

Washington System of Care Statewide FYSPRT

Date: July 28, 2022 **Time:** 3:00pm – 5:00pm

Approximately 45 attendees representing the following: Beacon Health Options of Washington, Community members, Department of Health, Developmental Disabilities Administration, The Everett Clinic, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia Administrative Services Organization, Greater Columbia Behavioral Health, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), Kids Mental Health Pierce County, King County Community Collaborative (KC3), King County Administrative Services Organization, North Central WA FYSPRT, North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Office of Superintendent of Public Instruction, Partners for Our Children, Passages Family Support, Salish Regional FYSPRT, Southwest Regional FYSPRT, Spokane Administrative Services Organization, Statewide Family Network, and System of Care Partnership.

Facilitators – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kaitlynn/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
Welcome and Introductions Statewide FYSPRT Tri-Leads 3:00 – 3:10	Shared land acknowledgement. Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat). Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing. Reviewed Full Value Agreement	n/a	n/a	n/a
Workforce and Rates Subgroup presentation Laurie Lippold 3:10 – 3:50	<p>Topic Purpose – Information sharing regarding work being done to address workforce shortages as requested in May’s meeting evaluation</p> <p>The topic of workforce challenges seems to be coming up as a theme both in Statewide FYSPRT meeting dialogues and in other forums as well.</p> <p>The Workforce and Rates Subgroup is an advisory group of the Children and Youth Behavioral Health Work Group (Work Group). The Work Group provides recommendations to the Legislature to improve behavioral health services and strategies for children, youth, young adults, and their families and includes representatives from the Legislature, state agencies, providers, tribal governments, community health services and other organizations as well as parents of children and youth who have received services. Their work is to ensure that all children, youth, and families have access to high quality, equitable, well-resourced behavioral health education, care and supports where and when they need it.</p> <p>The goal of the Workforce and Rates Subgroup is to identify and recommend solutions to workforce challenges that will really make a difference in the current workforce crisis but also to have strategies to stabilize it for years to come. Although a workforce shortage existed before the pandemic, the pandemic has made it worse. Legislation brought through funding in 2022 to help with workforce challenges such as raising the Medicaid rate by 7% and workforce stabilization dollars for agencies. Turnover is a significant issue, as is the caseload size for behavioral health professionals.</p>	For questions contact Laurie Lippold at laurielippold@gmail.com	Those interested	Anytime

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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	<p><i>(Continued from the previous page)</i></p> <p>The Workforce and Rates Subgroup is currently identifying possible workforce priorities to provide more specific recommendations to the Work Group for 2023. Some of the possible priorities identified in the Subgroup are:</p> <ul style="list-style-type: none"> - Increase the availability of peer supports - Quicker path for refugees and individuals from other countries to practice in WA - Supervision hours and other supervision issues - Barriers to licensing and credentialing - Conditional grants - Loan repayment for programs or schooling and/or funding for costs associated with being in school, such as living expenses - Issues related to Children’s Long-term Inpatient Program (rate for staff, health benefits, training opportunities) - Clinical coaching model - Professional development and training - Workplace culture - Additional rate increase <p>To get involved with the Workforce and Rates Subgroup you can email CYBHWG@hca.wa.gov and request to be put on the Workforce and Rates Subgroup distribution list.</p>			
<p>Youth and Young Adult Continuum of Care (YYACC) Communication</p> <p>Michelle Karnath</p> <p>3:50 – 4:05</p>	<p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSPRT Tri-lead team wants to dedicate time on every agenda to provide updates regarding topics moved forward by the Statewide FYSPRT to the Youth and Young Adult Continuum of Care (or YYACC, another subgroup of the Children and Youth Behavioral Health Work Group) to keep the Statewide FYSPRT members in the loop on progress and other items being worked on by the YYACC.</p> <p>Some of the updates shared include:</p> <ul style="list-style-type: none"> - Youth Chat group, facilitated by YYACC Youth Lead have started, the next one is scheduled for August 17 at 5pm. - Presentation regarding Children’s Long-term Inpatient Program or CLIP with changes made to the access process - Representative was brought in to discuss services for native youth - Presentation about wilderness therapy, including an overview of pros and cons regarding wilderness therapy - Discussion around parent peers and how this service can be access for youth and families in services less intensive than WISE - Focus on early intervention and prevention – not just looking at crisis services 	<p>For questions contact Michelle Karnath at Michelle.Karnath@clark.wa.gov or cybhwg@hca.wa.gov</p>	<p>Those interested</p>	<p>Anytime</p>

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	<p><i>(Continued from the previous page)</i></p> <p>YYACC meetings are open to the public and happen monthly on Thursday afternoons (with meetings sometimes added in the September/October timeframe). The next meeting is August 11th from 4:00 PM to 5:30 PM.</p> <p>To be included in that distribution list you can also email CYBHWG@hca.wa.gov and ask to be added to the Youth and Young Adult Continuum of Care or YYACC distribution list.</p>			
<p>Statewide FYSPRT Charter Update</p> <p>Statewide FYSPRT Tri-leads</p> <p>4:05 – 4:20</p>	<p>Topic Purpose – Update on Statewide FYSPRT members feedback on the proposed Charter updates and edits</p> <p>The Statewide FYSPRT Charter was last updated in 2016 and we are very close to having an up-to-date Charter!! The Statewide FYSPRT Tri-lead team reviewed the charter for updates and clarifications earlier this year. In June, the updated Charter with proposed edits was shared with the Statewide FYSPRT group for review and to provide feedback on proposed changes.</p> <p>Most of the feedback received was related to grammar or clarification. Also received some responses identifying that everything looked good.</p> <p>The deadline for feedback was extended to Tuesday August 2, 2022. Next step is to finalize the charter and share it with the group and post it to the HCA FYSPRT webpage in the Statewide FYSPRT section.</p>	<p>Email with proposed changes to the charter will be re-sent to the group.</p> <p>Statewide FYSPRT members provide feedback by end of day August 2.</p>	<p>Statewide FYSPRT Tri-lead team</p> <p>Statewide FYSPRT members</p>	<p>After the meeting</p> <p>August 2, 2022</p>
<p>Children’s Behavioral Health Summit Overview and FYSPRT Support Dialogue</p> <p>Karen Kelly and Statewide FYSPRT Tri-leads</p> <p>4:20 – 4:55</p>	<p>Topic Purpose – Information sharing about the Children’s Behavioral Health Summit and breakout sessions related to the FYSPRTs as requested in May/s meeting evaluation.</p> <p>At the Children’s Behavioral Health Summit in May 2022, one of the breakout sessions was related to FYSPRTs. The Statewide Tri-leads teamed up with Karen Kelly, the Project Director for the Statewide Family Network to share a broad overview of the summit and the dialogue from the FYSPRT breakout sessions at the summit and also want to explore how the Statewide FYSPRT, Regional FYSPRTs and Statewide Family Network can support ideas that came from the FYSPRT breakout session.</p> <p>Some of the themes that came from the FYSPRT breakout sessions at the summit include family voice and choice is honored and in addition to gaining knowledge about services and having an impact on those services, there is also connection and support at the Regional FYSPRT table. Some barriers identified include increasing youth voice, families and youth maybe not knowing benefits of FYSPRT, not enough equity diversity and inclusion and family’s distrust of the system. Some solution ideas included stronger marketing and advertising, more youth led activities, ensuring that “meeting people where they are” is more than just words and a true part of the FYSPRT culture, and ensuring meeting agendas, topics and presentations have family and youth in mind.</p> <p>After the presentation, the group had a dialogue around the information presented and identified some ideas for marketing such as making FYSPRT flyers more youth friendly, less formal looking and something that catches people’s eyes. Including youth in social marketing efforts and supporting Regional FYSPRTs in their marketing</p>	<p>Statewide FYSPRT Tri-lead team will email out slides from the presentation.</p> <p>Statewide FYSPRT Tri-lead team to dialogue about next steps around feedback received.</p>	<p>Statewide FYSPRT Tri-lead team</p>	<p>After the meeting</p>

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<p>Meeting evaluation</p> <p>Statewide FYSPRT Tri-leads</p> <p>4:55 – 5:00</p>	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including agenda items for future meetings. Meeting evaluation link will also be emailed out to the group after the meeting.</p>	<p>Tri-leads to review and consider feedback in planning future meetings.</p>	<p>Tri-lead team</p>	<p>Aug 2022</p>
Next Statewide FYSPRT Meeting				
<p>Tuesday, September 20, 2022 3pm – 5pm</p>				

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