

## Regional Youth Behavioral Health Navigators

### Overview

The Youth Behavioral Health Navigators program is designed to support each region in:

1. Standing up community wide teams that convene to support the children youth and families in their regions.
2. Building an access portal for individuals concerned about a child or youth to reach out and request support.
3. Convene multi system disciplinary team, pulling partners from the community wide team who have potential assets that can support the child and family in accessing what they are seeking, and/or to develop a plan of stability while the resource options get worked out.

Requests for support for young people needing intensive services will be prioritized by the Navigation teams. The Health Care Authority (HCA) is partnering with Kid's Mental Health Pierce County and Department of Developmental Administration (DDA) to stand up 3 regions per year for the next three years.

Technical assistance and support, collaborative learning teams across the state, and pathways for real time input on regional strengths and needs will be developed as the first teams begin standing up.

Youth Navigator regions standing up in fiscal year 2023:

- Greater Columbia
- Salish
- Southwest

Technical assistance and supports will be provided by Kid's Mental Health Pierce County team.

### FY 2023 Budget

Services provided through clinical response teams that receive referrals for children and youth inpatient services and manage a process to coordinate treatment plans:

- \$2,148,000 of the general fund—state appropriation for fiscal year 2023 and \$499,000 of the general fund—federal appropriation are provided solely for the authority to contract for

youth inpatient navigator services in four regions of the state. The services must be provided through clinical response teams that receive referrals for children and youth inpatient services and manage a process to coordinate placements and alternative community treatment plans. Of these amounts, \$445,000 of the general fund—state appropriation and \$79,000 of the general fund—federal appropriation are provided solely to contract for services through an existing program located in Pierce county

Continued support for Pierce County program:

- GF-S \$445,000
- GF-F \$79,000

Total \$2,148,000 Funding for remaining teams expected in FY 2024 budget.

### Eligibility requirements

Children, youth, young adults and their families in WA regions where there are teams will have access to seek support.

There are no funding or insurance coverage barriers to accessing this support.

### Authority

ESSB 5693; Section 215 (113); Washington State Health Care Authority

### Partners

Kids Mental Health Pierce County is the existing model this work is framed from. Mary Bridge staff and team are providing technical assistance and support for statewide implementation.

The Developmental Disabilities Administration (DDA) is supporting at the headquarter and regional levels to ensure coordination and education to create seamless skilled cross system supports.

Family Youth System Partner Round Table (FYSPRT), Children's Long-term Inpatient Program (CLIP) review teams, mental health, Applied Behavior Analysis (ABA), Substance Use Disorder (SUD) and social service partners, regional child welfare social workers, juvenile justice and regional DDA teams, schools, and Educational Service



Districts (ESD) navigators are being connected to the project.

## Oversight

Health Care Authority

## For more information

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