Involuntary Treatment Act

Senate Behavioral Health Subcommittee to Health & Long Term Care

January 18, 2019
Presenters

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Assistant Secretary, Behavioral Health Administration

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Involuntary Treatment Act (ITA) basic steps

- Investigation
- Detention
- Commitment 14-Day Order
- Commitment 90-Day Order
- Commitment 180-Day Order
- Less Restrictive Alternative Order
## Investigations and detentions

<table>
<thead>
<tr>
<th></th>
<th>SFY 2015</th>
<th>SFY 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total ITA Investigations</td>
<td>21,931</td>
<td>24,639</td>
</tr>
<tr>
<td>Investigations Resulting in Detention</td>
<td>9,580</td>
<td>9,941</td>
</tr>
</tbody>
</table>

Note: Numbers = events
# Involuntary commitments

<table>
<thead>
<tr>
<th></th>
<th>SFY 2015</th>
<th>SFY 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>72-Hour Detentions</td>
<td>9,580</td>
<td>9,941</td>
</tr>
<tr>
<td>14-Day Commitments</td>
<td>4,688</td>
<td>4,582</td>
</tr>
<tr>
<td>90-Day Commitments</td>
<td>846</td>
<td>1,285</td>
</tr>
<tr>
<td>180-Day Commitments</td>
<td>167</td>
<td>204</td>
</tr>
</tbody>
</table>
Less restrictive orders and revocations

<table>
<thead>
<tr>
<th></th>
<th>SFY 2015</th>
<th>SFY 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>90-Day Less Restrictive Alternative (LRA) Orders</td>
<td>2,976</td>
<td>3,123</td>
</tr>
<tr>
<td>LRA Revocations</td>
<td>347</td>
<td>621</td>
</tr>
</tbody>
</table>
Inventory: Short-term civil involuntary treatment beds

- Certified Evaluation and Treatment Center (E&T)
  - Freestanding E&T
  - Psychiatric hospital
  - Community hospital with a psychiatric unit

Current inventory of short-term adult community involuntary beds

<table>
<thead>
<tr>
<th>Type</th>
<th>Beds</th>
<th>Facilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Freestanding E&amp;T</td>
<td>243</td>
<td>17</td>
</tr>
<tr>
<td>Adult Psychiatric Hospital E&amp;T</td>
<td>356</td>
<td>7</td>
</tr>
<tr>
<td>Adult Community Hospital E&amp;T</td>
<td>262</td>
<td>12</td>
</tr>
<tr>
<td><strong>Total Adult Community ITA Capacity</strong></td>
<td><strong>861</strong></td>
<td><strong>36</strong></td>
</tr>
</tbody>
</table>
Planned capacity: Short-term civil involuntary treatment

2019

- Evaluation and Treatment Center (E&T), Toppenish Hospital
- Comprehensive Health E&T, Selah
- Center for Personal Growth Hospital, Olympia
- Recovery Place E&T and Secure Detox, King County
- Telecare E&T, Milton/Summer
- Mason County E&T
- Telecare McCleary E&T

2020

- Lifeline Connections Secure Detox and E&T, Vancouver
## Capacity: State-contracted long-term involuntary commitments

<table>
<thead>
<tr>
<th>Type</th>
<th>Beds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Astria Toppenish Hospital, Yakima County</td>
<td>10</td>
</tr>
<tr>
<td>TeleCare E&amp;T North Sound, Skagit County</td>
<td>3</td>
</tr>
<tr>
<td>Kitsap Mental Health Services, Kitsap County</td>
<td>4</td>
</tr>
<tr>
<td>TeleCare E&amp;T, Vancouver</td>
<td>3</td>
</tr>
<tr>
<td>Virginia Mason Hospital, Yakima</td>
<td>6</td>
</tr>
<tr>
<td>Cascade Mental Health E&amp;T, Lewis County</td>
<td>4</td>
</tr>
<tr>
<td><strong>Total State Contract Long-Term Beds</strong></td>
<td><strong>30</strong></td>
</tr>
</tbody>
</table>
Planned capacity: State-contract long-term community

- **Skagit Valley Hospital, Skagit County**
  - 4 beds (expected January 2019)

- **PeaceHealth St. John, Lewis County**
  - 2 beds (expected March 2019)

- **Virginia Mason Memorial, Yakima County**
  - 6 beds (expected July 2019)

- **RI International, Lewis County**
  - 16 beds (expected July 2019)

- **Peace Health St. John, Lewis County**
  - 4 beds (expected August 2019)

- **Providence Regional Medical Center Everett, Snohomish County**
  - 6 beds (expected January 2020)
State hospital adult civil capacity

- **Western State Hospital civil beds allocation: 527 beds**
  - 497 beds – East and west campuses
  - 30 beds – Habilitative Mental Health Unit

- **Eastern State Hospital civil beds allocation: 192 beds**
  - 91 beds – Adult psychiatric unit
  - 91 beds – GeroPsychiatric unit
  - 10 beds – Habilitative Mental Health Unit
Signs of system strain

Eastern State Hospital civil waitlist

Eastern State Hospital Civil Waitlist


Eastern State Hospital Average Daily Civil Census

Signs of system strain

Western State Hospital civil waitlist

Western State Hospital Civil Waitlist

Western State Hospital Average Daily Census


13
Single Bed Certifications (SBC) can be regarded as temporary Evaluation and Treatment Center (E&T) bed

- Adults: Only a Designated Crisis Responder can request an SBC
- State hospitals conduct clinical review of request and authorize, as appropriate (24/7)

Maximum SBC length: 30 days
- But can be extended multiple times, such as when individual is on 90-day order and no beds available at state hospital

SBC individuals can receive care at:
- Freestanding E&T
- Psychiatric hospital
- Community hospital w/psychiatric unit
- Medical/surgical bed at hospital w/o psychiatric unit
How many SBCs are there?

Monthly SBC Counts
August 2015 - December 2018

643

761
No Bed Available reporting

A Designated Crisis Responder is required (RCW 71.05.750) to file No Bed Available report when they cannot find:

- Available Evaluation and Treatment Center (E&T) bed; and
- Facility willing and able to accept and SBC.

HCA DBHR worked with BHOs and local hospitals to increase capacity (and thereby decrease reports), resulting in:

- DBHR contracts with BHOs (updated spring 2018) requiring BHOs do face-to-face follow-up interviews to ensure continuity of care
- Great Rivers BHO opened its first Freestanding E&T (2018)
- Second E&T set to open in Grays Harbor County (summer 2019)
No Bed Available report trends
## Capacity: Children’s civil short-term involuntary treatment ITA

<table>
<thead>
<tr>
<th>Type</th>
<th>Beds</th>
<th>Facilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children’s Freestanding E&amp;T Beds</td>
<td>22</td>
<td>2</td>
</tr>
<tr>
<td>Children’s Psychiatric Hospital E&amp;T Beds</td>
<td>26</td>
<td>1</td>
</tr>
<tr>
<td>Children’s Community Hospital E&amp;T Beds</td>
<td>32</td>
<td>2</td>
</tr>
<tr>
<td><strong>Total Community Children’s ITA Capacity</strong></td>
<td><strong>80</strong></td>
<td><strong>5</strong></td>
</tr>
</tbody>
</table>
Children’s Long-Term Inpatient Program (CLIP)

<table>
<thead>
<tr>
<th>Facility</th>
<th>Beds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pearl Street, Tacoma</td>
<td>12</td>
</tr>
<tr>
<td>Sunstone, Burien</td>
<td>10</td>
</tr>
<tr>
<td>Tamarack Center, Spokane</td>
<td>16</td>
</tr>
<tr>
<td>Two Rivers, Yakima</td>
<td>4</td>
</tr>
<tr>
<td><strong>Total CLIP capacity</strong></td>
<td><strong>42</strong></td>
</tr>
</tbody>
</table>

- State-operated/contracted children’s ITA capacity
  - 47 beds: Child Study and Treatment Center (current)
- 18 beds: New CLIP beds (projected to open July 2020)
Resources: Less Restrictive Alternative (LRA) treatment and diversion

- LRA resources considered essential component of network adequacy in BHO and Fully Integrated Region contracts
- Crisis, diversion, LRA treatment, and assisted outpatient treatment required by contract to be available statewide, within every region
Questions?

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Ricky’s Law Implementation and Assisted Outpatient Behavioral Health Treatment Pilots

Michael Langer
Acting Assistant Director, Division of Behavioral Health and Recovery
Ricky’s Law implementation by the numbers

2
Secure withdrawal management and stabilization facilities (with 45-bed total capacity), as of April 1, 2018 (Chehalis and Spokane)

412
Individuals had been served in these facilities by December 2018

98
Detained individuals received 14-day commitments (remaining individuals no longer met detention criteria)

8.75 days
Average length of stay
Assisted outpatient treatment (AOT) pilot projects

- 2 pilots funded (August 2018) to support increased infrastructure for assisted outpatient treatment (ESSB 6032)
  - Pierce County, serving urban communities
  - Yakima County, serving rural communities

- In response to lack of AOT orders across state

- To increase AOT infrastructure so prosecutors and ITA courts would be more likely to order AOT when appropriate

- Pilot outcomes
  - HCA collecting quarterly reports with numbers of individuals served, court order violations, contracts with law enforcement, and involuntary inpatient hospital admissions
  - HCA will partner with key stakeholders in pilots on lessons learned and best practice recommendations for future outpatient treatment programs
  - Report to Legislature (October 2019)
Questions?

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