

## Prenatal through 25 Behavioral Health Strategic Plan

During the 2022 legislative session, the Children and Youth Behavioral Health Work Group (CYBHWG) recommended the development of a Statewide Prenatal through 25 (P-25) Behavioral Health Strategic Plan. This recommendation was passed by the Washington State legislature in [Second Substitute House Bill 1890](#).

The goal of the strategic plan is to develop longer term, system-wide strategies to ensure access to high-quality equitable care and supports in behavioral health education and promotion, prevention, intervention, recovery and ongoing well-being for families in the perinatal stage (pregnancy through the first year of life), children, young people transitioning to adulthood, and their caregivers. The P-25 Behavioral Health Strategic Plan will be submitted to the Governor by November 1, 2024.

### P-25 Behavioral Health Strategic Plan Advisory Committee

A Strategic Plan Advisory Committee will lead development of the strategic plan. If you are interested in being added to the mailing list for advisory committee meetings, let us know at [cybhwg@hca.wa.gov](mailto:cybhwg@hca.wa.gov).

#### Upcoming meetings

Date	Group	Meeting information
November 18, 2022 2 to 4:30 p.m.	Prenatal through 25 Behavioral Health Strategic Plan Advisory Committee	<a href="#">Agenda and draft charter</a> Zoom meeting Email: <a href="mailto:cybhwg@hca.wa.gov">cybhwg@hca.wa.gov</a> for details.
*December 5, 2022	Prenatal through 25 Behavioral Health Strategic Plan Advisory Committee	Cancelled

\*Note: The Monday, December 5 meeting has been cancelled. Beginning in January 2023, the advisory committee will be meeting every other month for 2-3 hours. A complete schedule will be released soon.

#### Past meetings

Date	Group	Meeting information
October 13, 2022	Prenatal through 25 Behavioral Health Strategic Plan Advisory Committee	<a href="#">View TVW recording (10/13/2022)</a>
August 29, 2022	Prenatal through 25 Behavioral Health Strategic Plan Advisory Committee	<a href="#">View TVW recording (8/29/2022)</a>

#### Advisory committee membership

Currently, members identified in legislation, primarily representatives from state agencies, have already been appointed. Leaders from each of the CYBHWG's subgroups are also participating.

We are pleased to announce that applications to join the advisory committee are now open! Young people, their parents, and caregivers will represent over one-third of this committee. Please help us recruit voices from diverse communities to serve on this advisory committee. Perhaps your voice is the one needed on this Advisory Committee.

#### Selection criteria

1. Representation across the lifespan

- People who have experience with behavioral health system, to include, youth/young adult, parents, and caregivers.
2. Representation across the state
    - Community diversity, to include those with cultural, linguistic, and ethnic diversity, as well as those having diverse experience with behavioral health care.

## Application process

If you are interested in being considered for membership in the Advisory Committee, please answer the following questions:

1. Where do you live? (Address)
2. What is your age?
3. What community, organization, and/or issue do you identify with?
4. Why do you want to participate on this Advisory Committee?

Submit your responses via [email](#). All responses are due by December 12, 2022 (end of day). Selected applicants will be notified beginning December 21, 2022.

Members are required to attend one 2-3 hour advisory committee meeting every other month. Participation in subcommittees, as they are formed, is optional.

## Other opportunities to participate in development of the strategic plan

- Share your thoughts about the advisory committee or anything else related to strategic plan development during the public comment period of each advisory committee. *In addition to speaking, you will be able to comment in Chat during the public comment period and we may have additional opportunities for audience participation.*
- Send your comments, suggestions, and ideas to [cybhwg@hca.wa.gov](mailto:cybhwg@hca.wa.gov).
- If you or a family member have received mental health or substance use treatment services – or tried to get services and were unable to find them – let us know if you are interested in joining the Youth & Young Adult or Parent & Caregivers subcommittees we will be forming. *These groups will meet virtually throughout development of the strategic plan to provide input and feedback.*
- We are hoping to partner with community organizations to share information and get input from the people in that community. If your organization is interested in working with us, please let us know.
- In 2024, we are planning extended outreach and listening tours across the state. We hope to meet with many of you in person to hear your views!

## Young people and family members – you will be paid for your participation!

If you are a young person who has received mental health or substance use treatment services – or you are a parent or caregiver of someone who has received services – you can be paid as a member of the advisory committee or any subcommittee.

If you do not receive payment for attending meetings through your work or another organization, we will be providing payment of \$45/hour (up to \$200/day). Reimbursement for child or elder care is also available.