

Involuntary Treatment Act for Substance Use Disorders

Secure Withdrawal Management Report

January 1, 2023 to March 31, 2023

Background

On April 1, 2018, two changes in the adult and youth Involuntary Treatment Act (ITA) for Substance Use Disorders (SUD) went into effect.

1. Designated mental health professionals became designated crisis responders (DCRs).
2. Community members who are a danger to themselves or others, other's property, or gravely disabled due to a drug or alcohol problem may be involuntarily detained to a **secure withdrawal management and stabilization (SWMS)** facility.

There are **three facilities** that currently provide **SWMS¹** services: **American Behavioral Health Services (ABHS)**, located in Chehalis; **ABHS Parkside**, located in Wenatchee; and **Valley Cities**, located in Kent.

Capacity and Average Daily Census

The SWMS bed capacity varies by facility, currently at **53 beds**. A total of **196 individuals were served** between January 1 and March 31, 2023². In the reporting period, the **Average Daily Census (ADC)³** moderated from **25 in January to 28 in each of February and March**. The **bed utilization rates⁴** varied from **48%** in January to **53%** in February.

Facility	Capacity	Cases: Past 3 Months ²	Clients Served: Past 3 Months ²	January-23		February-23		March-23	
				ADC	% Capacity	ADC	% Capacity	ADC	% Capacity
ABHS Chehalis	21	84	81	7.548	35.94%	13.429	63.95%	12.452	59.29%
ABHS Parkside	16	84	76	6.724	42.03%	5.786	36.16%	5.667	35.42%
Valley Cities	16	48	48	11.129	69.56%	9.000	56.25%	9.645	60.28%
All Facilities	53	216	196	25	47.93%	28	53.23%	28	52.38%

¹ **Data Sources:** SWMS Facilities, January to March 2023.

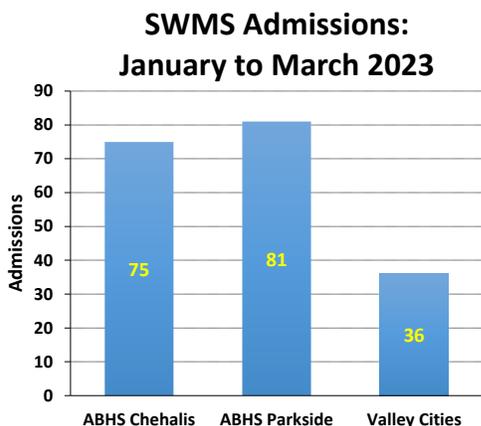
² "Cases" include service counts in the reporting period of SWMS events tied to admissions, open active cases, and discharges by facility and month. "Clients Served" include unduplicated counts of individuals served in SWMS in the reporting period, by facility and month. The "All Facilities" count of "Clients Served" is an overall unduplicated figure; as such, the counts of "Clients Served" by Facility will not sum to the "All Facilities" count of "Clients Served."

³ The facility monthly ADC is calculated by dividing the number of bed days by facility (i.e., the total days in a month in which clients were occupying a bed) by the number of active days by facility (i.e., the number of days in a month within which one or more individuals comprised the daily census). The total monthly ADC is a rounded sum of the facility monthly ADCs. In the TARGET era and the BHO era, discharge days for inpatient and withdrawal management services were counted as a service day. However, upon consultation with HCA staff in February 2022, there was consensus regarding the omission of the discharge date from the treatment/service episode, when calculating the length of stay for said episode. This decision rule is used when calculating SWMS bed days and the facility monthly ADCs.

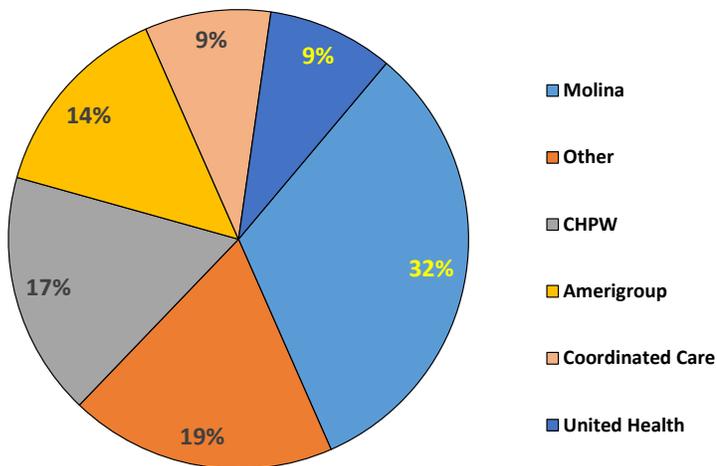
⁴ The bed utilization rate (expressed as "% Capacity") is calculated by dividing the facility monthly ADC by each facility's capacity; and by dividing the total monthly ADC by the composite total capacity of all participating facilities.

Admissions

There were **192 admissions** to SWMS between January 1 and March 31, 2023. **Clients enrolled via Molina Healthcare** comprised the single submitter with the highest percentage of admissions (**32%**)⁵ to SWMS during the reporting period.



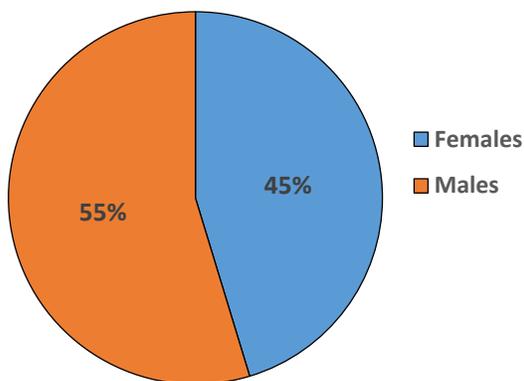
SWMS Admissions by Submitter: January to March 2023



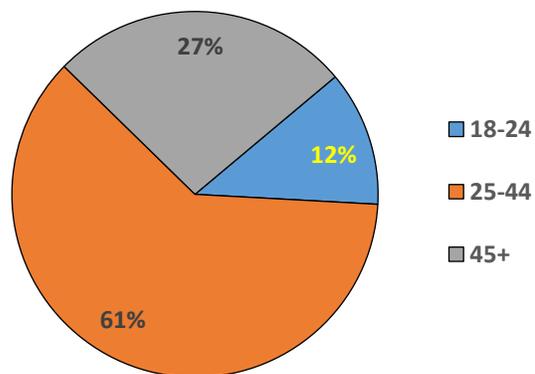
"Other" includes Beacon/Carelon, Cigna, Great Rivers BH, Greater Columbia BH, Kaiser, Medicaid, Native (American client), No Insurance, Premera, Regence, Salish, Spokane, and Thurston-Mason.

Admissions vary by gender⁶ and age grouping (all adults). **Males (55%)**, and **persons ages 25-44 (61%)**⁷ comprised most admissions during the reporting period.

SWMS Admissions by Gender: January to March 2023



SWMS Admissions by Age Group: January to March 2023



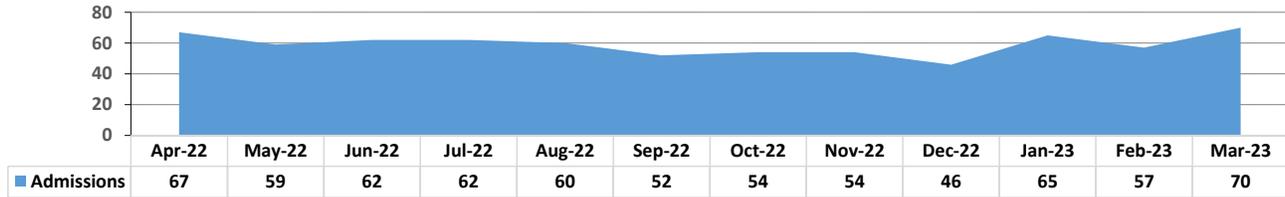
⁵ Percentages are rounded upward to the nearest integer. As such, figures may not sum to 100 percent.

⁶ Indicates a person's self-identified gender.

⁷ The age groups "45-64" and "65+" were combined for the "SWMS Admissions by Age Group" chart, to avert data suppression.

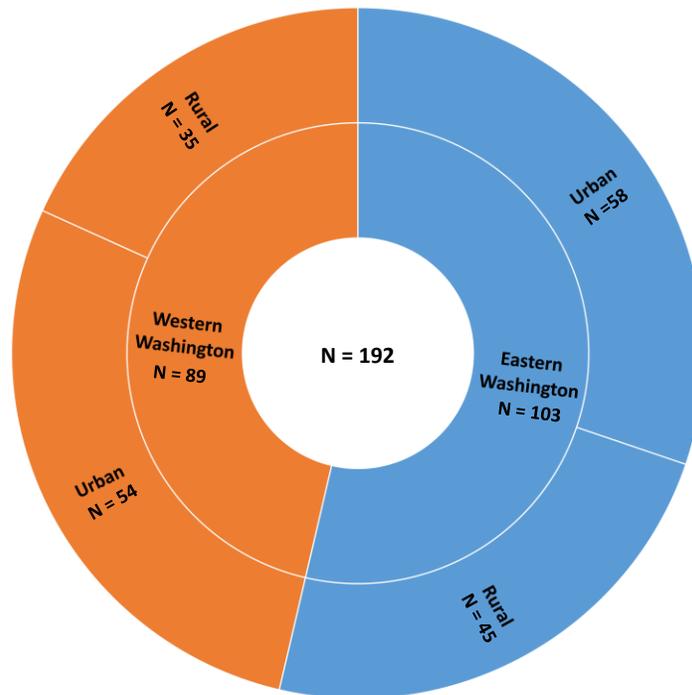
The average count of admissions during **January-March 2023 (64.0)** was **slightly greater than** the average count of admissions during **April-June 2022 (62.7)**. Compared to the latter average, **admissions decreased by a net 14 to 27 percent** during each of the months between September and December 2022.

SWMS Admissions: April 2022 to March 2023



Admissions to SWMS varied by **rural v. urban counties of detention**⁸, and by the geographic area (Eastern Washington at **54%**, and Western Washington at **46%**). Admissions from **urban counties of detention outnumbered admissions from rural counties (58% [urban] v. 42% [rural])**.

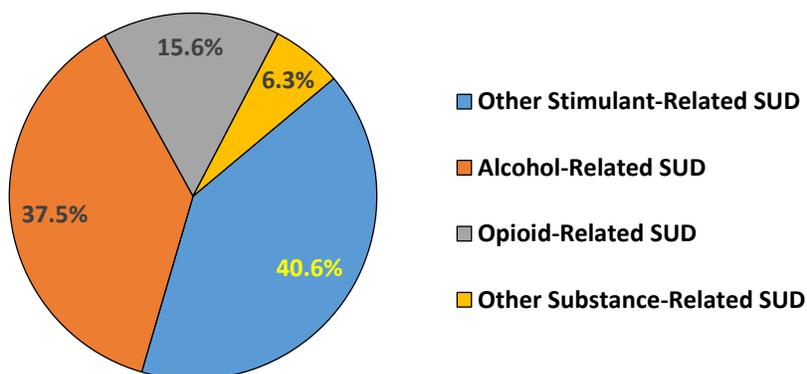
SWMS Admissions: January to March 2023
Eastern Washington and Western Washington
Urban and Rural Counties



⁸ Rural counties with admissions during the reporting period include Chelan, Clallam, Cowlitz, Franklin, Garfield, Grant, Grays Harbor, Island, Jefferson, Kittitas, Klickitat, Lewis, Lincoln, Mason, Okanogan, San Juan, Skagit, Stevens, Walla Walla, and Yakima counties. Urban counties with admissions during the reporting period include Benton, Clark, King, Kitsap, Pierce, Snohomish, Spokane, Thurston, and Whatcom counties. **Source (Rural/Urban County Flags):** Washington Department of Health, based on population data from Washington State Office of Financial Management, April 2017 (DOH 609-003).

Admissions whereby clients presented with **Other Stimulant-Related SUD diagnoses**⁹ comprised the greatest proportion (**40.6%**) of SWMS admissions during the reporting period.

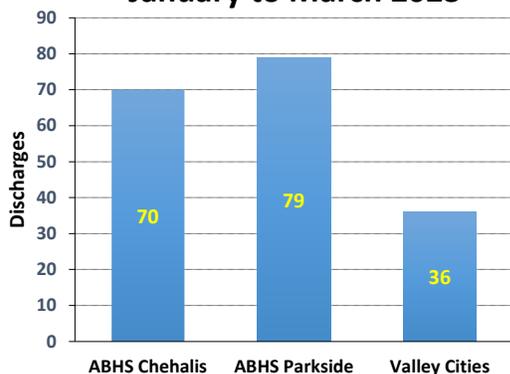
SWMS Admissions by SUD Diagnostic Group: January to March 2023



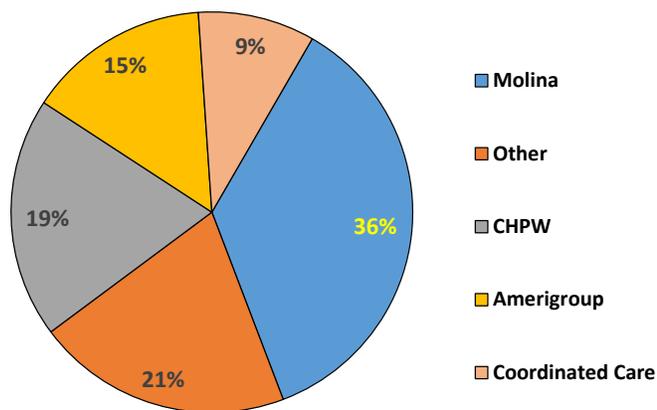
Discharges

There were **185 discharges** from SWMS between January 1 and March 31, 2023. **Clients enrolled via Molina Healthcare** comprised the single submitter with the highest percentage of discharges (**36%**)¹⁰ from SWMS during the reporting period.

SWMS Discharges: January to March 2023



SWMS Discharges by Submitter: January to March 2023

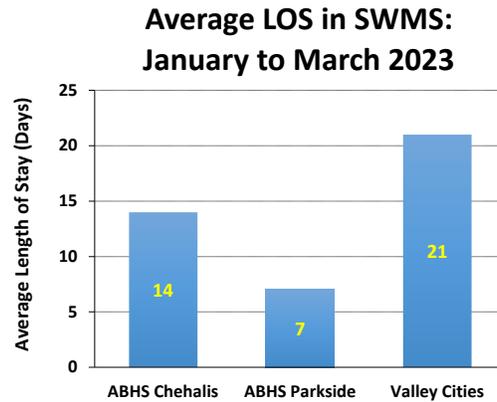


⁹"Other" includes Beacon/Carelon, Cigna, Great Rivers BH, Greater Columbia BH, Inactive, Kaiser, King County BH, Native (American Client), No Insurance, Premera, Regence, Salish, Spokane, and Thurston-Mason.

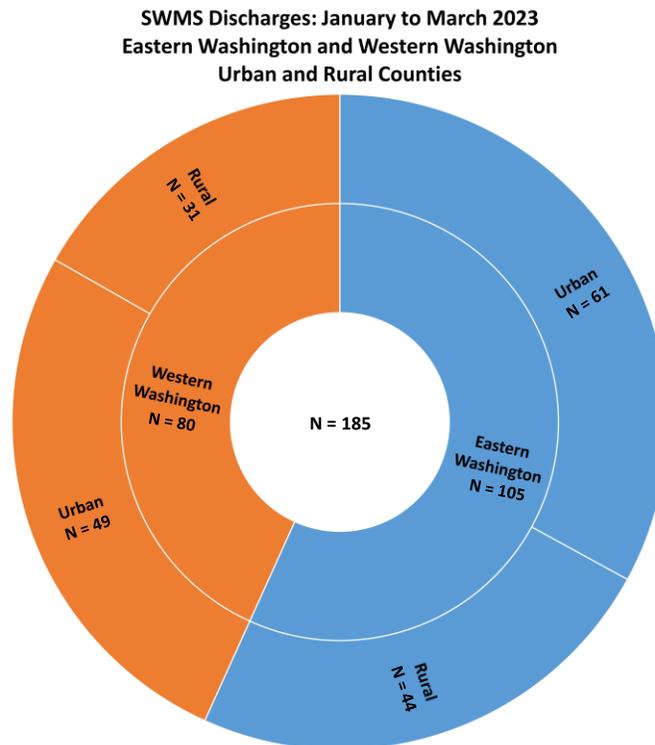
⁹SUD Diagnostic Groups are comprised of ICD-10 diagnoses that signify substance use, abuse, or dependence. "Other Stimulant-Related SUD" is synonymous with use, abuse, or dependence of amphetamines, methamphetamine, other psychostimulants (i.e., therapeutics such as mixed amphetamine [e.g., Adderall], methylphenidate [e.g., Ritalin], or modafinil [e.g., Provigil]), and caffeine. "Other Substance-Related SUD" includes diagnoses of substance use, abuse, or dependence related to cannabis, cocaine, or sedatives/hypnotics/anxiolytics; and records where there was no reported SUD diagnosis.

¹⁰ Percentages are rounded upward to the nearest integer. As such, figures may not sum to 100 percent.

The overall **average length of stay (LOS)** was **12 days**, which has **moderated over time**. The LOS measured during the reporting period varied by facility.



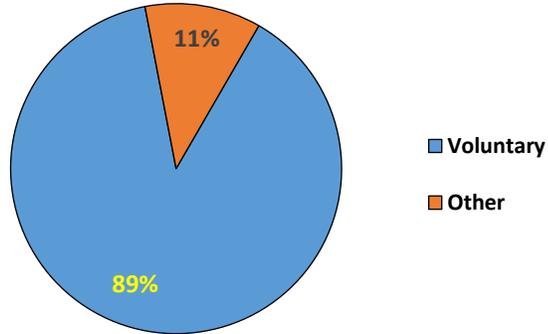
Discharges from SWMS varied by **rural v. urban counties of detention**¹¹, and by the geographic area. Counties of detention located in **Eastern Washington** comprised the majority (**57%**) of SWMS discharges during the reporting period. Discharges from **urban counties of detention outnumbered admissions from rural counties (59% [urban] v. 41% [rural])**.



¹¹ Rural counties with discharges during the reporting period include Chelan, Clallam, Cowlitz, Franklin, Garfield, Grant, Grays Harbor, Island, Jefferson, Kittitas, Klickitat, Lewis, Lincoln, Mason, Okanogan, San Juan, Skagit, Walla Walla, and Yakima counties. Urban counties with discharges during the reporting period include Benton, Clark, King, Kitsap, Pierce, Snohomish, Spokane, Thurston, and Whatcom counties. **Source (Rural/Urban County Flags):** Washington Department of Health, based on population data from Washington State Office of Financial Management, April 2017 (DOH 609-003).

The supermajority (**89%**) of SWMS discharges had “**Voluntary**” as the **Legal Status**¹² at the point of discharge.

SWMS Discharges by Legal Status



¹² "Other" (Legal Status) includes 14-90 Day Order(s) and Custody Transfer(s).