

# Washington System of Care Statewide FYSPRT

**Date:** March 24, 2022    **Time:** 3:00pm – 5:00pm

**Approximately 45 attendees representing the following:** Beacon Health Options of Washington, A Common Voice, Department of Children Youth and Families, Developmental Disabilities Administration, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia Administrative Services Organization, Greater Columbia Regional FYSPRT, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), King County Behavioral Health Administrative Services Organization, King County Community Collaborative (KC3), North Central WA Administrative Services Organization, North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, Spokane Administrative Services Organization, Statewide Family Network, System of Care Partnership, United Healthcare, and Washington PAVE.

**Facilitators** – Michelle Karnath and Gabriel Hamilton (Statewide FYSPRT Tri-Leads)

**Timekeeper** – Tri-Lead Team

**Notes** – Kaitlynn/Kris

<u>Agenda Item &amp; Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
<p><b>Welcome and Introductions</b></p> <p>Statewide FYSPRT Tri-Leads</p> <p>3:00 – 3:10</p>	<p>Shared land acknowledgement.</p> <p>Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat).</p> <p>Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed Full Value Agreement.</p>	n/a	n/a	n/a
<p><b>Non-emergency Medical Transportation (NEMT) follow up</b></p> <p>Statewide FYSPRT Tri-Leads</p> <p>3:10 – 3:40</p>	<p><b>Topic Purpose</b> – Follow up and next steps for this topic introduced at the January Statewide FYSPRT meeting</p> <p>The Statewide FYSPRT Tri-lead team received a challenge and solution submission form in December 2021 from the Northeast FYSPRT regarding some gaps or barriers related to subsidized transportation or non-emergency medical transportation (NEMT) in their region. This topic was dialogued about at the January meeting and the Statewide FYSPRT Tri-leads requested information from the Statewide FYSPRT, including other Regional FYSPRTs and system partners, to get a sense of if other regions/systems are experiencing similar concerns or challenges.</p> <p>Seven responses were received in addition to the initial information provided by Northeast FYSPRT.</p> <p>Strengths and appreciations for NEMT included that there are many positive experiences, drivers are generally good and helpful.</p> <p>Two themes that emerged from the compiled feedback from the 7 responses:</p> <ul style="list-style-type: none"> <li>• cumbersome or difficult to access</li> <li>• driver concerns</li> </ul>	<p>Reach out to NEMT team at <a href="mailto:hcanemtrans@hca.wa.gov">hcanemtrans@hca.wa.gov</a> if additional concerns arise. Provide as specific of information as possible such as what happened, when it happened, etc.</p>	<p>NEMT team and Regional FYSPRTs, State System Partners</p>	<p>As needed</p>

### Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
	<p>The Health Care Authority (HCA) NEMT representative identified that they are encouraging transportation brokers to connect with their Regional FYSPRTs so they can hear firsthand the concerns that arise. Providing as much information as possible about the date, time, Provider One number and details of concern is helpful for resolving any concerns.</p> <p>The feedback received from the Regional FYSPRTs/system partners was shared with the NEMT team. A link to the <a href="#">How to Find Your Regional FYSPRT</a> document with contact information for the Regional FYSPRT Coordinators and links to the Regional FYSPRT websites will also be shared so that the NEMT team can connect with FYSPRT Coordinators. NEMT identified that they want to hear if there are concerns or complaints so they can be addressed.</p> <p>The HCA NEMT team can be reached at <a href="mailto:hcanemtrans@hca.wa.gov">hcanemtrans@hca.wa.gov</a> if additional information is shared or questions additional concerns come up regarding NEMT.</p>			
<p><b>Youth and Young Adult Continuum of Care (YYACC) Communication – respite waiver update plus respite pilots update</b></p> <p>Ace Bulger, Sonya Wohletz, and Enos Mbajah</p> <p>3:40 – 4:20</p>	<p><b>Topic Purpose</b> – Follow up on the respite pilot that is happening in a few regions as requested in meeting evaluation as well as an update on respite waiver work</p> <p>The Statewide FYSPRT Tri-lead team wants to dedicate time on every agenda to provide updates and circle back regarding topics moved forward by the Statewide FYSPRT to the Youth and Young Adult Continuum of Care (YYACC) to keep Statewide FYSPRT members in the loop on progress. This update includes what is being done based on a recommendation from the Statewide FYSPRT to the YYACC regarding the need for respite services. The YYACC forwarded this recommendation to the Children and Youth Behavioral Health Work Group – for the Health Care Authority (HCA) to explore a possible respite waiver for Medicaid.</p> <p>Respite has been identified as a priority by the Statewide FYSPRT. Exploration of the respite waiver will take some time. Along with the respite waiver exploration, the Division of Behavioral Health and Recovery has also received funding through System of Care Grant dollars to do some respite pilots in a couple regions.</p> <p><b>Respite waiver exploration</b>            \$150,000 of state funding was identified for state fiscal year (funding available between July 1, 2021 – June 30, 2022) to evaluate options for a Medicaid waiver to provide respite care for youth experiencing behavioral health needs. Staff from the Department of Children, Youth &amp; Families and Developmental Disabilities Administration are being consulted to avoid any adverse impacts to the respite services they provide.</p> <p>The Health Care Authority (HCA) has used this state funding to contract with Mercer who is currently in review of how other states fund respite services through</p>	<p>For questions about the respite waiver exploration contact Tina Burrell at <a href="mailto:tina.burrell@hca.wa.gov">tina.burrell@hca.wa.gov</a>.</p> <p>For questions about the respite pilot programs funded by the System of Care Grant contact Ace Bulger at <a href="mailto:ace.bulger@hca.wa.gov">ace.bulger@hca.wa.gov</a> or Sonya Wohletz at <a href="mailto:sonya.wohletz@hca.wa.gov">sonya.wohletz@hca.wa.gov</a>.</p>	<p>Those interested</p>	<p>anytime</p>

**Statewide FYSPRT Goals**

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
	<p>waivers. The HCA and Mercer project team are meeting regularly. Mercer’s findings will be shared with HCA by June 30, 2022, and HCA will submit the report to the Legislature for review.</p> <p>For questions regarding the respite waiver exploration, please contact Tina Burrell, <a href="mailto:Tina.Burrell@hca.wa.gov">Tina.Burrell@hca.wa.gov</a>.</p> <p><b>System of Care Grant respite pilots</b>  There are currently two respite pilot programs funded by the System of Care grant that will continue through September 2022. The two programs are at Spokane-Excelsior and Seattle-YMCA and both pilot programs started in June of 2021. These programs are designed to meet gaps in the continuum of care, for example between Wraparound with Intensive Services (WISe) and the Children’s Long-term Inpatient Program (CLIP). The goal is to serve 100-200 youth and their families per provider. The types of respite services provided in these programs included in home community based, structured day respite, facility overnight planned, and also for emergency or acute behavior, and 24 hour 7 days a week warm line. Objectives of the pilots was to improve crisis response, increase natural supports, improve care coordination and navigation of resources and to have services provided by individuals with lived experience.</p> <p>The referral pathways for the respite services funded by the System of Care Grant are through schools, WISe and emergency departments.</p> <p>For questions regarding the respite pilots funded through the System of Care Grant, please contact Ace Bulger, <a href="mailto:Ace.Bulger@hca.wa.gov">Ace.Bulger@hca.wa.gov</a> or Sonya Wohletz, <a href="mailto:Sonya.Wohletz@hca.wa.gov">Sonya.Wohletz@hca.wa.gov</a>.</p>			
<p><b>Agenda Item Brainstorm</b></p> <p>Statewide FYSVRT Tri-leads</p> <p>4:20 – 4:30</p>	<p><b>Topic Purpose</b> – Inclusion of Statewide FYSVRT members in building future meeting agendas</p> <p>In the evaluations from the last Statewide FYSVRT meeting, it was suggested that one thing the Statewide FYSVRT Tri-lead team could do better is including Regional FYSVRT Tri-leads more in creating the agenda for the Statewide FYSVRT meetings.</p> <p>When setting the agenda for a Statewide FYSVRT meeting, the following is how the Statewide FYSVRT Tri-lead team has prioritized topic requests that come to the team.</p> <ul style="list-style-type: none"> <li>• 1<sup>st</sup> priority – challenge and solution submission forms</li> <li>• 2<sup>nd</sup> priority – follow up items</li> <li>• 3<sup>rd</sup> priority – new topics</li> </ul> <p>This time on the agenda is to hear participants thoughts on what they would like to see on a future Statewide FYSVRT agenda. The Statewide FYSVRT Tri-lead team</p>	<p>Statewide FYSVRT Tri-lead team will review evaluations for additional feedback on future topics.</p>	<p>Statewide FYSVRT Tri-lead team.</p>	<p>May 2022</p>

**Statewide FYSVRT Goals**

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSVRTs and state partners and develop collective recommendations to share with Statewide FYSVRT members, Regional FYSVRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<u>Agenda Item &amp; Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
	<p>also wants to share what topics have been suggested for the Statewide FYSPRT agenda in recent months to see if there is interest in having these topics on the agenda.</p> <p>The two topics proposed to the Statewide Tri-lead team recently are:</p> <ul style="list-style-type: none"> <li>• Office of the Education Ombuds</li> <li>• Community Overdose Education and Naloxone Programs – one vote in the meeting for this topic</li> </ul> <p>A topic suggestion from the meeting included having a conversation about recovery that is broader than substance use.</p> <p>The Statewide FYSPRT Tri-leads requested that participants share any additional ideas and thoughts in the evaluation for today’s meeting.</p>			
<p><b>System Partner Tri-lead Candidates – Introductions and Time for Questions</b></p> <p>System Partner Tri-lead Candidates</p> <p>4:30 – 4:55</p>	<p><b>Topic Purpose</b> – Time for candidates to share information about themselves with Statewide FYSPRT members. Tri-leads to also provide information about the voting process.</p> <p>Multiple individuals from the Statewide FYSPRT membership self-nominated for the System Partner Tri-lead role that opened towards the end of 2021. We have 2 candidates with us today to share a little bit about themselves and their interest and qualifications for the role.</p> <p><b>Jennice Foy – Department of Children, Youth &amp; Families Juvenile Rehabilitation/Mental Health Coordinator:</b> The reason why I am interested in the Statewide System Partner Tri-Lead role is because my lived experience and childhood adversities created a passion in me for understanding people and a sincere desire to want to help adolescents and their family members who are experiencing substance use and/or mental health related issues.</p> <p><b>Katie Favela – Southwest Regional FYSPRT System Partner Tri-lead:</b> I have been a Regional FYSPRT Tri-Lead for the last 5 years in the Southwest Region and have worked in mental health and behavioral health in our region for the last 13 years. During this time, I have made connections across the state with various system partners, community partners, and managed care organizations. I am interested in taking this role to a larger scale and participating heavier. I have hopes to remain the Tri-Lead for the Southwest region as well as venturing to support the Statewide FYSPRT Tri-leads.</p> <p><b>Voting Process:</b></p> <ul style="list-style-type: none"> <li>• A link to a survey for Statewide FYSPRT members to vote (per the current 2016 charter, Regional FYSPRT Tri-leads and state system partner representatives will receive the link).</li> </ul>	<p>Statewide FYSPRT Tri-lead team to meet and include candidates on next steps.</p>	<p>Statewide FYSPRT Tri-lead team</p>	<p>As soon as possible</p>

**Statewide FYSPRT Goals**

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<b><u>Agenda Item &amp; Lead(s)</u></b>	<b><u>Discussion and Notes</u></b>	<b><u>Action Items</u></b>	<b><u>Assigned To</u></b>	<b><u>By when</u></b>
	<ul style="list-style-type: none"> <li>• The group decided to include Regional FYSPRT Coordinators as members of the Statewide FYSPRT. Regional FYSPRT Coordinators will also receive the voting link.</li> <li>• Link will not be sent to DBHR staff so the voice of the community comes forward.</li> <li>• Statewide FYSPRT Tri-lead team will not vote unless a tie-breaker is needed.</li> </ul> <p>Participants raised the possibility of having Co-System Partner Tri-leads. The Statewide FYSPRT Tri-lead team will meet to dialogue about this and include candidates on developing next steps.</p>			
<b>Meeting evaluation</b> Statewide FYSPRT Tri-leads 4:55 – 5:00	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	Tri-leads to review and consider feedback in planning future meetings.	Tri-lead team	April/May 2022
<b><i>Next Statewide FYSPRT Meeting</i></b>				
Thursday, May 26, 2022 3pm – 5pm				

**Statewide FYSPRT Goals**

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.