

Washington System of Care Statewide FYSPRT

Date: August 14, 2019 **Time:** 9:15am – 4:00pm **Location:** Lacey, WA 98503

65 attendees representing the following: Amerigroup, Attorney General Office, Beacon Health Options of Washington, Clallam County, Community Health Plan of WA, Community Youth Services, Coordinated Care Washington, Department of Children Youth and Families, Department of Health, Developmental Disabilities Administration, Division of Behavioral Health and Recovery, Family Alliance Washington, Governor’s Office, Great Rivers Behavioral Health Organization, Great Rivers Regional FYSPRT, Greater Columbia Behavioral Health, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), King County, King County Family and Youth Council (King County Regional FYSPRT), Molina Healthcare, North Central WA Regional FYSPRT, North Sound Behavioral Health Administrative Services Organization, North Sound Family and Youth Coalition, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Organization, Salish Regional FYSPRT, South East WA Regional FYSPRT, Southwest Regional FYSPRT, Students Providing and Receiving Knowledge (SPARK), Statewide Family Network, System of Care Partnership (Thurston Mason Regional FYSPRT), United Healthcare, Washington PAVE, and Youth MOVE National.

Facilitators – Michelle Karnath and Nicole Miller (Statewide FYSPRT Tri-Leads) and Evelyn Clark (DBHR Youth Liaison) **Timekeeper** – Tri-Lead Team **Notes** – Kaitlynn/Kris

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
Welcome and Introductions Statewide FYSPRT Tri-Leads	Attendees introduced themselves, identified their role, agency, organization and/or Regional FYSPRT they were representing. Each participant had the opportunity to share a brief 30 second announcement with the group. Comfort agreement reviewed and agreed to, no changes made.	n/a	n/a	n/a
CLIP Improvement Team follow up and activity Mandy Huber and Patty King	<p>Topic Purpose – follow up on process to access Children’s Long-term Inpatient Program (CLIP) - dialogue from March meeting and community mapping activity from May meeting</p> <p>Children’s Long-term Inpatient Program – Improvement Team (CLIP-IT) is working to streamline the CLIP admittance process as it can be intimidating to families already in crisis. A Survey Monkey went out in July to CLIP-IT members to determine which process is most preferred by the entire group:</p> <ul style="list-style-type: none"> A CLIP consultation form that is submitted to the CLIP/Regional Committee (which acts as a consultative body for children, youth and families) to discuss available services, system challenges, and the appropriate level of care that can best meet the child or youth’s treatment needs. If CLIP level of care is recommended, the family then fills out the voluntary CLIP Application. It is then submitted to the CLIP Administration office for further review. Split the current Voluntary CLIP application into two sections: Section 1: Initial form that is submitted to the CLIP/Regional Committee prior to a committee review that only includes the core information needed to conduct the review. Section 2: Remaining needed information is only filled out if the CLIP Committee recommends CLIP or the family or youth wishes to file an appeal to the CLIP Administration office. 	For more information, contact: Mandy Huber at Mandy.Huber@hca.wa.gov LaRessa Fourre at LaRessa.Fourre@hca.wa.gov Patty King at Patty.King@hca.wa.gov	n/a	n/a

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

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CLIP Improvement Team follow up and activity continued. . . .	<p>The next CLIP-IT meeting is in October to discuss the survey, and review the most preferred option of streamlining the process. The streamlined process is not yet determined and is subject to change pending further discussion and contractual agreement.</p> <p>Information about the number of CLIP admissions was requested. As follow up, in between July 1, 2018 – June 30, 2019, 117 children and youth were placed in CLIP, 51 voluntary placements and 66 involuntary placements. ** Please note the above listed data varies each year. If you have questions, please contact LaRessa Fourre or Mandy Huber.</p>			
Foundation and Value of Youth Engagement – Part 1 Johanna Bergan and Madeline Zielinski – Youth MOVE National	<p>Topic Purpose – Over the last year, a consistent theme in meeting evaluations for suggested topics has been around youth engagement, for example: more youth voice and contributions; strategies and creative ideas to support youth attendance; and keeping young people engaged and involved. Youth MOVE National will be sharing information around these feedback areas.</p> <p>Youth MOVE National attended the Statewide FYSVRT to present information and facilitate activities to assist with Regional FYSVRTs and state system partners to build on youth engagement already happening. The goals for this training are:</p> <ul style="list-style-type: none"> • Build understanding and buy-in to the value of youth engagement • Develop understanding of what youth engagement and leadership looks like in and out of FYSVRTs • Highlight and discuss youth engagement best practices • Establish rapport with FYSVRT leadership and offer ongoing technical assistance <p>Youth MOVE National works to unite the causes and the voices of youth, advocate for youth rights and youth voice, and empower youth to be equal partners. Youth MOVE’s purpose is making every youth recognized, heard and accepted as individuals and treated as someone who can make a change and not as a problem, statistic or caseload. Youth voice is vital and the group shared the following thoughts:</p> <ul style="list-style-type: none"> • Youth have ideas of the future • No better voice than their own • Youth being heard and driving policies • We need youth buy in - comes from having voice • Youth need a safe space to fail and still have a seat at the table • We need youth and family voice involved in decisions • Youth speak authentically when listened to • True belief in recovery means supporting youth in every aspect of their journey 	Contact Kristen Royal at kristen.royal@hca.wa.gov if your Regional FYSVRT is interested in receiving additional technical assistance from Youth MOVE National.	Regional FYSVRTs	In 2019

Statewide FYSVRT Goals

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Foundation and Value of Youth Engagement – Part 1 continued. . .	<p>The ladder of youth involvement was presented and the group engaged in dialogue about the ladder. A picture of the ladder can be found on the last page of these notes.</p> <p>Some resources that came out of the dialogue:</p> <ul style="list-style-type: none"> • Jack.org • Youth.gov • Review of evidence on the outcomes of youth volunteering, social action and leadership • Center for the Study of Social Policy • Jill Bolte Taylor Ted Talk • Youth MOVE National Strategic Sharing • Youth MOVE National Community Youth Resource Mapping 			
Lunch and Networking	12:00 – 1:00 Lunch on your own			
Foundation and Value of Youth Engagement – Part 2 Johanna Bergan and Madeline Zielinski – Youth MOVE National	<p>Topic Purpose – See topic purpose from Part 1 this morning</p> <p>A video was shown that was produced by Bravehearts M.O.V.E. New York. Dialogue around meaningful partnerships with youth and what youth want:</p> <ul style="list-style-type: none"> • Choice of how to participate • Options that build on skills/interests • Clear understanding of roles, tasks and expectations • Support and coaching • Be a meaningful partner • Grow with opportunities to participate in the work • Connection with others who share a common experience <p>Regions gathered in groups to discuss what is happening now around youth engagement:</p> <ul style="list-style-type: none"> • Bringing someone with them to FYSVRT meetings • Youth leads serving as examples (role model) • Youth facing organizations with youth voice involvement • Engaging graduates of the WISE programs • Giving youth a stipend or gift card for attending • Validating youth for who they are • Offering social activities for youth • Creating safe space • Building local county FYSVRTs • Youth transitioning in life 	Contact Kristen Royal at kristen.royal@hca.wa.gov if your Regional FYSVRT is interested in receiving additional technical assistance from Youth MOVE National.	Regional FYSVRT	In 2019

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Foundation and Value of Youth Engagement – Part 2 continued. . .	<p>Information shared about the assessment tools Youth Voice at the Agency Level (Y-VAL)/Youth Voice on Committees and Councils (Y-VOC). Y-Val/Y-VOC provides a framework of key indicators of meaningful and successful youth and young adult voice in program design and/or on committees and councils (similar to the FYSPRT). Assessing allows for a collective and reflective process to better understand youth and young adult voice within the agency or committee/council and promotes a shared vision, identifies strengths and needs, supports with moving toward sustainable youth and young adult engagement.</p> <p>The Y-VAL/Y-VOC focuses on the following themes:</p> <ul style="list-style-type: none"> • Overall vision and commitment • Collaborative approach • Empowered representatives • Commitment to facilitation and support of youth and young adult participation • Workforce development • Participation in developing programming/program policies • Participation in evaluation • Leading initiatives and projects 			
Topic Purpose – See topic purpose from Part 1 this morning				
Foundation and Value of Youth Engagement – Part 3 Johanna Bergan and Madeline Zielinski – Youth MOVE National	<p>For a visioning activity, attendees gathered with other participants from their Regional FYSPRT to discuss the following questions - How are youth engaged in your Regional FYSPRT or youth driven community based efforts today? In the future, how will youth engage in your Regional FYSPRT or youth driven community based efforts? After they had time to discuss the questions, the regions reported their ideas and thoughts back to the group:</p> <ul style="list-style-type: none"> • Using social media to communicate • Youth mentorship • Smaller FYSPRT gatherings within regions • Youth created vision • Youth part of decision making • Youth Engagement Trainings • Youth Stipend to attend meetings • Hold FYSPRTs at local high schools or a more relaxed environment • After school programs • Youth led events 	Contact Kristen Royal at kristen.royal@hca.wa.gov if your Regional FYSPRT is interested in receiving additional technical assistance from Youth MOVE National.	Regional FYSPRT	In 2019

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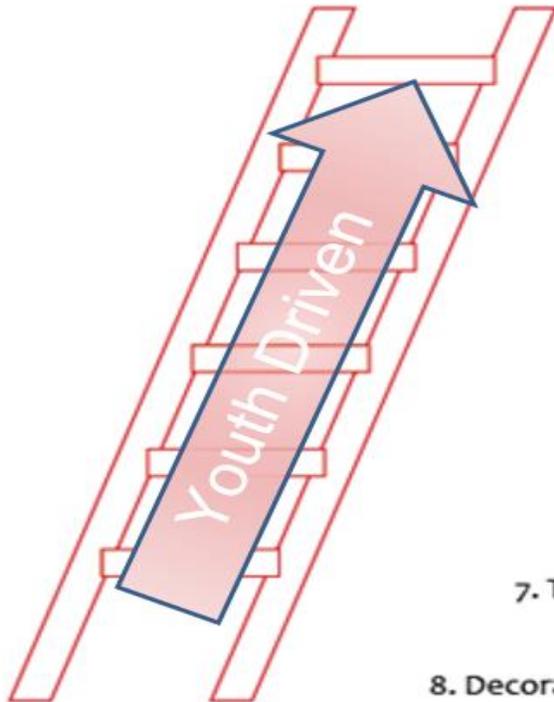
<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
Foundation and Value of Youth Engagement – Part 3 continued. . .	<p>To wrap up the activity, the group was asked “what is one commitment you are taking away from today?”</p> <p>The next steps that were discussed by attendees included:</p> <ul style="list-style-type: none"> • Continued learning and connection amongst peers • Access to the Y-VAL/Y-VOC assessments to gather data and develop strategic plans • Region specific planning and technical assistance with Youth MOVE National is available. 			
Meeting Evaluation Agenda Items for the Next Meeting Statewide FYSPRT Tri-Leads	<p>Evaluations handed out for participants to complete to provide feedback on the meeting including agenda items for future meetings.</p> <p>Also shared options to complete the evaluation through survey monkey.</p>	<p>Tri-Leads to review and consider feedback in planning for future meetings.</p> <p>Kris will email survey monkey link.</p>	Kris	August 2019
<i>Next Statewide FYSPRT Meeting</i>				
Tuesday, November 19, 2019 9:30am – 3 pm Lacey, WA				

See next page for image of the Ladder of Youth Involvement

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Ladder of Youth Involvement



1. Youth Initiated and Directed
 - Designed and run by youth and decisions made by youth
2. Youth Initiated, Shared Decisions with Adults
 - Designed and run by youth who share decisions with adults
3. Youth and Adult Initiated and Directed
 - Designed and run by youth and adults in full partnership
4. Adult Initiated, Shared Decisions with Youth
 - Minimum Youth Participation, designed and run by adults who share decisions with youth
5. Consulted and Informed
 - Designed and run by adults who consult with youth, Youth make recommendations that are considered by adults
6. Assigned and Informed
 - Youth do not initiate, but understand and have some sense of ownership
7. Tokenism
 - Symbolic representation by few, may not have genuine voice, may be asked to speak for the group they represent
8. Decoration
 - Adults use youth to promote or support a cause without informing youth
9. Manipulation
 - Youth are not involved in design or decisions; Youth involvement used by adults to communicate adults' messages



Adapted from Hart, R. (1992). Children's Participation from Tokenism to Citizenship, UNICEF

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