




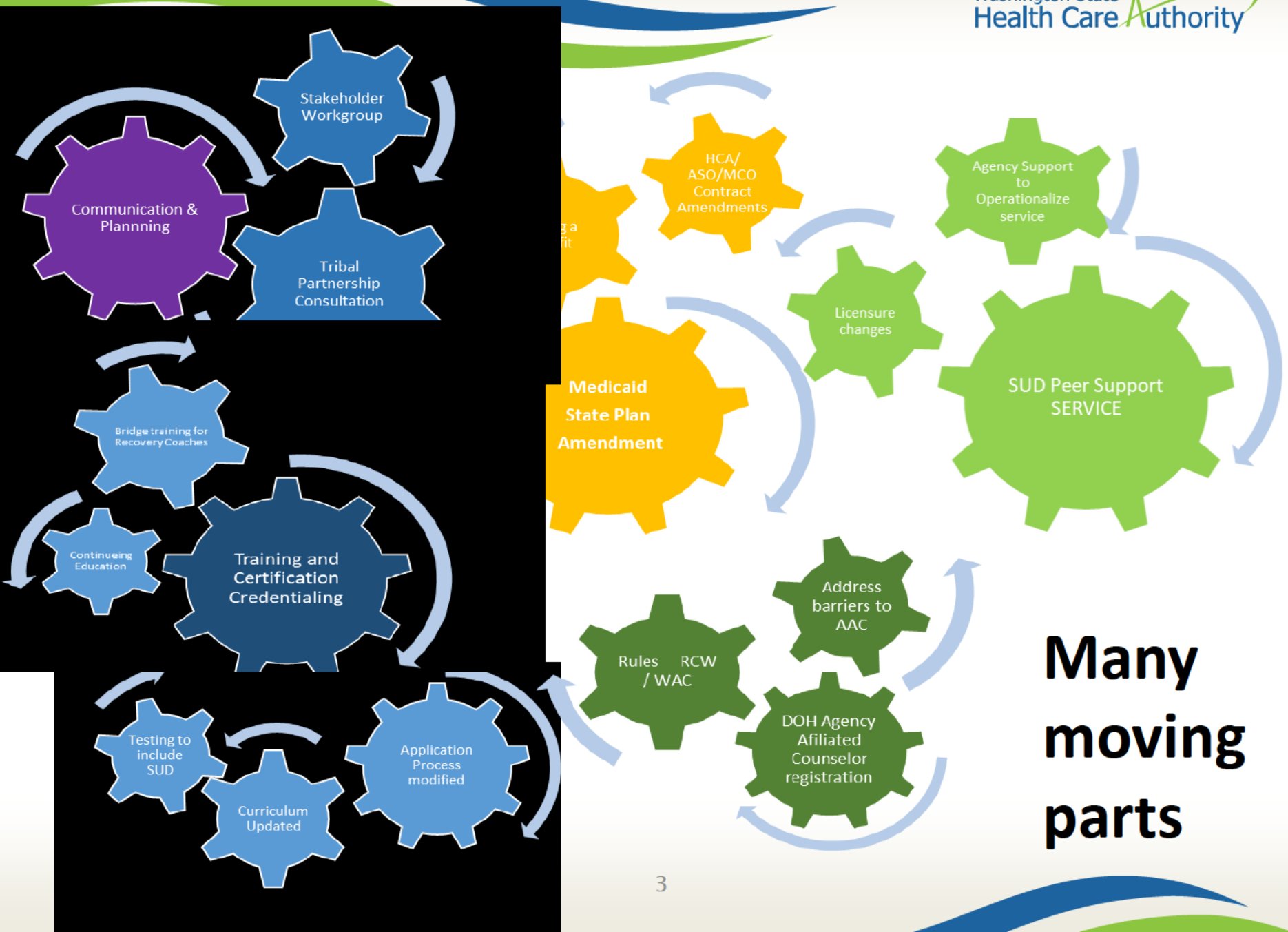
# Tribal Roundtable #2: SPA #19-0003 and #19-0006 for SUD Peer Services

Division of Behavioral Health and Recovery  
February 19, 2019



# Background

- Legislative Directive: 2018 Budget Proviso 213(5)(ss) (SSB 6032)
  - The Authority must submit a state plan amendment which provides for peer support services for individuals with substance use disorders to be included in behavioral health capitation rates beginning in fiscal year 2020 and allows for federal matching funds to be leveraged for these services.
- Medicaid Rules
  - State Plan determines what services Medicaid will pay for
  - CMS must approve these State Plan Amendments (SPAs)
  - CMS provided guidance in State Medicaid Director Letter #07-011



## SMDL #07-011 Requirements for SUD Peer Support

- SPA for peer support services must include:
  - Medicaid authority to be used for coverage and payment (such as Social Security Act Section 1905(a)(13))
  - Description of the peer support service(s) and the provider of the service(s), including their qualifications in full detail
  - Description of utilization review and reimbursement methodologies
- Peer support providers should be self-identified consumers who are in recovery from substance use disorders.

# SMDL #07-011 Requirements for SUD Peer Support

## **Minimum Requirements: Supervision**

- Reimbursement must be based on an identified unit of service and be provided by one peer support provider, based on an approved plan of care.
- Supervision must be provided by a competent mental health professional (as defined by the State).
- The amount, duration, and scope of supervision will vary depending on State Practice Acts, the demonstrated competency and experience of the peer support provider, as well as the service mix, and may range from direct oversight to periodic care consultation.

# SMDL #07-011 Requirements for SUD Peer Support

## Minimum Requirements: Care Coordination

- Peer support services must be coordinated within the context of a comprehensive, individualized plan of care that includes specific individualized goals.
- States should use a person-centered planning process to help promote participant ownership of the plan of care, in order to engage and empower the participant and individual selected by the participant in:
  - Leading and directing the design of the service plan, and
  - Ensuring that the plan reflects the needs and preferences of the participant in achieving the specific, individualized goals that have measurable results and are specified in the service plan.

# SMDL #07-011 Requirements for SUD Peer Support

## **Minimum Requirements: Training and Credentialing**

- Peer support providers must complete training and certification as defined by the State.
- Training must provide peer support providers with a basic set of competencies necessary to perform the peer support function.
- The peer must demonstrate the ability to support the recovery of others from substance use disorders.
- Similar to other provider types, ongoing continuing educational requirements for peer support providers must be in place.

## Other State SPA Approvals for SUD Peer Support

- 11 states have received CMS approval for SPAs to make SUD Peer Services Medicaid covered.
- All approved state SPAs include the requirements described in SMDL #07-011:
  - SUD Peer Services provided under the supervision of a mental health professional or SUD treatment professional
  - SUD Peer Services provided a comprehensive, individualized plan of care that includes specific individualized goals.



# Follow-up from Tribal Roundtable #1

- Additional SPA language changes
  - To clarify and expand the language on the location of the service
  - To update that references from DBHR to DOH with regard to licensing/certification

# Follow-up from Tribal Roundtable #1

- Future Possibilities to Explore
  - SBIRT: SUD Peer Support Counselor as a provider type that can offer SBIRT services
  - Behavioral Health Aide to become trained and licensed as an SUD Peer Support Counselor (DOH and CHAP Board)
  - Crisis: SUD Peer Support Counselor as a provider type that can offer SUD crisis services Prevention: SUD Peer Support Counselor to provide SUD prevention services in schools
  - Prevention: Student Assistance Specialists for prevention/intervention services

# Questions?

**Please submit comments to:**

[Richard.VanCleave@hca.wa.gov](mailto:Richard.VanCleave@hca.wa.gov)

(360) 725-1904

**Other questions?**

Pattie Marshall, Peer Support Program Administrator

Division of Behavioral Health and Recovery

[Pattie.Marshall@hca.wa.gov](mailto:Pattie.Marshall@hca.wa.gov)

Tel: (360) 725-1963