

Washington System of Care Statewide FYSPRT

Date: May 26, 2022 **Time:** 3:00pm – 5:00pm

Approximately 51 attendees representing the following: Amerigroup, Beacon Health Options of Washington, A Common Voice, Department of Health, Developmental Disabilities Administration, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia Administrative Services Organization, Greater Columbia Regional FYSPRT, Health Care Authority, Healthy Transitions Program/Vancouver, HI-FYVE (Pierce Regional FYSPRT), King County Community Collaborative (KC3), North Central WA Administrative Services Organization, North Central WA FYSPRT, North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, Students Providing and Receiving Knowledge/SPARK, Spokane Administrative Services Organization, Statewide Family Network, System of Care Partnership, and United Healthcare.

Facilitators – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Emily/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p>Welcome and Introductions</p> <p>Statewide FYSPRT Tri-Leads</p> <p>3:00 – 3:10</p>	<p>Shared land acknowledgement.</p> <p>Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat).</p> <p>Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed Full Value Agreement.</p>	n/a	n/a	n/a
<p>Statewide FYSPRT 2022 meeting schedule</p> <p>Statewide FYSPRT Tri-Leads</p> <p>3:10 – 3:25</p>	<p>Topic Purpose – Dialogue and activity regarding the Statewide FYSPRT meeting schedule from June – December 2022</p> <p>This May meeting is the last meeting currently scheduled for the Statewide FYSPRT per a dialogue at the September 2021 meeting where it was decided to continue meeting virtually for the first 6 months of 2022. The current plan is to keep meetings on the 4th Thursday of every other month of July and September. The November meeting will need to be rescheduled as it will fall on Thanksgiving.</p> <p>The Statewide FYSPRT Tri-lead team would like to gather feedback from the group about current agency policies regarding in person meetings and also on preferences for keeping the meetings virtual or starting to transition to in person or hybrid meeting. Completed a Menti poll during the meeting that indicated that agency policies around in person meetings continue to vary widely. For the question “What is your preference for Statewide FYSPRT meetings moving forward?”, hybrid meetings (a combination of in person and virtual participation) ranked highest, with virtual meetings being second and in person only meetings being 3rd.</p> <p>The Statewide FYSPRT Tri-lead team will review the information gathered in the Menti poll. If hybrid meetings are implemented, it will be important to have technology that can be fully inclusive of those in physical room together and those participating virtually. This may take some time to develop and figure out. In the meantime, meetings will continue to be virtual.</p>	<p>July meeting calendar invite to be emailed out.</p> <p>2022 Statewide FYSPRT meeting schedule posted online to be updated.</p>	Tri-lead team	June 2022

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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<p>Statewide FYSVRT Charter update</p> <p>Statewide FYSVRT Tri-Leads</p> <p>3:25 – 3:35</p>	<p>Topic Purpose – Update on Statewide FYSVRT Tri-lead Team review of the charter</p> <p>The Statewide FYSVRT Charter was last updated in 2016. Although the Statewide FYSVRT Tri-lead team has reviewed the charter for updates and clarifications, there are still a few items remaining for the Tri-lead team to dialogue more about to come to consensus. After these last few items are reviewed, the Statewide FYSVRT Tri-lead team will email the Statewide FYSVRT Charter to the group, with proposed updates included, for review.</p> <p>Two formats will be available for review (can choose to review one or both):</p> <ul style="list-style-type: none"> • A track changes version – will show all the detailed proposed updates in the Charter using track changes to show information proposed to be removed, formatting edits, and new or updated language added. • A summary of the changes – a document that will show an overview of the changes made by topic or theme. 	<p>Statewide FYSVRT Tri-lead team to complete review for proposed edits.</p> <p>Statewide FYSVRT members review proposed edits.</p>	<p>Statewide FYSVRT Tri-lead team</p> <p>Statewide FYSVRT Tri-lead members</p>	<p>June/early July</p> <p>July</p>
<p>Youth and Young Adult Continuum of Care (YYACC) Communication</p> <p>Michelle Karnath</p> <p>3:35 – 3:50</p>	<p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSVRT Tri-lead team wants to dedicate time on every agenda to provide updates regarding topics moved forward by the Statewide FYSVRT to the Youth and Young Adult Continuum of Care (YYACC) Subgroup and also other work the YYACC is doing to keep the Statewide FYSVRT members in the loop on progress and work happening.</p> <p>At the May YYACC meeting, the first meeting after the end of legislative session, the following priorities were identified:</p> <ul style="list-style-type: none"> • Addressing acute care, residential facilities for all young people who need them. Not just people who are without insurance or ineligible for intensive treatments like Children’s Long-term Inpatient Program (CLIP) • CLIP program access and robust discharge plans for young people • Behavioral Health (BH) professionals in schools • BH integration • Wraparound with Intensive Services (WISe) for families and youth without Medicaid • Access and knowledge of peer services • Use of diagnostic tools to treat the whole person (e.g., psychological testing and neuro psychological testing) <p>The above priorities are in addition to continued work on the exploration of a respite waiver that was identified as a priority in the 2021 legislative session.</p> <p>At the May YYACC meeting, presentations were provided on the expansion of youth mobile crisis services, an update on the exploration of waiver options for respite, and recovery support services peer support programs. For more information, click the May 5, 2022 YYACC meeting notes.</p>	<p>For questions, contact Michelle Karnath at Michelle.Karnath@clark.wa.gov or cybhwg@hca.wa.gov</p>	<p>Those interested</p>	<p>Anytime</p>

Statewide FYSVRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
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	<p>Next YYACC meeting is June 9, 2022 from 4pm-5:30pm.</p> <p>If you are interested in getting involved in the YYACC or the Children and Youth Behavioral Health Work Group (CYBHWG), please contact cybhwg@hca.wa.gov. For more information about the YYACC or the CYBHWG, please contact cybhwg@hca.wa.gov.</p>			
<p>Youth space connected to the Statewide FYSPRT</p> <p>Gabriel Hamilton</p> <p>3:50 – 4:00</p>	<p>Topic Purpose – Sharing information about upcoming youth engagement and leadership activities</p> <p>Goal of having a youth space connected to the Statewide FYSPRT is to create a youth only space for youth and Regional FYSPRT Youth Tri-leads to identify what is working and what may not be working related to behavioral health services, tackle community wide issues, and to compile that information for the Statewide FYSPRT. Currently, work is being done to get this scheduled.</p> <p>It was also shared that the Youth and Young Adult Continuum of Care Subgroup Youth Lead is offering a space for youth as well. This announcement has gone out by email and will be sent out again after today’s meeting.</p>	<p>Look for more information on youth only meetings to be shared in the coming weeks.</p>	<p>Gabriel and the Statewide FYSPRT Tri-lead team.</p>	<p>June/July</p>
<p>Crisis Response Improvement Strategy (CRIS) Committee and other initiatives connected to House Bill 1477</p> <p>Matthew Gower, Sherry Wylie, Wyatt Dernbach, and Luke Waggoner</p> <p>4:00 – 4:55</p>	<p>Topic Purpose – Information sharing on the Crisis Response Improvement Strategy (CRIS) Committee (in addition to some related crisis initiatives) as requested in March’s meeting evaluation</p> <p>In the evaluation for the last Statewide FYSPRT meeting, it was requested to invite individuals from the Crisis Response Improvement Strategy (CRIS) committee for an update on their work. The work of the CRIS is connected to a broader effort happening across Washington related to crisis response and services.</p> <p>In 2021, the Washington State Legislature passed House Bill 1477, establishing the Crisis Response Improvement Strategy (CRIS) Committee and Steering Committee. These committees will develop recommendations to support implementation of the national 988 suicide prevention hotline and the statewide improvement of behavioral health crisis response and suicide prevention services. This was in response to federal legislation from July 2020 to add 988 as an option to contact the National Suicide Prevention Lifeline hotline. 988 is set to begin July 16, 2022 and is intended to make it easier for people in crisis to access help, having a 3 digit number to remember instead of a 10 digit number.</p> <p>The Crisis Call Center Hub Act or Engrossed 2nd Substitute House Bill 1477 (E2SHB 1477) is intended to implement 988 in Washington and improve access to crisis services. The work to implement HB 1477 follows the Substance Abuse and Mental Health Services Administration (SAMHSA) best practice toolkit for crisis services. Key points of the legislation included funds for 988 implementation, establishing the Crisis Response Improvement Strategy (CRIS) committee to bring consultation and lived experience to the implementation of the Act, create crisis call center hubs to dispatch mobile crisis teams, create a technology platform to improve</p>	<p>For questions, contact HCAprogram1477@hca.wa.gov</p>	<p>Those interested</p>	<p>anytime</p>

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	<p>coordination in the crisis system, create next day appointments for all insurance plans, and included distinct directives for equity in development, delivery and access of crisis services.</p> <p>The goal is creating a system with someone to talk to, someone to respond and somewhere to go, reducing the use of police or first responders in crisis calls and integrating peers into crisis work. In addition, Washington is establishing standards for mobile crisis teams, expanding youth crisis services to meet the developmental needs of youth, young adults, and families, de-escalating a crisis (as defined by youth and parents/caregivers), keeping young people in their homes and communities when possible, and connecting youth and families to natural, community and clinical supports and ensuring those services responses to the needs and unique cultures in the state. Having a place to go, if needed, is also a focus of this work, expanding the number of crisis stabilization beds across the state, in addition to facilities where people can stay to receive onsite support while they work with a team to move towards their next step in resolving the crisis, and expanding and implementing peer respites for 18 and over individuals to receive onsite, intensive peer support.</p> <p>A technical and operation plan is currently under development and will be shared in the fall of 2022. This plan will create a system to ensure a crisis call center hub can coordinate and dispatch crisis services. The go live for these plans is July 2024 with the rollout of system and resources occurring in 2023.</p> <p>Presenters acknowledge the workforce shortage and that the CRIS committee is also working to address this as part of their planning.</p> <p>For more information or questions, contact HCAprogram1477@hca.wa.gov. To read more about or participate in the work of the Crisis Response Improvement Strategy (CRIS) committee, click here.</p>			
<p>Meeting evaluation</p> <p>Statewide FYSPRT Tri-leads</p> <p>4:55 – 5:00</p>	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	<p>Tri-leads to review and consider feedback in planning future meetings.</p>	<p>Tri-lead team</p>	<p>June/July 2022</p>
Next Statewide FYSPRT Meeting				
<p>Thursday, July 28, 2022 3pm – 5pm</p>				

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