



# *Symposium 2016*



#HWSymposium

# Healthier Washington Symposium

## Our Journey Toward Better Care, Smarter Spending & Healthier People: Where Do We Go From Here?

The Healthier Washington Symposium convenes partners and stakeholders in the Healthier Washington initiative to engage in a conversation with one another about how various health system transformation efforts impact individuals, organizations and the health system collectively.

We seek bold solutions to issues we face today to achieve a healthier Washington, drawing upon what we've learned and what we have accomplished. Which partners in this public-private collaboration must continue to lean in toward our collective goals, and which change agents need to be more actively engaged? Interactive discussions will identify what we need to do differently and what we must accelerate to accomplish our crucial ambitious aims to:

- **Incentivize quality and value,**
- **Support systems that serve the whole person,**  
—and—
- **Engage the entire community to achieve healthier populations.**

Today participants will have the opportunity to hear provocative views on the challenges and opportunities we have in front of us. Following plenary discussions, participants will break into multi-sector, facilitated groups to engage in problem solving and generation of action items.

## Incentivizing Quality and Value

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8:45 – 9:45 a.m.

A healthier Washington rewards good health outcomes. By paying for quality and value, Washington State will fundamentally change how health care is provided. But how do we get from our current state that largely pays for each service delivered to one that is held accountable for the health of a population?

After the panel discussion, reaction sessions will focus on provider engagement, rural health, what's needed to scale and spread value-based systems, and the alignment of Medicare, Medicaid and private payers.

## Supporting Systems that Serve the Whole Person

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10:45 – 11:45 a.m.

A healthier Washington serves the needs of the entire person—physical health needs, mental health needs, and substance use disorder needs. Where are we on the road to integrated physical and behavioral health purchasing and delivery? What models for holistic health already exist in Washington State?

Following the panel discussion, reaction sessions will focus on clinical integration, the role of Accountable Communities of Health in whole-person health, and the role of counties.

## Our Leadership Imperative to Achieve and Sustain a Healthier Washington

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12:45 – 1:30 p.m.

A healthier Washington requires leadership and collective action. As we look to the next several years of health systems transformation, we must spread what's working and perform on our goals. What is our leadership role in achieving and sustaining a healthier Washington?

## **Engaging the Entire Community to Achieve Healthier Populations**

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1:30 – 2:30 p.m.

A healthier Washington effectively engages all sectors in achieving health for people and their families. While our health care system has a role in supporting health outcomes, so does the education system, the housing system, social institutions, and community support. The discussion will illustrate the mechanisms Washington state has in place to engage the organizations and sectors that impact health. How do we align incentives, motivation and collective action across sectors to achieve healthier populations?

Following the panel discussion, reaction sessions will focus on financing and sustainability, health equity, strategies to engage social sectors, and community-clinical linkages.

## **Where Do We Go From Here?**

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3:30 – 4 p.m.

Washington State is pioneering change that is largely unparalleled across the nation in its scope and momentum. Leaders across the state have created and championed a vision for a healthier Washington that has been pursued at an unrelenting pace amid outstanding questions and challenges. We have learned and accomplished much. Moving forward, what must we adjust and what work must be accelerated? The final panel will include reflections from leaders across the state as we all lean in toward dynamic health system change.

# Symposium Agenda

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**7:30 – 8:15 a.m.** Registration and Networking

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**8:15 – 8:45 a.m.** Our Journey Toward Better Care,  
Smarter Spending & Healthier People

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Nathan Johnson, Health Care Authority  
Dorothy Teeter, Health Care Authority  
Susan Johnson, U.S. Department of Health & Human Services Region X

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**8:45 – 9:45 a.m.** Plenary Session:  
Incentivizing Quality and Value

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Rick Cooper, The Everett Clinic (m)  
Daryl Edmonds, Amerigroup Washington  
John Espinola, Premera Blue Cross  
Alison Carl White, Better Health Together

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**10 – 10:30 a.m.** Facilitated Open Space Reaction:

 <b>Paradise Room</b>	 <b>Dallas Room</b>	 <b>Phoenix Room</b>	 <b>Monterey Room</b>
How do we identify potential savings and investment opportunities? What environmental factors and foundations are necessary to have these productive, multi-sector discussions?	A discussion with the Healthier Washington Rural Health Innovation Accelerator Committee.	According to HCA's RFI results, larger provider systems have made progress toward the adoption of VBP. However, even large provider systems encounter barriers to getting additional providers to join their network. Is market consolidation the only way to address provider adoption of VBP?	Participation of private payers is key to achieve the state's VBP goals. What are barriers and opportunities to launching a multi-payer model inclusive of Medicare, Medicaid and private payers?

# Symposium Agenda

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## 10:45 – 11:45 a.m. Plenary Session: Supporting Systems that Serve the Whole Person

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Linda Parlette, North Central Accountable Community of Health (m)  
Peter Adler, Molina Healthcare of Washington  
Bunk Moren, Community Services Northwest  
Charlene Nelson, Shoalwater Bay Tribe  
Peter Rutherford, Confluence Health

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## Noon – 12:30 p.m. Facilitated Open Space Reaction:

 <b>Paradise Room</b>	 <b>Dallas Room</b>	 <b>Phoenix Room</b>	 <b>Monterey Room</b>
What strengths do the current BHOs or the counties have that should be preserved as regional assets as we move to full integration statewide?	What are the core elements to any system of clinical care?	What can we learn from other states and what is Washington's path forward for innovative financing and sustainability?	What strategies should regions consider to leverage partnerships already established through regions' ACHs in order to better coordinate care, influence integration, and identify and meet local needs?

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## 12:45 – 1:30 p.m. Lunch Plenary: Our Leadership Imperative to Achieve and Sustain a Healthier Washington

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Jay Fathi, MD, Coordinated Care  
Ron Sims, Washington Health Benefit Exchange

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# Symposium Agenda

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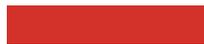
## 1:30 – 2:30 p.m. Plenary Session: Engaging the Entire Community to Achieve Healthier Populations

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David Wertheimer, Bill & Melinda Gates Foundation (m)  
Doug Bowes, United Health Care  
Dorene Hersh, Public Health - Seattle & King County  
Peter Morgan, Family Health Centers  
Preston Simmons, Providence Health & Services

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## 2:45 – 3:15 p.m. Facilitated Open Space Reaction:

 Paradise Room	 Dallas Room	 Phoenix Room	 Monterey Room
How do we effectively communicate the benefit of multi-sector collective action?	A Discussion with the Healthier Washington Communities & Equity Accelerator Committee	What can we learn from other states and what is Washington's path forward for innovative financing and sustainability?	How do we help purchasers increase their understanding of linkages between community and clinical care?

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## 3:30 – 4 p.m. Where Do We Go From Here?

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Dorothy Teeter, Health Care Authority (m)  
Diana Birkett Rakow, Group Health Cooperative  
Eileen Cody, House of Representatives  
Victor Collymore, Community Health Plan of Washington  
Winfried Danke, CHOICE Regional Health Network  
Andrew Over, Regence BlueShield

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