

A new SmartHealth experience



We are excited to announce a new and improved SmartHealth experience! With the new upgrades you will have easy access to:

- Benefit information and resources.
- Announcements to keep you up to date on program news.
- Great well-being activities and challenges.
- Latest mobile and web user experience.

Get ready

You'll need your registered email address and password to log in. Can't remember which email you registered with? Below are the steps to find it in your SmartHealth profile. Make sure you're using a computer (not the mobile app).

- 1 Click your profile picture (also known as avatar) located in the upper right-hand corner.
- 2 Choose "Settings."
- 3 Go to "Notification Settings."
- 4 Look under *Contact Information* for your registered email address. Use this email address to log in.

A new app

Starting April 12, delete the existing Limeade app and download the Limeade ONE app for **iOS** and **Android**.

More information

For more information about the new platform, join the "Coming Soon...A New SmartHealth Experience" activity through April 3.

What is SmartHealth?

SmartHealth is a voluntary wellness program that supports your whole person well-being. With SmartHealth, there are activities for everyone, no matter where you are on your wellness journey. As you progress on your journey, you can earn points, achieve levels, and **qualify for the SmartHealth wellness incentive**.

If you need help, call SmartHealth customer service at 1-855-750-8866.

What if I am new to SmartHealth?
Visit **SmartHealth** and click Get Started.



Supporting you on your journey toward living well
smarthealth.hca.wa.gov