

Residential Treatment Facility North (RTFN) – Project Narrative

Scope of the project

This project will consist of two new buildings to be constructed in two phases. Each building will be a single-story 15,500 square foot residential treatment facility with 16-beds. Each building will have associated site improvements and parking. These facilities will provide secure civil behavioral health services.

These facilities are designed to house civilly committed patients.

The design of the buildings focuses on integrating the facility into the existing rural setting with a residential-style aesthetic. Construction will use wood stud framing, shed roofs, and aluminum-framed windows. The facility will be ADA compliant and have full sprinkler coverage. The facility contains single and double patient bedrooms, group areas for patient activities, patient laundry room, a re-heat kitchen, a sensory room, an exercise room and a life skills training room. Additionally, an outdoor patient patio is provided. The building floorplan and support services are operationally appropriate to support the proposed clinical program.

All the proposed construction work will be completed prior to opening and no patients will be present during construction activities.

Types of Residents Admitted to this Facility

- The RTFN Civil Commitment facilities shall admit adults (age 18 and over) requiring in-patient behavioral health treatment. The two units will each have a maximum occupancy of 16 beds.
 - a. Eligibility:
The Civil Commitment program shall serve adults who are court ordered to inpatient behavioral health treatment under the Involuntary Treatment Act. The facility will ideally serve residents of Snohomish County and surrounding areas.

Services Offered

- The services offered in the RTFN's Civil Commitment beds are that of behavioral health treatment of adults with involuntary treatment orders for up to 90/180 days of inpatient treatment due to a mental disorder and who meet the regulatory and program requirements for admission.

Activities Provided

Examples of the resident activities.

- Services and activities to be provided to patients of the Civil Commitment Program are medical screening, psychiatric screening, risk screening, observations, group treatment services, complete psycho-bio-social evaluation, peer support and treatment with the intent of stabilization, improvement in mental status, behavior and adoption of recovery principles to the extent that the patient may be returned to their previous, or another, less restrictive living arrangement with appropriate integration into aftercare services.

Transportation

Patients will arrive and be admitted through the front entrance. All entrances have paved sidewalks and fully accessible entrances.

Policy

The RTFN Civil Commitment program shall provide for the provision for transportation for residents in accordance with Washington state laws and rules governing transportation.

It is required by the Department of Health and WAC 246-337-065 that the RTFN Civil Commitment program have a written transportation policy in place to protect resident health and safety. by developing policies and procedures that address safe transportation practices for residents. Residents will not leave the facility except for specialized healthcare appointments and will be accompanied by two staff members. Transportation will be via private ambulance or other approved vehicle.

Staffing

- Each facility will have employ approximately 35 staff members. The facility is a 24 hour/ seven days a week program. There will be three shifts. The day shift, approximately 8am to 4pm, swing shift, 4pm to 12am and night shift will be midnight to 8am. Staff numbers vary per shift with approximately 12-15 staff on site during day would be the highest staff level, other shifts would be less. These staffing levels are projections, and the actual levels will be determined by HCA's selected operator.

- Types of staff, such as administrator, alternate administrator(s), nursing assistants, LPN, RN, foodservice workers, janitors, security, groundskeepers, etc.

Resident Room and Toilet rooms

The facility consists of three semi-private double room and ten single rooms. Each patient shall be provided with a bed, mattress, nightstand and wardrobe cabinet. The wardrobe cabinets are not equipped with doors and do not lock. Patient belongings can be stored in secure lockable storage in the patient effects room. Patient room doors will have “classroom” function door hardware installed. This hardware function allows exit from a room at all times but can be locked from the corridor side if a room is not in use or undergoing maintenance. With “classroom” function locks there is no method of being locked inside a bedroom.

The facility is equipped with thirteen combination toilet/shower rooms and one toilet room that is available to patients near the day room.

Outdoor Spaces

The facility is provided with a fenced yard area for patient activities. Secure furniture will be provided.

Laundry Service

The facility contracts with an offsite commercial laundry (still to be determined) services for all bedding, towels, etc. The contracted vendors cleaning procedures shall be documented and available onsite for review.

Patients wash their own clothes onsite in a standard washing machine and dryer. Patient clothes are never co-mingled with that of other patients or contracted linen products. When patients are incapable of performing their own wash staff will assist with washing duties. The patient laundry room is configured for proper linen flow (soiled, wash, dry, fold).

Food Service

- A serving kitchen is provided. Food is prepared off-site and frozen and delivered in pre-packaged containers. The food is re-heated via connection oven/microwave and served to patients. There are no pots and pans stored at the facility and no grease generation.

- Menus and food service to be provided by a contracted food service vendor. The vendor will be required to show evidence of compliance with applicable regulatory compliance with Safe Food Handling, provide alternative and special dietary needs menus/foodstuff with advance notice in addition to “regular diet” menus. Specific Policy and Procedures of the mechanics of food delivery, storage, heating shall be established in coordination with the commercial vendor closer to occupancy of the physical plant and subsequent to determination of Dietary related equipment and confirmation of acceptable location.
- Breakfast, Lunch and Dinner, Snacks, PRN food for after hour’s admissions shall be provided, inclusive of plans for Emergency. Modified diets shall be provided whenever possible requiring advance notice.
- Disposal wares are used by patients and service pans are returned to the contract provider for cleaning.

Buildings and surrounding areas security

The civil commitment facilities shall be secured by mechanically locked doors with emergency egress to the outdoors. Egress shall be defined by local fire code, and patient emergency relocations shall be done per the defend in place strategy. There exists a sally port to ensure patient safety in receiving patients for care.