

Sacroiliac Joint Fusion

Assessing Signals for Update

November 10, 2020

Health Technology Assessment Program (HTA)

Washington State Health Care Authority

PO Box 42712 Olympia, WA 98504-2712 (360) 725-5126 <u>www.hca.wa.gov/hta</u> <u>shtap@hca.wa.gov</u>

Prepared by:

RTI International-University of North Carolina Evidence-based Practice Center Research Triangle Park, NC 27709 www.rti.org





UNC HEALTH SERVICES RESEARCH

This report is based on research conducted by the RTI-University of North Carolina Evidencebased Practice Center through a contract between RTI International and the State of Washington Health Care Authority (HCA). The findings and conclusions in this document are those of the authors, who are responsible for its contents. The findings and conclusions do not represent the views of the Washington HCA and no statement in this report should be construed as an official position of Washington HCA.

The information in this report is intended to help the State of Washington's independent Health Technology Clinical Committee make well-informed coverage determinations. This report is not intended to be a substitute for the application of clinical judgment. Anyone who makes decisions concerning the provision of clinical care should consider this report in the same way as any medical reference and in conjunction with all other pertinent information (i.e., in the context of available resources and circumstances presented by individual patients).

This document is in the public domain and may be used and reprinted without permission except those copyrighted materials that are clearly noted in the document. Further reproduction of those copyrighted materials is prohibited without the specific permission of copyright holders. None of the individuals involved in producing this report reported any financial or nonfinancial conflicts of interest regarding the topic presented in this report.

Acknowledgments

The following individuals contributed to this report: Project Coordinator: Caroline Rains, MPH Investigator: Leila Kahwati, MD, MPH Editing/Document Preparation: Sharon Barrell, MA; Loraine Monroe

Contents

	Conte	ents	. 3
	List o	of Appendices	. 3
	List o	of Figures	. 3
	List o	of Tables	. 3
	List o	of Abbreviations	. 4
Execut	tive S	ummary	. 5
Full R	eport		.7
1.		duction	
	1.1	Coverage Determination 2019	. 7
	1.2	Key Findings From 2018 HTA	. 7
2.	Meth	ods	12
	2.1	Literature Search	12
	2.2	Study Selection	13
	2.3	Data Abstraction and Signal Assessment	13
3.	Resu	lts	14
	3.1	Search Yield and Overview of Studies	
	3.2	Study Characteristics	15
	3.3	Signals Identified and Concordance With Previous HTA Findings	16
4.	Discu	assion and Conclusions	18
	4.1	Limitations	19
	4.2	Conclusion	19
Refere	ences.		20

List of Appendices

Appendix A. Search Strategy	A-1
Appendix B. List of Excluded Studies	
Appendix C. Detailed Study Tables	

List of Figures

Figure 1.	Analytic framework for HTA on SI joint fusion	3
Figure 2.	Evidence maps from 2018 HTA on SI joint fusion10)

List of Tables

Table 1.	Summary of signal codes used to describe studies identified in a signal search14
Table 2.	Summary of eligible studies identified in signal search for sacroiliac joint fusion15

List of Abbreviations

AE	Adverse event
ADL	Activities of daily living
CCS	Controlled cohort studies
CPT	Current procedural terminology
CQ	Cost question
CT	Computerized tomography
DSIJQ	Denver Sacroiliac Joint Questionnaire
EQ	Efficacy question
EQ-5D	EuroQOL measure of generic health status
FDA	Food and Drug Administration
GRADE	Grading of Recommendations Assessment, Development and Evaluation
HCA	Health Care Authority
HTA	Health technology assessment
iMIA	iFuse Implant System Minimally Invasive Arthrodesis
INSITE	Investigation of Sacroiliac Fusion Treatment
LOIS	Long Term Outcomes from INSITE and SIFI
MeSH	Medical subject headings
MIS	Minimally invasive surgery
MI-SIJF	Minimally invasive sacroiliac joint fusion
NS	Not statistically significant
ODI	Oswestry Disability Index
R	Retrospective
RCT	Randomized controlled trial
Р	Prospective
РТ	Physical therapy
QOL	Quality of life
SALLY	Study of Bone Growth in the Sacroiliac Joint after Minimally Invasive Surgery with
	Titanium Implants
SF-12 PCS	Short-Form 12 physical component score
SI	Sacroiliac
SIF	Sacroiliac fusion
SIFI	Sacroiliac Joint Fusion with iFuse Implant System
SIJ	Sacroiliac joint
SIJF	Sacroiliac joint fusion
SQ	Safety question
VAS	Visual analogue scale

Executive Summary

The State of Washington's Health Technology Assessment Program published a 2018 health technology assessment (HTA) titled "Sacroiliac Joint Fusion" that was conducted by the RTI-University of North Carolina Evidence-based Practice Center. This HTA found that minimally invasive sacroiliac (SI) joint fusion surgery with the iFuse Implant System is probably more effective than conservative management among patients meeting standardized diagnostic criteria for SI joint pain or dysfunction. This finding was based on moderate-certainty evidence from 2 randomized controlled trials (RCTs) that this surgery reduces pain and improves function and quality of life more than conservative management at up to 6 months follow-up, and very low*certainty evidence* from 1 controlled cohort study that it improves pain and disability more than conservative management at up to 3.5 years of follow-up. This report also concluded with *low*certainty evidence from 2 RCTs and very low-certainty evidence from 1 controlled cohort study that no difference in serious adverse events between surgery and conservative management exists, though serious adverse events from surgery may be higher in usual practice based on data from uncontrolled studies. Based on moderate-certainty evidence from 2 RCTs and very lowcertainty evidence from 1 controlled cohort study, the incidence of revision surgery by 2 years was estimated to be no higher than 3.4%. We conducted a signal search to determine whether current evidence suggests the need for an update to this published HTA.

We searched MEDLINE for relevant studies between January 1, 2018, and September 1, 2020, that addressed the research questions and study selection criteria used in the original HTA report (see Section 2.2). If a study met the selection criteria, we abstracted brief information about the study into a structured form. We then evaluated each study for whether it suggested signals of major changes in the evidence. We identified 11 new articles evaluating SI joint fusion that met the study selection criteria, of which 9 represented new studies. Two publications (1 RCT and 1 uncontrolled study) were articles providing outcomes at additional time points for studies that were included in the prior HTA. The remaining 9 studies (1 controlled cohort study and 8 uncontrolled studies) were new studies.

Two studies were eligible for efficacy outcomes. One RCT, included in the prior HTA, compared minimally invasive SI joint fusion with iFuse to conservative management and reported additional findings at the 2-year follow-up: the larger improvements in pain, function, and quality of life that had been observed at 6 months persisted at 2 years. A new controlled cohort study comparing iFuse to another minimally invasive procedure (Rialto) reported significant improvement in pain, function, and quality of life at 6 months when compared to preoperative values for both procedures and no difference between groups. Ten studies (1 RCT, 1 controlled cohort, 8 uncontrolled studies) reported safety outcomes, including revision surgery and overall adverse events; the frequency of events varied across studies but was generally consistent with the previous HTA. Adverse events were more frequent with open procedures than with minimally invasive procedures. One new study reported cost outcomes, but these could

not be compared to results reported in the previous HTA because of differences in the methods used.

The preponderance of new evidence identified in this signal search reports on minimally invasive SI joint fusion procedures, with the most evidence for the iFuse system. Newly identified evidence from 11 studies is consistent with findings from the prior HTA report. We did not identify any signals indicating a need to update the prior HTA report, such as evidence of opposing findings, substantial harms, superior new treatments, or other major changes in the evidence.

Full Report

1. Introduction

The State of Washington's Health Technology Assessment (HTA) Program published a health technology assessment (HTA) titled "Sacroiliac Joint Fusion" on December 7, 2018.¹ The independent Health Technology Clinical Committee evaluated the findings of this HTA and made an initial coverage determination at its January 18, 2019, meeting, with final adoption of the determination on May 17, 2019. The Committee's Coverage Decision for sacroiliac (SI) joint fusion is summarized in Section 1.1 below. At the request of the state's HTA program, we conducted a signal search to determine whether evidence suggesting a need for an update to the previous HTA is warranted. This report summarizes the findings of this signal search.

1.1 Coverage Determination 2019

In adults 18 years old or older with chronic SI joint pain related to degenerative sacroiliitis or SI joint disruption, minimally invasive and open SI joint fusion procedures is not a covered benefit. The rationale for the committee's decision was as follows:

Based on the deliberations of key health outcomes the committee decided that it had the most complete information: a comprehensive and current evidence report, public comments, and state agency utilization information. The committee decided that the current evidence on sacroiliac joint fusion is sufficient to make a determination on this topic. The committee discussed and voted on the evidence for the use of sacroiliac joint fusion. The committee considered the evidence and gave greatest weight to the evidence it determined, based on objective factors, to be the most valid and reliable. Based on these findings, the committee voted to not cover minimally invasive or open sacroiliac joint fusion for sacroiliac chronic joint pain related to degenerative sacroiliitis and/or sacroiliac joint disruption for adults 18 years old and older.^{1(p2)}

The committee's determination was not consistent with the UK National Institute for Health and Care Excellence (NICE) and AIM Specialty Health guidance. The committee's determination included consideration of local, clinical expert considerations related to the complexities of revision surgeries; concerns related to diffusion; and uncertainty of evidence for safety and cost-effectiveness.

1.2 Key Findings From 2018 HTA

The key questions from the original HTA included the following:

Efficacy Question 1 (EQ1). What is the effectiveness and comparative effectiveness of SI joint fusion surgery on health outcomes?

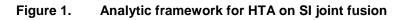
Effectiveness Question (EQ1a): What is the comparative effectiveness of various SI joint fusion surgeries on intermediate efficacy outcomes?

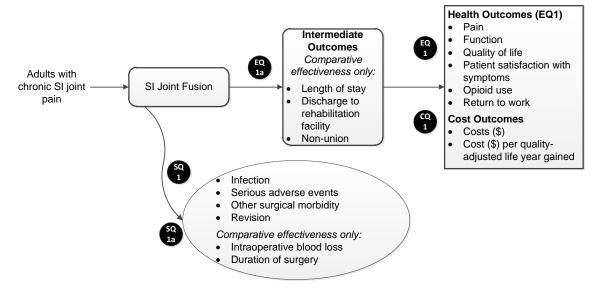
Safety Question 1 (SQ1). What is the safety of SI joint fusion surgery?

Safety Question 1a (SQ1a): What is the comparative effectiveness of various SI joint fusion surgeries on intermediate safety outcomes?

Cost Question 1 (CQ1). What is the cost and cost-effectiveness of SI joint fusion surgery?

We also used the following analytic framework (*Figure 1*) to guide the 2019 HTA:





Abbreviations: CQ = cost question; EQ = efficacy question; HTA = health technology assessment; SI = sacroiliac; SQ = safety question.

Detailed study selection criteria are available in the full report. In brief, we included randomized controlled trials (RCTs), controlled trials, and controlled cohort studies (CCS) for all research questions. We also included uncontrolled trials or cohort studies for the safety research question. We rated individual study risk of bias using standard rating instruments, and graded the certainty of evidence for each comparison and outcome domain using the Grading of Recommendations Assessment, Development and Evaluation approach.²

The 2018 HTA included 43 primary research studies published between 1987 and 2018. Eight studies (2 RCTs, 6 CCSs) provided evidence on efficacy or comparative effectiveness (EQ1), 39 studies (2 RCTs, 5 CCSs, and 32 uncontrolled studies) provided evidence on safety (SQ1), and 3 studies provided evidence on costs or cost-effectiveness (CQ1). Controlled studies enrolled participants based on standardized diagnostic criteria for chronic SI joint pain and dysfunction, including physical exam criteria, radiographic tests excluding other pathology, and pain relief in response to diagnostic SI joint injection under imaging guidance.

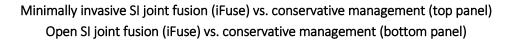
Two RCTs and 6 CCSs reported on efficacy and safety outcomes. The evidence maps comparing minimally invasive SI joint fusion with iFuse to conservative management, open SI joint fusion

to conservative management, and minimally invasive SI joint fusion (iFuse) to open SI joint fusion are depicted in *Figure 2*.

For the comparison of iFuse to conservative management, the evidence was *moderate-certainty* for benefit on pain, function/disability, and quality of life at up to 6 months from 2 RCTs, and *very low-certainty* for benefit on pain and disability at up to 3.5 years in the CCS. This report also concluded with *low-certainty evidence* from 2 RCTs and *very low-certainty evidence* from 1 CCS that no difference in serious adverse events between surgery and conservative management exists, though serious adverse events from surgery were not frequent in controlled studies and they may be higher in usual practice based on data from uncontrolled studies. Based on *moderate-certainty evidence* from 2 RCTs and *very low-certainty evidence* from 1 CCS, the incidence of revision surgery by 2 years was estimated to be no higher than 3.4%.

The evidence comparing open SI joint fusion to conservative management based on 1 CCS was *very low certainty* for no difference in pain, physical function, or quality of life over the long term (11 to 23 years) and the evidence comparing iFuse to open SI joint fusion based on 3 CCSs was *very low certainty*, with some evidence of benefit on pain and length of hospital stay for iFuse, but no difference or mixed findings on physical function, adverse events, and revision surgery outcomes.

Figure 2. Evidence maps from 2018 HTA on SI joint fusion



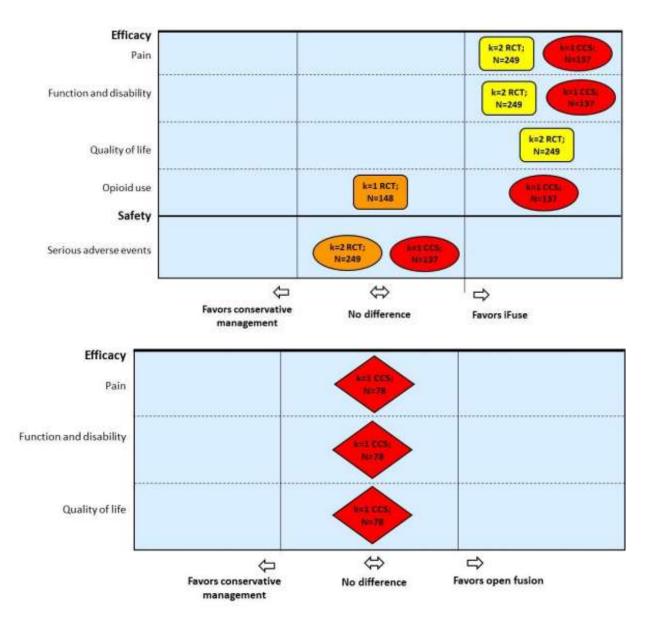
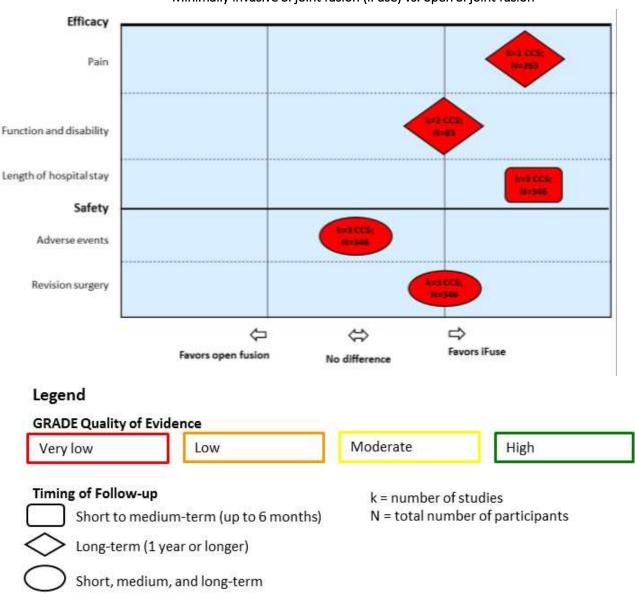


Figure 2 (continued). Evidence maps from 2018 HTA on SI joint



Minimally invasive SI joint fusion (iFuse) vs. open SI joint fusion

Note: placement of shape along the X-axis does not indicate magnitude of effect

Abbreviations: CCS = controlled cohort study; CQ = cost question; EQ = efficacy question; HTA = health technology assessment; RCT = randomized controlled trial; SI = sacroiliac; SQ = safety question.

In addition to the 2 RCTs and 6 CCSs evaluating both efficacy and safety of SI joint fusion, we identified 32 uncontrolled studies that reported safety outcomes from various SI joint fusion procedures. Eight studies evaluated open fusion procedures, and the rest evaluated various minimally invasive fusion procedures. We rated half of these uncontrolled studies as high risk of bias. The ways in which study authors defined and monitored adverse events, including the time frame over which participants were followed, varied greatly. Prospective uncontrolled trials were more likely to actively monitor participants and report all adverse events participants experienced during the study time frame, regardless of whether the event was device or procedure related. Some studies reported only whether major complications of surgery occurred.

Among the 13 uncontrolled studies evaluating the iFuse Implant System, the frequency of adverse events that were definitely or probably related to the device or procedure ranged from 0% to 30%. One study retrospectively evaluated the frequency of adverse events after minimally invasive SI joint fusion using a large insurance claims database from 2007 through 2014. Study authors could not report the specific procedures or systems used based on available data. The overall incidence of complications was 13.2% at 90 days and 16.4% at 6 months among 469 claimants that had received surgery. In these 13 studies, the frequency of revision surgery ranged from 0% to 8%. The largest of these studies reported the incidence of revision based on the manufacturer's postmarket surveillance database over the years 2009 through 2014. Of 11,388 participants who underwent an initial procedure with iFuse, 320 (2.8%) underwent a revision, and 63% of the revisions occurred within the first year postoperatively.

2. Methods

To determine the need for an HTA update, we used several modifications to the method initially described by Shojania et al. at the University of Ottawa based on qualitative and quantitative signals that a conclusion from an evidence review is out-of-date.³⁻⁵ Our modification to this method included 1) conducting a comprehensive update search using the original search from the prior HTA and 2) evaluating every study identified for whether it included a signal suggesting the need for an update (see Section 2.3).

2.1 Literature Search

We searched MEDLINE[®] (via PubMed) for relevant English-language studies between January 1, 2018, and September 1, 2020, allowing an overlap of 6 months with the previous search. The search strategy is described in detail in *Appendix A*. In addition, we reviewed suggested references submitted by stakeholders to the State's HTA Program. In brief, we used medical subject headings (MeSH terms) and text words associated with "sacroiliac joint" and "fusion." We limited the search by eliminating studies indexed using terms for infants, children, adolescents, and animals. We used MeSH terms to remove editorials, letters, and publication types that do not represent primary research studies from the search yield.

2.2 Study Selection

We sought to identify new primary research studies that addressed the research questions and study selection criteria used in the original HTA. In addition, we sought systematic reviews to hand search for potentially missed primary research studies. The study selection criteria are briefly described below:

- Population: adults with chronic SI joint pain and positive diagnostic tests
- Intervention(s): open SI joint fusion, minimally invasive SI joint fusion
- Comparator(s): fusion surgery (head-to-head comparison), active conservative treatment, no treatment
- Outcomes: pain, physical function, quality of life, patient satisfaction, opioid use, return to work, infection, surgical morbidity, adverse events, revision surgery, costs, and cost-effectiveness We also considered the following outcomes from head-to-head studies—length of stay, non-union, discharge to rehabilitation facility, intraoperative blood loss, and duration of surgery.
- Study design(s): RCTs, controlled trials, CCSs, and systematic reviews of similar scope; we also considered uncontrolled studies for the safety question, and cost analyses for the cost question
- Setting: inpatient or outpatient settings from countries as assessed as *very high* on the United Nations Human Development Index⁶
- Other: English-language, no restrictions on time period included

2.3 Data Abstraction and Signal Assessment

Two reviewers evaluated titles/abstracts retrieved through our search; we reviewed the full text of those deemed relevant based on a review of the title/abstract. If a study met the study selection criteria, we abstracted brief information about the population, intervention, and comparator (if applicable) into a structured form. We then captured brief information about whether the outcomes reported by the study were new, consistent with previous findings, or inconsistent with previous findings and any notable details related to the results presented that might affect a decision on whether to update the previous HTA. Lastly, we assigned a code when studies we reviewed suggested a signal for potentially invalidating changes in evidence or for signals of major changes in evidence. *Table 1* describes the signals we applied, if applicable. If we did not identify any signals for an update, then no signal code was assigned.

Signal Code	Description						
Criteria for	Criteria for Signals of Potentially Invalidating Changes in Evidence						
A1	Opposing findings: A pivotal trial or systematic review (or guidelines) including at least 1 new trial that characterized the treatment in terms opposite to those used earlier						
A2	Substantial harm: A pivotal trial or systematic review (or guidelines) whose results called into question the use of the treatment based on evidence of harm or that did not proscribe use entirely but did potentially affect clinical decision making						
A3	A superior new treatment: A pivotal trial or systematic review (or guidelines) whose results identified another treatment as significantly superior to the one evaluated in the original review, based on efficacy or harm						
Criteria for	Signals of Major Changes in Evidence						
A4	Important changes in effectiveness short of "opposing findings"						
A5	Clinically important expansion of treatment						
A6	Clinically important caveat						
A7	Opposing findings from discordant meta-analysis or nonpivotal trial						
Quantitativ	Quantitative Criteria for Signals of Potentially Invalidating Changes in Evidence						
B1	A change in statistical significance (from nonsignificant to significant)						
B2	A change in relative effect size of at least 50%						

Table 1.Summary of signal codes used to describe studies identified in a signal searchbased on Ottawa Method

3. Results

3.1 Search Yield and Overview of Studies

We identified 118 unique, new citations from the PubMed search and 3 additional citations identified from hand searching or from stakeholder correspondence. We reviewed 29 citations at full-text and included 11 articles representing 11 unique studies that met the study selection criteria used in the prior HTA report. The list of articles we screened at the full-text stage, but which we excluded, is provided in *Appendix B*. Note that articles may have been excluded for more than 1 reason, but we report only 1 reason. *Table 2* provides a summary of the included studies; detailed information about these studies is provided in *Tables C-1* and *C-2* in *Appendix C*.

Study	Study Status	Design	Eligible Research Questions	Interventions (Sample Size)	Signal Code Assigned*
Dengler et al., 2019 ¹² iMIA	Previously included study <u>13-15</u>	RCT	Efficacy, safety	 iFuse MI-SIJF (54 originally randomized; 47 with 2-year follow-up) Conservative management (51 randomized, 46 with 2-year follow-up) 	No code; findings consistent with prior HTA
Buysman et al., 2018 ^{<u>19</u>}	New study	Single- group cohort (R)	Safety, cost	 Unknown MI-SIJF (302; based on administrative claims data) 	No code; findings consistent with prior HTA
Cher et al., 2018 ^{<u>20</u>}	New study	Single- group cohort (R)	Safety	 iFuse MI-SIJF (standard iFuse, 11,070; iFuse-3D 3,140) 	No code; findings consistent with prior HTA
Claus et al., 2020 ⁷	New study	Controlled cohort	Efficacy, safety	 Rialto MI-SIJF (74) iFuse MI-SIJF (82) 	No code; no comparison in prior HTA
Cleveland et al., 2019 ¹⁶	New study	Single- group cohort (R)	Safety	Modified MI-SIJF with iFuse and limited open computer navigation for direct decortication and graft placement (50)	No code; findings consistent with prior HTA
Mao et al., 2018 ²²	New study	Single- group cohort (R)	Safety	iFuse MI-SIJF (24)	No code; findings consistent with prior HTA
Murakami et al., 2018 ²¹	New study	Single- group cohort (P)	Safety	Open SIJF (27)	No code; findings consistent with prior HTA
Patel et al., 2019 ^{<u>11</u>} SALLY	New study	Uncontrolled trial	Safety	iFuse 3D MI-SIJF (28 interim enrollment, study is targeting 50 total)	No code; findings consistent with prior HTA
Rainov et al., 2019 <u>17</u>	New study	Single- group cohort (R)	Safety	iFuse MI-SIJF (160)	No code; findings consistent with prior HTA
Rajpal et al., 2018 ^{<u>18</u>}	New study	Single- group cohort (R)	Safety	Rialto MI-SIJF (24)	No code; findings consistent with prior HTA
Whang et al., 2019 ^g LOIS	Previously included study <u>8-10</u>	Single- group cohort (P)	Safety	iFuse MI-SIJF (103 of 127 participants from INSITE/SIFI trials began LOIS; 93 with 5-year data available)	No code; findings consistent with prior HTA

Table 2	Summary	of eligible	ahi zaihutz	ntified in signa	l search for SI	inint fusion
Table 2.	Summary	of engine	studies lue	nunieu în signa	ii search for Sr	Joint Iusion

Notes: *See Table 1 for list of signal codes, if no signal identified then no code was assigned.

Abbreviations: HTA = health technology assessment; iMIA = iFuse Implant System Minimally Invasive Arthrodesis; INSITE = Investigation of Sacroiliac Fusion Treatment ; LOIS = Long Term Outcomes from INSITE and SIFI; MI-SIJF = minimally-invasive sacroiliac joint fusion; P = prospective; R = retrospective; RCT= randomized controlled trial; SALLY = Study of Bone Growth in the Sacroiliac Joint after Minimally Invasive Surgery with Titanium Implants; SI = sacroiliac; SIFI = Sacroiliac Joint Fusion with iFuse Implant System; SIJF = sacroiliac joint fusion.

3.2 Study Characteristics

Of the 11 studies we identified, 2 publications^{8,12} were articles providing outcomes at additional time points in follow-up for studies that were included in the prior report.^{8,12} The study authored by Dengler et al.¹² provided outcome data at 2 years of follow-up for the iFuse Implant System Minimally Invasive Arthrodesis (iMIA) study, an RCT that compared minimally invasive SI joint fusion with the iFuse Implant System to conservative management, consisting of 1) optimization of medical therapy, 2) individualized physical therapy that focused on mobilization and stabilization exercises for control and stability, and 3) adequate information and reassurance

of the patient as part of a multifactorial treatment. The new article provided longer term data for pain, function/disability, quality of life, change in opioid use, and adverse events. The study authored by Whang et al.⁸ provided outcome data at 5 years of follow-up for the Long Term Outcomes from INSITE and SIFI (LOIS) study,^{9,10} a prospective longitudinal cohort of participants that received iFuse as part of the Investigation of Sacroiliac Fusion Treatment (INSITE) RCT²³⁻²⁵ or as part of the uncontrolled, multicenter Sacroiliac Joint Fusion with iFuse Implant System (SIFI) trial.²⁶⁻²⁸ The results for revision surgery and adverse events presented in LOIS would be eligible for the safety research question in an update, but the efficacy results presented in LOIS would not be eligible because the study was uncontrolled.

The remaining 9 studies we identified are new, unique studies published after the date of the search used in the previous HTA.^{7,11,16-22} Only 1 of these 9 studies included a comparison group and, thus, would be eligible to be included in updates of both the efficacy and safety research questions. Claus et al.⁷ compared minimally invasive SI joint fusion with cylindrical implants using the Rialto system to minimally invasive SI joint fusion with iFuse. Of the other 8 studies, 6 studies $\frac{16-20,22}{10}$ were retrospective uncontrolled cohort studies, 1 study $\frac{21}{10}$ was a prospective uncontrolled cohort study, and 1 study¹¹ was an uncontrolled trial. These studies would be eligible for the safety research questions in an update, but they would not be eligible for the efficacy research question because the studies were not controlled. Five of the 8 new uncontrolled studies evaluated the iFuse minimally invasive SI joint fusion system, 11,16,17,20,22 but 1 of these studies¹⁶ evaluated a modification that involved a limited open approach for direct decortication and graft placement. Of the remaining 3 studies, 1 study evaluated minimally invasive SI joint fusion with cylindrical implants (Rialto),¹⁸ 1 study evaluated open SI joint fusion,²¹ and 1 study evaluated administrative claims for minimally invasive SI joint fusion from a larger insurer, and the specific device or approach was not known.¹⁹ Further, this study only reported cost outcomes and was the only article we identified that reported cost outcomes.

The populations enrolled in the studies identified during this signal search assessment were similar to the populations enrolled in studies identified in the previous HTA. Nine of the studies enrolled participants with chronic (at least 3 to 6 months) back pain consistent with SI joint origin based on history, 3 or more provocative physical examination maneuvers, and relief of pain after diagnostic SI joint injection performed under imaging guidance. The other 2 studies were based on administrative claims¹⁹ and a manufacturer registry of complaints²⁰; thus, clinical details about the participants who received SI joint fusion procedures were not available.

3.3 Signals Identified and Concordance With Previous HTA Findings

Across the body of new evidence identified, we did not identify any signals for an update; thus, no signal codes were assigned. We briefly describe our assessment of the findings for the articles eligible for the efficacy research question (k = 2), articles eligible for the safety question (k = 2 controlled studies, and 8 uncontrolled studies), and articles eligible for the cost question (k = 1) We also comment on the evidence presented for efficacy in the uncontrolled studies identified, though these studies would not be eligible for a future update but may provide additional context for decision making.

3.3.1 Efficacy of SI Joint Fusion (2 Controlled Studies)

Dengler et al.¹² reported outcome data at 2 years for the iMIA trial; we included the previously reported 6-month follow-up data in the prior HTA. Twenty-one participants in the conservative management arm had crossed over to receive surgery after the 6-month follow-up point, and the last observation carried forward method was used to impute pre-crossover data for all efficacy outcomes for these participants. The larger improvements in pain, function, and quality of life that were observed at 6 months persisted at 2 years. New data related to opioid use were reported in this article; a lower proportion of persons allocated to surgery were still using opioids at 2 years relative to the conservative management group.¹³⁻¹⁵

Claus et al.⁷ reported on a head-to-head comparison of 2 minimally invasive SI joint fusion systems (Rialto vs. iFuse) in a controlled cohort study; no head-to-head comparisons were included in the prior HTA. For both study arms, there was a significant improvement in all efficacy outcomes (pain, function/disability, quality of life) at 6 months when compared to their preoperative values. The authors reported no significant difference between study arms at the 6-month follow-up or 1-year follow-up in efficacy outcomes.

Uncontrolled studies were not eligible for inclusion in the prior HTA. Seven of the 9 uncontrolled studies we identified as part of this signal search assessment reported pre/post efficacy outcomes; all reported pain outcomes and all but 1 reported function/disability measures. In these studies, pain and function/disability improved post-operatively compared to baseline. Further, the magnitudes of improvements reported by authors are consistent with the magnitudes of improvements seen in controlled studies of minimally invasive SI joint fusion.

3.3.2 Safety of SI Joint Fusion (2 Controlled Studies and 8 Uncontrolled Studies)

Dengler et al.¹² reported outcomes at 2 years for the iMIA trial, which we included in the prior HTA for outcomes reported up to 6 months. At follow-up after 6 months, 3 additional adverse events probably or definitely related to the study device or procedure occurred in the conservative management group compared to 0 in the SI joint fusion group. The authors reported 27 additional adverse events in the conservative management group and 34 in the SI joint fusion group that were not related to the study device or procedure. At 2 years, 2 cases of revision surgery were reported: 1 was in a patient who crossed over from conservative management, and the other was in a participant originally allocated to iFuse.

Claus et al.² reported safety outcomes for the comparison of the Rialto and iFuse minimally invasive SI joint fusion procedures; this comparison was not reported in the previous HTA. No significant differences between study arms were observed. The incidence of revision surgery in the iFuse study arm was similar to the incidence reported in studies that evaluated iFuse included in the prior HTA.

Five of the 8 new uncontrolled studies evaluated minimally invasive SI joint fusion procedures (iFuse, iFuse 3D, or Rialto), and the incidence of revision surgery was reported by 4 of them. The incidence was 0% in 2 of them and was rare in the other 2 studies, similar to what was reported in the prior HTA. Similarly, the rates of adverse events in these studies were consistent with what was reported in the prior HTA.

One of the 8 uncontrolled studies, Murakami et al.,²¹ was a prospective, uncontrolled cohort study that evaluated 2 approaches (anterior or pararectal) to open SI joint fusion. In the prior HTA, a limited number of studies evaluated open fusion; no intraoperative complications were reported, and post-operative complications ranged from 2.3% to 35% across the studies that were included. In the Murakami et al. study, the reporting of events did not allow a direct comparison of incidence of adverse events with previous studies because data were reported for individual events. In this study, 1 of 27 participants experienced a hematoma, 7 of 27 participants had lateral femoral cutaneous neuralgia, 14 of 27 participants had pain develop on the unaffected side that required SI joint injections, and 2 of these persons also required pelvic ring fusion. Symptoms worsened in 3 of 27 patients after surgery. These findings are consistent with the incidences reported in the prior HTA from the controlled studies and among the 8 uncontrolled studies that reported on open procedures.

One of the 8 uncontrolled studies was an analysis of data from a registry of participants who had received iFuse maintained by the manufacturer.²⁰ This analysis included 14,210 participants, of whom 3,140 had received the 3D-printed version of iFuse, which became available in 2017 and was reported to have been used in 80% of such surgeries since 2018. The rest received the original, machined version of the device. The findings reported in this article are consistent with previously reported post-marketing surveillance results of iFuse. Among the 14,210 cases, 435 revisions occurred (409 in iFuse cases and 26 in iFuse-3D cases) for an overall incidence of 3.06%; the incidence for the machined-version of iFuse was 3.7% compared to 0.83% for the 3D-printed version. The 2-year revision rate for 2012–2014 reported in the prior post-marketing surveillance study (2.2%) was the same as that observed in the current study (2.3%). Notably, no instances of device breakage or migration occurred with the 3D implant, and no new types of complaints related to the device were identified.

Lastly, 1 of the 8 uncontrolled studies reported on a modified minimally invasive placement of the iFuse Implant System that involved a limited direct approach using computer navigation and direct decortication and graft placement. This study reported no revision surgeries after 22 months of follow-up, and the number of adverse events reported was consistent with the previous HTA.

3.3.3 Cost of SI Joint Fusion (1 Uncontrolled Study)

One uncontrolled study using claims from a larger insurer compared costs associated with low back pain for the period of time before SI joint fusion to costs associated with low back pain for the period after surgery.¹⁹ No comparable cost results were reported in the prior HTA. From this study, median costs were statistically significantly lower between the pre- and post-surgery periods; mean costs were lower but not statistically significantly different.

4. Discussion and Conclusions

We identified 11 new articles evaluating SI joint fusion, of which 9 represented new, unique studies. The preponderance of new evidence reports on minimally invasive procedures, with the most evidence for the iFuse system. We did not identify any signals indicating a need to update

the prior HTA report, such as evidence of opposing findings, substantial harms, superior new treatments, or other major changes in the evidence.

Additional long-term data from 1 RCT continue to indicate there is a benefit in terms of pain, function/disability, and quality of life for iFuse compared to conservative management. A new head-to-head controlled cohort study comparing iFuse with the Rialto minimally invasive surgery reported no significant differences in efficacy or safety outcomes. Data from controlled and uncontrolled studies suggest that the need for revision surgery is infrequent; adverse events vary across studies and are difficult to interpret because of differences in ascertainment methods and study reporting. The evidence continues to suggest that open fusion approaches for SI joint dysfunction are likely to be associated with high rates of revision surgery and adverse events. However, open approaches may be appropriate for clinical indications other than chronic SI joint pain and dysfunction (e.g., infection, tumor, trauma). Cost data were only reported in 1 newly identified study and were not directly comparable to previously reported findings because of differences in methods used.

4.1 Limitations

This signal search assessment has several limitations. First, we searched only 1 electronic database (PubMed); therefore, we may have missed relevant studies published in journals not indexed in PubMed. Second, we conducted a limited data abstraction and assessment of the evidence; we did not conduct risk-of-bias assessments of studies that we identified, and we did not perform certainty of evidence assessments.

4.2 Conclusion

Newly identified evidence from 11 studies is consistent with findings from the previous HTA. We did not identify any signals suggesting major changes in the evidence or changes that would invalidate the prior HTA findings.

References

- Washington State Health Care Authority. Sacroiliac joint fusion. <u>https://www.hca.wa.gov/about-hca/health-technology-assessment/sacroiliac-joint-fusion</u>. Published 2020. Accessed October 26, 2020.
- 2. Guyatt GH, Oxman AD, Vist GE, et al. GRADE: an emerging consensus on rating quality of evidence and strength of recommendations. *BMJ*. 2008;336(7650):924-926. PMID: <u>18436948</u>. doi: 10.1136/bmj.39489.470347.AD
- 3. Shekelle PG, Newberry SJ, Wu H, et al. AHRQ methods for effective health care. *Identifying signals for updating systematic reviews: a comparison of two methods.* Rockville, MD: Agency for Healthcare Research and Quality; 2011.
- 4. Shojania KG, Sampson M, Ansari MT, et al. AHRQ technical reviews. *Updating systematic reviews*. Rockville, MD: Agency for Healthcare Research and Quality; 2007.
- Shojania KG, Sampson M, Ansari MT, Ji J, Doucette S, Moher D. How quickly do systematic reviews go out of date? A survival analysis. *Ann Intern Med.* 2007;147(4):224-233. PMID: <u>17638714</u>. doi: 10.7326/0003-4819-147-4-200708210-00179
- 6. United Nations Development Programme. Human Development Index. Website. <u>http://hdr.undp.org/en/composite/HDI</u>. Published 2016. Accessed October 15, 2017.
- Claus CF, Lytle E, Kaufmann A, et al. Minimally invasive sacroiliac joint fusion using triangular titanium versus cylindrical threaded implants: a comparison of patient-reported outcomes. *World Neurosurg.* 2020;133:e745-e750. PMID: <u>31605853</u>. doi: 10.1016/j.wneu.2019.09.150
- 8. Whang PG, Darr E, Meyer SC, et al. Long-term prospective clinical and radiographic outcomes after minimally invasive lateral transiliac sacroiliac joint fusion using triangular titanium implants. *Med Devices (Auckl)*. 2019;12:411-422. PMID: <u>31576181</u>. doi: 10.2147/mder.S219862
- 9. Darr E, Meyer SC, Whang PG, et al. Long-term prospective outcomes after minimally invasive trans-iliac sacroiliac joint fusion using triangular titanium implants. *Med Devices (Auckl)*. 2018;11:113-121. PMID: <u>29674852</u>. doi: 10.2147/mder.s160989
- 10. Darr E, Cher D. Four-year outcomes after minimally invasive transiliac sacroiliac joint fusion with triangular titanium implants. *Med Devices (Auckl)*. 2018;11:287-289. PMID: 30214322. doi: 10.2147/mder.S179003
- Patel V, Kovalsky D, Meyer SC, et al. Minimally invasive lateral transiliac sacroiliac joint fusion using 3D-printed triangular titanium implants. *Med Devices (Auckl)*. 2019;12:203-214. PMID: <u>31239791</u>. doi: 10.2147/mder.S205812
- 12. Dengler J, Kools D, Pflugmacher R, et al. Randomized trial of sacroiliac joint arthrodesis compared with conservative management for chronic low back pain attributed to the sacroiliac joint. *J Bone Joint Surg Am.* 2019;101(5):400-411. PMID: <u>30845034</u>. doi: 10.2106/jbjs.18.00022
- 13. Dengler JD, Kools D, Pflugmacher R, et al. 1-year results of a randomized controlled trial of conservative management vs. minimally invasive surgical treatment for sacroiliac joint pain. *Pain Physician*. 2017;20(6):537-550. PMID: <u>28934785</u>.
- 14. Dengler J, Sturesson B, Kools D, et al. Referred leg pain originating from the sacroiliac joint: 6-month outcomes from the prospective randomized controlled iMIA trial. *Acta*

Neurochir (Wien). 2016;158(11):2219-2224. PMID: <u>27629371</u>. doi: 10.1007/s00701-016-2953-7

- Sturesson B, Kools D, Pflugmacher R, Gasbarrini A, Prestamburgo D, Dengler J. Sixmonth outcomes from a randomized controlled trial of minimally invasive SI joint fusion with triangular titanium implants vs conservative management. *Eur Spine J.* 2017;26(3):708-719. PMID: <u>27179664</u>. doi: 10.1007/s00586-016-4599-9
- 16. Cleveland AW, Nhan DT, Akiyama M, Kleck CJ, Noshchenko A, Patel VV. Mini-open sacroiliac joint fusion with direct bone grafting and minimally invasive fixation using intraoperative navigation. *J Spine Surg.* 2019;5(1):31-37. PMID: <u>31032436</u>. doi: 10.21037/jss.2019.01.04
- Rainov NG, Schneiderhan R, Heidecke V. Triangular titanium implants for sacroiliac joint fusion. *Eur Spine J.* 2019;28(4):727-734. PMID: <u>30564865</u>. doi: 10.1007/s00586-018-5860-1
- Rajpal S, Burneikiene S. Minimally invasive sacroiliac joint fusion with cylindrical threaded implants using intraoperative stereotactic navigation. *World Neurosurg*. 2019;122:e1588-e1591. PMID: <u>30476656</u>. doi: 10.1016/j.wneu.2018.11.116
- 19. Buysman EK, Halpern R, Polly DW. Sacroiliac joint fusion health care cost comparison prior to and following surgery: an administrative claims analysis. *Clinicoecon Outcomes Res.* 2018;10:643-651. PMID: <u>30410374</u>. doi: 10.2147/ceor.S177094
- 20. Cher D, Wroe K, Reckling WC, Yerby S. Postmarket surveillance of 3D-printed implants for sacroiliac joint fusion. *Med Devices (Auckl)*. 2018;11:337-343. PMID: <u>30319290</u>. doi: 10.2147/mder.S180958
- Murakami E, Kurosawa D, Aizawa T. Sacroiliac joint arthrodesis for chronic sacroiliac joint pain: an anterior approach and clinical outcomes with a minimum 5-year follow-up. *J Neurosurg Spine*. 2018;29(3):279-285. PMID: <u>29932359</u>. doi: 10.3171/2018.1.Spine17115
- 22. Mao G, Aldahak N, Kusyk D, et al. A consideration for the utility of the post-operative Oswestry Disability Index for measuring outcomes after sacroiliac joint fusion. *Orthop Rev* (*Pavia*). 2018;10(2):7549. PMID: <u>30057723</u>. doi: 10.4081/or.2018.7549
- 23. Whang P, Cher D, Polly D, et al. Sacroiliac joint fusion using triangular titanium implants vs. non-surgical management: six-month outcomes from a prospective randomized controlled trial. *Int J Spine Surg.* 2015;9:6. PMID: <u>25785242</u>. doi: 10.14444/2006
- 24. Polly DW, Cher DJ, Wine KD, et al. Randomized controlled trial of minimally invasive sacroiliac joint fusion using triangular titanium implants vs nonsurgical management for sacroiliac joint dysfunction: 12-month outcomes. *Neurosurgery*. 2015;77(5):674-690; discussion 690-671. PMID: <u>26291338</u>. doi: 10.1227/neu.00000000000988
- 25. Polly DW, Swofford J, Whang PG, et al. Two-year outcomes from a randomized controlled trial of minimally invasive sacroiliac joint fusion vs. non-surgical management for sacroiliac joint dysfunction. *Int J Spine Surg.* 2016;10:28. PMID: <u>27652199</u>. doi: 10.14444/3028
- 26. Duhon BS, Cher DJ, Wine KD, Lockstadt H, Kovalsky D, Soo CL. Safety and 6-month effectiveness of minimally invasive sacroiliac joint fusion: a prospective study. *Med Devices (Auckl)*. 2013;6:219-229. PMID: <u>24363562</u>. doi: 10.2147/mder.s55197
- 27. Duhon BS, Bitan F, Lockstadt H, Kovalsky D, Cher D, Hillen T. Triangular titanium implants for minimally invasive sacroiliac joint fusion: 2-year follow-up from a

prospective multicenter trial. *Int J Spine Surg.* 2016;10:13. PMID: <u>27162715</u>. doi: 10.14444/3013

28. Duhon BS, Cher DJ, Wine KD, Kovalsky DA, Lockstadt H, Lockstadt H. Triangular titanium implants for minimally invasive sacroiliac joint fusion: a prospective study. *Global Spine J.* 2016;6(3):257-269. PMID: <u>27099817</u>. doi: 10.1055/s-0035-1562912

Appendix A. Search Strategy

PubMed searched from 1/1/208 to 9/1/2020

#1 ((Sacroiliac Joint/surgery[MeSH Terms] OR Sacroiliac Joint/therapy[MeSH Terms] OR (sacroiliac joint[Title/Abstract] AND fusion[Title/Abstract]) OR (sacroiliac joint[Title/Abstract] AND arthrodesis[Title/Abstract]) OR iFuse[Title/Abstract] OR SImmetry[Title/Abstract] OR SI-LOK[Title/Abstract] OR Siconus[Title/Abstract] OR Prolix[Title/Abstract] OR Silex[Title/Abstract] OR TriCor[Title/Abstract] OR M.U.S.T.[Title/Abstract] OR SIFix[Title/Abstract] OR SI-Fix[Title/Abstract] OR INTER FIX[Title/Abstract] OR Rialto[Title/Abstract] OR PathLoc [Title/Abstract] OR SIJFuse[Title/Abstract] OR Entasis[Title/Abstract] OR SiCure[Title/Abstract] OR Re-Live[Title/Abstract] OR SacroFuse[Title/Abstract] OR SImpact[Title/Abstract] OR Tri-Fin[Title/Abstract] OR SambaScrew[Title/Abstract] OR TransFasten[Title/Abstract] OR SiJoin[Title/Abstract] OR PSIF[Title/Abstract] OR (DIANA[Title/Abstract] AND Sacroiliac Joint[Title/Abstract]) OR SI-DESIS[Title/Abstract] OR SICAGE[Title/Abstract]) NOT (Infant[MeSH Terms] OR Child[MeSH Terms] OR Pediatric[Title/Abstract] OR Children[Title/Abstract] OR Case Reports[Publication Type] OR Editorial[Publication Type] OR Letter[Publication Type] OR Patient Education Handout[Publication Type] OR News[Publication Type])) AND Humans[mh:noexp]

#2 ((Sacroiliac Joint/surgery[MeSH Terms] OR Sacroiliac Joint/therapy[MeSH Terms] OR (sacroiliac joint[Title/Abstract] AND fusion[Title/Abstract]) OR (sacroiliac joint[Title/Abstract] AND arthrodesis[Title/Abstract]) OR iFuse[Title/Abstract] OR SImmetry[Title/Abstract] OR SI-LOK[Title/Abstract] OR Siconus[Title/Abstract] OR Prolix[Title/Abstract] OR Silex[Title/Abstract] OR TriCor[Title/Abstract] OR M.U.S.T.[Title/Abstract] OR SIFix[Title/Abstract] OR SI-Fix[Title/Abstract] OR INTER FIX[Title/Abstract] OR Rialto[Title/Abstract] OR PathLoc [Title/Abstract] OR SIJFuse[Title/Abstract] OR Entasis[Title/Abstract] OR SiCure[Title/Abstract] OR Re-Live[Title/Abstract] OR SacroFuse[Title/Abstract] OR SImpact[Title/Abstract] OR Tri-Fin[Title/Abstract] OR SambaScrew[Title/Abstract] OR TransFasten[Title/Abstract] OR SiJoin[Title/Abstract] OR PSIF[Title/Abstract] OR (DIANA[Title/Abstract] AND Sacroiliac Joint[Title/Abstract]) OR SI-DESIS[Title/Abstract] OR SICAGE[Title/Abstract]) NOT (Infant[MeSH Terms] OR Child[MeSH Terms] OR Pediatric[Title/Abstract] OR Children[Title/Abstract] OR Case Reports[Publication Type] OR Editorial[Publication Type] OR Letter[Publication Type] OR Patient Education Handout[Publication Type] OR News[Publication Type])) NOT Animals[mh:noexp]

#3 (#1 OR #2)

#4 (#1 OR #2) Filters: English

Appendix B. List of Excluded Studies

- X1: Ineligible study design
- X2: Ineligible population
- X3: Ineligible intervention
- X4: Ineligible comparator
- X5: Ineligible outcomes
- X6: Ineligible setting
- X7: Ineligible country
- Bayerl SH, Finger T, Heiden P, et al. Radiofrequency denervation for treatment of sacroiliac joint pain-comparison of two different ablation techniques. *Neurosurg Rev.* 2020;43(1):101-107. PMID: 30066034. doi: 10.1007/s10143-018-1016-3. Exclude: X3
- Cher D, Reckling C. Health care economics of SI joint fusion. *Techniques in Orthopaedics*. 2019;34(2). . Exclude: X1
- Dale M, Evans J, Carter K, O'Connell S, Morgan H, Carolan-Rees G. iFuse implant system for treating chronic sacroiliac joint pain: a NICE medical technology guidance. *Appl Health Econ Health Policy*. 2020;18(3):363-373. PMID: 31879828. doi: 10.1007/s40258-019-00539-7. Exclude: X8
- Diesing D, Franke J, Tschoeke SK, Schultheiß R, Scheufler KM. Persistent iliosacral joint syndrome following instrumentation to the sacropelvis in patients with adult spinal deformity. *J Neurol Surg A Cent Eur Neurosurg*. 2019;80(1):15-25. PMID: 29852510. doi: 10.1055/s-0038-1655732. Exclude: X2
- Ibrahim R, Telfeian AE, Gohlke K, Decker O. Endoscopic radiofrequency treatment of the sacroiliac joint complex for low back pain: a prospective study with a 2-year follow-up. *Pain Physician*. 2019;22(2):E111-e118. PMID: 30921988. . Exclude: X3

- X8: Systematic review used for handsearch
 X9: Ineligible publication type
 X10: Duplicate or superseded
 X11: Study protocol or study in progress
 X12: Abstract only
 X13: Non-English full-text
 X14. Data missing or uninterpretable
- Lodin J, Prochazka J, Jelinek M, Waldauf P, Sames M, Vachata P. A systematic review of the clinical effi cacy of sacroiliac joint stabilization in the treatment of lower back pain. *Cesk Slov Neurol N.* 2019;82(6). . Exclude: X8
- Maas ET, Juch JNS, Ostelo R, et al. Costeffectiveness of radiofrequency denervation for patients with chronic low back pain: the MINT randomized clinical trials. *Value Health.* 2020;23(5):585-594. PMID: 32389224. doi: 10.1016/j.jval.2019.12.009. Exclude: X3
- Martin CT, Haase L, Lender PA, Polly DW. Minimally invasive sacroiliac joint fusion: the current evidence. *Int J Spine Surg.* 2020;14(Suppl 1):20-29. PMID: 32123654. doi: 10.14444/6072. Exclude: X8
- Mehta V, Poply K, Husband M, Anwar S, Langford R. The effects of radiofrequency neurotomy using a strip-lesioning device on patients with sacroiliac joint pain: results from a single-center, randomized, shamcontrolled trial. *Pain Physician*. 2018;21(6):607-618. PMID: 30508988. . Exclude: X10
- Nyström B, Gregebo B, Taube A, Almgren SO, Schillberg B, Zhu Y. Clinical outcome following anterior arthrodesis in patients with presumed sacroiliac joint pain. *Scand J Pain.* 2017;17:22-29. PMID: 28850369. doi: 10.1016/j.sjpain.2017.06.005. Exclude: X10

- Shamrock AG, Patel A, Alam M, Shamrock KH, Al Maaieh M. The safety profile of percutaneous minimally invasive sacroiliac joint fusion. *Global Spine J.* 2019;9(8):874-880. PMID: 31819854. doi: 10.1177/2192568218816981. Exclude: X8
- Tran ZV, Ivashchenko A, Brooks L. Sacroiliac joint fusion methodology minimally invasive compared to screw-type surgeries: a systematic review and metaanalysis. *Pain Physician*. 2019;22(1):29-40. PMID: 30700066. Exclude: X10
- Unoki E, Miyakoshi N, Abe E, Kobayashi T, Abe T, Shimada Y. Sacroiliac joint pain after multiple-segment lumbar fusion: a long-term observational study-non-fused sacrum vs. fused sacrum. *Spine Surg Relat Res.* 2017;1(2):90-95. PMID: 31440618. doi: 10.22603/ssrr.1.2016-0010. Exclude: X2
- Vanaclocha V, Herrera JM, Sáiz-Sapena N, Rivera-Paz M, Verdú-López F. Minimally invasive sacroiliac joint fusion, radiofrequency denervation, and conservative management for sacroiliac joint pain: 6-year comparative case series.

Neurosurgery. 2018;82(1):48-55. PMID: 28431026. doi: 10.1093/neuros/nyx185. Exclude: X10

- Vanaclocha-Vanaclocha V, Herrera JM, Sáiz-Sapena N, Rivera-Paz M, Verdú-López F. High frequency of lumbar fusion in patients denied surgical treatment of the sacroiliac joint. *Br J Neurosurg*. 2019;33(1):12-16. PMID: 30450999. doi: 10.1080/02688697.2018.1527012. Exclude: X3
- Whelan R, Duhon B. The evidence for sacroiliac joint surgery. *Techniques in Orthopaedics*. 2019;34(2). . Exclude: X1
- Yson SC, Sembrano JN, Polly DW, Jr. Sacroiliac joint fusion: approaches and recent outcomes. *Pm r*. 2019;11 Suppl 1:S114-s117. PMID: 31169362. doi: 10.1002/pmrj.12198. Exclude: X10
- Zhang R, Yin Y, Li S, Hou Z, Jin L, Zhang Y. Percutaneous sacroiliac screw versus anterior plating for sacroiliac joint disruption: a retrospective cohort study. *Int J Surg.* 2018;50:11-16. PMID: 29284149. doi: 10.1016/j.ijsu.2017.12.017. Exclude: X2

Appendix C. Detailed Study Tables

Table C-1. Study and population characteristics for studies evaluating SI joint fusion

Study Identifiers	Study Design	Country	Study Sponsor	Population Enrolled
Claus et al., 2020 ² Minimally Invasive Sacroiliac Joint Fusion Using Triangular Titanium versus Cylindrical Threaded Implants: A Comparison of Patient-Reported Outcomes	Controlled cohort study (two or more groups)	U.S.	Not specified	156 consecutive patients who had SI joint dysfunction and who were considered surgical candidates after failing at least 3 months of conservative treatment; all with confirmed SI joint dysfunction based on physical exam, provocative tests, imaging studies ruling out other pathology, and 2 consecutive SI joint injections under fluoroscopic guidance with at least 60% improvement in pain scores.
Whang et al., 2019 ⁸ .Darr et al., 2018 ⁹ . Darr et al., 2018 ¹⁰ NCT02270203 LOIS – Long Term Outcomes from INSITE and SIFI Long-Term Prospective Clinical And Radiographic Outcomes After Minimally Invasive Lateral Transiliac Sacroiliac Joint Fusion Using Triangular Titanium Implants	Prospective, single-group cohort (or registry)	U.S.	Industry/manufac turer	Subjects included in the current study were enrolled at 12 centers that participated in either INSITE (RCT of minimally invasive SIJ with iFuse vs. conservative management) or SIFI (single-arm trial evaluating same procedure). Patients enrolling in INSITE and SIFI were diagnosed with SIJ dysfunction due to degenerative sacroiliitis or SI joint disruption based on medical history, a positive Fortin Finger test, at least 3 positive physical examination signs suggestive of SIJ dysfunction, and a positive diagnostic SIJ block performed under fluoroscopic or CT guidance.
Patel et al., 2019 ¹¹ NCT03122899 Study of Bone Growth in the Sacroiliac Joint after Minimally Invasive Surgery with Titanium Implants (SALLY) Minimally invasive lateral transiliac sacroiliac joint fusion using 3D-printed triangular titanium implants	Uncontrolled (single-arm) trial	U.S.	Industry/manufac turer	Aged 21–70 years, SIJ pain for at least 6 months inadequately responsive to conservative care, an Oswestry Disability Index (ODI) score of at least 30%, an average visual analogue scale (VAS) pain score of at least 50 points; diagnosis based on standardized algorithm consisting of history, 3 or more provocative physical exam maneuvers, and diagnostic pain injection under imaging guidance with at least a 50% or more decrease in pain at 30 to 60 minutes.
Dengler et al., 2019 <u>12</u> .;Dengler et al., 2017 <u>13</u> :Dengler et al., 2016 <u>14</u> :Sturesson et al., 2016 <u>15</u> NCT01741025 iMIA Randomized Trial of Sacroiliac Joint Arthrodesis Compared with Conservative Management for Chronic Low Back Pain Attributed to the Sacroiliac Joint	RCT	Belgium, Germany , Italy, Sweden	Industry/manufac turer	Adults aged 21–70 years old diagnosed with SI joint pain for >6 months (or >18 months if related to pregnancy), an ODI at baseline of ≥30%, and a low back pain VAS score at baseline of at least 50 points; diagnosis based on history, at least 3 positive provocative physical exam maneuvers, and at least 50% pain reduction in response to image-guided diagnostic joint injection.
Cleveland et al., 2019 <u>16</u> Mini-open Sacroiliac Joint Fusion with Direct Bone Grafting and Minimally	Retrospective, single-group	U.S.	Not specified	Patients who were 18 years or older at time of surgery, underwent primary SI fusion, and had at least 1 postop follow-up visit at 6 weeks; diagnostic criteria for eligibility for surgery not described.

Study Identifiers	Study Design	Country	Study Sponsor	Population Enrolled
Invasive Fixation Using Intraoperative Navigation	cohort (or registry)			
Rainov et al., 2019 ¹⁷ Triangular Titanium Implants for Sacroiliac Joint Fusion	Retrospective, single-group cohort (or registry)	Germany	Not specified	Patients with chronic low back pain and leg pain. All patients had a prior conservative treatment for their pain, and SIJ or lumbar facet joint injections with local anesthetic or steroids drugs that failed to produce long-term pain relief. Diagnosis based on history, at least 3 positive provocative physical exam maneuvers, and 1 or more confirmatory diagnostic SIJ injections under imaging guidance with at least 50% or more pain relief.
Rajpal et al., 2018 ¹⁸ Minimally Invasive Sacroiliac Joint Fusion with Cylindrical Threaded Implants Using Intraoperative Stereotactic Navigation	Retrospective, single-group cohort (or registry)	U.S.	Not specified	Patients with SIJ disruption or sacroiliitis who underwent at least 6 months of conservative treatment; diagnosis based on physical examination, provocative SIJ pain tests, imaging studies, and diagnostic SIJ injections under guidance, but further details not specified.
Buysman et al., 2018 ¹⁹ Sacroiliac Joint Fusion Health Care Cost Comparison Prior to and Following Surgery: An Administrative Claims Analysis	Retrospective, single-group cohort (or registry)	U.S.	Industry/Manufac turer	Adult commercial health plan members 18–64 years old with a medical claim with a CPT code for SIJ fusion (CPT codes 27279, 27280, 0334T) between January 1, 2011, and February 29, 2016; patients were included if they had continuous enrollment in the health plan with medical and pharmacy benefits for 12 months before the index date and for 12 months beginning on the index date.
Cher et al., 201820 Postmarket Surveillance of 3D-Printed Implants for Sacroiliac Joint Fusion	Retrospective, single-group cohort (or registry)	U.S.	Industry/Manufac turer	Complaints reported to manufacturer about iFuse device from persons who received them as part of SIJ fusion procedure. Additional details not provided.
Mao et al., 2018 ²² A Consideration for the Utility of the Post- operative Oswestry Disability Index for Measuring Outcomes after Sacroiliac Joint Fusion	Retrospective, single-group cohort (or registry)	U.S.	Not specified	Patients with localized SIJ pain and a strong clinical diagnosis of sacroiliitis. Patients included in the study had failed at least 6–8 weeks of conservative management and at least 12 months of follow-up data; diagnosis based on 5 provocative maneuvers (number required to be positive not reported) and at least 50% pain relieve after image-guided diagnostic SIJ injections.
Murakami et al., 2018 ²¹ Sacroiliac Joint Arthrodesis for Chronic Sacroiliac Joint Pain: An Anterior Approach and Clinical Outcomes with a Minimum 5-Year Follow-up	Prospective, single-group cohort (or registry)	Japan	Not specified	Patients with low-back pain or leg symptoms; inadequate responsiveness to conservative treatments including stabilization by pelvic belt, manipulation, or SIJ injections for more than 6 months; and marked restrictions in daily living; diagnosis pain over the SIJ, at least 3 positive provocative physical exam manuevers, and reproduction of pain when an injection needle inserted into the SIJ and improvement of at least 70% after local anesthetic block placed under imaging guidance.

Abbreviations: CPT = current procedural terminology; CT = computerized tomography; INSITE = Investigation of Sacroiliac Fusion Treatment; ODI = Oswestry Disability Index; RCT= randomized controlled trial; SI = sacroiliac; SIFI = Sacroiliac Joint Fusion with iFuse Implant System; SIJ = sacroiliac joint; U.S. = United States; VAS = visual analogue scale.

	Intervention (Sample Size)	Efficacy Outcomes Reported		Cost Outcomes
Study Identifier	Comparator (Sample Size)	Consistency with Prior HTA	Safety Outcomes Reported	Reported
Claus et al., 2020 ∠	Intervention:	Pain:	Revision surgery:	No cost outcomes
	Minimally invasive SI joint	VAS	Revision Surgery	reported
	fusion with cylindrical	6 months, 1 year	Adverse Events (AEs):	
	threaded implants (Rialto)	Function/Disability:	No AE reported	Consistency with
	(74)	ODI	Deaths:	prior HTA:
		6 months, 1 year	Death outcomes not reported	NA
	Comparator:		Follow-up time for harms:	
	Minimally invasive SI joint	Short Form (SF)-12 PCS	Up to 3.5 years	
	fusion with triangular dowel	6 months, 1 year		
	implants (iFuse) (82)	Opioid Use:	Consistency with prior HTA:	
		No opioid measures reported	No head-to-head MIS studies	
		Consistency with prior UTA:	included in prior report. iFuse revision	
		Consistency with prior HTA: No head-to-head MIS studies included in prior report.	rate similar to findings from 2019 report. No prior findings for Rialto	
		No significant difference between the cohorts at 6-	revision rate. In this study, slightly	
		month follow-up or 1-year follow-up for either VAS-	higher but NS difference in revision	
		back or VAS-leg (e.g., ODI, or SF-12). For both	rate for Rialto compared to iFuse	
		cohorts, there was a significant improvement in all	(<i>P</i> =.11).	
		efficacy outcomes at 6 months when compared to their	(/).	
		preoperative values.		
Whang et al.,	Intervention:	Pain:	Revision surgery:	No cost outcomes
2019 ⁸	SIJ fusion with iFuse; this	VAS	Revision surgery	reported
Darr et al., 20189	study reports additional	5 years	Adverse Events:	-1
Darr et al., 201810	follow-up data at 5 years for	Function/Disability:	Total AEs	Consistency with
Whang et al.,	an analysis that was included	ODI	Serious AEs	prior HTA:
2019 ⁸	in the prior review (103	5 years	Deaths:	NA
NCT02270203	enrolled from 127 participants	QOL:	Deaths	
LOIS – Long Term	in the original INSITE/SIFI	EQ-5D	Follow-up time for harms:	
Outcomes from	trials) and 93 with 5-year data	5 years	5 years	
INSITE and SIFI	available)	Opioid Use:		
		Change in opioid use	Consistency with prior HTA:	
	Comparator:	5 years	Revision surgery and AE outcomes	
	None		similar to what was previously	
		Consistency with prior HTA:	reported. This study reported on 2	
		Efficacy results not reported in prior report	subjects who died from conditions	
		(uncontrolled studies were not eligible), but pre/post	unrelated to the SIJ, which were not	
		efficacy improvements are sustained (VAS, ODI, EQ-	reported previously.	

o	Intervention (Sample Size)	Efficacy Outcomes Reported		Cost Outcomes
Study Identifier	Comparator (Sample Size)	Consistency with Prior HTA	Safety Outcomes Reported	Reported
		5D) at 5 years, and opioid use continued to decline		
		over the 5 years.		
Patel et al., 201911	Intervention:	Pain:	Revision surgery:	No cost outcomes
NCT03122899	Minimally SIJ fusion surgeries	VAS	No outcomes related to revision	reported
Study of Bone	were performed with iFuse-3D	Pain maps and interference with ADLs	surgery reported	
Growth in the	with optional use of FDA-	3 months, 6 months	Adverse Events:	Consistency with
Sacroiliac Joint	cleared allograft (including	Function/Disability:	Total AEs	prior HTA:
after Minimally	demineralized bone matrix) or	ODI	Serious AEs	NA
Invasive Surgery	autograft (28 [interim	Fully ambulatory	Deaths:	
with Titanium	enrollment, study is targeting	3 months, 6 months	Death outcomes not reported	
Implants (SALLY)	50 total])	QOL:	Follow-up time for harms:	
		EQ-5D	3 months, 6 months	
	Comparator:	3 months, 6 months		
	None	Opioid Use:	Consistency with prior HTA:	
		Change in opioid use	Consistent with safety results in	
		3 months, 6 months	previous report for uncontrolled	
			studies, which ranged from 0% to	
		Consistency with prior HTA:	30% for the frequency of AEs that	
		Findings are consistent with findings in previous report	were definitely or probably related to	
		at 6 months (for controlled studies: efficacy not	the device or procedure for iFuse;	
		reported for uncontrolled studies) for pain,	this study had 4 AEs/28 subjects that	
		function/disabilities, and QOL. For opioid use, changes	were probably or definitely related to	
		were NS in previous report at 6 months, but in this	the study procedure.	
		study there was a significant decrease in use (but no		
		comparator arm).		
Dengler et al.,	Intervention:	Pain:	Revision surgery:	No cost outcomes
201912	Minimally invasive SIJ fusion	VAS	Revision surgery	reported
Dengler et al.,	using triangular titanium	6 months, 2 years	Adverse Events:	
2017 <u>13</u>	implants (iFuse). (54	Function/Disability:	Total AEs	Consistency with
Dengler et al.,	randomized [47 with 2 yr	ODI	Serious AEs	prior HTA:
201614	follow-up data available])	6 months, 2 years	Deaths:	NA
Sturesson et al.,		QOL:	Death outcomes not reported	
2016 <u>15</u>	Comparator:	EQ-5D	Follow-up time for harms:	
NCT01741025	Conservative management	6 months, 2 years	6 months, 2 years	
MIA	consisted of (1) optimization	Opioid Use:		
	of medical therapy, (2)	Change in opioid use	Consistency with prior HTA:	
	individualized PT that focused	2 years	Safety outcomes only reported at less	
	on mobilization and		than or equal to 6 months or greater	
			I man or equal to o months or greater	

Study Identifier	Intervention (Sample Size)	Efficacy Outcomes Reported	Sefety Outcomes Departed	Cost Outcomes
Study Identifier	Comparator (Sample Size) stabilization exercises for	Consistency with Prior HTA Consistency with prior HTA:	Safety Outcomes Reported than 6 months (unclear at which point	Reported
	control and stability, and (3)	21 studies in the comparator arm crossed over to	they occurred between 6 months and	
	adequate information and	receive surgery after the 6-month follow-up point, and	2 years). For >6 months, 3 additional	
	reassurance of the patient as	the last observation carried forward method was	AEs in conservative management	
	part of a multifactorial	imputed for the patients who crossed over. Larger	group occurred and 0 in SIJ fusion	
	treatment. (51 randomized [46	improvements in pain, function, and QOL that were	group that were probably or definitely	
	with 2-year follow-up data])	observed at 6 months persisted at 2 years. And a lower	related to study device or procedure;	
		proportion of persons allocated to surgery were still	27 additional AE in conservative	
		using opioids at 2 years relative to the comparator	management group and 34 in SIJ	
		group.	fusion group not related to study	
			device or procedure. Two cases of	
			revision surgery reported; 1 was in a	
			patient who crossed over.	
Rainov et al.,	Intervention:	Pain:	Revision surgery:	No cost outcomes
2019 <u>17</u>	Unilateral or bilateral SIJ	VAS	Revision surgery	reported
2010	fusion using 2 to 3 triangular	3, 6, 9, 12 months	Adverse Events:	roportou
	titanium implants (iFuse)	Function/Disability:	Total AEs	Consistency with
	(160)	ODI	Deaths:	prior HTA:
	()	3, 6, 9, 12 months	Death outcomes not reported	NA
	Comparator:	QOL:	Follow-up time for harms:	
	None	No QOL measures reported	Up to 12 months	
		Opioid Use:	•	
		No opioid measures reported	Consistency with prior HTA:	
			Findings are consistent with previous	
		Consistency with prior HTA:	report: no revision surgeries in this	
		Improvements in baseline to follow-up VAS and ODI	study (iFuse revisions ranged from	
		consistent with improvement reported in within-group	0%–8% in previous report), AEs also	
		differences in intervention arms of controlled studies in	consistent with previous findings for	
		prior report.	uncontrolled studies.	
Rajpal et al.,	Intervention:	Pain:	Revision surgery:	No cost outcomes
201818	Minimally invasive SIJ fusion	VAS	Revision surgery	reported
	using intraoperative	Mean follow-up time was 19 months (range, 12–34	Adverse Events:	
	stereotactic navigation and	months)	Total AEs	Consistency with
	the Rialto SI Fusion System	Function/Disability:	Deaths:	prior HTA:
	(24)	No function measures reported	Death outcomes not reported	NA
		QOL:	Follow-up time for harms:	
	Comparator:	No QOL measures reported	Mean follow-up time was 19 months	
	None	Opioid Use:	(range, 12–34 months)	

Study Identifier	Intervention (Sample Size) Comparator (Sample Size)	Efficacy Outcomes Reported Consistency with Prior HTA	Safety Outcomes Reported	Cost Outcomes Reported
Study Identifier	Comparator (Sample Size) Intervention: Retrospective observational study was conducted using administrative claims data from a large U.S. health insurer affiliated with Optum, Inc. between January 1, 2010 and February 28, 2017 (302) Comparator:	Consistency with Prior HTA No opioid measures reported Consistency with prior HTA: Efficacy for uncontrolled studies not in previous report, but improvement in VAS is consistent with pre/post findings from other studies. Pain: No pain measures reported Function/Disability: No function measures reported QOL: No QOL measures reported Opioid Use: No opioid measures reported Consistency with prior HTA:	Safety Outcomes Reported Consistency with prior HTA: Revision surgeries (none) and occurrence of AEs consistent with findings from prior review. Revision surgery: No outcomes related to revision surgery reported Adverse Events: No AEs reported Death outcomes not reported Follow-up time for harms: NA	Reported Low back pain-related costs Consistency with prior HTA: No comparable cost results in prior report. From this study, median costs were statistically
	None	NA	Consistency with prior HTA: NA	significantly lower between the pre- and post-surgery periods among patients whose index SIJF was performed in inpatient and outpatient hospital settings, but mean costs were lower but not statistically significantly different. Median health care costs in the pre- surgery and post- surgery periods were lower than the corresponding means due to the highly skewed nature of the cost data.

	Intervention (Sample Size)	Efficacy Outcomes Reported		Cost Outcomes
Study Identifier	Comparator (Sample Size)	Consistency with Prior HTA	Safety Outcomes Reported	Reported
Cher et al., 201820	Intervention:	Pain:	Revision surgery:	No cost outcomes
	Analysis of complaint data	No pain measures reported	Revision surgery	reported
	reported to manufacturer for	Function/Disability:	Adverse Events:	
	the regular and 3-D printed	No function measures reported	Total AEs	Consistency with
	version of iFuse implant, the	QOL:	Deaths:	prior HTA:
	latter of which became	No QOL measures reported	Death outcomes not reported	NA
	commercially available in	Opioid Use:	Follow-up time for harms:	
	2017. Compared to the prior	No opioid measures reported	Time period covered 2015–2018,	
	version of the implant, the 3D-		unclear duration of follow-up for any1	
	printed version has an optimized porous surface and	Consistency with prior HTA:	individual	
	fenestrations to promote bone		Consistency with prior HTA:	
	growth onto and through the		In concordance with previous	
	center of the implant. By Q2		postmarketing surveillance results, in	
	of 2018, iFuse 3D implants		this report, there were 435 revisions	
	were being used in more than		(409 in iFuse cases and 26 in iFuse-	
	80% of all surgeries. Data		3D cases) of 14,210 procedures =	
	captured include procedure		3.06%. For iFuse, 409/11,070 =	
	date, surgeon name, implant		3.69%; for iFuse-3D, 26/3,140 =	
	catalog number/lot number,		0.83%. The 2-year revision rate for	
	and complaint details. (14,210		2012–2014 reported in the prior post-	
	total [iFuse implants, 11,070;		marketing surveillance study (2.2%)	
	iFuse-3D implants, 3,140])		was the same as that observed in the	
			current study (2.3%), both lower than	
	Comparator:		what was observed after initial	
	None		product launch in 2009. Notably, no	
			instances of device breakage or	
			migration occurred with the 3D	
			implant, and no new types of related	
			complaints were identified. Pain	
			complaints after surgery were low	
			with the 3D implants (3/3,140).	
Murakami et al.,	Intervention:	Pain:	Revision surgery:	No cost outcomes
2018 <u>21</u>	Anterior or pararectal	VAS	Revision surgery	reported
	approach to open SIJ fusion	pain relief scale	Adverse Events:	
	(27)	5 years	Total AEs	Consistency with
		Function/Disability:	Deaths:	prior HTA:
	Comparator:	Roland-Morris Scale	Death outcomes not reported	ŇA

	Intervention (Sample Size)	Efficacy Outcomes Reported		Cost Outcomes
Study Identifier	Comparator (Sample Size)	Consistency with Prior HTA	Safety Outcomes Reported	Reported
	None	5 years	Follow-up time for harms:	
		QOL:	5 years	
		No QOL measures reported		
		Opioid Use:	Consistency with prior HTA:	
		No opioid measures reported	Limited number of studies reporting	
		Consistency with prior UTA:	on open procedure in prior review,	
		Consistency with prior HTA:	and no intraoperative complications	
		Change from pre op to post op in VAS and Roland- Morris disability scale in concordance with within-	reported and post-operative complications ranged from 2.3%–	
		group differences from intervention arms of controlled	35% across the studies. In this study,	
		studies in previous report.	reporting of events does not allow a	
		studies in previous report.	direct comparison of incidence: 1/27	
			had hematoma, 7/27 had lateral	
			femoral cutaneous neuralgia, 14/27	
			had pain develop on the unaffected	
			side that required SIJ injections, but 2	
			also required pelvic ring fusion.	
			Symptoms worsened in 3/27 patients	
			after surgery.	
Mao et al., 201822	Intervention:	Pain:	Revision surgery:	No cost outcomes
	Minimally invasive SIJ fusion	NRS for pain	Revision surgery	reported
	(iFuse) (24)	12 months	Adverse Events:	
		Function/Disability:	Total AEs	Consistency with
	Comparator:	ODI	Deaths:	prior HTA:
	None	12 months	Death outcomes not reported	NA
		QOL:	Follow-up time for harms:	
		No QOL measures reported	12 months	
		Opioid Use:		
		No opioid measures reported	Consistency with prior HTA:	
			Safety results are in concordance	
		Consistency with prior HTA:	with findings from the prior review;	
		Difficult to determine because results are presented as	events occurred with more frequency	
		post op differences between patients with prior lumbar	among the persons with a prior	
		fusion and patients without prior lumbar fusion; but	history of lumbar fusion.	
		overall pre/post differences appear consistent with		
		findings from intervention arms of controlled studies in		
		prior report.		

o	Intervention (Sample Size)	Efficacy Outcomes Reported		Cost Outcomes
Study Identifier	Comparator (Sample Size)	Consistency with Prior HTA	Safety Outcomes Reported	Reported
Cleveland et al.,	Intervention:	Pain:	Revision surgery:	No cost outcomes
2019 <u>16</u>	Modified technique for	VAS	Revision surgery	reported
	minimally invasive SIJ fusion	12 months, 13–22 months	Adverse Events:	
	using triangular titanium	Function/Disability:	Total AEs	Consistency with
	implants and limited open	ODI	Deaths:	prior HTA:
	computer-navigated approach	Denver Sacroiliac Joint Questionnaire (DSIJQ)	Death outcomes not reported	ŇA
	for direct decortication and	12 months, 13–22 months	Follow-up time for harms:	
	placement of bone graft (50)	QOL:	12 months, 13–22 months	
	p	No QOL measures reported		
	Comparator:	Opioid Use:	Consistency with prior HTA:	
	None	No opioid measures reported	AEs consistent with previous report.	
			No revision surgeries reported. In	
		Consistency with prior HTA:	previous report, revision surgery	
		Efficacy for uncontrolled trials not reported in 2019	frequency for uncontrolled open	
		HTA report. This study showed statistically significant	fusion was 4.1%–64.7%.	
		improvement at all postoperative time periods in VAS	1031011 Was 4.170-04.778.	
		and ODI with a similar trend in the DSIJQ. Changes		
		from baseline to follow-up for ODI in this study were		
		similar in magnitude to between-group difference for		
		SIF fusion and conservative management. DSIJQ is a		
		measure developed by study authors and is not		
		reported in prior report.		

Abbreviations: AE = adverse event; ADL = activities of daily living; CPT = current procedural terminology; CT = computerized tomography; DSIJQ = Denver Sacroiliac Joint Questionnaire; EQ-5D = EuroQOL measure of generic health status; FDA = Food and Drug Administration; HTA = health technology assessment; INSITE = Investigation of Sacroiliac Fusion Treatment; MIS = minimally invasive surgery; NA = not applicable; NS = not statistically significant; ODI = Oswestry Disability Index; PT = physical therapy; RCT= randomized controlled trial; QOL = quality of life; SF-12 PCS = Short-Form 12 physical component score; SI = sacroiliac; SIFI = Sacroiliac Joint Fusion with iFuse Implant System; SIJ = sacroiliac joint; SIJF = sacroiliac joint fusion; U.S. = United States; VAS = visual analogue scale; VAS-back = visual analogue scale for back pain; VAS-leg = visual analogue scale for leg pain.