Proposed residential treatment facility in North Snohomish County

Virtual town hall meeting Tuesday, March 22 6 to 8 p.m.



Town hall norms

- All meeting participants will be muted.
- Please click on the link in the chat to ask questions.
- Questions will be addressed at the end of the meeting as time allows.
- If we cannot answer your question during the meeting, we will have someone follow up with you.







THIS MEETING IS BEING RECORDED.

Disclaimer

A RECORDING OF THE MEETING AND THE SLIDES WILL BE POSTED ON THE HCA WEBSITE WITHIN TWO BUSINESS DAYS

PLEASE DO NOT DISCLOSE CONFIDENTIAL INFORMATION DURING THE MEETING THAT YOU DO NOT WANT PUBLIC.



Agenda

Background Keri Waterland • Facility program overview Keri Waterland and Kara Panek • • Who will run the facility? Wenaha Group • Design/build team Korsmo ٠ ۲ Keri Waterland In summary • Questions All • • Washington State Health Care Authority

Background

Washington State behavioral health plan Previously, people had to go to the two state psychiatric hospitals if they were ordered for longer lengths of treatment.

The state is moving towards community-based treatment facilities.

Community-based treatment facilities provide a place where people can stay close to their families and communities.

> Washington State Health Care Authority

Why build a community-based treatment center?



Treat people closer to their homes and communities.



Invest in community-based treatment options

Why Snohomish County?

- Snohomish does not have the capacity to serve community members on long term involuntary psychiatric orders.
- As of March 2022, there are six contracted beds in the county.
- People who get inpatient behavioral health services closer to home have a better support network and are more successful in recovery.
- While this is a new project for the Health Care Authority, Health Care Authority has contracted with this type of facility for years.



What is civil commitment?

When people are gravely disabled or likely to harm themselves or others, they receive acute psychiatric inpatient treatment in a community hospital or a certified evaluation and treatment facility.

The goal of this level of care is to quickly evaluate, diagnose and stabilize acute symptoms.



Facility program overview



What kind of facility is proposed?

- A 16-bed facility to provide inpatient evaluation and treatment services.
- The facility will serve individuals who are civilly committed on 90- or-180-day orders.
- The facility will enable people to receive mental health treatment close to their home, family, and community.
- The purpose of this facility to become a part of the community as a resource, a partner, and a good neighbor.



Who will the facility serve?

Individuals 18 and older who are court ordered for long-term behavioral health treatment, under the states <u>Involuntary</u> <u>Treatment Act.</u>

Patients have symptoms of a mood or thought disorder which have resulted in an inability to stay safe and/or healthy.

These are not individuals involved in the criminal justice system.

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What kind of treatment will the facility provide?

Treatment is individualized and may include counseling, medication management, and other rehabilitative services (for example, independent living skills). What does "secure facility" mean? Individuals receiving treatment under the Involuntary Treatment Act require staff escort to leave the facility.

The facility will be secure and locked, with all appropriate policies and procedures to ensure safety of the individuals, staff, and community.

• <u>Read the fact sheet</u> to learn about specific policies.

Individuals receiving treatment may be unable to care for their own health or safety.

Patients are more likely to be victims of crime than perpetrators.



What happens after treatment is complete?

- From the time of admission, individuals work with the treatment team to create a discharge plan.
- Discharge plans include medication management, case management, and medical care.
- The treatment team works with the discharging patient to help ensure a well-coordinated handoff to prearranged housing.

Who will run the facility?

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A settlement between the Tulalip Tribes of Washington and the Health Care Authority stipulates that the Tribes will invest \$35 M in a civil commitment facility of 48 beds or less.

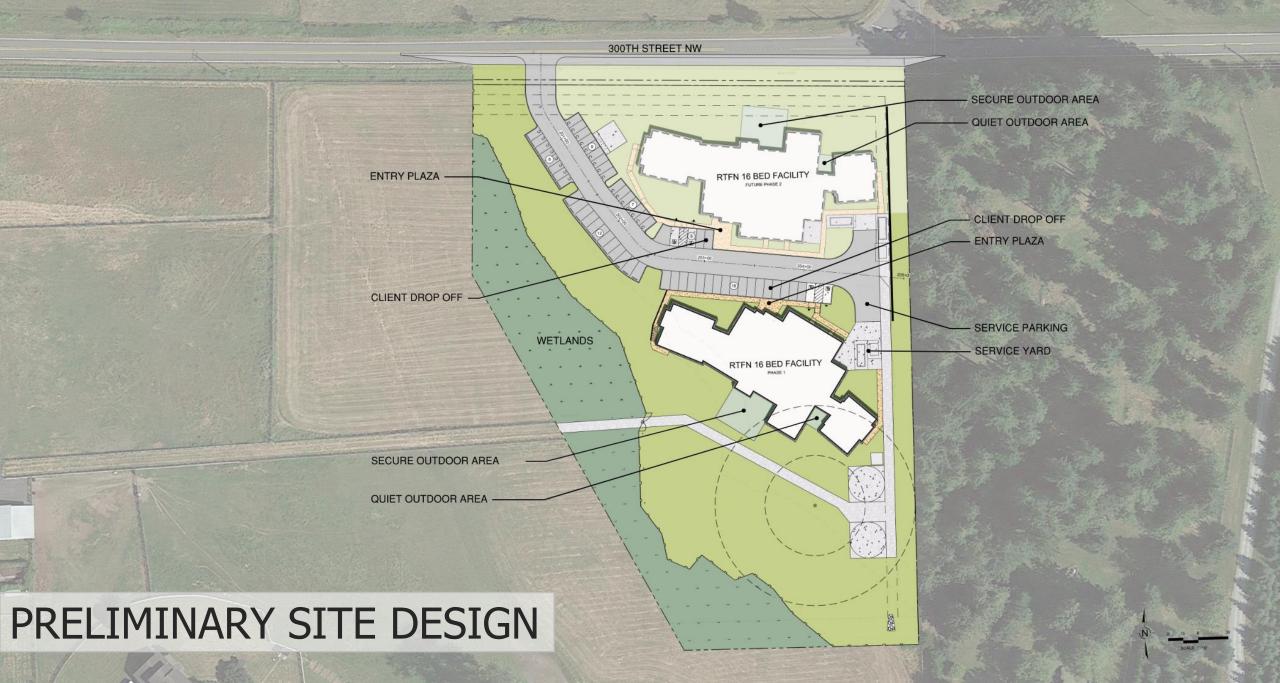
The Health Care Authority will be the owner of the building and hire a behavioral health provider to run the facility.

The Health Care Authority is tentatively scheduled to open the facility in 2024.

The state may build another building in the future if funding is available.



Design/Build Team



Facility impacts on neighbors

- This facility provides long-term civil commitment services with minimal visits to and from the facility during the individual's treatment.
- Traffic impact will be minimal. Shoulder will be created full width of parcel to improve traffic safety.
- New water system and septic system will not impact the neighbors

WHAT WILL THE BUILDING LOOK LIKE?





FLOOR PLAN

COMMONS & DINING

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NATURE NOOK & QUILTED WALL

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In summary

- This facility is not a jail, it is a mental health treatment center for individuals who are experiencing serious mental illness.
- People who will live in this facility are more likely to be victims of a crime than to have committed a crime.
- This is a health care facility, and it will enable people to receive treatment out of a hospital and close to their families and communities.
- The facility is designed with safety and security in mind.

Questions

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Click on the link in the chat box.



Email: snohomishrtf@hca.wa.gov.



Visit <u>the proposed community-based</u> <u>treatment facility webpage</u>.



Read the fact sheet.

