

## THE SAVVY HEALTH CARE PURCHASER GETTING HIGH-VALUE CARE



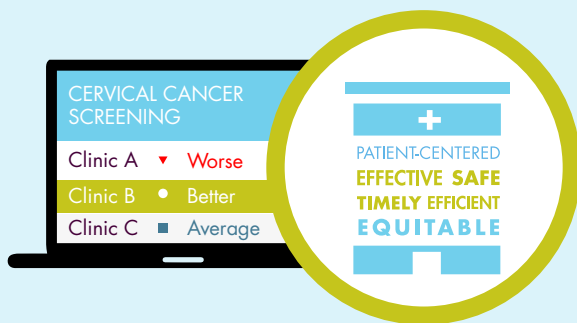
As individual consumers, every time we make a purchase we must weigh cost and quality to determine value.

Employers and labor union trusts purchasing health care benefits are doing the same thing—they're just buying a lot at one time and at a lot of cost to their organization.

### HOW TO BUY HIGH-VALUE HEALTH CARE

How employers and trusts buy health care can change the way care is delivered—for the better. High-value care is high quality, patient-centered care, provided at the fair price, leading to the best possible health outcomes.

### QUALITY



There is enormous variation in the quality of health care. Not all care is equally good.

**1. Look for medical groups and hospitals that deliver the care patients need and that avoid unnecessary tests and procedures.**

### PATIENT EXPERIENCE



Having a good experience at the doctor's office or hospital can lead to better health.

**2. Expect providers to listen to patients and respect the role they play in their own health care.**

### COST



Paying more for health care doesn't necessarily mean the care will be better.

**3. Look for providers who offer high-quality care at a fair price.**

### THESE RESOURCES CAN HELP YOU MAKE SURE YOU ARE BUYING HIGH-VALUE HEALTH CARE

See the Common Measure Set on the Community Checkup, powered by the Washington Health Alliance, at [www.wacommunitycheckup.org](http://www.wacommunitycheckup.org), to see how health care organizations rate on quality measures.

Compare patient experience at clinics and medical groups in the region at [www.wacommunitycheckup.org/your-voice-matters](http://www.wacommunitycheckup.org/your-voice-matters).

Become a member of the Washington Health Alliance and join the conversation to transform health care delivery. Learn more at [www.wahealthalliance.org](http://www.wahealthalliance.org).