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The High Cost of Cancer Treatments in Washington State

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Financial Relationships

- Grant Funding:
 - NCI, NHLBI, PCORI, CDC

- Consulting/Advisory Boards:
 - Bayer, Epigenomics, Genentech, Seattle Genetics

The Landscape of Cancer in the United States is Changing

- The annual number of new cases in the United States is expected to increase 75% by 2030
 - Population growth
 - Aging population
- Survival rates continue to climb for the most common cancers, in part due to improved treatments
- Rapidly rising healthcare costs compelling insurers to shift larger share of costs to patients
 - Affecting access to cancer care for lower income people

Monthly and Median Costs of Cancer Drugs at the Time of FDA Approval 1965 - 2015



Source: Peter B. Bach, MD, Memorial Sloan-Kettering Cancer Center

Top 5 Part B and D Drug Costs for Medicare, 2014

Top 5 Expenditure	Total Medicare	Total Annual Spending Per	Average Annual Beneficiary Cost
Cancer *	\$3,179,922,015	\$80,466	\$7,226
Noncancer **	\$13,114,862,964	\$21,048	\$1,286
Noncancer, sofosbuvir	\$10,007,901,983	\$2,796	\$344

*lenalidomide, imatinib, ipilimumab, sipuleucel-T, bexarotene **Sofosbuvir, esomeprazole, rosuvastatin, apiprazole, fluticasone/salmeterol

Medicare Drug Spending Dashboard 2014, www.cms.gov

Objectives for Measuring Cost



- Provide oncology community with cost data to support decision-making in cancer care
- Promote a dialogue about value in cancer care
- Cost is one component of the value equation – consider cost in the context of quality and outcomes

Linking Data Sources The Database



HEALTH CARE CLAIMS

DATES 2007 – 2015

POPULATION Premera 1.2 M Regence 4.3 M CANCER REGISTRY RECORDS

DATES 2007 – 2015

POPULATION CSS Registry: 13 counties In Western WA

88,000+ cancer patients linked between the two data sources With 35,000 patients enrolled at time of diagnosis

Phases of care



DIAGNOSIS	TREATMENT	CONTINUING CARE	END OF LIFE
$30 \text{ DAYS} \longleftrightarrow$			
DATE OF		90 D <i>i</i>	AYS <
DIAGNOSIS			DATE OF DEATH
TIME PERIOD	TIME PERIOD	NOT MEASURED	TIME PERIOD
 START: 1 month prior to diagnosis END: First of Beginning of treatment 2 months following diagnosis Death 	 START: First treatment (surgery, chemotherapy, radiation therapy) END: First of Beginning of treatment gap (gap must be at least 4 months) 12 months following initial treatment Death 		START: 90 days prior to deathEND: Date of death



<u>All</u> insurance claims paid for the phase of care.

- Except where noted, cost represents the amount paid by insurers to providers.
- All numbers are inflation adjusted to 2015 dollars



Cancer Patients in the Cost Analysis

≻ Age 18+

Cancer: Breast, colorectal, non-small cell lung, leukemia, lymphoma

First and only cancer

Enrolled with a single (participating) insurance plan over the phase of care



Cost of Care by Phase

Average cost



* For some patients the end of life phase overlaps with the treatment phase.

Phases of care



DIAGNOSIS 30 DAYS \leftarrow DATE OF DIAGNOSIS	TREATMENT	CONTINUING CARE 90 D/	END OF LIFE
 TIME PERIOD START: 1 month prior to diagnosis END: First of Beginning of treatment 2 months following diagnosis Death 	 TIME PERIOD START: First treatment (surgery, chemotherapy, radiation therapy) END: First of Beginning of treatment gap (gap must be at least 4 months) 12 months following initial treatment Death 	NOT MEASURED	DATE OF DEATH TIME PERIOD START: 90 days prior to death END: Date of death

Treatment Components



Surgery:

Specific surgical procedures for each cancer site (e.g. mastectomy)

Chemotherapy:

Infusion services IV and oral chemotherapy drugs Supportive care:

- colony stimulating factors
- blood transfusions
- antibiotics
- antivirals
- antifungals
- anti-nausea drugs

Radiation Therapy: All radiation oncology

Other:

All other claims

All claims on the day of surgery, chemotherapy, or radiation therapy are considered part of the total cost of that treatment.

Treatment Cost Components by Cancer Site and Stage







Cost of Chemotherapy During Initial Treatment



* Supportive care includes: colony stimulating factors, blood transfusions, antibiotics, antivirals, antifungals, and anti-nausea medications.



Most Expensive Chemotherapy Drugs: 2007 and 2014

200	77	20	14
Drug Name	Average Total	Drug Name	Average Total
	Spend Across		Spend Across
	Treatment		Treatment
	Phase*		Phase*
Trastuzumab	\$55,434	Trastuzumab	\$86,837
Rituximab	\$39,413	Bevacizumab	\$57,500
Oxaliplatin	\$39,372	Pertuzumab	\$51,304
Bevacizumab	\$35,420	Rituximab	\$46,694
Docetaxel	\$17,592	Pemetrexed	\$27,921
Paclitaxel	\$5,728	Oxaliplatin	\$11,027
Carboplatin	\$1,217	Docetaxel	\$7,334
Fluorouracil	\$869	Cyclophosphamide	\$4,250
Doxorubicin	\$631	Paclitaxel	\$3,350
Leucovorin	\$595	Irinotecan	\$1,641

*Treatment Phase defined as time from initiation of first treatment to beginning of first treatment gap OR 12 months after treatment. All costs expressed in 2015 dollars.



Oncology clinics in Western Washington

Included in the comparison if the clinic had at least 30 patients with that cancer type in our dataset

Clinic Profiles: Breast Cancer





Clinic Profiles: Colorectal Cancer





Clinic Profiles: Lung Cancer





Clinic

Phases of care



DIAGNOSIS	TREATMENT	CONTINUING CARE	END OF LIFE
DATE OF DIAGNOSIS		90 DA	DATE OF DEATH
TIME PERIOD START: 1 month prior to diagnosis END: First of · Beginning of treatment · 2 months following diagnosis · Death	 TIME PERIOD START: First treatment (surgery, chemotherapy, radiation therapy) END: First of Beginning of treatment gap (gap must be at least 4 months) 12 months following initial treatment Death 	NOT MEASURED	TIME PERIOD START: 90 days prior to death END: Date of death



Results: End of Life Phase

Regional results for metrics from the end of life phase



End-of-Life Average cost, <u>solid tumors only</u>, last 90 days

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Estimated Out-of-Pocket Costs



BREAKDOWN OF WHO PAYS FOR CARE



The difference between the allowed amount and amount paid by insurer

*Includes deductible, co-pay and co-insurance

Estimated Out-of-Pocket Costs





*Includes deductible, co-pay and co-insurance

Included in estimated out-of-pocket costs:

- Deductible
- Co-pays
- Co-insurance

Medical cost to the patient may be lower if:

- The patient has more than one insurance coverage
- The provider reduces or does not bill the patient

Medical costs to the patient may be higher due to:

- Medical costs not covered by insurance
- Loss of income due to the inability to work

Estimated Out-Of-Pocket Costs Treatment Phase

Average Cost, by Cancer Site and Stage



Limitations of Insurance Claims Costs

- Only show what was paid for by insurance
- Do not reflect full patient financial burden
- Claims data show utilization, not clinical rationale or test results
- Measuring long periods of treatment may not be possible as patients are more likely to change their health care coverage.
- Commercially insured population only

Conclusions

- Chemotherapy is the largest component of treatment phase for all except local stage cancers
- Variability in chemotherapy use across providers suggests room for improvement in prescribing practices
- At End-of-Life chemotherapy use is contributing to costs with little benefit to patient – another area for improvement
- Out-of-pocket cost burden to patients is substantial