## Mental Health Assessment for Young Children: Advocacy Timeline

| June<br>2016             |    | The Children & Youth<br>Behavioral Health<br>Workgroup (CYBHWG) is<br>formed.   | The <b>workgroup</b> is <b>legislatively required</b> to recommend culturally<br>and developmentally appropriate assessment and diagnostic tools,<br>with a focus on children birth to five.  |
|--------------------------|----|---|---|
| December<br>2016         |    | The CYBHWG provides<br>their first legislative<br>recommendations report.   | The <b>report</b> includes a recommendation that HCA assemble a workgroup to identify culturally and developmentally appropriate assessment and diagnostic tools for children birth to five.  |
| September<br>2017        |    | State partners convene<br>at the Optimizing Early<br>Childhood Mental Health<br>(ECMH) meeting.   | The Department of Health's Project LAUNCH and the Washington<br>Association for Infant Mental Health host a meeting, where<br>representatives from FSG, a consulting firm, present a landscape<br>analysis on the state of ECMH within Washington. Lack of support for<br>use of the DC:0-5™ is noted as a key challenge. |
| May 2018 -<br>Sept. 2019 | 5  | A cross-agency team<br>participates in ZERO TO<br>THREE's Infant and Early<br>Childhood Mental Health<br>Financing Policy Project<br>(IECMH-FPP). | The team receives <b>technical assistance from national experts</b> , and<br>surveys IECMH providers across the state. They identify reimbursement<br>for developmentally appropriate assessment services as an area of<br>future work.   |
| Spring<br>2019           |    | The CYBHWG forms a<br>subgroup on Prenatal to<br>Age Five Relational Health<br>(P5RHS).   | Members of the P5RHS identify mental health assessment for young children as one of their key priority areas.   |
| December<br>2019         |    | The CYBHWG provides their 2020 legislative recommendations.   | One <b>recommendation</b> , as put forward by the P5RHS, includes requiring the HCA to conduct an analysis of the estimated cost to implement best practices for mental health assessment of young children.  |
| April<br>2020            | \$ | Funds are included within<br>the 2020 Budget for the<br>cost analysis.  | The funds allow HCA to conduct the recommended cost analysis.   |
| December<br>2020         |    | The CYBHWG provides their 2021 legislative recommendations.   | One <b>recommendation</b> , as put forward by the P5RHS, includes requiring the HCA to implement best practices for mental health assessment of young children. The <b>HCA's cost analysis</b> is used to provide financial impact information.   |
| April 2021               |    | HB 1325 is signed into law  | Based on the recommendation of the CYBHWG, <b>HB 1325</b> is signed into law. Funds to support implementation are included in the 2021-2023<br>Budget   |
| June<br>2021             |    | Perigee Fund outlines<br>opportunities to advance<br>infant-early childhood<br>mental health in<br>Washington state.                              | Based on extensive interviews with key stakeholders, expanding use of the DC:0-5 is included as a key <b>recommendation</b> .   |
| July<br>2021             |    | HB 1325 goes into effect.   | Implementation of the policies, collectively referred to as<br>Mental Health Assessment for Young Children, begins at the<br>Health Care Authority.   |

