

Substance Use Disorder (SUD) Family Navigator projects

Overview

The Substance Use Disorder (SUD) family navigator project focuses on implementing navigators statewide who can serve families and individuals of loved ones experiencing SUD, of all ages, to include training, certification, licensed supervision, and development of expertise in serving family members of youth and young adults with SUD in a community-based setting.

SUD Family Navigators will serve families and individuals in a culturally responsive and person-centered manner, building relationships with traditionally underserved communities/populations while addressing Diversity, Equity, and Inclusion (DEI) as it pertains to each individual.

SUD Family Navigator project

The SUD Family Navigators support parents, partners, and other adult family members of individuals experiencing SUD related challenges through assistance with navigating the system of care, supporting their loved one, and managing their own health and wellbeing. Services will be provided by trained and certified family support peers who have lived experience with SUD within their family.

The SUD Navigator is trained to provide developmentally appropriate services to individuals and families which includes an array of support such as one-to-one peer coaching, socialization, peer group support, education groups, employment support, supportive housing, and resource referral and linkage.

FY20: Peer Washington SUD Family Navigators

The Peer Washington SUD family navigators were implemented in 2020. Navigators are certified as peers, trained to offer one-to-one peer coaching, socialization, peer group support, educational groups, employment support, supportive housing, resource linkage, referrals to community supports, and other activities within their scope and

expertise. Navigators provide services to families and assist them with navigating the system on behalf of their loved one. When applicable, services may be offered to the individual.

The scope of the current work is to continue to offer services while working toward sustainability for the family navigator project in Seattle, Spokane, and Kent. The funding amount allocated in this contract must be used to provide family navigator services to individuals enrolled in the program. This includes the development of training infrastructure.

FY22: Continued implementation

Released procurement to identify entities to implement SUD Family Navigators sites in additional regions. Initiated three contracts, ensured connection to developmentally specific training activities, and provided technical assistance to programs. Expanded contracted providers to include Multicultural Child and Family Hope Center in Tacoma, Peer Washington in Seattle and Clark County Recovery Café in Vancouver.

Budget: 2022-23 Biennium

Proviso funds: There are two funding sources for these projects. The first is a one-time general state funds, and the other is allocated from legislation as a result of the Blake decision.

- Engrossed Substitute Senate Bill 5092: \$1,000,000 GF-S over two years
- Engrossed Senate Bill 5476: \$500,000 GF-S over two years

Oversight

The HCA DBHR Program Manager has oversight over the SUD Family Navigator Projects.

More information

Liz Venuto,
Prenatal-25 BH/TAY Supervisor
Liz.Venuto@hca.wa.gov