

Suicide prevention and mental health promotion

Overview

The Division of Behavioral Health and Recovery (DBHR) funds Community Prevention and Wellness Initiative (CPWI) coalitions as well as local community-based organizations, private not-for-profits, and educational organizations to provide mental health promotion or suicide prevention services. These communities implement a variety of mental health promotion or suicide prevention programs.

Programming includes both school and community based services, including the use of evidence-based programs such as PAX Good Behavior Game, Second Step, Sources of Strength, Guiding Good Choices, Primary Project, and QPR Gatekeeper Training.

Communities also provided Youth Mental Health First Aid trainings and mental health and suicide prevention community awareness events.

DBHR also facilitates an ongoing mental health promotion/suicide prevention workgroup as part of the State Prevention Enhancement Consortium. The workgroup was organized in March 2013 and meets 6-12 times per year to support the work of the consortium.

Eligibility requirements

CPWI coalitions, other coalitions, and community-based organizations are eligible for these services. Strong relationships with local school districts and educational service districts are required for all projects focused on school-based programs.

Authority

DBHR serves as the single state authority for substance use disorders prevention and mental health promotion and treatment. Beginning in State Fiscal Year 2019 the DBHR received dedicated state funding for these services.

2019-2020 budget

DBHR has an annual budget of \$604,000 for community grants focused on mental health promotion and suicide prevention.

People served

In State Fiscal year 2019 with only \$174,500 available to serve nine communities more than 38,000 individuals were reached across the state.

Key partners

- Community based organizations
- CPWI coalitions
- Department of Health
- Educational service districts
- Local school districts
- Other coalitions in Washington State

Oversight

DBHR contracts with providers to deliver programs and services and then manages the contracts to ensure effective implementation and reporting in order to process payments.

For more information

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