

Program of Assertive Community Treatment (PACT)

Purpose

PACT is for people with severe mental health disorders, who frequently need care in a psychiatric hospital or other crisis service. These clients often have challenges with traditional services and may have a high risk or history of arrest and incarceration.

Overview of PACT teams

PACT is an evidence-based practice which, when adopted to fidelity, provides a cost-effective method of service delivery to reduce hospital, emergency services, and jail utilization. PACT teams are multidisciplinary teams who serve people with severe mental illness who frequently need psychiatric care or other crisis services. PACT teams come in different sizes, but every PACT team provides care 24/7 and consist of:

- A psychiatric prescriber
- A team leader
- Registered nurses
- Master's level mental health professionals
- Substance use disorder professional
- Vocational and housing support
- Peer supports

PACT teams bring their support to the client where they live. This includes bringing medication to the client, transporting them to support their recovery and promote independence. The teams will work with the individual to build skills and work to graduate to a lower level of care.

Full PACT teams support up to 100 individuals and half teams support up to 50 individuals. Specific fidelity standards are supported by annual fidelity reviews, technical assistance, and ongoing training for the teams. Teams are limited in the number of new clients they may accept each month to establish rapport and stability with each new client.

Current PACT teams

There are currently 20 PACT teams in Washington: 15 full teams and 5 half teams. They serve about 1610 individuals with severe mental illness across the state.

Currently there are PACT teams located in the following counties:

- Chelan/Douglas
- Clark
- Cowlitz
- Franklin/Benton
- Grays Harbor
- King
- Kitsap
- Lewis
- Pierce
- Salish
- Skagit
- Snohomish
- Spokane
- Thurston
- Yakima
- Walla Walla
- Whatcom

Current Funding

General Fund-state: \$12,359,000 for each fiscal year 2022 and 23

General Fund-federal: \$23,444,000 for combined biennium of 2022 and 23

For more information

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