions (STCs) of the demonstration, the Appendix will be updated annually to ensure best practices and lessons learned are captured and incorporated into HCA’s overall vision of delivery system reform. The Appendix will remain a living document throughout the duration of the demonstration; subject to change and adjustment to ensure that Washington State is able to achieve its purchasing goals.

Introduction

Apple Health and VBP Reform

To reach the goals defined in the Value-based Roadmap, including shifting 90% of state-financed health care to VBP by 2021, Apple Health must play a leading role in transforming Washington’s health care payment system. On January 9, 2017, Washington State and the Centers for Medicare and Medicaid Services (CMS) reached agreement on a groundbreaking five-year demonstration that allows the state to invest in comprehensive Medicaid delivery and payment reform efforts through a DSRIP program.

As Washington transitions to a new health care purchasing system for Apple Health, HCA recognizes that a comprehensive and successful transformation requires a multilayered approach that can address the needs of MCOs, individual providers, and Medicaid beneficiaries. Initiatives
under the demonstration, including community-led delivery system reform strategies, play a major role in assisting the overall system transformation.

HCA strives to align its efforts with the perspectives of MCOs and providers who bear the administrative burden of implementing new purchasing methodologies. Alignment requires that, while HCA assesses the individualized requirements of different stakeholders in the Medicaid system, it works to ensure that system reforms support and reinforce each other without leading to unnecessary administrative burden. As HCA implements VBP strategies for the Medicaid program, Medicare is making significant strides in implementing similar VBP reforms. Likewise, multiple commercial payers in the state are building VBP into their contracting strategies. Providers must frequently navigate all of these systems, presenting significant opportunities to align value-based methodologies across payer markets.

Alignment and Health Care Payment & Learning Action Network (HCP-LAN)
VBP strategies are built into the fabric of the demonstration by their inclusion as a foundational element of delivery system reform activities. Yet, HCA’s commitment to value-based purchasing extends beyond the demonstration. Within Medicaid, HCA has changed MCO contracts in ways that align with the demonstration’s goals. These efforts will be discussed throughout this document, along with those required under the demonstration STCs.

A primary mechanism for alignment across payer markets is the use of the HCP-LAN Framework,¹ as discussed in the Roadmap. These categories will form a framework for the implementation of VBP in Washington by defining payment models subject to incentives and penalties, aligned with Healthier Washington’s broader delivery system goals. The HCP-LAN Framework recognizes a variety of approaches that can advance value-based purchasing, and thereby provide flexibility to providers to address the circumstances of the services they provide and the communities in which they provide them.

By adopting a national framework, Washington ensures that providers do not face conflicting guidance on how payment models will be classified. This uniformity with national standards is intended to enhance engagement and reduce the administrative burden for providers in learning to operate under VBP methodologies.

Strategies in Support of VBP
The shift from fee for service (FFS) to VBP requires delivery system changes. Time-limited DSRIP funds allow providers to make these changes through initial investment in the health system transformation process, and build provider capability as it relates to VBP. In turn, VBP adoption can reinforce and sustain DSRIP investments. This can occur through the longer-term payer, provider, member, and community partnerships, as well as investments in population health management. The end goal is a transformed system of health and wellness, bolstered by VBP.

¹ For purposes of alignment, this appendix leverages the version of HCP-LAN framework that was available in January of 2017 when CMS approved the state’s Medicaid Transformation demonstration.
DSRIP Project Toolkit and the ACHs

DSRIP provides the opportunity for delivery system reform that will promote improved health outcomes, and provide resources to providers to move along the VBP continuum. Under DSRIP, transformation efforts will be driven by ACHs and coalitions of partnering providers as they select and implement a set of strategies from the Project Toolkit to address regional health needs. To be successful, ACHs must integrate foundational cross-cutting health system and community capacity building elements that address workforce, systems for population health management, and financial sustainability through VBP.

Key milestones associated with project implementation require ACHs to demonstrate how they have considered financial sustainability of project efforts beyond the years of the demonstration. Key milestones during the project planning stage include: identification of strategies to support regional attainment of statewide VBP targets; a defined path toward VBP adoption reflecting current state and implementation of DSRIP projects; as well a plan for encouraging annual VBP survey participation. A milestone for each DSRIP project requires the identification of strategies that will support financial sustainability of project activities, signaling the importance of ensuring that investments are lasting. In later years of the demonstration, ACHs are expected to identify and document the adoption of payment models that support integrated care approaches and the transition to value based payment for services by partnering providers.

The Project Toolkit specifies metrics that will be assessed for performance. Metrics were prioritized for inclusion in the Toolkit based on the relevancy to project strategies, their link to state and demonstration priority areas, and to ensure consistency and alignment with measures in MCO contracts, cross-system outcome measures for adults enrolled in Medicaid per House Bill 1519, and the State Common Measure Set.

Provider readiness for VBP models and contracts will be critical to meet statewide and regional DSRIP VBP payment arrangement targets, as well as other state VBP goals. Across the project stages, providers partnering with their ACH may be eligible to receive incentive payments by contributing to the completion of project milestones and regional improvement on clinical and population health measures. The incentive funds earned by providers allow them to make the investments necessary to be successful in the project, as well as promote efforts to scale and sustain strategies that prove to have positive health and wellness impacts in their communities. In order to be financially sustainable, however, other sources of funding must be identified to sustain these strategies, which could come through success in VBP contracts.

While VBP arrangements vary in complexity and provider risk, success in any requires providers to be able to effectively measure and influence the quality and/or cost of care provided. The presence and maturity of a number of underlying capabilities influence whether providers will perform well in their VBP contracts. ACHs will undertake efforts to understand the current state of VBP capabilities among their provider partners, and how they can leverage DSRIP funds to support development of capabilities moving forward.
Medicaid Value-based Payment (MVP) Action Team

Role and Purpose

The Medicaid Value-based Payment (MVP) Action Team serves as a learning collaborative to support ACHs, MCOs, and providers to attain VBP targets. It serves as a forum to facilitate provider preparation for value-based contract arrangements and to provide guidance on HCA’s VBP standards. The Action Team promotes provider participation in VBP assessments, including the state’s Medicaid VBP survey, and helps facilitate value-based contract arrangements by providing support and making recommendations to ACHs. To date, meetings have focused on topics such as: the role of ACHs in implementing VBP, required capabilities for providers to successfully implement and sustain VBP strategies, and strategies for engaging providers with little to no VBP experience.

The MVP Action Team has also assisted HCA in designing and fielding VBP surveys of MCOs and providers to capture a baseline of VBP levels. Additional assessments will be conducted annually to monitor progress from the baseline.

Moving forward and building from existing work when applicable, the MVP Action Team will:

- Assist HCA in deploying surveys or other assessments of VBP adoption to understand the current types of VBP arrangements across the industry.
- Review and communicate the level of VBP arrangements as a percentage of total payments across the region to determine current VBP baseline.
- Support ACHs as they perform assessments of VBP readiness across regional provider systems, and help ACHs develop strategies for advancing VBP.
- Develop recommendations to improve VBP readiness across the industry.

Implementing value-based purchasing throughout Medicaid requires a dedicated effort from diverse stakeholders, and the MVP Action Team plays a central role in bringing these stakeholder groups together. The MVP Action Team serves as an advisory board and a learning collaborative to both engage with HCA on VBP guidance and decisions, and create an environment where regional approaches can be shared and best practices cataloged. The MVP Action Team identifies enablers and challenges to VBP implementation and develops recommendations to improve the readiness of MCOs, providers, and ACHs.

Membership

The MVP Action Team is comprised of health care leaders from around Washington with significant experience with Medicaid and payment transformation efforts. The MVP Action Team includes state, regional and local level stakeholders, and tribal government partners representing physical and behavioral healthcare providers, hospitals, clinics, Indian health care providers, community-based organizations, MCOs, public health providers and others. To ensure balanced membership representing varying perspectives, each MCO and ACH nominated a representative to serve on the MVP Action Team.
A Look Ahead

The MVP Action Team will meet on a quarterly basis throughout the demonstration to support ACHs, MCOs, and providers as they strive to implement VBP strategies and sustain them after the demonstration. The MVP Action team will be engaged in the annual updates to this document to ensure it aligns with the current state of VBP in Washington and reflects challenges faced by Washington providers. The MVP Action Team will continue to weigh in on MCO and provider surveys to communicate a VBP baseline for each ACH and help them to strategize and implement VBP that will best meet the needs and capacity of their region. The MVP Action Team will continue to serve as a source of guidance for ACHs and HCA during the demonstration.

VBP: Targets and Incentives

Beyond promoting the investment in foundational strategies that promote provider readiness for VBP, paying for value across the continuum of care is necessary to ensure the sustainability of the transformation projects undertaken through the demonstration. HCA and CMS agreed upon targets for VBP adoption under the demonstration (see Table A) based on the percentage of payments to providers that fall into categories 2C through 4B of the HCP-LAN APM Framework, starting in Demonstration Year (DY) 1, with progressive targets throughout the demonstration.

Table A: Annual VBP Goals for DSRIP

<table>
<thead>
<tr>
<th></th>
<th>DY 1</th>
<th>DY 2</th>
<th>DY 3</th>
<th>DY 4</th>
<th>DY 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>HCP LAN 2C – 4B</td>
<td>30%</td>
<td>50%</td>
<td>75%</td>
<td>85%</td>
<td>90%</td>
</tr>
<tr>
<td>Subset: HCP LAN 3A – 4B</td>
<td>n/a</td>
<td>10%</td>
<td>20%</td>
<td>30%</td>
<td>50%</td>
</tr>
<tr>
<td>Subset: MACRA A-APMs</td>
<td>n/a</td>
<td>n/a</td>
<td>TBD*</td>
<td>TBD</td>
<td>TBD</td>
</tr>
</tbody>
</table>

*To be defined in future updates to this document.

To encourage MCOs and providers to pursue VBP arrangements, DSRIP funds are available to incentivize MCO and ACH regional progress towards VBP targets as defined by the state in STC 41. These incentives can be earned as follows:

1. Incentives to reward **MCO** reporting, attainment and improvement towards annual VBP goals (in addition to those incentive embedded in the MCO contract, outlined below).

2. Incentives to reward regional **ACH** reporting, attainment and improvement towards annual VBP goals.

Funds will be distributed to MCOs through the Challenge Pool, based on percentage of Medicaid lives. Funds will be distributed evenly across the nine ACHs through the Reinvestment Pool.

Detailed parameters for how VBP incentive funds are earned and distributed to qualifying entities are outlined in subsequent sections of this document. The following parameters apply to both MCO and ACH VBP Incentives:
• MCOs and ACHs will earn VBP Incentives based on pay-for-reporting (P4R) and pay-for-performance (P4P), with the portion associated with P4P increasing year-over-year, per Table B.

• MCOs will report data on the status of VBP contracting levels annually, which will provide the basis for VBP adoption assessment for both the MCOs and ACHs, and thus is the data source for determining P4P VBP Incentives for both ACHs and MCOs. Results will be reviewed by a third party validator; the review methodology is under development.

• VBP Incentives (P4R and P4P) will be calculated and paid once per year.

• Unearned VBP Incentives are redirected to reward MCOs/ACHs based on their performance on quality metrics.

• Total potential VBP Incentive funding is set each year by HCA, taking into account any remaining VBP-designated funds after Integration Incentives have been distributed. Given the anticipated volume of Integration Incentives in DYs 1 and 3, VBP Incentives may be lower in those years.

<table>
<thead>
<tr>
<th>Table B: VBP Milestone Categories, by Demonstration Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Annual VBP Incentives: P4R and P4P (Planning Protocol)</strong></td>
</tr>
<tr>
<td><strong>DY 1</strong></td>
</tr>
<tr>
<td>P4R</td>
</tr>
<tr>
<td>P4R</td>
</tr>
<tr>
<td>P4R</td>
</tr>
<tr>
<td>75%</td>
</tr>
<tr>
<td>50%</td>
</tr>
<tr>
<td>0%</td>
</tr>
<tr>
<td>MCO VBP Incentives</td>
</tr>
<tr>
<td>75%</td>
</tr>
<tr>
<td>50%</td>
</tr>
<tr>
<td>25%</td>
</tr>
<tr>
<td>100%</td>
</tr>
</tbody>
</table>

VBP Incentives: MCO Improvement and Attainment of VBP Targets

MCO improvement and attainment of VBP targets are key to the success and sustainability of Washington’s DSRIP program. The following describes the MCO eligibility for earning incentives, earnable funds, reporting requirements, and measurement of MCO VBP attainment:

**Eligibility:** MCOs are eligible for VBP Incentives based on P4R and P4P, with P4P increasing year-over-year, as outlined in Table B [DSRIP Planning Protocol, section IV, Table 3].

**Threshold for Years 4 and 5:** As indicated in Table C below, no MCO VBP Incentives (P4R or P4P) can be earned if the MCO does not achieve the thresholds of 30% and 50% of provider payments in HCP-LAN categories 3A and above in Years 4 and 5, respectively.

**Potential Earnable Funds:** For a given demonstration year, the maximum potential VBP Incentives per MCO will be based on the MCO’s share of total Apple Health Managed Care member months for that year. The available funds are earned through the DSRIP Challenge Pool. Available funds in each year are split between P4R and P4P, which are separately earned as outlined below.

**MCO P4R VBP Requirements:** P4R for MCOs is entirely based on timely and complete annual submission of MCO VBP data, by HCP-LAN APM category and region, via the standard VBP survey template. Completion of the required VBP survey template is being integrated as a requirement in
MCO contracts. P4R for MCOs has an “all or nothing” standard; if an MCO does not submit the required data in a timely and complete fashion, zero percent of earnable P4R funds are earned that year. MCOs may earn 100% of earnable funds if the required data is submitted in a timely and complete fashion.

**Measurement of MCO VBP Attainment (P4P):** MCO VBP adoption levels will be measured based on MCO-provided data. MCOs will complete an annual quantitative report on VBP adoption by region and by LAN category.

VBP P4P will be based on a model that incorporates attainment of the target and improvement over prior year performance, with achievement increasing in weight over time (see Table C).

**Table C: Weighting of Improvement and Achievement of Annual MCO VBP Targets**

<table>
<thead>
<tr>
<th>Improvement Over Self (from Previous Year)</th>
<th>Y1</th>
<th>Y2</th>
<th>Y3</th>
<th>Y4</th>
<th>Y5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Achievement of Annual VBP Target (Overall / Subset Target Attainment)</td>
<td>60%</td>
<td>60%</td>
<td>50%</td>
<td>45%</td>
<td>40%</td>
</tr>
<tr>
<td>Requirement to Meet 3A–4B Attainment Threshold for Any VBP Funds</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>Y – 30%</td>
<td>Y – 50%</td>
</tr>
</tbody>
</table>

**Subset Attainment Target:** Each year, up to 5% of MCO P4P VBP Incentive funds will be based on achieving certain additional VBP adoption criteria outlined in STC 41:

- Year 2: At least one VBP contract in category 3B or above
- Year 3: At least one VBP contract as a MACRA A-APM (to be defined)
- Year 4 and Year 5: At least one VBP contract in category 3B or above and including at least one of the following features:
  - More than nominal risk for shared losses
  - Payments tied to provider improvement or attainment on metrics from the statewide common measure set using HCA quality improvement model or similar tool
  - Care transformation requirements including state-level best practices
  - Use of certified EHR technology in support of VBP methods

**QIS – Assessing Achievement:** Achievement requires VBP adoption at or above the VBP target goal in the STCs, per Table A. Credit is only earned for meeting or exceeding the defined target for the applicable demonstration year.

**QIS – Measuring Improvement:**
If the MCO **did not achieve** the VBP goal for the year:

- Improvement will be measured as the percent change in VBP adoption relative to the prior year performance.
- Improvement values are capped at 100%.

If the MCO **has achieved** the VBP goal for the year:
Any incremental additional improvement over prior performance will secure a 100% improvement score.

QIS – Final Score and Distribution of Earned Funds: The weighted scores for improvement, overall achievement and subset-achievement are added together to arrive at a final MCO VBP P4P QIS. The final results from the MCO QIS assessment will determine the proportion of maximum potential P4P VBP incentives earned by an MCO in a given year.

Unearned funds from Challenge Pool: Funds that remain unearned from the Challenge Pool are redirected to reward MCO performance on a standard set of clinical quality measures.

VBP Incentives: ACH Regional Improvement and Attainment of VBP Targets
The success and sustainability of the state’s DSRIP program is largely dependent on moving along the VBP continuum as a state and at the regional level. The STCs of the demonstration put forward annual VBP targets that the state and the ACHs are accountable for reaching. Furthermore, if VBP benchmarks for statewide VBP attainment are not met, a percentage of statewide DSRIP funding will be at risk beginning DY3.

Eligibility: ACHs can earn VBP Incentives based on P4R and P4P, with P4P increasing year-over-year, as outlined in Table B [DSRIP Planning Protocol, section IV, Table 3].

Threshold for Years 4 and 5: As indicated in Table D below, no ACH VBP Incentives (P4R or P4P) can be earned if the ACH region does not achieve the thresholds of 30% and 50% of provider payments from MCOs in HCP-LAN categories 3A and above in Years 4 and 5, respectively.

Potential Earnable Funds: Statewide ACH VBP Incentives will be evenly split across all ACHs to identify the maximum potential VBP Incentives per ACH in a given year. The available funds are earned through the DSRIP Reinvestment Pool. Available funds in each year are split between P4R and P4P, which are separately earned as outlined below.

ACH VBP P4R Requirements: Requirements for VBP P4R for ACHs will change as the demonstration progresses. ACHs will report on VBP milestones as part of their semi-annual reports. P4R achievement will be based on providing evidence of completion of each milestone per year. Each milestone will receive a value of 0% (not reported, or not completed) or 100% (reported and evidence of completion).

Each year’s P4R achievement will be the average of the P4R milestone scores attained, with ACHs earning the proportion of p4R associated VBP incentives equivalent to the total P4R score.
Table D: ACH VBP P4R Milestones

<table>
<thead>
<tr>
<th>Year 1 (2017)</th>
<th>ACH P4R Milestones</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Documented outreach to provider partners to support HCA-administered VBP Provider Survey participation.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 2 (2018)</th>
<th>ACH P4R Milestones</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Documented completion of Domain 1 VBP milestones from the Project Toolkit:</td>
</tr>
<tr>
<td></td>
<td>o Inform providers of VBP readiness tools and resources.</td>
</tr>
<tr>
<td></td>
<td>o Connect providers to training and TA from HCA and the MVP Action Team.</td>
</tr>
<tr>
<td></td>
<td>o Support VBP assessments to help the MVP Action Team substantiate reporting accuracy.</td>
</tr>
<tr>
<td></td>
<td>o Disseminate MVP Action Team and other state / regional VBP implementation efforts’ learnings to providers.</td>
</tr>
<tr>
<td></td>
<td>o Develop a regional VBP transition plan.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 3 (2019)/Year 4 (2020)</th>
<th>ACH P4R Milestones</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Report on progress on implementing the Regional VBP Transition Plan.</td>
</tr>
<tr>
<td></td>
<td>• Engagement and contribution to the MVP Action Team.</td>
</tr>
</tbody>
</table>

**Measurement of ACH VBP Attainment (P4P):** ACH VBP adoption levels will be measured based on MCO-provided data. MCOs will complete an annual quantitative report on VBP adoption by region and by LAN category. The resulting data will be aggregated across all MCOs by region and LAN category, prior to distribution to ACHs.

VBP P4P will be based on a model that incorporates attainment of the target and improvement over prior year performance, with achievement increasing in weight over time (see Table E).

**Table E: Weighting of Improvement and Achievement of Annual ACH VBP Targets**

<table>
<thead>
<tr>
<th></th>
<th>Y1</th>
<th>Y2</th>
<th>Y3</th>
<th>Y4</th>
<th>Y5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Improvement Over Self (from Previous Year)</td>
<td>n/a</td>
<td>60%</td>
<td>50%</td>
<td>45%</td>
<td>40%</td>
</tr>
<tr>
<td>Achievement of Annual VBP Target (Overall / Subset Target Attainment)</td>
<td>n/a</td>
<td>35% / 5%</td>
<td>45% / 5%</td>
<td>50% / 5%</td>
<td>55% / 5%</td>
</tr>
<tr>
<td>Requirement to Meet 3A–4B Attainment Threshold for Any VBP Funds</td>
<td>n/a</td>
<td>N</td>
<td>N</td>
<td>Y – 30%</td>
<td>Y – 50%</td>
</tr>
</tbody>
</table>

**Subset Attainment Target:** Each year, up to 5% of P4P ACH VBP incentive funds will be based on achieving certain additional VBP adoption criteria outlined in STC 41:

- Year 2: At least one VBP contract in category 3B or above.
- Year 3: At least one VBP contract as a MACRA A-APM (to be defined).
- Year 4 and Year 5: At least one VBP contract in category 3B or above and including at least one of the following features:
  - More than nominal risk for shared losses.
Payments tied to provider improvement or attainment on statewide common measure set using HCA quality improvement model or similar tool.

- Care transformation requirements including state-level best practices.
- Use of certified EHR technology in support of VBP methods.

QIS – Assessing Achievement: Achievement requires VBP adoption at or above the VBP target goal in the STCs, per Table A. Credit is only earned for meeting or exceeding the defined target for the applicable demonstration year.

QIS – Measuring Improvement:
If the ACH did not achieve the VBP goal for the year:
- Improvement will be measured as the percent change in VBP adoption relative to the prior year.
- Improvement values are capped at 100%.
If the ACH has achieved the VBP goal for the year:
- Any incremental additional improvement will secure a 100% improvement score.

QIS – Final Score and Distribution of Earned Funds: The weighted scores for improvement, overall achievement and subset-achievement are added together to arrive at a final ACH VBP P4P QIS score. The final results from the ACH QIS assessment will determine the proportion of maximum potential VBP Incentives earned by an ACH for a given year.

Unearned funds from Reinvestment Pool: Unearned ACH VBP Incentive funds from the Reinvestment Pool are distributed to reward ACH quality performance. ACHs are eligible to earn incentives by demonstrating high performance on the following measures as determined by a separate QIS for DSRIP high performance:

1. Mental Health Treatment Penetration
2. Substance Use Disorder Treatment Penetration
3. Outpatient Emergency Department Visits per 1000 Member Months
4. Plan All-Cause Readmission Rate (30 days)
5. Well-Child Visits in the 3rd, 4th, 5th, and 6th Years of Life
6. Antidepressant Medication Management
7. Medication Management for People with Asthma (5 – 64 Years)

VBP in MCO Contracts
A central component of implementing VBP in Washington is incentivizing MCOs to adopt VBP with network providers through HCA’s contract with the MCO. HCA currently contracts with five MCOs, paying them a per member per month (or “capitated”) premium to deliver Medicaid services to the majority of the state’s Medicaid beneficiaries. By incentivizing VBP in the MCO contracts, along with the other efforts described in this Appendix, HCA expects value-based purchasing to expand and continue well beyond the five years of the demonstration.

To incentivize VBP adoption, HCA has designed and implemented a withhold program, under which a percentage of each MCOs’ monthly per member per month premium is withheld pending achievement of certain targets, as shown in the figure below.
The total percentage withhold is set to increase incrementally (0.5 percent per year) from one percent in 2017 to three percent in 2021. The amount withheld from each MCO’s premiums may be earned in three ways, each of which seeks to advance value-based purchasing:

- **VBP Portion (12.5%)**: The VBP Portion of the withhold focuses on the percent of an MCO’s total purchasing that is within a recognized value based purchasing arrangement. The target for this element will increase from 30% to 90% by 2021. Qualifying VBP arrangements must meet the definition of Category 2C or higher within the HCP-LAN categorization.

- **Provider Incentives Portion (12.5%)**: The Provider Incentives Portion of the withhold focuses on the percent of funding, within recognized VBP arrangements, that is directly conditioned on meeting quality metrics. Up to 12.5 percent of the Provider Incentives portion of the withhold may be earned back by making qualifying provider incentive payments tied to quality and financial attainment or losses. The target for this element will increase from .75% to 2.5% by 2021.

- **QIS Portion (75%)**: The QIS Portion of the withhold may be earned back by demonstrating quality improvement and attainment on HEDIS clinical performance measures as calculated under HCA’s QIS model. Following receipt of HEDIS scores, on or before July 1 following the performance year, HCA shall determine the percentage of the contract withhold earned back by the Contractor based on the Contractor’s achieving Quality Improvement Score.
(QIS) targets. Up to 75 percent of the withhold may be earned by achieving quality improvement targets. The target for this element will increase from 0.75% to 2.5% by 2021.

These three components of HCA’s withhold program, as well as the annual target percentages that must be met in order for MCOs to receive the full withhold amount, are shown in Figure 2 below.

**Figure 2: MCO Contract Withhold Components**

<table>
<thead>
<tr>
<th>Performance Year</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>30%</td>
</tr>
<tr>
<td>2018</td>
<td>50%</td>
</tr>
<tr>
<td>2019</td>
<td>80%</td>
</tr>
<tr>
<td>2020</td>
<td>85%</td>
</tr>
<tr>
<td>2021</td>
<td>90%</td>
</tr>
</tbody>
</table>

An example of the measures and benchmarks used in the QIS model is shown below (Table F) for the Managed Care contracts. The Integrated Managed Care and Foster Care contracts use the measures below, as well as additional measures particular to the populations covered under those contracts.

**Table F: Quality Measures**
<table>
<thead>
<tr>
<th>Adult Measures</th>
<th>Quality Measure</th>
<th>Quality Measures Description</th>
<th>Measure Weight</th>
<th>Target</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>NQF 0059</td>
<td>Comprehensive Diabetes Care - Poor HbA1c Control (&gt;9%)</td>
<td>Equally weighted</td>
<td>NCQA Quality Compass Medicaid HMO 90th percentile</td>
<td>NCQA Quality Compass Medicaid HMO average values</td>
<td></td>
</tr>
<tr>
<td>NQF 0061</td>
<td>Comprehensive Diabetes Care - Blood Pressure Control (&lt;140/90)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NQF 0018</td>
<td>Controlling High Blood Pressure (&lt;140/90)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NQF 0105</td>
<td>Antidepressant Medication Management – Effective Acute Phase Treatment</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NQF 0105</td>
<td>Antidepressant Medication Management – Effective Continuation Phase Treatment (6 Months)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pediatric Measures</th>
<th>Quality Measure</th>
<th>Quality Measures Description</th>
<th>Measure Weight</th>
<th>Target</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>NQF 0038</td>
<td>Childhood Immunization Status - Combo 10</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NQF 1516</td>
<td>Well-child visits in the 3rd, 4th, 5th and 6th years of life</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NQF 1799</td>
<td>Medication Management for people with Asthma: Medication Compliance 75% (Ages 5-11)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NQF 1799</td>
<td>Medication Management for people with Asthma: Medication Compliance 75% (Ages 12-18)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

An overview of the timeline for annual performance, data submission, and HCA’s review process before issuing payment is shown in Figure 3 below. The two-year performance and review period continues on a rolling basis as shown, so that the subsequent performance year begins while data for the prior performance year is submitted to and reviewed by HCA.

*Figure 3: Timeline for annual performance, data submission, and HCA’s review process.*
The structure of the MCO withhold program reinforces the links to quality that are emphasized by both CMS and the demonstration. It specifically ties incentive payments to the presence and use of value-based payment strategies, value-based purchasing strategies, and quality improvement.

**VBP in Rural Settings**

HCA is also turning its focus towards health systems transformation in rural health settings. As more than 41% of current Medicaid beneficiaries and 1 in 10 Washingtonians are served in a federally qualified health center (FQHC) or a rural health clinic (RHC) for primary care. Most of rural Washington is served by federally designated critical access hospitals (CAH). These providers offer some of the most innovative and integrated delivery models in the state, yet their reimbursement structure is tied to each encounter with a client, which stifles care delivery innovation. In these settings, payment changes are especially difficult given statutory and regulatory barriers and business models that rely on encounter-driven, cost-based reimbursement.

With strong support from these clinics and hospitals, the state has introduced a value-based alternative payment methodology, or Alternative Payment Methodology 4 (APM4), in Medicaid for FQHCs and RHCs and is pursuing flexibility in delivery and financial incentives for participating CAHs. The model will test how increased financial flexibility can support promising models that expand care delivery.

HCA will determine prospective adjustment percentages annually based on the clinics achieving quality improvement score targets. Clinics that demonstrate quality improvement and attainment against their baseline will continue to receive their full PMPM rate. Clinics that do not demonstrate quality improvement and attainment will be subject to downward adjustment of their PMPM rate. In total dollars, downward adjustment of the PMPM rate will never go below APM3 equivalent.
payment amounts. After being adjusted downward, clinics that meet quality improvement targets can earn back the full benefit of the baseline PMPM rate (as trended by the MEI) in future years.

Each clinic will be measured by seven quality measures from the Statewide Common Measure Set, consistent with the MCO contracts and PEBB ACP. The goal of APM4 is to allow clinics to improve access to care by focusing on improvement against specific quality measures, and allowing clinicians to work at the top of their license. This payment methodology provides flexibility for primary care providers to have a larger member panel without the burden of increasing the number of face-to-face patient encounters, thus expanding primary care capacity in medically underserved areas. APM4 is also intended to incentivize alternatives to face-to-face visits and allow the clinics to offer more convenient access to primary care services.

Measuring VBP in Washington: VBP Surveys
During the summer of 2017, HCA surveyed MCOs and provider organizations to assess progress towards VBP goals. In order to understand the state’s movement toward its demonstration goals, provider surveys will be administered on an annual basis. MCO surveys have transitioned into an annual reporting requirement in MCO contracts.

MCO Survey
In accordance with STCs, the state is required to monitor attainment of HCP-LAN category-specific VBP thresholds at both a statewide and regional level (see STC 40-41). Prior to 2017, the state did not have a data source to measure volume of qualifying provider payments in VBP arrangements by MCO and by region. To measure progress towards VBP by MCOs at the state and regional levels, MCOs were asked to report on levels of VBP adoption with providers. The 2017 MCO report, using calendar year 2016 levels of VBP adoption, will be leveraged to provide a statewide historical baseline from which VBP progress can be measured over the course of the demonstration.

Objective
The purpose surveying MCO data is to collect information on payments that MCOs make to providers through VBP arrangements (as defined by Categories 2C through 4B of the HCP-LAN APM framework) and to understand the MCO perspective on enablers and challenges of VBP adoption. The 2017 MCO report serves multiple objectives:

- To establish a historical measure of VBP attainment for MCOs and the state.
- To inform payments made through the state’s withhold arrangement program, described above.
- With the integration of the VBP survey into the MCO contracts, VBP adoption data will be available at state and regional (ACH) levels for 2017 (from 2018 data reporting) and on.

In the future, MCO surveys will be incorporated into MCO contracts as required reporting. Future year MCO reporting will be used to establish annual statewide and regional VBP attainment under the demonstration, in order to assess eligibility for VBP Incentives.
Method

Survey administration. HCA released the VBP survey to all five MCOs in Washington State on June 2, 2017. The survey window was open from June 2, 2017 to July 19, 2017. The survey was administered via email, and on June 9, 2017, HCA published formal answers to questions received by June 7, 2017. MCOs were asked to respond to the survey using a standardized survey response template, provided in Excel. MCOs were instructed to submit one response per organization.

Survey Instrument. To measure the level of VBP attainment, MCOs were instructed to report on total payments\(^2\) made to providers during the calendar year, as well as total Managed Care enrollees by HCP-LAN category. MCOs were asked to report their payments by HCP-LAN APM category (1 through 4B). The framework was included as a reference in the survey template. Regions were defined according to ACH boundaries, outlined in the DSRIP Funding and Mechanics protocol (Section I). To account for providers that have locations or deliver services in multiple regions, the following formula was applied to approximate the regional breakdown:

\[
\text{Dollars attributed to a provider for a region} = \text{Total dollars for APM subcategory across all provider locations} \times \left[ \frac{\text{number of billing providers in region}}{\text{total number of providers contributing to APM subcategory}} \right]
\]

HCA understands that individuals may receive care from multiple providers who may be reimbursed under different payment models. In this survey, a member month may be attributed to more than one APM subcategory. This is a limitation of the survey, and may result in double, or multi-counting in some instances. However, HCA sees value in collecting an estimate of covered lives, and understands that this will be inexact.

MCO’s were asked to complete the following sections:

- **Total Medicaid Payments**: the total annual payments made through each type of payment arrangement, by geographic region. This calculation is at the level of the provider group, summing all the corresponding amounts.

- **Total Covered Lives**: the total number of member months attributed to each type of payment arrangement, by geographic region.

- **Provider Incentives**: the total amount of Medicaid paid incentives and paid disincentives, as well as a request for examples of most common incentive structures by associated APM subcategory. Reporting for statewide Medicaid paid incentives and disincentives is mandatory. However, further breakdown to the regional level is preferred, but not required. Provider Incentives are defined as follows:

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\(^2\)Total Payments were defined as the total Medicaid payments made to providers, excluding any case payments, administrative dollars, Washington State Health Insurance Pool (WSHIP), premium tax, Safety Net Assessment Fund (SNAF), Provider Access Payment (PAP) or Trauma funding, from January 1, 2016 through December 31, 2016. Total payments include pharmacy, inpatient, outpatient, physician/professional, and other health services, excluding any pass-through payments.
Paid Incentives means payments paid exclusively to providers in a value-based payment arrangement, as defined by Category 2C or higher of the HCP-LAN APM Framework White Paper, such as bonus payments and shared savings arrangements that offer financial rewards to providers who meet, exceed, or improve their performance on specified quality measure targets.

In addition, MCO’s were encouraged to respond to the following sections; however, completion was not mandatory:

- **Non-Medicaid Payments**: the total annual non-Medicaid payments made through each type of payment arrangement, by type of insurance product (i.e., Medicare or Commercial).

- **Non-Medicaid Covered Lives**: the total number of member months attributed to each type of payment arrangement, by type of insurance product (i.e., Medicare or Commercial).

- **Qualitative Questions**: Key domains include:
  - Barriers and Enablers to VBP Adoption.
  - Traditional MCO Functions: The degree to which MCOs may shift traditionally MCO-based functions onto contracted providers under certain VBP arrangements.

**Analysis and Reporting of Results.** HCA will perform initial data analysis for MCO survey data. Results will be publicly available in aggregate form on HCA’s webpage. Individual MCO responses will not be shared publicly.

**Provider Surveys**
While assessments and reports have been conducted on the national level and in other contexts, understanding the Washington provider experience with VBP is crucial to inform the progression along the VBP continuum. Additionally, an in depth understanding of the provider landscape is a crucial component of the work undertaken by ACHs. Provider feedback will promote robust project plan design, improved implementation and the foundation for successful plan for project sustainability. For these reasons, HCA developed a provider-facing VBP survey in 2017 to assess adoption levels, barriers and enablers of VBP amongst providers. While provider survey completion is not mandatory, ACHs are requested and incentivized to encourage survey participation, particularly among large provider groups in their regions.

**Objective**
The goal of the provider survey is to understand the level of VBP attainment, as defined by the percentage of total revenue in key VBP categories, and to identify key barriers and enablers to entering into VBP arrangements among Washington State providers.
Method

Survey administration. HCA released the provider survey to provider organizations in Washington on June 2, 2017. The survey window was open from July 10, 2017 to September 8, 2017. The survey was administered via email, and HCA sent email reminders to potential respondents in advance of the survey submission deadline in coordination with the MVP Action Team and ACH leadership. The survey response template was provided in Excel, in an effort to standardize with concurrent survey efforts in the state. The survey tool required about 30 minutes to complete, based on results of survey pre-testing. Provider organizations were instructed to submit one response per provider organization. Due to the content of the survey, HCA provided the recommendation that the survey be completed by an administrative lead (with consultation by clinical leadership as needed). Results will be publicly available in aggregate form, and will not be shared at the individual provider organization level. If the provider consents, individual results will be shared with the ACH.

Survey instrument. To provide context for the scope of care the survey response represents, all providers were instructed to identify:

- Type of provider organization they represent.
- Number of full time clinician equivalents (FTEs) employed with the organization.
- Counties served by the organization.

To measure the level of VBP attainment, providers were instructed to report on payments received during the calendar year. Payments were reported by payer type (e.g., Medicaid, Medicare, commercial insurance) and further categorized according to HCP-LAN APM Framework definitions. The detailed survey instrument can be found on the HCA webpage.

To learn about provider experience in transitioning to a value-based system of care, providers were asked the following:

- If you are receiving VBP from any payer, how has your overall experience with VBP been?
- If you are receiving VBP from any payer, what has enabled your participation in VBP?
- What are the greatest barriers for engaging in value-based payment arrangements?
- Realistically, how do you expect your participation in VPB to change over the next 12 months?

Categorical response options were provided, with an opportunity to provide a response not captured in the list of enablers and barriers to participation.

Analysis and Reporting of Results. HCA is responsible for performing analysis of data collected from provider survey responses. Results will be publicly available in aggregate form on HCA’s webpage. Individual organization responses will not be shared publicly.
Survey Results

Key results from the MCO survey (n=5) include the following:

MCOs reported that in calendar year 2016, 28% of their payments to providers are in VBP arrangements as defined by HCP-LAN Framework Categories 2C through 4B. The top five enablers facilitating the adoption of VBP arrangements were (in order of significance):

- Trusted partnerships and collaboration
- Aligned incentives and/or contract requirements
- Payment model technical assistance
- Interoperable data systems
- Aligned quality measurements and definitions

The top five barriers impeding the adoption of VBP arrangements were (in order of significance):

- Disparate incentives and/or contract requirements
- Lack of interoperable data systems
- Lack of collaboration
- Lack of consumer engagement
- Disparate quality measures and definitions

Key results from the provider survey (n=80) include:

More than 75% of responding providers receive at least some revenue in HCP-LAN Framework Categories 2C-4B. Approximately 65% of responding providers (who reported their experience with VBP) reported having had a positive experience with VBP. The top five enablers impeding the adoption of VBP arrangements were (in order of most-referenced):

- Trusted partnerships and collaboration with payers
- Aligned quality measures and definitions
- Aligned incentives and/or contract requirements
- Ability to understand and analyze payment models
- Access to comprehensive data on patient populations

The top five barriers impeding the adoption of VBP arrangements were (in order of most-referenced):

- Lack of interoperable data systems
- Lack of timely patient population cost data
- Insufficient access to comprehensive data on patient populations
- Inability to adequately understand and analyze payment models
- Misaligned quality measures and definitions

Additional survey results and reporting will be discussed in future updates to this document.
Progress to Date
Annual Update
This document will undergo updates annually. Upcoming editions will include more information on progress made towards achieving state and demonstration VBP targets, as well as the state’s evolution in seeking continued alignment with MACRA and other advanced alternative payment model updates.

Next Steps
Beginning in calendar year 2017 the MCO survey will transition to a contractual reporting requirement in MCO contracts. HCA will identify a third-party validator to review MCO-reported payments by HCP-LAN category. HCA is developing a methodology for validating reported payment data, which will be shared with MCOs and ACHs for public comment. The validation methodology will be incorporated in the next VBP withhold.

Lessons Learned
Additional information will be provided in future updates to this document.

Additional Resources
More information about Washington’s demonstration is available at:

Interested parties can sign up to be notified of demonstration developments, release of new materials, and opportunities for public comment through the Healthier Washington listserv. Instructions are available at: