

# Sacroiliac Joint Fusion

# Peer review and public comment on draft evidence report

December 3, 2018

Health Technology Assessment Program (HTA)

Washington State Health Care Authority

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# **UNC** THE CECIL G. SHEPS CENTER FOR HEALTH SERVICES RESEARCH



This document was created in response to peer review and public comments on a Draft Health Technology Assessment (HTA) report prepared by the RTI-UNC Evidence-based Practice Center through a contract to RTI International from the State of Washington Health Care Authority (HCA). The findings and conclusions in this document are those of the authors, who are responsible for its contents; the findings and conclusions do not necessarily represent the views of the State of Washington HCA and no statement in this document should be construed as an official position of the State of Washington HCA.

The information in the document is intended to help the State of Washington's independent Health Technology Clinical Committee make well-informed coverage determinations. This document and its associated Evidence Report are not intended to be a substitute for the application of clinical judgment. Anyone who makes decisions concerning the provision of clinical care should consider this document and the associated Evidence Report in the same way as any medical reference and in conjunction with all other pertinent information (i.e., in the context of available resources and circumstances presented by individual patients).

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#### Acknowledgments

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## **Peer Review Comments and Responses**

Seven independent, external peer reviewers were invited to provide comments on the Draft Evidence Report, but we only received comments from one individual. This individual did not receive any compensation in exchange for their review. The peer reviewer's name, affiliations, and conflicts of interest are reported in *Table 1*.

| Name   | Title/ Affiliation  | Conflicts of Interest Reported  |
|--|---|---|
| David W. Polly,<br>Jr., MD, FACS,<br>FAAOS, FAOA | Professor and Chief of Spine<br>Surgery, Department of<br>Orthopaedic Surgery and<br>Department of Neurosurgery,<br>University of Minnesota | Financial conflicts: None.<br><u>Non-financial conflicts:</u> Primary clinical specialty<br>is orthopaedic spine surgery. Regularly treats<br>patients clinically with SI joint pain. Author of<br>industry-sponsored RCT cited in this report, and<br>lead author for 1 year and 2 year follow-up<br>papers for that RCT (also cited in report).<br>Additionally, author of multiple peer reviewed<br>articles, book chapters, presentations, and<br>participant in debates on this topic. Member of<br>both the North American Spine Society, but not<br>involved in formulating its position statement on<br>this topic. As a member of the International<br>Society for the Advancement of Spine Surgery,<br>provided information to the person responsible<br>for formulating that group's position statement.<br>Reviewer's institution has also received funding<br>for various biomechanical projects related to<br>this topic on reviewer's behalf, but reviewer<br>does not receive any of those funds. |

## Table 1. External Peer Reviewer of the Draft Evidence Report

The peer reviewer did not identify any missing studies and did not identify any studies that should have been excluded from the report. The reviewer offered a suggestion for an additional article regarding diagnosis. We addressed many of the comments submitted by the reviewer in the Final Evidence Report; though some comments or suggestions were outside the scope of the HTA. We considered most revisions made based on peer review comments as minor revisions. Specific peer review comments and responses are provided in *Table 2*.

| Item   | Comment  | Response   |
|--|--|--|
| Introduction   |  |  |
| Are there any<br>additional issues<br>you think we<br>should cover in<br>the introduction? | The introduction outlines the goal of<br>assessing the evidence for SI fusion. What it<br>neglects is the counterfactual of what is the<br>health care state outcome for patients with<br>the condition not treated by fusion (and the<br>level of evidence for alternative treatment<br>strategies). As this document is intended to<br>guide decision makers for Washington state<br>about making a coverage determination<br>assessing the surgical treatment in isolation<br>does not fully inform policy makers about<br>choosing the best treatment strategy for<br>patients with the condition of interest. | The HTA includes both controlled and<br>uncontrolled studies of SI Joint<br>Fusion. With a few exceptions where<br>alternative surgical procedures are<br>compared, most of the controlled<br>studies compare SI joint fusion to<br>either no treatment or to<br>conservative treatment. The<br>outcomes expressed from these<br>comparison are the incremental<br>benefit (or harms) of surgery relative<br>to the control group (i.e., the<br>counterfactual). A comprehensive<br>review of all non-surgical treatment<br>strategies for SI joint fusion was<br>outside the scope of this HTA. |
| Do you see<br>anything<br>inaccurate,<br>superfluous, or<br>unclear?                       | In the discussion under burden of disease,<br>the only discussion is about the prevalence.<br>There is no discussion about the disability<br>associated with the condition. There is one<br>article in the references that addresses this.<br>Cher D, Polly D, Berven S. Sacroiliac joint<br>pain: burden of disease. Med Devices<br>(Auckl). 2014 Apr 12;7:73-81. It turns out<br>that this is a very disabling condition.  | We have added some data and<br>information about the impact on<br>quality of life from the cited study.  |
| Any additional<br>comments?  | No.  | Thank you.   |
| Methods  |  |  |
| Do you see any<br>problems with<br>our methods?  | The methodology appropriately looks at the data for fusion, but there is no examination of the efficacy of non-operative management.   | An evidence synthesis on non-<br>operative management was outside<br>the scope of this HTA.  |
| Any additional<br>comments about<br>the Methods<br>section?                                | No.  | Thank you.   |

#### Table 2. Peer Reviewer Comments on Draft Evidence Report and Response

| Item   | Comment  | Response   |
|--|--|--|
| Results  |  |  |
| Are there any<br>studies you<br>believe we may<br>have missed?         | No.  | Thank you.   |
| Are there studies<br>that you believe<br>we should have<br>excluded?   | No.  | Thank you.   |
| Do you believe<br>we have<br>inaccurately<br>described any<br>studies? | No.  | Thank you.   |
| Any additional<br>comments about<br>the Results?                       | No.  | Thank you.   |
| Discussion   |  |  |
| Do you think we<br>missed any<br>important<br>points?                  | In terms of contextual question on<br>diagnostic accuracy the following study<br>should be added Petersen T, Laslett M, Juhl<br>C. Clinical classification in low back pain:<br>best-evidence diagnostic rules based on<br>systematic reviews. BMC Musculoskelet<br>Disord. 2017 May 12;18(1):188. This<br>indicates that the reliability of the mulittest<br>survey is as good or better than any other<br>condition in the low back. | We have reviewed the suggested<br>article (a narrative review) and do not<br>think it provides any additional or<br>new information to address the<br>contextual question.     |
| Do you disagree<br>with any of the<br>discussion items?                | N/A  | N/A  |
| Any additional<br>comments about<br>the Discussion?                    | N/A  | N/A  |
| Other Sections   |  |  |
| Any comments<br>on the structured<br>abstract,<br>conclusion,          | For insurance coverage it appears that you<br>only discuss payers in Washington state as<br>there are certainly many other payers that<br>cover the procedure (such as the brief<br>comment about other BCBS). It may also be  | The focus of the payor coverage<br>section is primarily on Washington<br>state payors. We have added<br>information about TRICARE coverage<br>to the report. We were unable to |

| Item  | Comment   | Response   |
|---|---|--|
| figures, tables<br>and appendices?  | appropriate to note that it is covered by DoD<br>and TRICARE as there are many military<br>health care system beneficiaries in<br>Washington state as well.   | locate any specific DOD policy regarding coverage of this procedure. |
| General Comment   | ts  |  |
| Is the report<br>clearly written,<br>adequately<br>detailed and of<br>an appropriate<br>length? | Yes. You have appropriately analyzed the<br>data according to your pre-specified criteria.<br>Your criteria sets a high bar for level of<br>evidence, generally RCT's and CCS. I believe<br>that there is greater emphasis emerging on<br>real world data as opposed to only RCT's and<br>CCS, but that is probably beyond the scope<br>of this report. | Thank you.   |
| Please make any<br>additional<br>comments you<br>feel would help<br>us improve the<br>report.   | No additional comments.   | Thank you.   |

**Abbreviations:** BCBS = Blue Cross Blue Shield; CCS = controlled cohort studies; DoD = Department of Defense; HTA = health technology assessment; N/A = not applicable; RCT = randomized controlled trial; SI = sacroiliac;

#### Public Comments and Responses

The Draft Evidence Report was posted for public comment from October 10, 2018 to November 9, 2018. Three public comments were submitted. The names and affiliations of those submitting comments are summarized in *Table 3.* 

| Name   | Title/Affiliation   |
|--|---|
| J. Michael Schweitzer, DC  | President, Washington State Chiropractic Association  |
| Robert H. Quinn, MD;<br>Ganesh Rao, MD, FAANS;<br>Shelly D. Timmons, MD, PhD, FAANS;<br>Michael Y. Wang, MD, FAANS;<br>Jeffrey C. Wang, MD;<br>Jean-Christophe Leveque, MD | Chairman, American Academy of Orthopaedic Surgeons, Council<br>on Research and Quality;<br>President, Congress of Neurological Surgeons;<br>President, American Association of Neurological Surgeons;<br>Chair, AANS/CNS Disorders of the Spine and Peripheral Nerves;<br>President, North American Spine Society;<br>President, Washington State Association of Neurological<br>Surgeons |
| Morgan Lorio, MD   | Chair, ISASS Coding and Reimbursement Task Force  |

| Table 3. Individuals or Organizations Submittin | g Public Comments on the Draft Evidence Re | eport |
|---|--|-------|
|---|--|-------|

Public comments and responses to comments are detailed in *Table 4*. Complete copies of the comments submitted by individuals follow the table.

| Name (#)       | Public Comment  | Response   |
|----------------|---|--|
| Schweitzer (1) | I congratulate the Health Technology Assessment Committee<br>(HTAC) in their continued effort to assess and recommend<br>safe and effective devices and procedures for the citizens of<br>the State of Washington. Upon review of the recent<br>recommendation concerning Sacroiliac Joint Fusion I have<br>some concerns.  |  |
|                | The conclusion, noted on page A-1 (pg47) stated that upon<br>"meeting <i>diagnostic criteria</i> for SI joint pain or dysfunction,<br>minimally invasive SI joint fusion surgery with the IFuse<br>Implant System is more effective than conservative<br>management". This statement is inaccurate since no study<br>compared conservative care until after 6 months of<br>conservative care. Perhaps amending the conclusion to have<br>"is more effective than conservative management after 6<br>months" would be more reflective of the evidence. | We thank the<br>reviewer for this<br>observation and<br>have made slight<br>revisions to the text<br>to reflect this<br>concern.   |
| Schweitzer (2) | It is mentioned in 1.3 Technology Description, that "SI joint<br>fusion procedures are typically reserved for persons who fail<br>less invasive treatments" where manipulative therapy is<br>mentioned.<br>The Conclusion lacks a discussion on requirements for<br>conservative care prior to the authorization of this surgery.<br>While there is very little literature documenting appropriate<br>conservative care avenues, there is a review that was not   | The evidence<br>synthesized in this<br>HTA is focused solely<br>on the effectiveness<br>and safety of<br>surgery; we are<br>unable to draw<br>conclusions about<br>the effectiveness,  |
|                | discussed in the committee's review that recommends 6<br>months of exercise and manipulation <sup>1</sup> . Similarly, the SI joint is<br>commonly placed in a broad "Low Back Pain" category in the<br>literature and there is demonstration of the benefits of<br>chiropractic management of low back condition reducing<br>disability in the working population with low back pain <sup>2</sup> .  | safety, or costs of<br>non-surgical<br>treatment and<br>cannot draw<br>conclusions about<br>what should be<br>required as part of<br>conservative care<br>prior to surgery. The<br>cited review (1) is a<br>narrative review and<br>is not eligible for<br>inclusion in this HTA |

Table 4. Public Comments on Draft Evidence Report and Specific Responses

| Name (#)   | Public Comment  | Response   |
|--|---|------------|
| Schweitzer (3)                                     | Jame (#)Public Commentichweitzer (3)The few studies HTA includes around conservative care sho<br>that after a point around 6 months, conservative care does<br>seem to offer a lot of benefit and only at that point would it<br>be appropriate to consider a fusion. Even after 6mo, 1yr and<br>2yr follow-ups, the conservative group only has very small<br>improvements. At that point, they should have responded t<br>conservative care and consideration of surgery could be<br>appropriate for some patients <sup>3,4,5</sup> . This 6mo conservative ca<br>trial that all studies have used is not reflected in the HTA's<br>conclusion.It is important to keep in mind that these are patients with<br>chronic (in pain >3 months). Most of the recommendations<br>other insurers cited in the HTA report (pg. 45 of the draft<br>document) only approve this procedure after 6 months of<br>conservative care failure. My experience with surgeons that<br>do this procedure is that they usually refer out for<br>conservative care for a number of months before they bool<br>the pre-surgical evaluation. |            |
|  | the HTA should be similar to those of other major carriers like<br>Regence and United that require an initial conservative<br>management for up to 6 months (Regence guidelines Pg. 45 of<br>draft) prior to authorization of this procedure.   |            |
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(1) | On behalf of the American Academy of Orthopaedic Surgeons<br>(AAOS), American Association of Neurological Surgeons<br>(AANS), Congress of Neurological Surgeons (CNS), AANS/CNS<br>Joint Section on Disorders of the Spine and Peripheral Nerves<br>(DSPN), North American Spine Society (NASS) and Washington<br>State Association of Neurological Surgeons (WSANS), we<br>appreciate the opportunity to submit comments regarding the<br>Washington State Health Care Authority (HCA) Draft Evidence<br>Report on Sacroiliac (SI) Joint Fusion Surgery, which was<br>prepared by RTI International–University of North Carolina<br>Evidence-based Practice Center.  | Thank you. |

| Name (#)   | Public Comment   | Response   |
|--|--|------------|
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(2) | We agree with the authors of the Washington State HCA Draft<br>Evidence Report who conclude that minimally invasive SI joint<br>fusion procedures provide significant benefit to carefully<br>selected patients. We recognize that there is a relative paucity<br>of high quality randomized controlled studies at the current<br>time and the best available studies focus on one particular<br>product from one manufacturer. These studies show clear<br>evidence of benefit for the procedure in terms of pain control<br>and functional improvement compared to conservative<br>management.   | Thank you. |
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(2) | In addition, we also agree with the finding that comparative<br>studies between minimally invasive SI joint fusion and open<br>joint fusion procedures show a preference for the minimally<br>invasive option regarding improved postoperative pain and<br>shorter length of hospital stay.  | Thank you. |
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(3) | Equally important is the fact that current evidence supports<br>minimally invasive SI joint fusion procedures as safe and cost-<br>effective for pain management and improved quality of life for<br>patients with chronic SI joint dysfunction.   | Thank you. |
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(4) | Furthermore, we found the literature search and data extraction in the report to be up to date and comprehensive.  | Thank you. |
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(5) | We recognize the limitations of the currently existing<br>evidence, which makes it difficult to generalize the findings to<br>all minimally invasive SI joint fusion products and procedures.<br>However, the concept of creating an arthrodesis across the SI<br>joint has been demonstrated to be clinically efficacious, and it<br>would be difficult to dismiss other products that accomplish<br>that same task. The summary of evidence clearly shows a<br>need for continued development of well-designed controlled<br>studies to explore several aspects of SI joint fusion. The draft<br>evidence report justifies continued research into SI joint<br>fusion products and procedures based on the promising<br>results from one manufacturer to evaluate whether other<br>products can provide equal benefit to patients when<br>compared to either conservative management or the<br>currently tested system itself. | Thank you. |
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(6) | Additional and continuing studies will be important to<br>examine the long-term effects of these procedures to<br>determine both the durability of pain relief and functional<br>improvement compared to long-term conservative<br>management.   | We agree.  |

| Name (#)   | Public Comment  | Response  |
|--|---|---|
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque<br>(7) | We also recognize that further evaluation of the diagnostic<br>criteria used for patient selection will both validate these<br>criteria and hopefully provide additional guidance for<br>appropriate patient selection for SI joint fusion procedures.  | We agree.   |
| Quinn/Rao/<br>Timmons/Wang/<br>Wang/Leveque (8)    | Overall, we support the findings of this evidence report and welcome it as justification for continued research and study of minimally invasive SI joint fusion procedures.   | Thank you.  |
| Lorio (1)  | We are in general agreement with the authors of the<br>Washington State HCA Draft Evidence Report who conclude<br>that Minimally Invasive Surgery Sacroiliac Joint (MIS SIJ)<br>Fusion procedures provide significant benefit to carefully<br>selected patients.  | Thank you.  |
| Lorio (2)  | Although we recognize the best available studies utilize one<br>particular device from one manufacturer, ISASS policy does<br>not endorse any specific MIS SIJ System. There are numerous<br>devices available that have received FDA 510(k) clearance for<br>use in minimally invasive joint fusion (MIS SIJ) stabilization.<br>The clinical concept of creating a true arthrodesis (either<br>anatomic or extra-anatomic) across the SI joint have been<br>reported with favorable outcomes at one year <sup>1</sup> which are<br>sustained long term (up to 5 years) <sup>23</sup> . Of importance is the<br>clinically documented opioid reduction for low back pain<br>patients as a result of this procedure, agnostic to the specific<br>MIS SIJ system <sup>45</sup> . ISASS recommends that WSHCA revise the<br>wording in the draft "conclusions and summary of evidence"<br>sections to refer to MIS SIJ Fusion "procedurally" where it<br>currently refers specifically to the "i-Fuse technology." | All of the<br>comparative<br>evidence that we<br>synthesized is from<br>studies evaluating<br>the iFuse Implant<br>System. It would not<br>be appropriate for<br>the evidence report<br>to generalize the<br>summary of<br>evidence and<br>conclusions to other<br>procedures and<br>devices. However, it<br>may be in the<br>purview of the HTCC<br>to consider whether<br>the findings from the<br>evidence report are<br>applicable to other<br>procedures and<br>devices in order to<br>formulate their<br>policy decision. |
| Lorio (3)  | We found the literature search and data extraction that was<br>the basis of this report to be comprehensive; however, we<br>would recommend updated wording in the summary of<br>evidence section and the addition of specific citations within<br>that section (E1.4) as suggested below.  | We thank the<br>commenter for<br>offering alternative<br>language.<br>• Regarding the<br>suggestion to  |

| Name (#) | Public Comment  | Response  |
|----------|---|---|
|          | ES 4.1 Summary of the Evidence. Compared to conservative management, minimally invasive SI joint fusion surgery improves pain, physical function and quality of life. The quality of evidence for these findings is moderate for outcomes at 6 months <sup>1,2</sup> and very low for outcomes between 6 months and 6 years <sup>3</sup> . Findings are mixed with respect to opioid use (modest reductions in use with low to very low quality of evidence). From both randomized trials, no differences in the rate of serious adverse events exist between surgery and conservative management (low to very low quality of evidence). Blinded randomized trials were not done, but blinding subjects would be challenging as all implant systems are highly radiopaque and obvious on any radiographic study. The incidence of revision surgery is likely no higher than 3.4 percent at 2 years <sup>4,5</sup> (moderate quality of evidence). Minimally invasive surgery costs \$13,313 per additional quality of life-adjusted year gained compared to conservative management <sup>6</sup> ; an amount that most would consider costeffective. No differences exist between open fusion and conservative management with respect to pain, function, and quality of life, but this conclusion is based on one low quality evidence study <sup>7</sup> . Minimally invasive SI joint fusion improves pain over 2 years <sup>8,9</sup> or longer <sup>3,10,11</sup> and is associated with a shorter length of hospital stay compared to open fusion and Minimally Invasive SI Joint Fusion, <sup>12</sup> but findings were mixed for the comparative incidence of revision surgery. All findings related to this comparison are based on very low quality of evidence. We limited the evidence from uncontrolled studies to safety outcomes. The heterogeneity in the reporting of adverse events across the 8 uncontrolled studies evaluating open fusion limits our ability to draw definitive conclusions from this body of evidence. Similarly, the incidence of complications from minimally invasive fusion reported from an analysis of insurance claims is higher than the incidence reported in con | remove references<br>to iFuse in several<br>places, for the<br>same reasons we<br>cite in comment<br>"Lorio (2)", we will<br>keep the reference<br>to the iFuse<br>Implant System<br>intact, as that is<br>the intervention<br>reflected by the<br>evidence.<br>• Regarding the<br>insertion of the<br>sentence about<br>blinding, the issue<br>of blinding is<br>discussed in<br>section ES 4.2 and<br>it is not necessary<br>to include it in<br>section ES 4.1.<br>• Regarding the<br>edits to the<br>sentence<br>describing results<br>from open fusion<br>compared to<br>conservative<br>management, the<br>proposed edits<br>conflate risk of<br>bias assessment<br>and strength of<br>evidence, we<br>retain our original<br>language which<br>reflects the<br>strength of<br>evidence<br>assessment for<br>this comparison. |

| Name (#)  | Public Comment  | Response  |
|-----------|---|---|
|           |   | <ul> <li>Regarding the suggestion to remove the wording describing inconsistent findings for physical function comparing MIS to open fusion, we will retain these findings as they are part of the evidence synthesis.</li> <li>Regarding the suggestion to add "and is generally low" when describing the incidence of adverse events, we will retain our original wording which is accurate.</li> <li>Regarding the suggestion to modify language around the incidence of complications from the study using insurance claims, we retain our original language which we believe is accurate.</li> </ul> |
| Lorio (4) | We also noted that the WA State Health Authority document<br>cites a rate of adverse events after MIS SIJF of up to 30% in<br>two locations; however, we are not aware of where the 30%<br>figure comes from and believe the figure mischaracterizes the<br>safety of most MIS procedures. Please see the abstracted<br>sections with highlights. We recommend the Health Authority | The 13 uncontrolled<br>studies for which we<br>synthesized adverse<br>event data are cited<br>in Table 16. The<br>specific adverse  |

| Name (#) | Public Comment   | Response              |
|----------|--|-----------------------|
|          | review these statements to ensure they are accurate and  | event data is         |
|          | provide direct citations in order to allow for proper  | provided in           |
|          | verification and documentation.  | Appendix C, Table C-  |
|          | Among the 13 studies evaluating the iFuse Implant System, the frequency of adverse events that   | 12. The range of      |
|          | were definitely or probably related to the device or procedure ranged from 0 percent to 30<br>percent. One study retrospectively evaluated the frequency of adverse events after minimally   | overall adverse       |
|          | invasive SI joint fusion using a large insurance claims database from 2007 to 2014. <sup>32</sup> Study<br>authors could not report the specific procedures or systems used based on available data. The   | events from the       |
|          | overall incidence of complications was 13.2 percent at 90 days and 16.4 percent at 6 months among 469 claimants that had received surgery  | studies that          |
|          | Among the 13 studies evaluating the iFuse Implant System, the frequency of revision surgery  | reported this data    |
|          | ranged from 0 percent to 8 percent. The largest of these studies reported the incidence of revision<br>based on the manufacturer's nost-market surveillance database over the years 2009 to 2014. Of   | indeed ranges from    |
|          | 11,388 participants who underwent an initial procedure with iFuse, 320 (2.8%) underwent a revision and 63% of the revisions occurred within the first year postoneratively <sup>24</sup>   | 0% to 30%. We have    |
|          | revision and 6576 of the revisions occarred wrann the first year postoperatively.  | added the study       |
|          |  | citations that this   |
|          | Sacroiliac Joint Fusion: Draft evidence report Page ES-11  | range references.     |
|          |  | The Gaetani et al.    |
|          | ranged from 0 percent to 91 percent; however, when limited to adverse event definitely or  | study reports a 30%   |
|          | a few uncontrolled studies reported a higher frequency than those observed in the $2 \text{ RCTs}^{15}$  | incidence of post-    |
|          | and 1 CCS, most uncomposed studies reported a similar or lower nequency. The requertey of<br>revision surgery ranged from 0 percent to 8 percent. The largest of these studies reported the<br>initial percent of the studies of the studie | operative             |
|          | years 2009 to 2014. Of 11,388 participants who underwent an initial procedure with iFuse, 320  | complications. The    |
|          |  | Rudolf et al. study   |
|          | Sacroiliac Joint Fusion: Draft evidence report Page 31   | reports an incidence  |
|          |  | of 20%. The other     |
|          |  | studies report        |
|          |  | incidences that vary  |
|          |  | from 2.2% to 7.2%.    |
|          |  | Note, several studies |
|          |  | did not report an     |
|          |  | overall incidence of  |
|          |  | adverse events, they  |
|          |  | only report the       |
|          |  | incidence of specific |
|          |  | adverse events (for   |
|          |  | example, Sachs        |
|          |  | reports the           |
|          |  | incidence of          |
|          |  | numerous events       |
|          |  | which range from      |
|          |  | 0.7% to 3.5% for      |
|          |  | each individual       |
|          |  | event). The           |
|          |  | heterogeneity in      |
|          |  | monitoring and        |
|          |  | reporting very much   |
|          |  | limits drawing        |

| Name (#)  | Public Comment   | Response  |
|-----------|--|---|
|           |  | definitive<br>conclusions from<br>this body of<br>evidence. |
| Lorio (5) | With the recommended edits and revisions, overall, we<br>support the findings of this evidence report and welcome it as<br>justification for continued research and study of minimally<br>invasive SI joint fusions. Thank you for the opportunity to<br>provide comments and edits and please do not hesitate to<br>contact ISASS with any questions or with follow up at the staff<br>contact below. | Thank you.  |



October 29, 2018

Health Technology Assessment Program (HTA) Washington State Health Care Authority PO Box 42712 Olympia, WA 98504-2712 (360) 725-5126 www.hca.wa.gov/hta shtap@hca.wa.gov

Dear Committee Members:

I congratulate the Health Technology Assessment Committee (HTAC) in their continued effort to assess and recommend safe and effective devices and procedures for the citizens of the State of Washington. Upon review of the recent recommendation concerning Sacroiliac Joint Fusion I have some concerns.

The conclusion, noted on page A-1 (pg47) stated that upon "meeting <u>diagnostic criteria</u> for SI joint pain or dysfunction, minimally invasive SI joint fusion surgery with the IFuse Implant System is more effective than conservative management". This statement is inaccurate since no study compared conservative care until after 6 months of conservative care. Perhaps amending the conclusion to have "….is more effective than conservative management after 6 months" would be more reflective of the evidence.

It is mentioned in 1.3 Technology Description, that "SI joint fusion procedures are typically reserved for persons who fail less invasive treatments" where manipulative therapy is mentioned.

The Conclusion lacks a discussion on requirements for conservative care prior to the authorization of this surgery. While there is very little literature documenting appropriate conservative care avenues, there is a review that was not discussed in the committee's review that recommends 6 months of exercise and manipulation <sup>1</sup>. Similarly, the SI joint is commonly placed in a broad "Low Back Pain" category in the literature and there is demonstration of the benefits of chiropractic management of low back condition reducing disability in the working population with low back pain <sup>2</sup>.

The few studies HTA includes around conservative care show that after a point around 6 months, conservative care doesn't seem to offer a lot of benefit and only at that point would it be appropriate to consider a fusion. Even after 6mo, 1yr and 2yr follow-ups, the conservative group only has very small improvements. At that point, they should have responded to conservative care and consideration of surgery could be appropriate for some patients <sup>3,4,5</sup>. This 6mo conservative care trial that all studies have used is not reflected in the HTA's conclusion.

It is important to keep in mind that these are patients with chronic (in pain >3 months). Most of the recommendations by other insurers cited in the HTA report (pg. 45 of the draft document) only

approve this procedure after 6 months of conservative care <u>failure</u>. My experience with surgeons that do this procedure is that they usually refer out for conservative care for a number of months before they book the pre-surgical evaluation.

Perhaps our recommendation could be that the conclusions of the HTA should be similar to those of other major carriers like Regence and United that require an initial conservative management for up to 6 months (Regence guidelines Pg. 45 of draft) prior to authorization of this procedure.

Thank you,



#### J. Michael Schweitzer, DC WSCA President

1) Vanelderen P<sup>1</sup>2010, Sacroiliac joint pain Pract. Sep-Oct;10(5):470-8.

2) <u>Turner JA</u><sup>1</sup>, 2008, ISSLS prize winner: early predictors of chronic work disability: a prospective, population-based study of workers with back injuries. SPINE Volume 33, Number 25, pp 2809–2818

3) Dengler JD 2017, 1-Year Results of a Randomized Controlled Trial of Conservative Management vs. Minimally Invasive Surgical Treatment for Sacroiliac Joint Pain. Pain Physician. Sep;20(6):537-550.

4) Polly DW, 2016, Two-Year Outcomes from a Randomized Controlled Trial of Minimally Invasive Sacroiliac Joint Fusion vs. Non-Surgical Management for Sacroiliac Joint Dysfunction, Int J Spine Surg. Aug 23;10:28

5) Sturesson B, 2017, Six-month outcomes from a randomized controlled trial of minimally invasive SI joint fusion with triangular titanium implants vs conservative management, Eur Spine J. Mar;26(3):708-719













November 9, 2018

Josiah Morse, MPH, Program Director Washington State Healthcare Authority Health Technology Assessment Program P.O. Box 42712 Olympia, WA 98504-2712

Via e-mail: shtap@hca.wa.gov

# Subject: Washington State Health Care Authority Draft Technology Report on Sacroiliac Joint Fusion

Dear Mr. Morse:

On behalf of the American Academy of Orthopaedic Surgeons (AAOS), American Association of Neurological Surgeons (AANS), Congress of Neurological Surgeons (CNS), AANS/CNS Joint Section on Disorders of the Spine and Peripheral Nerves (DSPN), North American Spine Society (NASS) and Washington State Association of Neurological Surgeons (WSANS), we appreciate the opportunity to submit comments regarding the Washington State Health Care Authority (HCA) Draft Evidence Report on Sacroiliac (SI) Joint Fusion Surgery, which was prepared by RTI International–University of North Carolina Evidence-based Practice Center.

We agree with the authors of the Washington State HCA Draft Evidence Report who conclude that minimally invasive SI joint fusion procedures provide significant benefit to carefully selected patients. We recognize that there is a relative paucity of high quality randomized controlled studies at the current time and the best available studies focus on one particular product from one manufacturer. These studies show clear evidence of benefit for the procedure in terms of pain control and functional improvement compared to conservative management. In addition, we also agree with the finding that comparative studies between minimally invasive SI joint fusion and open joint fusion procedures show a preference for the minimally invasive option regarding improved postoperative pain and shorter length of hospital stay. Equally important is the fact that current evidence supports minimally invasive SI joint fusion procedures as safe and cost-effective for pain management and improved quality of life for patients with chronic SI joint dysfunction. Furthermore, we found the literature search and data extraction in the report to be up to date and comprehensive.

We recognize the limitations of the currently existing evidence, which makes it difficult to generalize the findings to all minimally invasive SI joint fusion products and procedures. However, the concept of creating an arthrodesis across the SI joint has been demonstrated to be clinically efficacious, and it would be difficult to dismiss other products that accomplish that same task. The summary of evidence clearly shows a need for continued development of well-designed controlled studies to explore several

Josiah Morse, MPH AAOS-AANS-CNS-DSPN-NASS-WSANS Letter Regarding Draft Evidence Report for Sacroiliac Joint Fusion Review November 9, 2018 Page 2 of 2

aspects of SI joint fusion. The draft evidence report justifies continued research into SI joint fusion products and procedures based on the promising results from one manufacturer to evaluate whether other products can provide equal benefit to patients when compared to either conservative management or the currently tested system itself. Additional and continuing studies will be important to examine the long-term effects of these procedures to determine both the durability of pain relief and functional improvement compared to long-term conservative management. We also recognize that further evaluation of the diagnostic criteria used for patient selection will both validate these criteria and hopefully provide additional guidance for appropriate patient selection for SI joint fusion procedures.

Overall, we support the findings of this evidence report and welcome it as justification for continued research and study of minimally invasive SI joint fusion procedures.



Robert H. Quinn, MD, Chairman American Academy of Orthopaedic Surgeons Council on Research and Quality





Jeffrey C. Wang, MD, President North American Spine Society

#### Staff Contact:

Catherine Jeakle Hill Senior Manager, Regulatory Affairs AANS/CNS Washington Office 25 Massachusetts Avenue, NW, Suite 610 Washington, DC 20001 Phone: 202-446-2026 E-mail: chill@neurosurgery.org Sincerely,

Shelly D. Timmons, MD, PhD, FAANS, President American Association of Neurological Surgeons

Michael Y. Wang, MD, FAANS, Chair AANS/CNS Disorders of the Spine and Peripheral Nerves

Jean-Christophe Leveque, MD, President Washington State Association of Neurological Surgeons



November 8, 2018

Josiah Morse, MPH, Program Director Washington State Healthcare Authority Health Technology Assessment Program P.O. Box 42712 Olympia, WA 98504-2712 Via e-mail: shtap@hca.wa.gov

## Subject: Washington State Health Care Authority Draft Technology Report on Sacroiliac Joint Fusion

Dear Mr. Morse:

On behalf of the International Society for Advance of Spine Surgery, we appreciate the opportunity to submit comments regarding the Washington State Health Care Authority (HCA) Draft Evidence Report on Sacroiliac (SI) Joint Fusion Surgery prepared by RTI International–University of North Carolina Evidence-based Practice Center.

We are in general agreement with the authors of the Washington State HCA Draft Evidence Report who conclude that Minimally Invasive Surgery Sacroiliac Joint (MIS SIJ) Fusion procedures provide significant benefit to carefully selected patients. Although we recognize the best available studies utilize one particular device from one manufacturer, ISASS policy does not endorse any specific MIS SIJ System. There are numerous devices available that have received FDA 510(k) clearance for use in minimally invasive joint fusion (MIS SIJ) stabilization. The clinical concept of creating a true arthrodesis (either anatomic or extra-anatomic) across the SI joint have been reported with favorable outcomes at one year<sup>1</sup> which are sustained long term (up to 5 years)<sup>2</sup> <sup>3</sup>. Of importance is the clinically documented opioid reduction for low back pain patients as a result of this procedure, agnostic to the specific MIS SIJ system <sup>4 5</sup>. ISASS recommends that WSHCA revise the wording in the draft "conclusions and summary of evidence" sections to refer to MIS SIJ Fusion "procedurally" where it currently refers specifically to the "i-Fuse technology."

<sup>&</sup>lt;sup>1</sup> Richard A. Kube<sup>1</sup> and Jeffrey M. Muir. Sacroiliac Joint Fusion: One Year Clinical and Radiographic Results Following Minimally Invasive

Sacroiliac Joint Fusion Surgery The Open Orthopaedics Journal, 2016, 10, 679-689

 <sup>&</sup>lt;sup>2</sup> Rudolf L, Capobianco R. Five-year clinical and radiographic outcomes after minimally invasive sacroiliac joint fusion using triangular implants. *Open Orthop J.* 2014;8:375-83. Published 2014 Oct 17. doi:10.2174/1874325001408010375
 <sup>3</sup> Vanaclocha VV, Verdú-López F, Sánchez-Pardo M, Gozalbes-Esterelles L, Herrera JM, et al. (2014) Minimally Invasive

Sacroiliac Joint Arthrodesis: Experience in a Prospective Series with 24 Patients. J Spine 3:185. doi:10.4172/2165-7939.1000185

<sup>&</sup>lt;sup>4</sup> Vanaclocha V, Herrera JM, Sáiz-Sapena N, Rivera-Paz M, Verdú-López F. Minimally Invasive Sacroiliac Joint Fusion, Radiofrequency Denervation, and Conservative Management for Sacroiliac Joint Pain: 6-Year Comparative Case Series. Neurosurgery. 2018 Jan 1;82(1):48-55. doi: 10.1093/neuros/nyx185.

<sup>&</sup>lt;sup>5</sup>Araghi A, Woodruff R, Colle K, et al. Pain and Opioid use Outcomes Following Minimally Invasive Sacroiliac Joint Fusion with Decortication and Bone Grafting: The Evolusion Clinical Trial. *Open Orthop J.* 2017;11:1440-1448. Published 2017 Dec 27. doi:10.2174/1874325001711011440



In addition, we also agree with the finding that comparative studies between minimally invasive SI joint fusion and open joint fusion procedures show a preference for the minimally invasive option in terms of improved post-operative pain and shorter length of hospital stay. Equally important is that the current evidence supports that the minimally invasive SI joint fusion procedure is safe and cost effective for pain management and improved quality of life for patients with chronic SI joint dysfunction.

We found the literature search and data extraction that was the basis of this report to be comprehensive; however, we would recommend updated wording in the summary of evidence section and the addition of specific citations within that section (E1.4) as suggested below.

ES 4.1 Summary of the Evidence. Compared to conservative management, minimally invasive SI joint fusion surgery improves pain, physical function and quality of life. The quality of evidence for these findings is moderate for outcomes at 6 months<sup>1,2</sup> and very low for outcomes between 6 months and 6 years<sup>3</sup>. Findings are mixed with respect to opioid use (modest reductions in use with low to very low quality of evidence). From both randomized trials, no differences in the rate of serious adverse events exist between surgery and conservative management (low to very low quality of evidence). Blinded randomized trials were not done, but blinding subjects would be challenging as all implant systems are highly radiopaque and obvious on any radiographic study. The incidence of revision surgery is likely no higher than 3.4 percent at 2 years<sup>4,5</sup> (moderate quality of evidence). Minimally invasive surgery costs \$13,313 per additional quality of life-adjusted year gained compared to conservative management<sup>6</sup>; an amount that most would consider cost-effective. No differences exist between open fusion and conservative management with respect to pain, function, and quality of life, but this conclusion is based on one low quality evidence study<sup>7</sup>. Minimally invasive SI joint fusion improves pain over 2 years<sup>8,9</sup> or longer<sup>3,10,11</sup> and is associated with a shorter length of hospital stay compared to open fusion<sup>12</sup>. The incidence of adverse events was similar for open fusion and Minimally Invasive SI Joint Fusion,<sup>12</sup> but findings were mixed for the comparative incidence of revision surgery. All findings related to this comparison are based on very low quality of evidence. We limited the evidence from uncontrolled studies to safety outcomes. The heterogeneity in the reporting of adverse events across the 8 uncontrolled studies evaluating open fusion limits our ability to draw definitive conclusions from this body of evidence. Similarly, the incidence of adverse events and revision surgery reported in the 24 uncontrolled studies of minimally invasive surgery is heterogenous, likely reflecting differences in outcome definitions and ascertainment, but is generally low. The incidence of complications from minimally invasive fusion reported from an analysis of insurance claims is higher than the incidence reported in controlled studies;<sup>14</sup> issues regarding the identified patient population in this analysis<sup>15</sup> make interpretation of this result challenging. The incidence of revision surgery after fusion observed in trials is similar to the incidence reported in post-market surveillance.<sup>4,5</sup>

We also noted that the WA State Health Authority document cites a rate of adverse events after MIS SIJF of up to 30% in two locations; however, we are not aware of where the 30% figure comes from and believe the figure mischaracterizes the safety of most MIS procedures. Please see the abstracted sections with highlights. We recommend the Health Authority review these statements to ensure they are accurate and provide direct citations in order to allow for proper verification and documentation.



Among the 13 studies evaluating the iFuse Implant System, the frequency of adverse events that were definitely or probably related to the device or procedure ranged from 0 percent to 30 percent. One study retrospectively evaluated the frequency of adverse events after minimally invasive SI joint fusion using a large insurance claims database from 2007 to 2014.<sup>33</sup> Study authors could not report the specific procedures or systems used based on available data. The overall incidence of complications was 13.2 percent at 90 days and 16.4 percent at 6 months among 469 claimants that had received surgery.

Among the 13 studies evaluating the iFuse Implant System, the frequency of revision surgery ranged from 0 percent to 8 percent. The largest of these studies reported the incidence of revision based on the manufacturer's post-market surveillance database over the years 2009 to 2014. Of 11,388 participants who underwent an initial procedure with iFuse, 320 (2.8%) underwent a revision and 63% of the revisions occurred within the first year postoperatively.<sup>34</sup>

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Among the 13 studies evaluating the iFuse Implant system, the frequency of adverse events ranged from 0 percent to 91 percent; however, when limited to adverse events definitely or probably related to the device or procedure, the range was from 0 percent to 30 percent. Though a few uncontrolled studies reported a higher frequency than those observed in the 2 RCTs<sup>15]16</sup> and 1 CCS,<sup>17</sup> most uncontrolled studies reported a similar or lower frequency. The frequency of revision surgery ranged from 0 percent to 8 percent. The largest of these studies reported the incidence of revision based on the manufacturer's post-market surveillance database over the years 2009 to 2014. Of 11,388 participants who underwent an initial procedure with iFuse, 320

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With the recommended edits and revisions, overall, we support the findings of this evidence report and welcome it as justification for continued research and study of minimally invasive SI joint fusions. Thank you for the opportunity to provide comments and edits and please do not hesitate to contact ISASS with any questions or with follow up at the staff contact below.

Sincerely,

Morgan Lorio, MD Chair, ISASS Coding and Reimbursement Task Force



**Staff Contact:** Matthew Twetten, MA, MHCDS Phone: 773-678-5705 E-mail: <u>matthewtwetten@gmail.com</u>

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