# DAVE PURCHASE PROJECT TACOMA NEEDLE EXCHANGE

Safer Smoking Supply Distribution

12.09.2020 - 12.22.2021

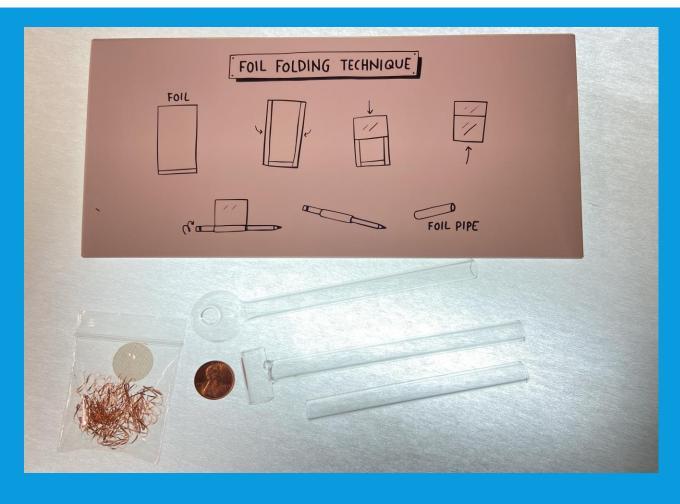
**Preliminary Data** 

#### **DPP SAFER SMOKING SUPPLY DISTRIBUTION:** PREPARING FOR DISTRBUTION

- Background: Late Spring 2019
  - Participant Requests/Staff Observations
  - Outreach Team Meetings/Staff Discussion
- How Do We Convince The BOD?
  - Research Proposal
    - Will expanding access to safer smoking supplies lead to a decrease in injection episodes?
      - Participant Surveys
      - Focus Groups
        - 4 Focus groups (Sept. Oct. 2019)
      - White Paper On the Positive Public Health Impacts of Safer Smoking Supply Distribution
- Proposed to BOD that we would be distributing Safer Smoking Supplies, under strict protocols, for research purposes.
  - Started Distribution of Supplies on 12.06.2020 at one outreach site.

### DPP SAFER SMOKING SUPPLY DISTRIBUTION: WHAT ARE SAFER SMOKING SUPPLIES?

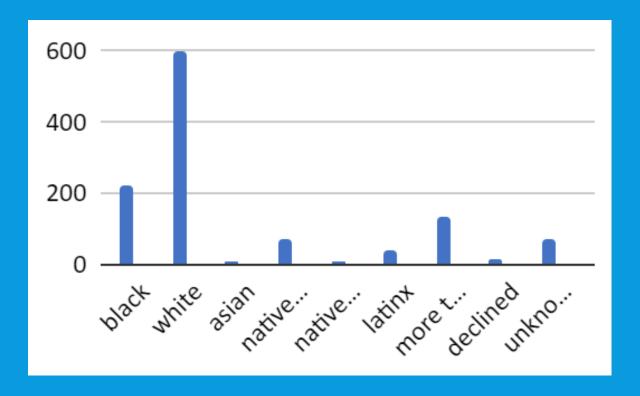
- Supplies Can Include:
  - Aluminium Foil
  - Bubbles
  - Hammers, i.e., pill pipes
  - Stems
  - Brass Screens
  - Chore Boy, i.e., copper scouring pads
  - Brillo
  - Manicure Sticks
  - Paper Clips
  - Chapstick/Lip Balm
  - Gum
  - Etc.



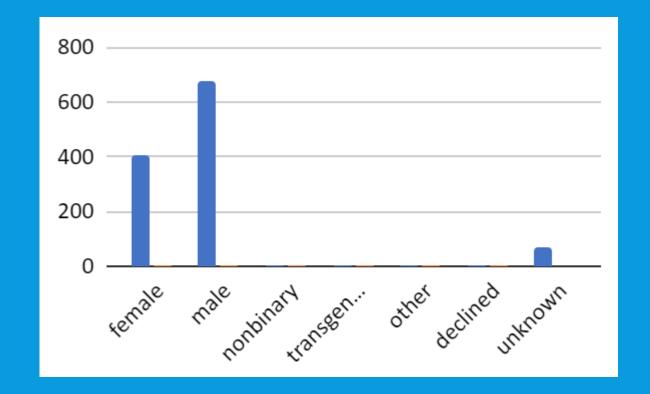
■ # New Enrollments at G Street		
# New Enrollees Who Indicated Meth as drug of choice	466 (63%)	
• # of Unique Individuals	1237	
# of Unique Individuals that Received Safer Smoking Supplies		
■ Total # Pipes Distributed	3727	
# Participants who returned more than 1 time		
Average # pipes distributed per Outreach Session		

- 3981 Encounters
  - 1672 (39%) No Syringes, Only Safer Smoking Supplies
  - 42 Syringes and Safer Smoking Supplies
    - 1714 (43%) Received Safer Smoking Supplies
- In the 4 weeks prior to distribution of safer smoking supplies we enrolled 20 new participants.
- In the 4 weeks after starting distribution of safer smoking supplies we enrolled 60 new participants (and this was during an historically slow time for enrollments – last 4 weeks of December)

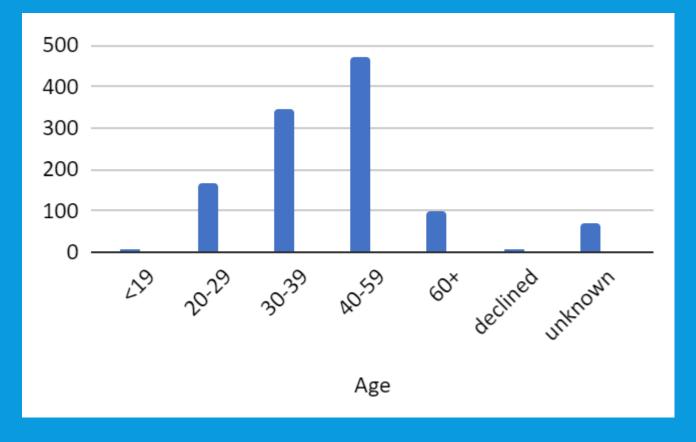
Race/Ethnicity	#	%
Black	223	19.1
White	599	51.4
Asian	9	8.0
Native American	69	5.9
Native Hawaiian/Pacific islander	5	0.4
Latinx	40	3.4
More than one race	136	11.7
Declined	13	1.1
Unknown	71	6.2
TOTAL	1163	100%



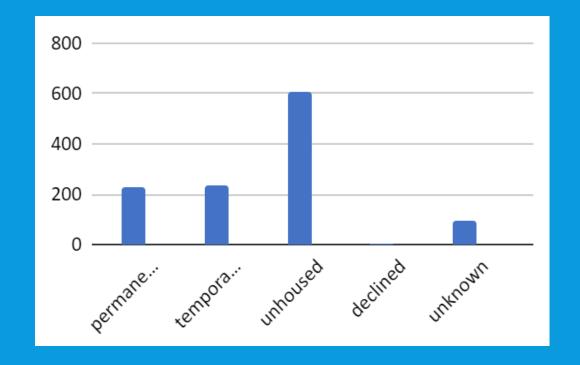
Gender			
Female	402	34.5%	
Male	678	58.2%	
Nonbinary	4	0.3%	
Transgender	1	0.1%	
Other	4	0.3%	
Declined	5	0.4%	
Unknown	71	6.2%	



Age			
<19	7	0.6%	
20-29	165	14.2%	
30-39	344	29.5%	
40-59	471	40.4%	
60+	99	8.5%	
declined	7	0.6%	
unknown	72	6.2%	



Housing Status			
Permanently housed	227	19.5%	
Temporarily housed	234	20.1%	
Unhoused	605	51.9%	
Declined	7	0.6%	
Unknown	92	7.9%	



# DPP SAFER SMOKING SUPPLY DISTRIBUTION: PRELIMINARY DATA WHAT ARE PARTICIPANTS TELLING US?

- Several participants have reported that, since pipes became available to them, they have stopped injecting.
- We have definitely connected with a much larger demographic of people and so have been able to train more people to use narcan.
- Participants have noted that when they have their own pipes they have more autonomy regarding their drug use, e.g., how much, when. etc. In addition, they are not dependant on people they don't feel safe around to share pipes.
- We're in the middle of an ever-evolving respiratory pandemic and folks are able to control the groups of people they share mouth to mouth contact with. Many aren't sharing at all.

#### **DPP SAFER SMOKING SUPPLY DISTRIBUTION:** PRELIMINARY DATA WHAT ARE PARTICIPANTS TELLING US? (CONT.)

- Many folks who only smoke were under the impression that one cannot overdose if only smoking. We had a chance to educate them of their actual risk, as well as be prepared for it, which they previously were not.
- Many folks who were completely unaware (somehow) that you could smoke heroin at all and have either switched or are interested in doing so.

#### **DPP SAFER SMOKING SUPPLY DISTRIBUTION:** PRELIMINARY DATA WHAT ARE PARTICIPANTS TELLING US? (CONT.)

- There is limited access to shops within walking distance from many camps that even sell pipes. If someone does have money, and if they are out of stock, then people are without any realistic options to maintain their own smoking supplies at all.
- Reaching a larger and more diverse population of PWUD has allowed us to spread word about our other services, such as low barrier bupe, wound care, peer care navigation services, etc.

#### Contact Information:

Paul LaKosky, PhD.

**Executive Director** 

paul@nasen.org; or

253.230.6599

# Updates to Overdoses in WA State

Recent updates with preliminary 2021 data

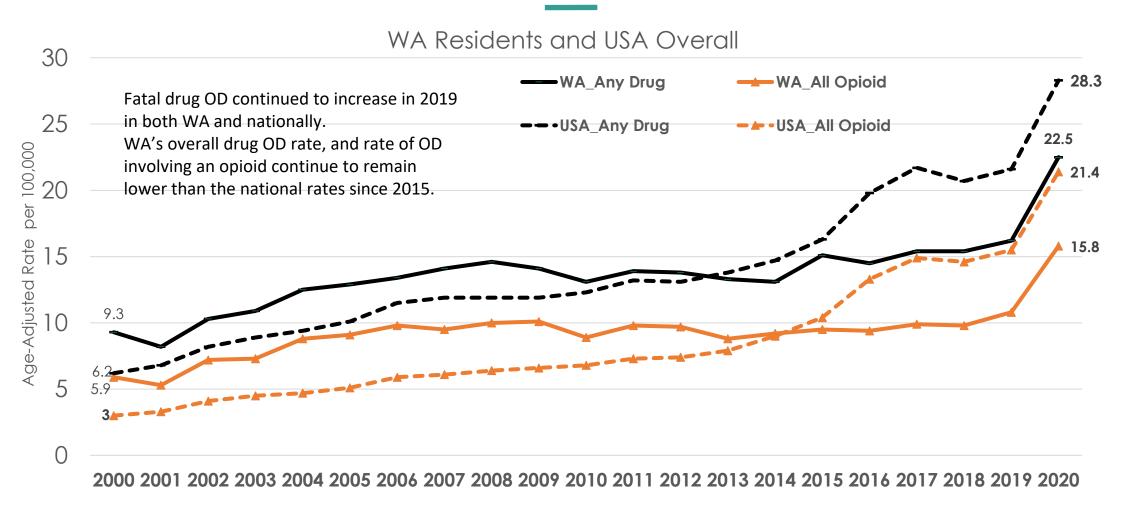
Data as of 16May2022

WA DOH – IVP/S&E

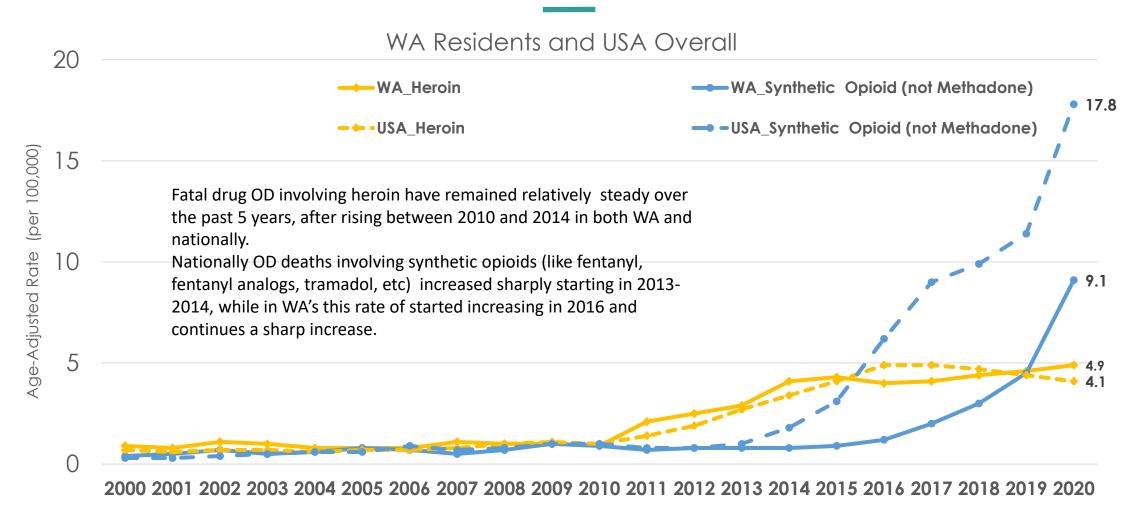
#### Drug overdose deaths

- The overdose death data are from Washington DOH Death Certificates.
- The definition of drug overdose is based on ICD-10.
- any\_drug is defined by the following ICD-10 codes as underlying causes of death:
  - X40-X44: Accidental poisonings by drugs
  - X60-X64: Intentional self-poisoning by drugs
  - X85: Assault by drug poisoning
  - Y10-Y14: Drug poisoning of undetermined intent
- Once a case is a drug overdose as defined above, specific drugs can be defined from the multiple causes of death, allowing multiple choices in case of polysubstance.

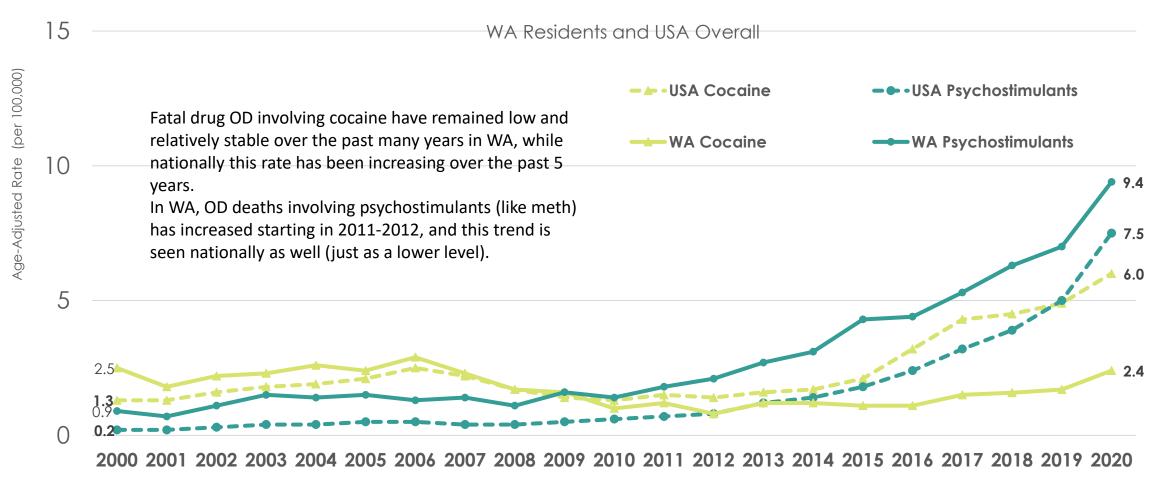
### Overdose Death Rate by Drug Type, USA and WA (2000-2020)



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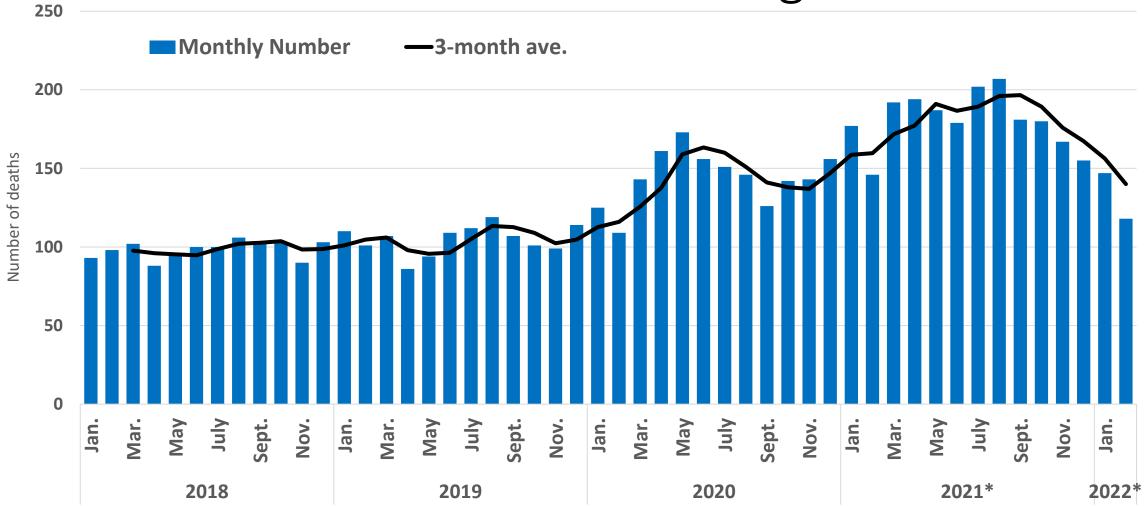
#### Confirmed WA State Overdose Deaths

Drug Type	2021*	2020	2019	2018	2017
Any Drug	2167	1731	1259	1181	1163
Any Opioid	1546	1194	827	744	739
Heroin	330	384	347	329	306
Synthetic opioids	1159	672	337	224	142
Rx opioid (not fentanyl)	379	328	267	305	342
Psychostimulants	1091	728	540	473	390
Cocaine	219	187	132	129	111

<sup>\*2021</sup> data are preliminary and will change.

Data is as of 16May2022. Source: WA DOH death certificates

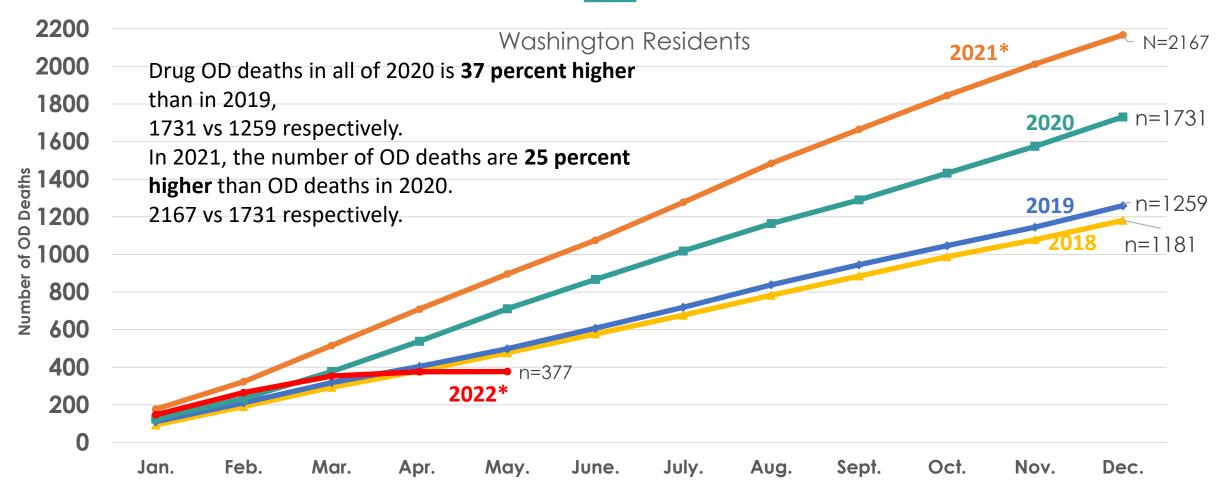
## Number of overdose deaths by month and 3-month average



<sup>\* 2021</sup> and 2022 data are preliminary and will change.

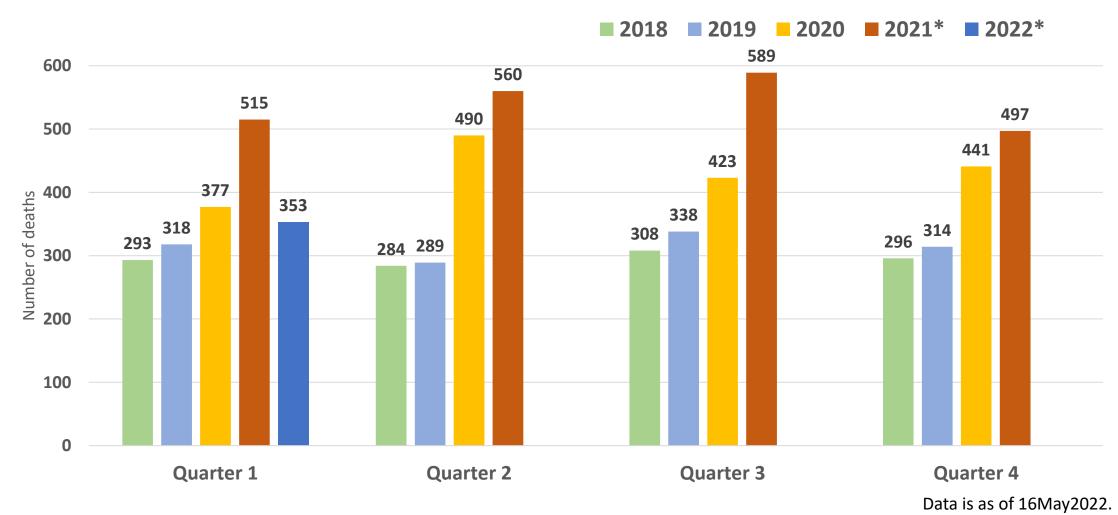
Data is as of 16May2022. Source: WA DOH death certificates

# Annual cumulative overall drug overdose deaths by month (2018-2022\*)



- 2021 and 2022 data are preliminary and will change.
- Data run: 16Mayl2022

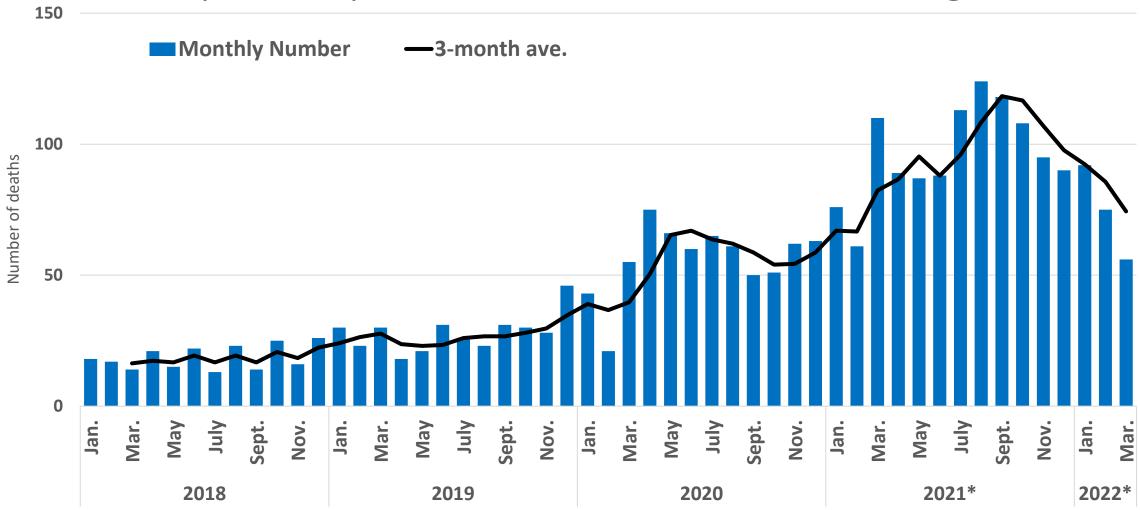
#### Number of overdose deaths by quarter



Source: WA DOH death certificates

<sup>\* 2021</sup> and 2022 data are preliminary and will change.

## Number of overdose deaths involving a synthetic opioid by month and 3-month average

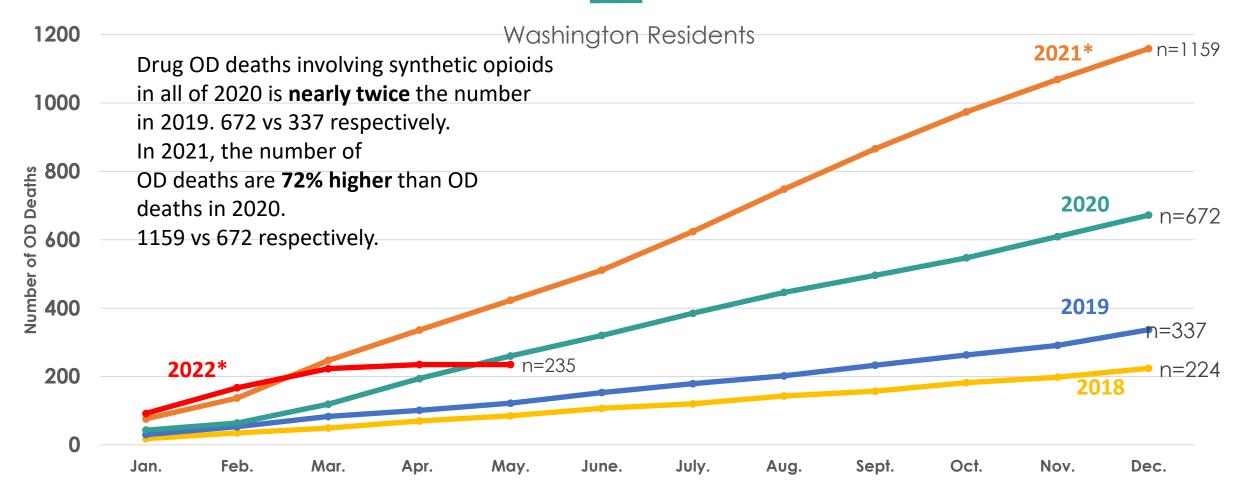


\* 2021 and 2022 data are preliminary and will change.

Data is as of 16May2022.

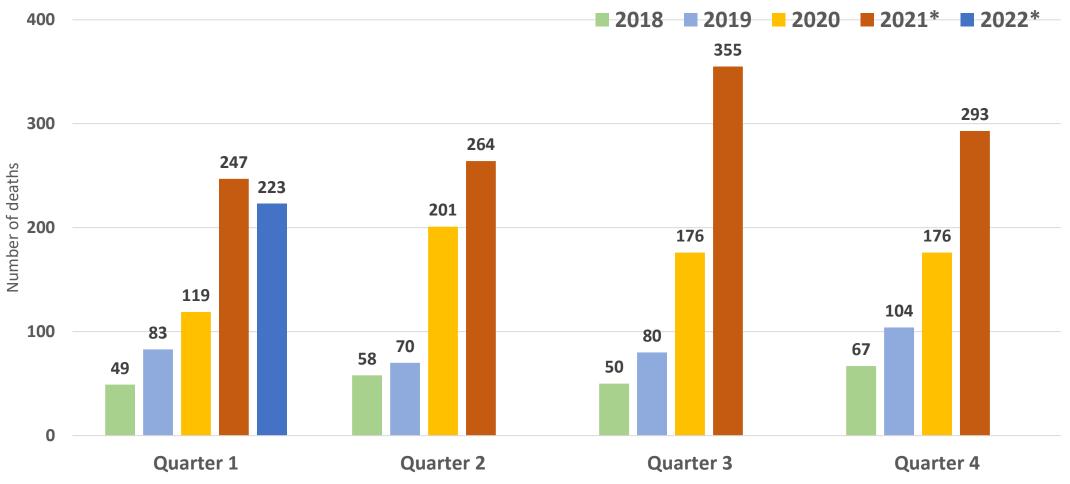
Source: WA DOH death certificates

# Annual cumulative drug overdose deaths involving non-methadone synthetic opioids by month (2018-2022\*)



- 2021 and 2022 data are preliminary and will change.
- Data run: 16May2022

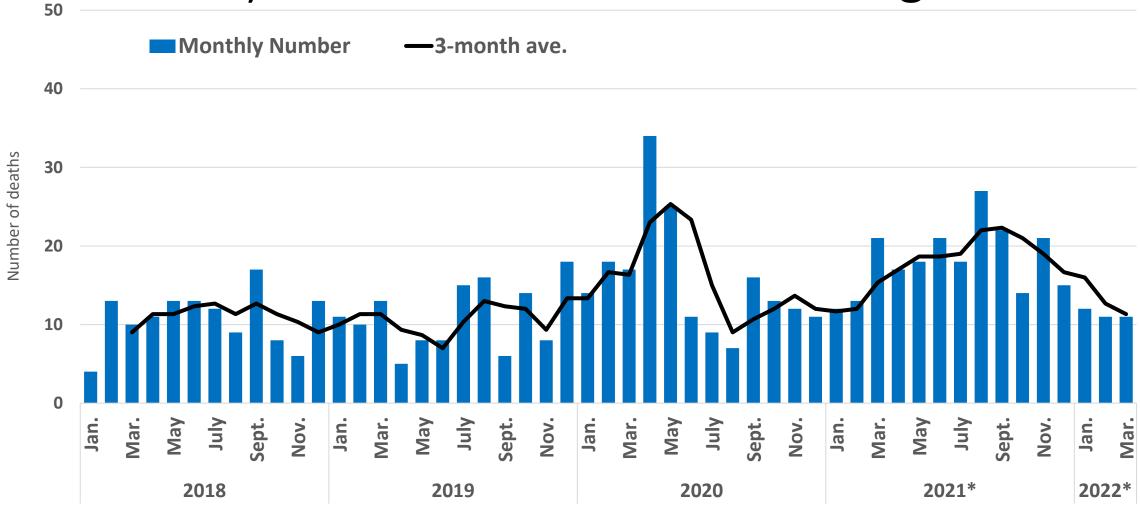
## Number of overdose deaths involving non-methadone synthetic opioids by quarter



\*2021 and 2022 data are preliminary and will change.

Data is as of 16May2022.
Source: WA DOH death certificates

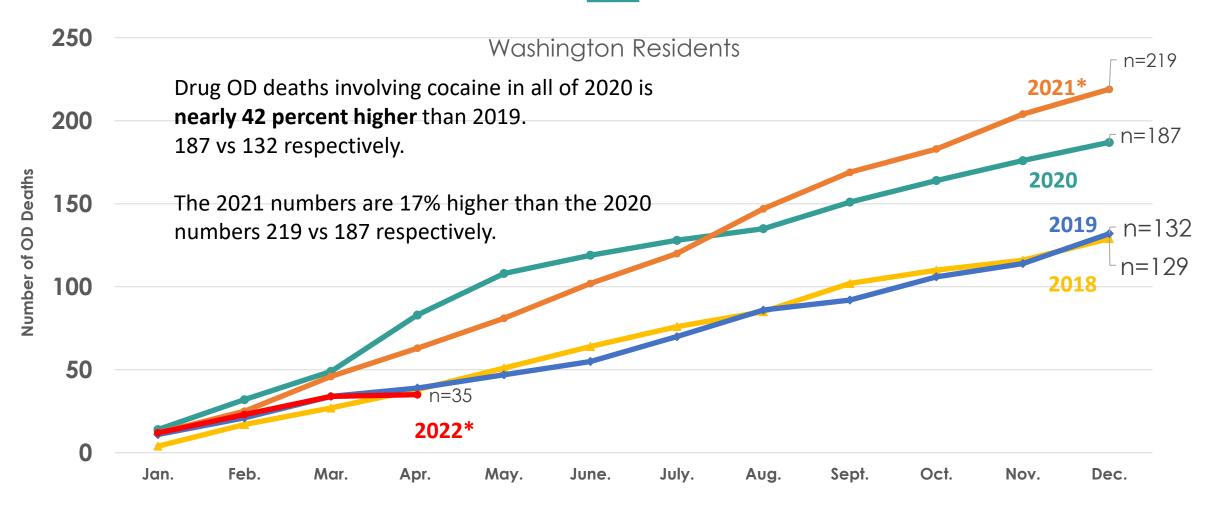
# Number of overdose deaths involving cocaine by month and 3-month average



<sup>\* 2021</sup> and 2022 data are preliminary and will change.

Data is as of 16May2022.
Source: WA DOH death certificates

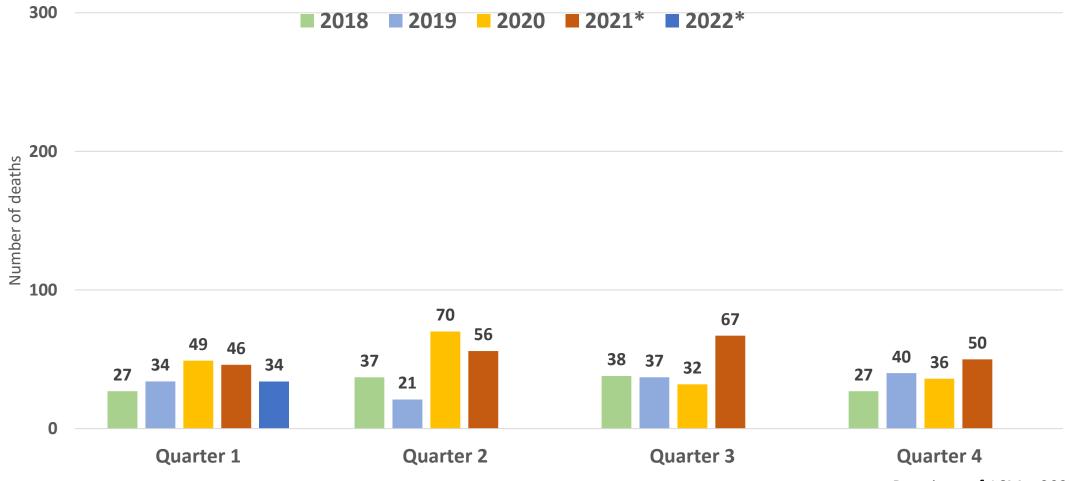
# Annual cumulative drug overdose deaths involving cocaine by month (2018-2022\*)



2021 and 2022 data are preliminary and will change.

Data run: 16May2022 Washington State Department of Health

## Number of overdose deaths involving cocaine by quarter

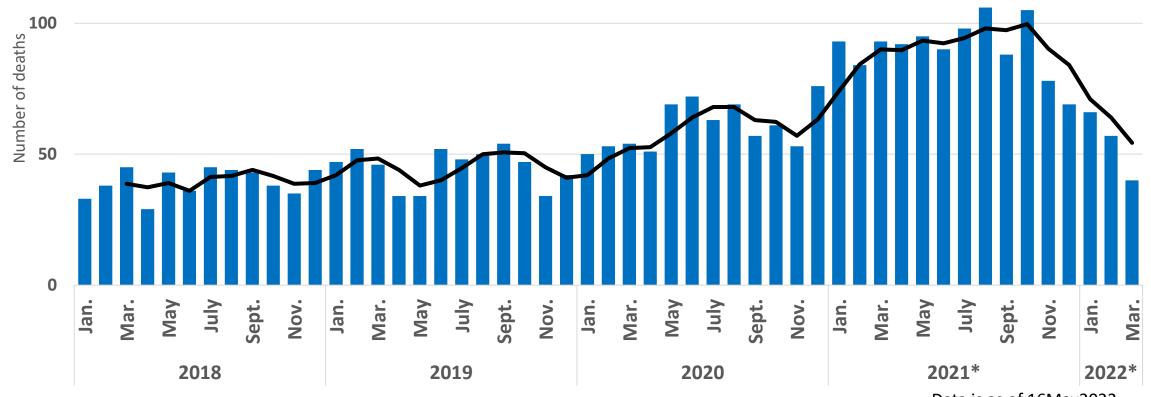


\*2021 and 2022 data are preliminary and will change.

Data is as of 16May2022. Source: WA DOH death certificates

## Number of overdose deaths involving a psychostimulant by month and 3-month average

■ Monthly Number —3-month ave.

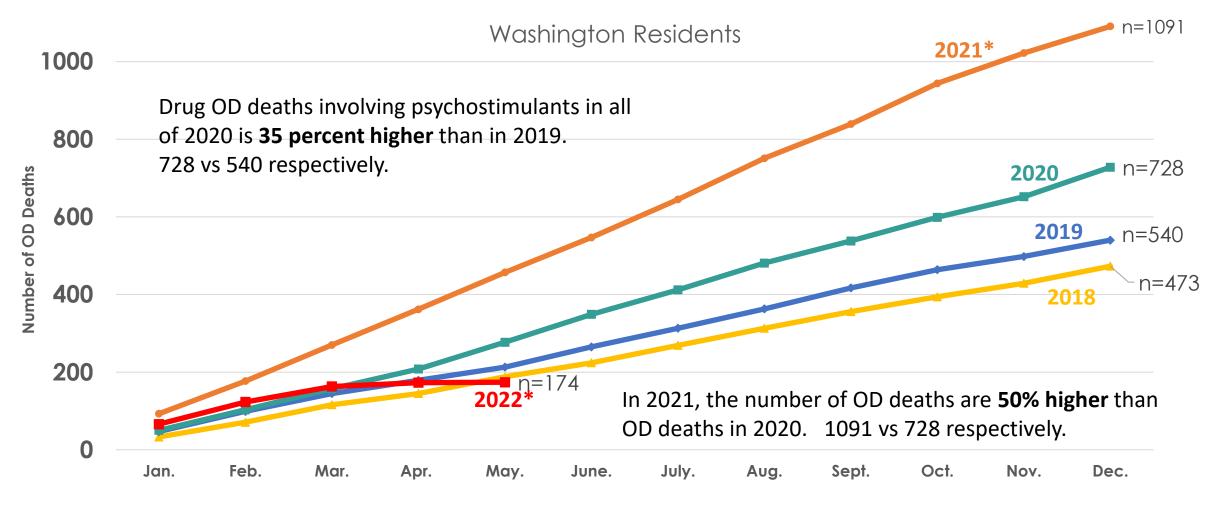


<sup>\* 2021</sup> and 2022 data are preliminary and will change.

150

Data is as of 16May2022.
Source: WA DOH death certificates

# Annual cumulative drug overdose deaths involving psychostimulants by month (2018-2022\*)



2021 and 2022 data are preliminary and will change.

Data run: 16May2022 Washington State Department of Health

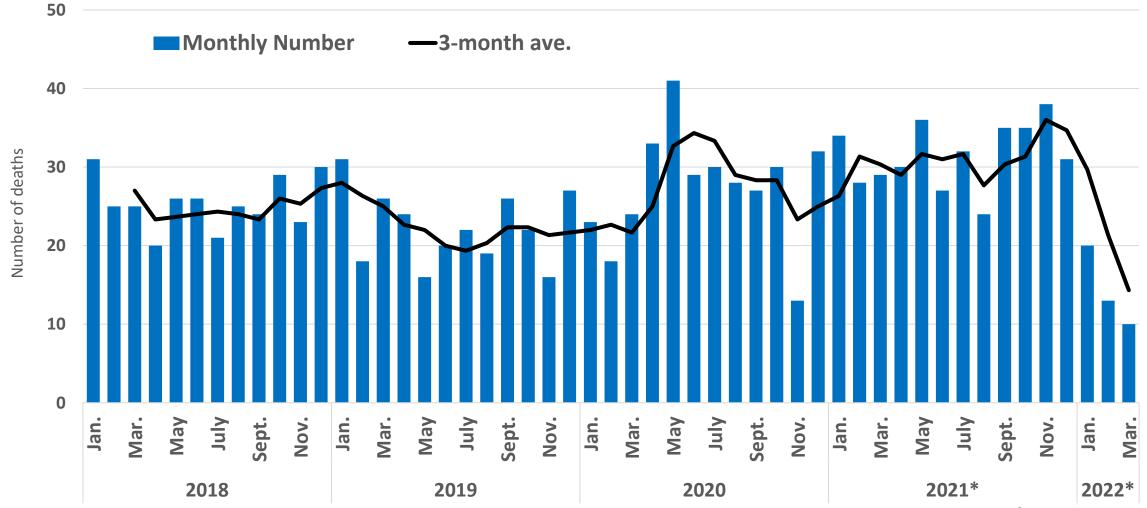
## Number of overdose deaths involving a psychostimulant by quarter



Source: WA DOH death certificates

<sup>\*2021</sup> and 2022 data are preliminary and will change.

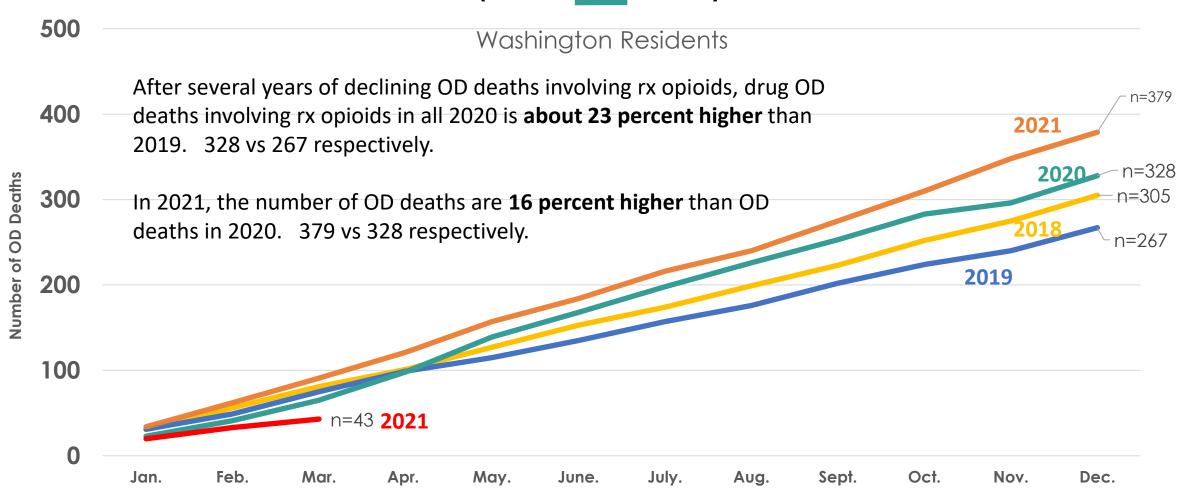
## Number of overdose deaths involving a Rx opioid by month and 3-month average



<sup>\* 2021 2022</sup> data are preliminary and will change. Rx opioid (T40.2, T40.3)

Data is as of 25April2022. Source: WA DOH death certificates

# Annual cumulative drug overdose deaths involving Rx opioids by month (2018-2022\*)



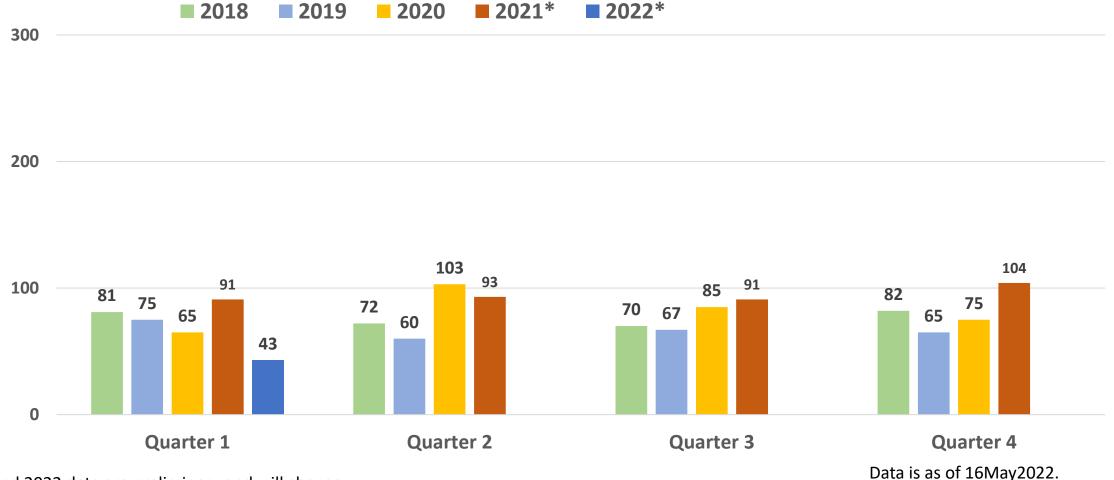
• 2021 and 2022 data are preliminary and will change.

Data run: 16May2022
 Washington State Department of Health

Source: WA DOH death certificates

Rx opioid: T40.2, T40.3

## Number of overdose deaths involving a Rx opioid by quarter

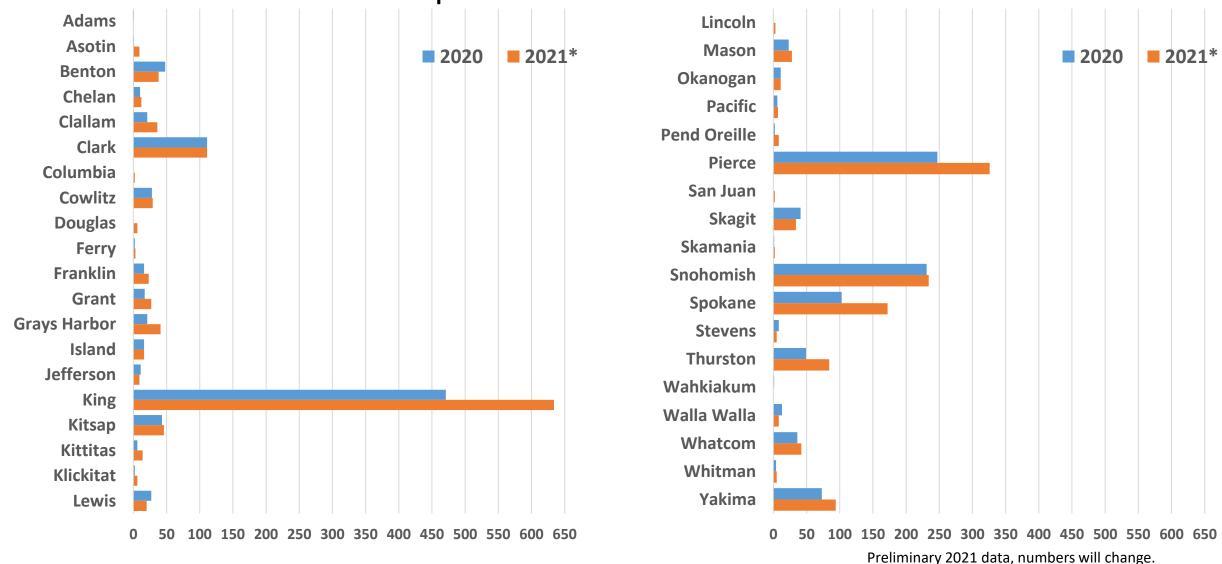


- 2021 and 2022 data are preliminary and will change.
- Rx opioid: T40.2, T40.3

Data is as of 16May2022.

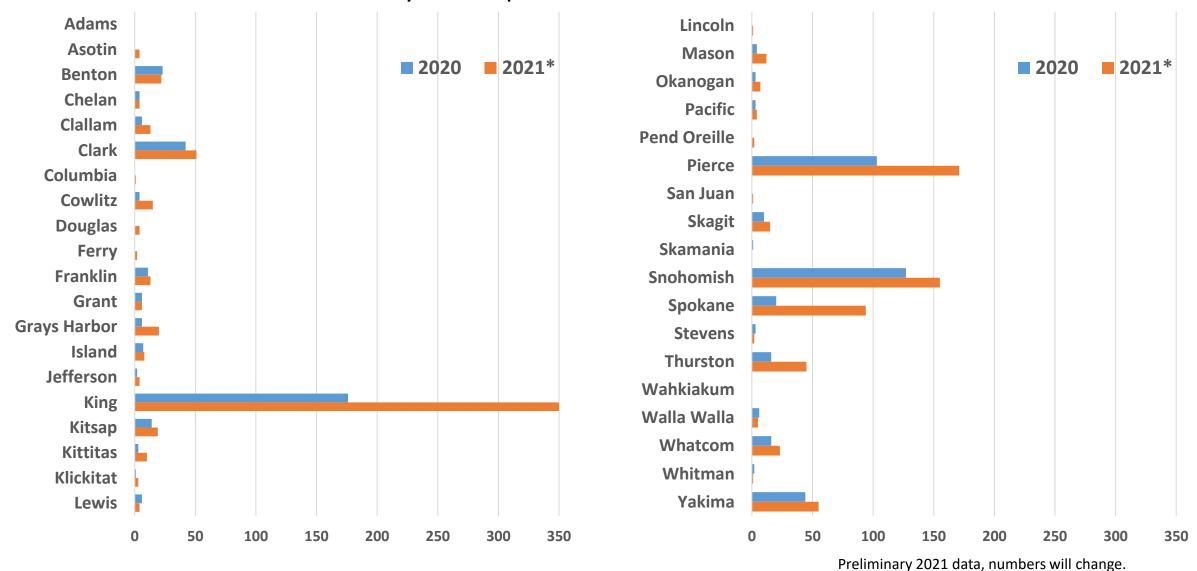
Source: WA DOH death certificates

Overall drug overdose death counts by county compare 2020 and 2021\*

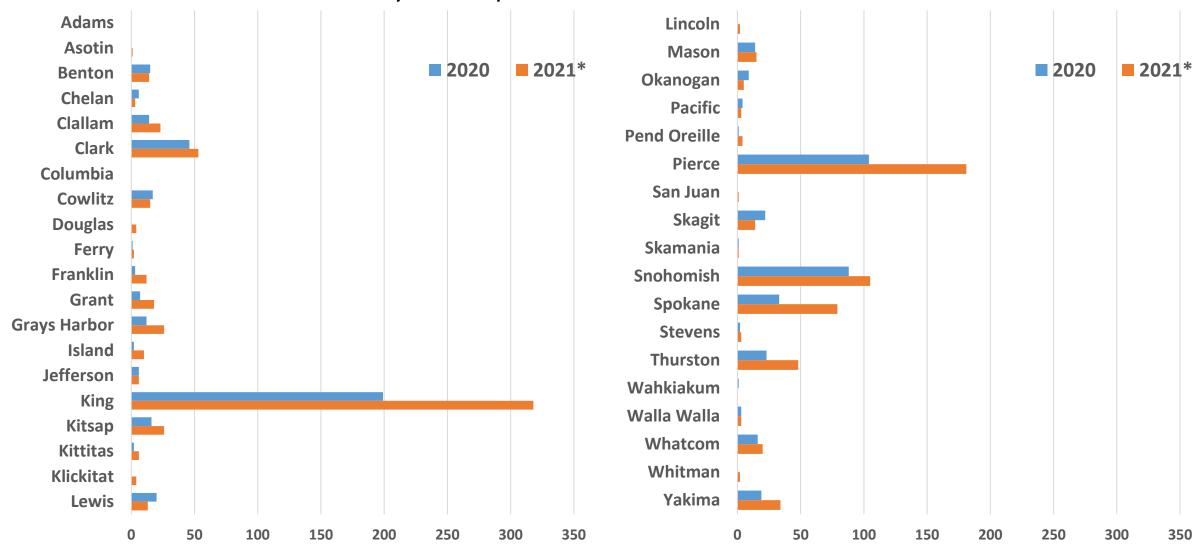


Data as of 16May2022

### Drug overdose death involving synthetic opioids counts by county compare 2020 and 2021\*

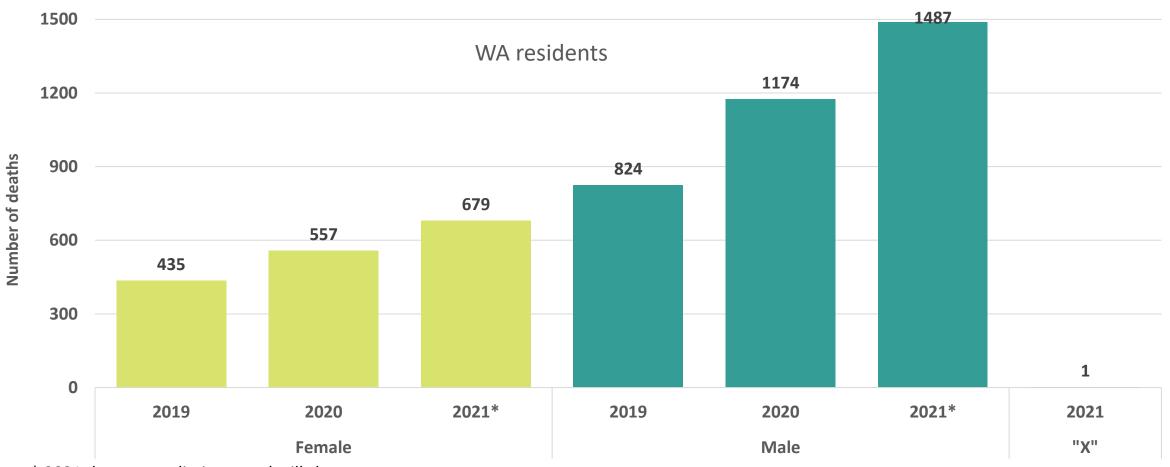


### Drug overdose death involving psychostimulants counts by county compare 2020 and 2021\*



#### Overall drug overdose deaths by sex

#### Compare 2019, 2020 and 2021\*



<sup>\* 2021</sup> data are preliminary and will change.

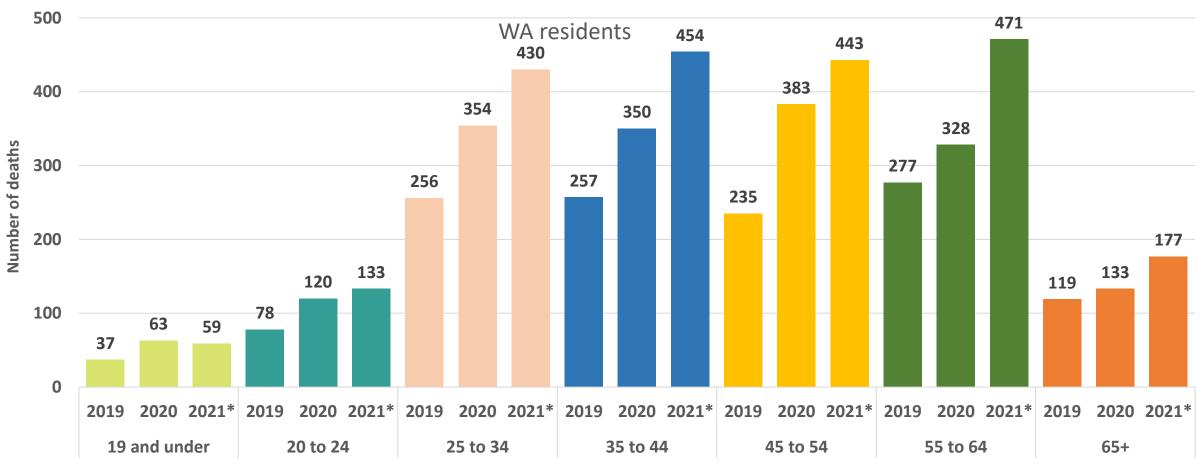
Source: DOH death certificates.

"X": Sex not exclusively male or female

\* Data as of 16May2022

#### Overall drug overdose deaths by age

#### Compare 2019, 2020 and 2021\*

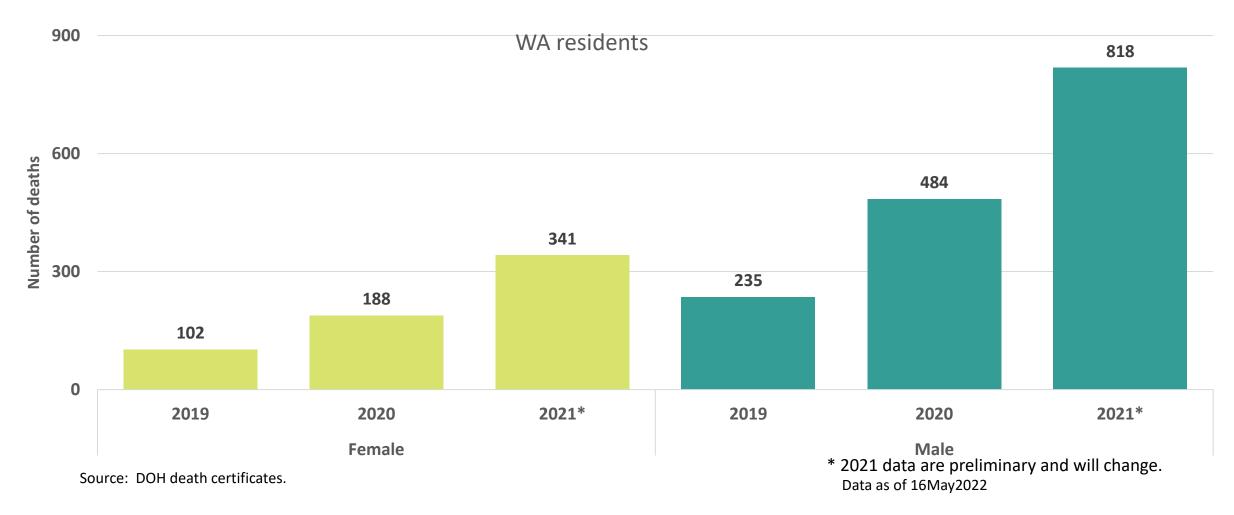


Source: DOH death certificates.

\* 2021 data are preliminary and will change.
Data as of 16May2022

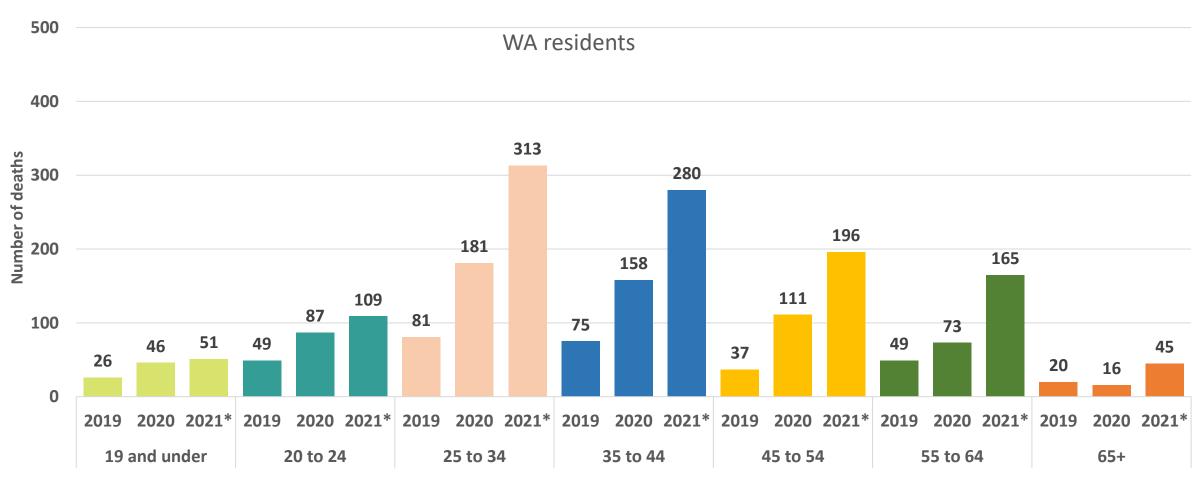
## Drug overdose deaths involving synthetic opioids by sex

Compare 2019, 2020 and 2021\*



## Drug overdose deaths involving synthetic opioids by age

Compare 2019, 2020 and 2021\*

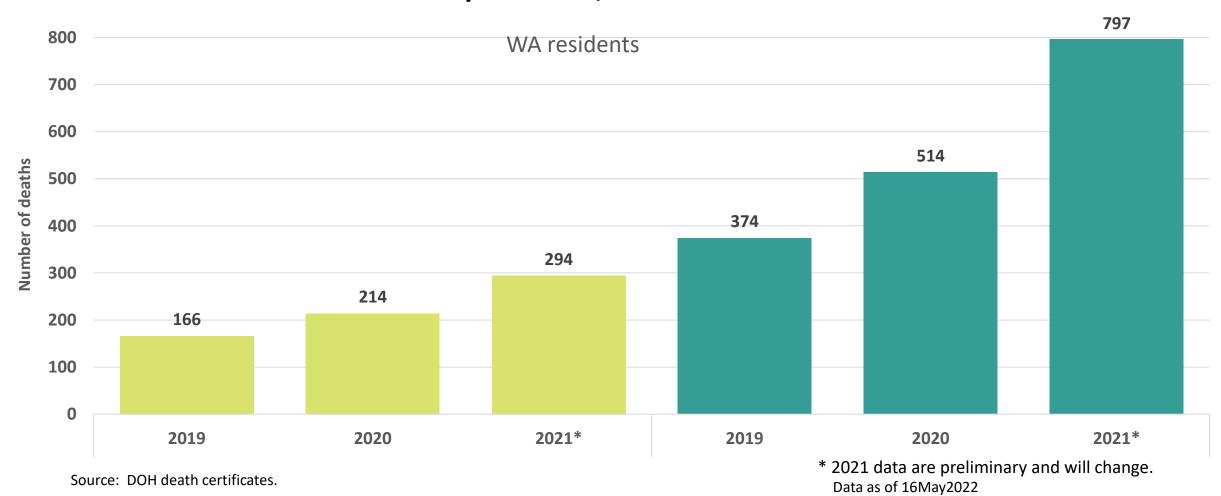


Source: DOH death certificates.

\* 2021 data are preliminary and will change.
Data as of 16May2022

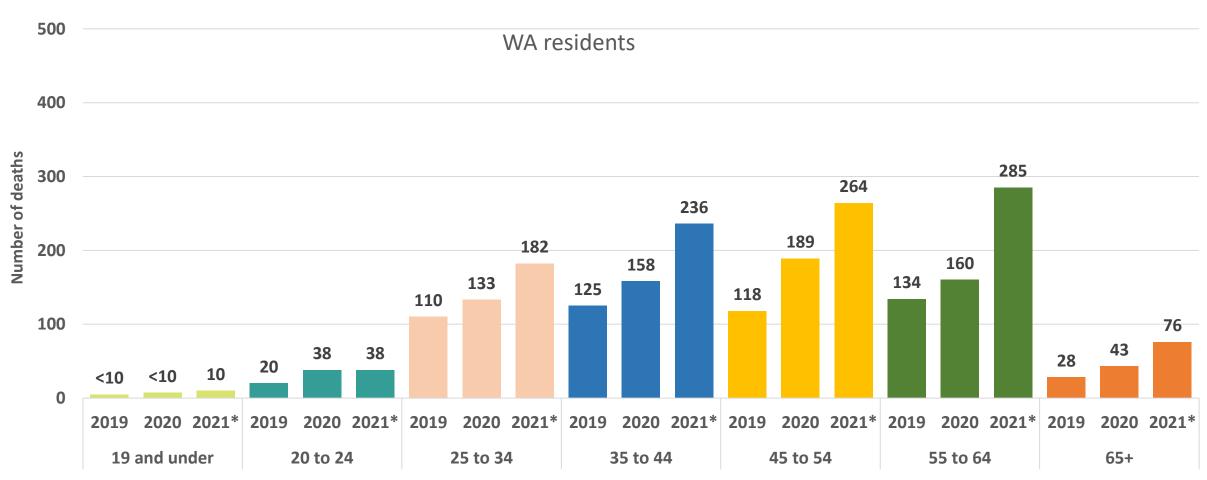
## Drug overdose deaths involving psychostimulants by sex

Compare 2019, 2020 and 2021\*



# Drug overdose deaths involving psychostimulants by age

Compare 2019, 2020 and 2021\*

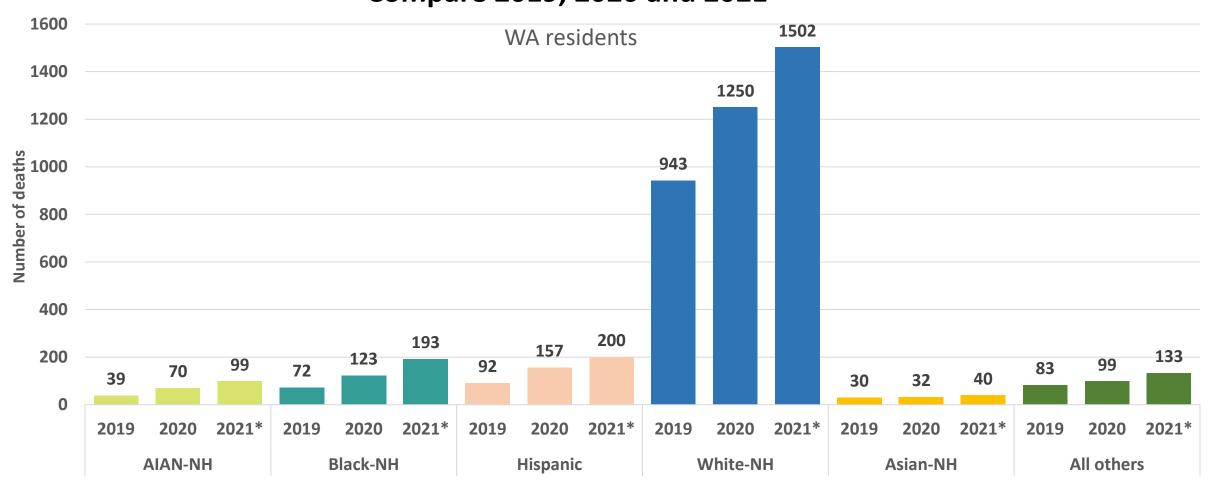


Source: DOH death certificates.

\* 2021 data are preliminary and will change.
Data as of 16May2022

# Overall drug overdose deaths by race/ethnicity

Compare 2019, 2020 and 2021\*



Source: DOH death certificates.

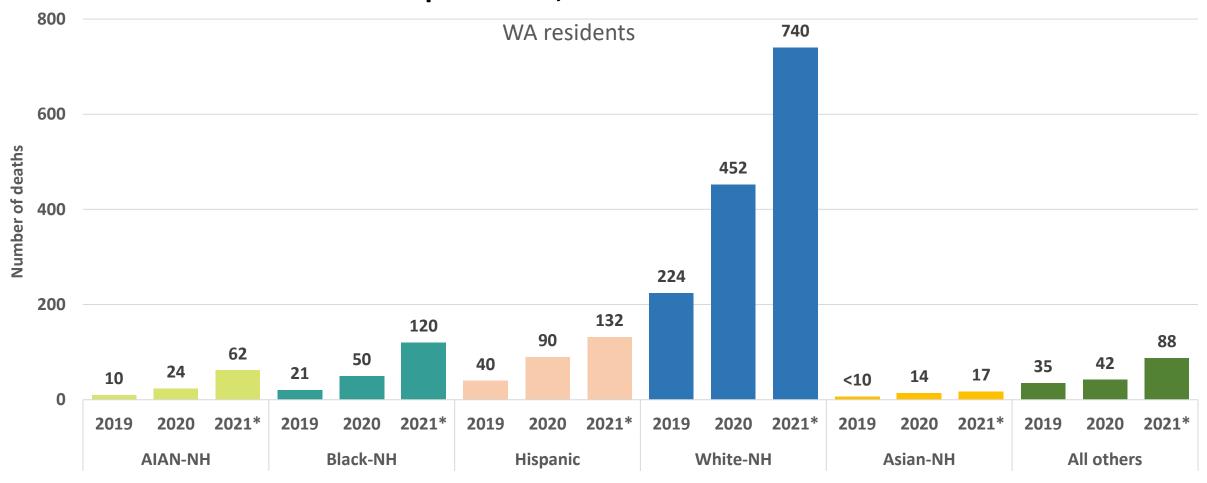
NH: Non-Hispanic
AIAN: American Indian/Alaskan Native

All other includes: Native Hawaiian and other pacific islanders, multi-racial and other (NOS)

\* 2021 data are preliminary and will change. Data as of 16May2022

## Drug overdose deaths involving synthetic opioids by race/ethnicity

#### Compare 2019, 2020 and 2021\*



Source: DOH death certificates.

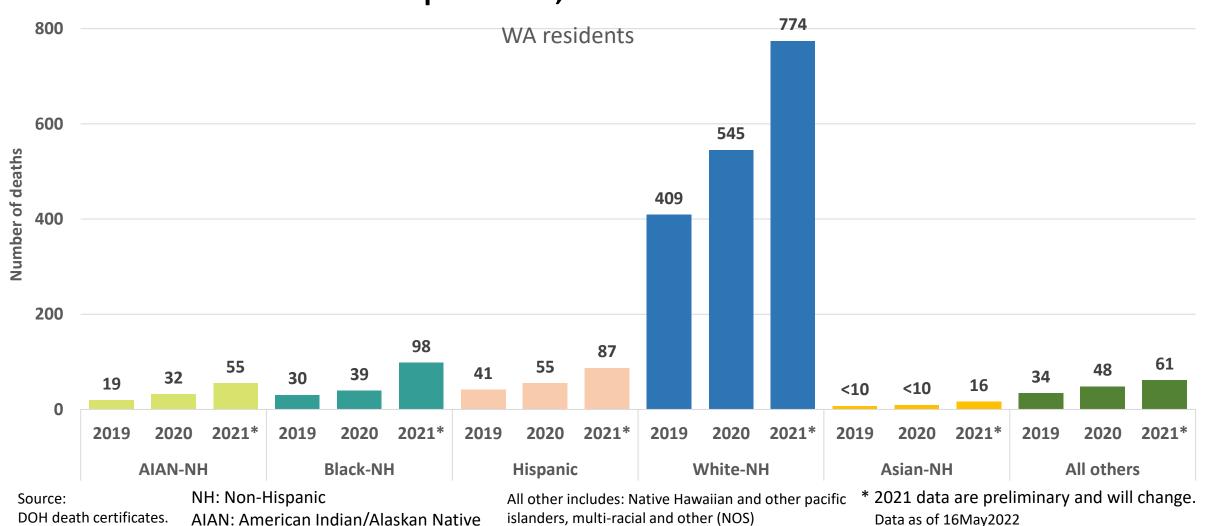
NH: Non-Hispanic
AIAN: American Indian/Alaskan Native

All other includes: Native Hawaiian and other pacific islanders, multi-racial and other (NOS)

\* 2021 data are preliminary and will change. Data as of 16May2022

#### Drug overdose deaths involving psychostimulants by race/ethnicity

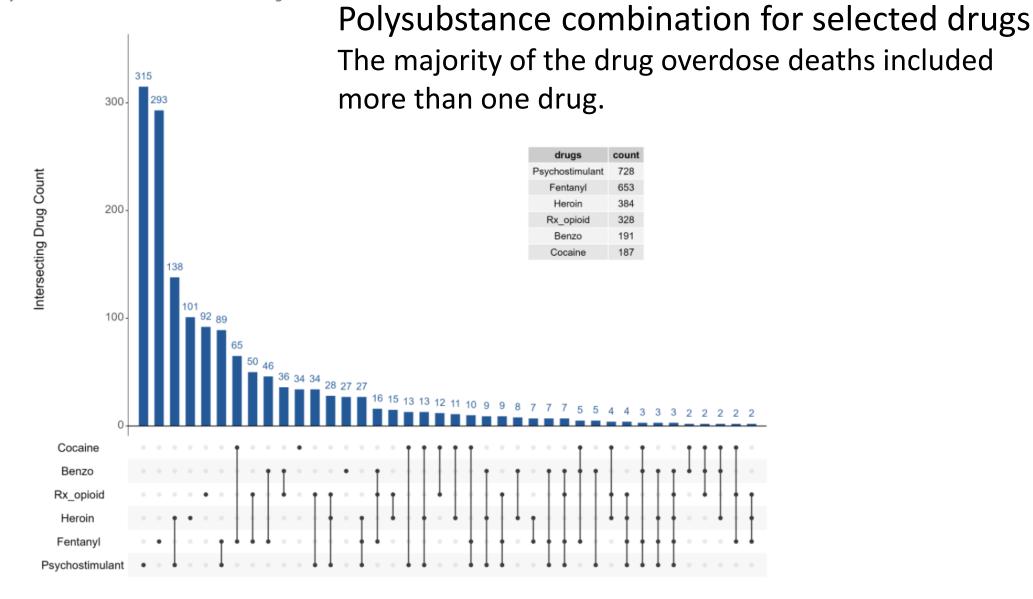
#### Compare 2019, 2020 and 2021\*



Data as of 16May2022

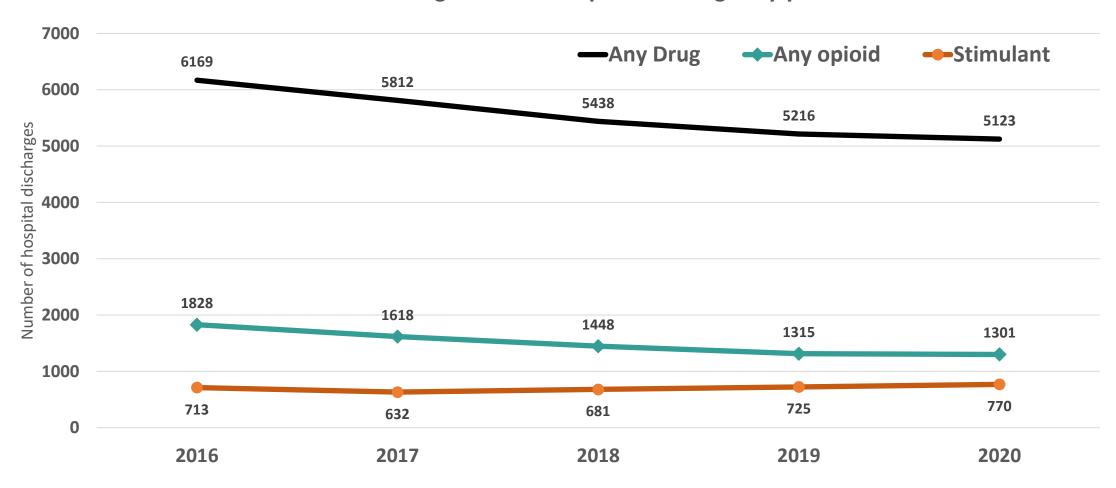
#### Polysubstance use (2020)

Polysubstance combination for selected drugs



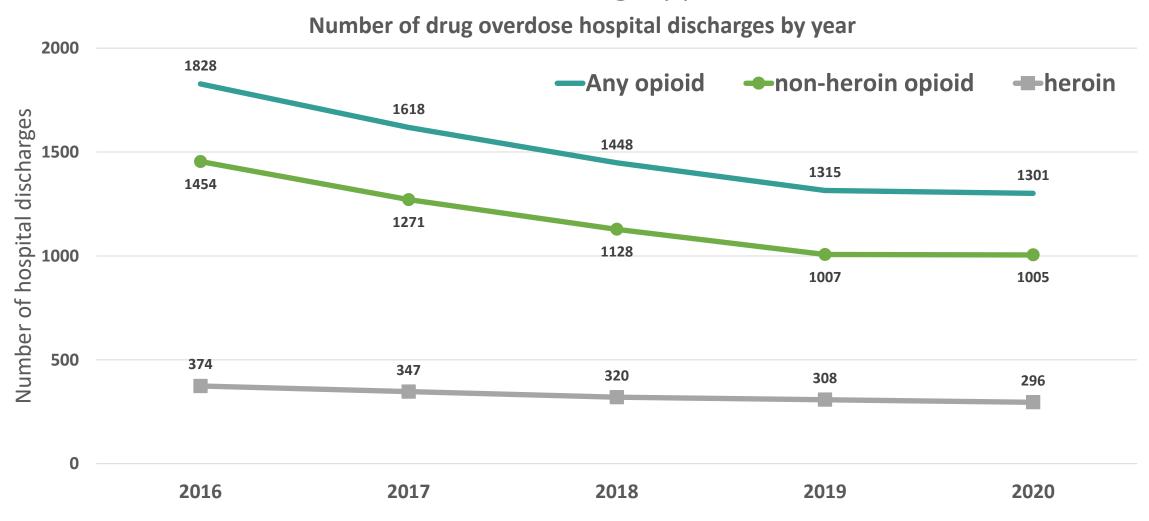
### Number of overdose hospitalizations by year and drug type

Number of drug overdose hospital discharges by year



Source: Source: DOH Comprehensive Hospital Abstract Reporting System (CHARS)

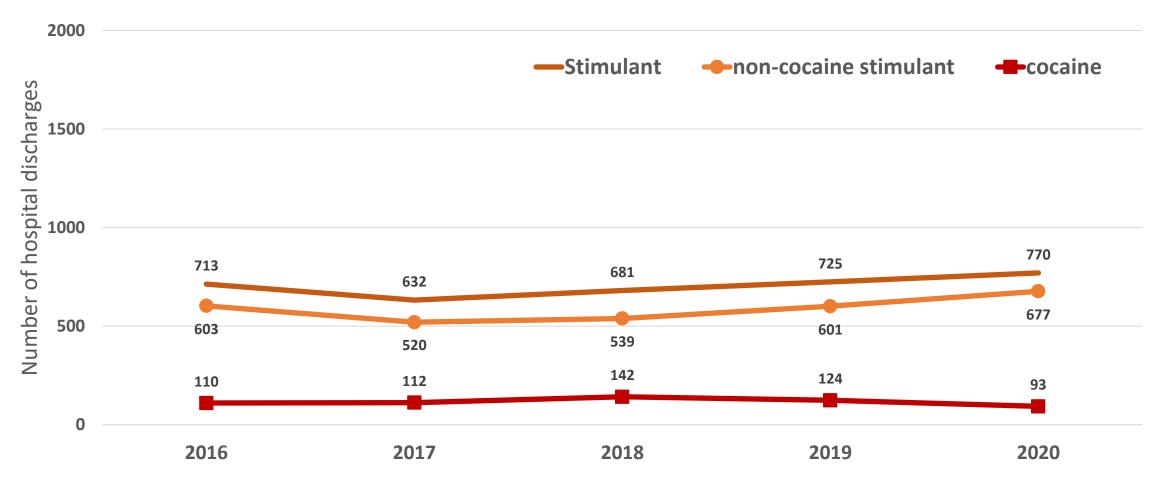
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Source: Source: DOH Comprehensive Hospital Abstract Reporting System (CHARS)

### Number of overdose hospitalizations by year and drug type

Number of drug overdose hospital discharges by year



Source: Source: DOH Comprehensive Hospital Abstract Reporting System (CHARS)

#### Thank you

Data available at: <a href="https://www.doh.wa.gov/OverdoseData">www.doh.wa.gov/OverdoseData</a>

Email contact: <a href="mailto:lnjury.data@DOH.WA.GOV">lnjury.data@DOH.WA.GOV</a>

Link to request injury data



Washington State Department of Health is committed to providing customers with forms and publications in appropriate alternate formats. Requests can be made by calling 800-525-0127 or by email at civil.rights@doh.wa.gov. TTY users dial 711.