HCA-DOH

Monthly Tribal Meeting

Tuesday, May 1, 2019

9:00 AM – 1:00 PM

Location: Sue Crystal Conference Center, Cherry Street Plaza, 626 8th Avenue SE, Olympia, WA

Webinar: https://attendee.gotowebinar.com/register/6174454171300004865
Agenda

9:00 AM  Webinar Check, Welcome and Acknowledgement, Blessing, Introductions

Health Care Authority
9:15 AM  Trueblood Settlement: Overview, Forensics and Outpatient Implementation – Melodie Pazolt, David Reed, Ken Taylor
10:15 AM  Upcoming Medicaid Waiver for Mental Health Services at IMDs – Richard VanCleave
10:35 AM  Break
10:45 AM  Behavioral Health Updates (Upcoming conferences and events, MAT locator) – Lucilla Mendoza
11:05 AM  Other HCA Updates – Jessie Dean
11:30 AM  Community Behavioral Health Data/Reporting Standardization Update – Cathie Ott & Michael Langer

Department of Health
12:00 PM  Updates – Tamara Fulwyler

12:30 PM  Open Session
Closing/Adjourn
Webinar Check, Welcome and Acknowledgement, Blessing, Introductions

Opening
Melody Pazolt, HCA Division of Behavioral Heath and Recovery
David Reed, HCA Division of Behavioral Health and Recovery
Ken Taylor, DSHS Behavioral Health Administration

Trueblood Settlement Implementation
Richard VanCleave
HCA Division of Behavioral Health and Recovery

1115 IMD Waiver for Mental Health
Federal rules prohibit the use of Medicaid funds for services to individuals who reside in an Institution for Mental Disease (IMD) for more than 15 days during a calendar month.

In 2016 CMS offered states the opportunity to apply for an 1115 demonstration waiver allowing Medicaid-funded treatment in SUD IMDs.

In 2017 Washington State was granted an 1115 waiver amendment for SUD IMD facilities. The amendment application required the state to make changes to its SUD treatment system.

A 2018 executive order allows 1115 waivers for MH IMD facilities.
Washington State’s 1115 MH IMD Waiver Application

Washington began work on the 1115 MH IMD in early 2019. The target date for approval and implementation is July 1, 2020. The state is seeking technical assistance and further guidance from CMS regarding application requirements.
IMD Waiver Application Highlights

Requirements **similar** to those under the SUD IMD 1115 Waiver:
- States must meet milestones within two years.
- Requires an average 30 day stay during the demonstration.
- States will report quarterly on a common set of metrics.
- Requires an approved implementation plan and updated Health Information Technology plan before state begins using Medicaid for MH IMDs.

Requirements **different** than those under the SUD IMD Waiver:
- Does not apply to individuals under age 21 unless they reside in certain IMD facilities.
- Maintenance of financial effort will be **considered** when reviewing applications, in order to ensure states continue to fund outpatient services.
- Requires accredited facilities.
Required 1115 MH IMD Waiver Milestones

**Quality of Care:** Accredited facilities, screening for co-occurring conditions, compliance requirements, and utilization management.

**Improved Care Coordination:** Pre-discharge care coordination, housing assessment, follow-up calls, and strategies to increase data sharing among providers.

**Increased Access to Care:** Focuses on crisis stabilization, statewide assessments of mental health outpatient networks, and evidence-based tools for determining level of care.

**Earlier Identification and Engagement:** Programs to increase the number of younger adults in treatment, supported employment, and integration of behavioral health care in non-specialty care settings (schools and primary care).
<table>
<thead>
<tr>
<th>Date</th>
<th>Project Milestone</th>
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<tbody>
<tr>
<td>4/1/2019</td>
<td>Project Start</td>
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<tr>
<td>5/1/2019</td>
<td>Determine SMEs</td>
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<tr>
<td>5/15/2019</td>
<td>Info Gathering</td>
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<tr>
<td>6/1/2019</td>
<td>Secure Budget for Contractors (RDA, Mercer)</td>
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<td>7/1/2019</td>
<td>Complete Draft Application</td>
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<tr>
<td>7/15/2019</td>
<td>Complete Application/Exec Review</td>
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<tr>
<td>10/1/2019</td>
<td>Tribal Notice</td>
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<td>10/1/2019</td>
<td>Public Notice</td>
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<tr>
<td>11/1/2019</td>
<td>Begin Tribal Roundtables</td>
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<td>12/1/2019</td>
<td>Tribal Consultation</td>
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<td>1/1/2020</td>
<td>Submit Application to CMS</td>
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<td>7/1/2020</td>
<td>CMS Approval/Begin FFP</td>
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Break
Upcoming Conferences

SPRING YOUTH FORUM – Prevention Peer to Peer Conference
Save the date – May 22, Grand Mound, WA
Scholarship application opened February 18
Registration and application - http://springyouthforum.org/

2019 STUDENT SUPPORT CONFERENCE – Better Together
Save the date – May 22-24, Wenatchee, WA
Registration - bit.ly/StudentSupport2019
Upcoming Conferences

2019 WASHINGTON BEHAVIORAL HEALTHCARE CONFERENCE
June 13-14, 2019
Hilton, Vancouver, WA
“Cultivating Community Solutions”

REGION 10 OPIOID SUMMIT IN VANCOUVER
August 6, 2019 Preconference Meetings
August 7-8, 2019 Opioid Summit – Science to Practice: Addressing the Opioid Crisis
August 9, 2019 Chronic Opioid Therapy: A Patient-Centered Approach to Assessment, Tapering, Maintenance, and Treatment
Hilton, Vancouver, WA
Tribal Prevention Gathering Update

June 27 & 28, 2019 hosted by Lummi Nation.

Focus on substance use prevention and mental health promotion in tribal communities.

For more information, contact – Lizzie Callender at Elizabeth.callender@hca.wa.gov.
American Indian/Alaska Native Opioid Response Workgroup (AI/AN ORW)

Upcoming meetings

May 7, 2:00 – 4:00 pm
Location: HCA, Cherry Street Plaza, 626 8th Ave SE, Olympia, WA in Sandpiper Room
Webinar Registration: https://attendee.gotowebinar.com/register/6704717850377139203
Focus on needs and resources assessment and review survey for Tribal programs

August 6, TBD
In Person Preconference Meeting at Region 10 Opioid Summit
Location: Vancouver, WA
Registration: http://region10opioidsummit.org/travel/
WISe Adaptation Project Kick Off Meeting

May 10, 2019, 9:00 am – 1:00 pm, at Passages Family Support, 1700 S Assembly St. Spokane, WA 99224 on the 3rd floor and via webinar using Zoom webinar software.

Webinar Link: https://zoom.us/j/819624437
Phone Conference Information: 720-707-2699  Meeting ID: 819 624 437

Need 8-10 workgroup members to participate on 3-6 workgroup meetings, May - July 2019

See attached DTLL
NEW MAT Locator Webpage at the Washington Recovery Help Line

http://www.warecoveryhelpline.org/mat-locator/
Tribal and Urban Indian Operated Programs

Cowlitz Tribal Treatment - Tukwila
15455 65TH AVENUE SOUTH Suite A TUKWILA, WA 98188 (Get Directions)

- Visit their website or
- Call 206-721-5170 to get more information.

Didgwalic Wellness Center - Swinomish Wellness Program
8212 SOUTH MARCH POINT ROAD ANACORTES, WA 98221 (Get Directions)

What's Next  Details  Hours & Location
Other HCA Updates
Community Behavioral Health Data/Reporting Standardization (BRADS)
Department of Health Updates

Tamara Fulwyler
DOH Tribal Relations Director
Online Resource:
https://www.cdc.gov/injury/fundedprograms/tribal.html

Injury Prevention in American Indian and Alaska Native Communities

Tribal Road Safety
Motor vehicle crashes are a leading cause of unintentional injury death for American Indians/Alaska Natives.
Learn more>>
Is anyone sponsoring “cultural training” for counseling staff to support CEU requirements?
Training programs sponsored by the agency where a counselor is employed are acceptable if the experience contributes to the advancement, extension and enhancement of the professional competence of the licensed marriage and family therapist, licensed mental health counselor and/or the licensed social worker and the training programs to 26 hours per reporting period.

How do I become an approved CE provider?
The department doesn't approve continuing education for licensed mental health counselors, licensed marriage and family therapists or licensed social workers.
<table>
<thead>
<tr>
<th>Milestones</th>
<th>Tasks</th>
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<tbody>
<tr>
<td>ISSUE #1 Create an attestation process for substance use disorder treatment services similar to the current attestation form for mental health services.</td>
<td>take place at this meeting.</td>
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<td>ISSUE #2 Allow for a tribal behavioral health agency to receive deeming status without first receiving an onsite survey</td>
<td>can be amended to remove the initial DOH onsite inspection; <strong>Three AOs need to be contacted</strong> suffice.</td>
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<td>ISSUE #3 The AIHC on behalf of the Tribes requested DOH grant a license and credential number via the deeming or attestation process</td>
<td>2019 AIHC delegates meeting</td>
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Open Session
Closing/Adjournment
Jessie Dean
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Web: http://www.hca.wa.gov/tribal/Pages/index.aspx

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Web: https://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/TribalPublicHealth