

# CONTINUING EDUCATION SERIES FOR CERTIFIED PEER SUPPORT COUNSELORS

## Co-Occurring Disorders

Co-occurring Disorders Training for Peer Support Counselors is interactive and provides useful tools for Peer Support Counselors working with people who experience co-occurring disorders – the coexistence of both a mental health and a substance use disorder. It will further define co-occurring disorders, introduce study results, the Stages of Change, relapse prevention, and cover the SAMHSA perspective. In an interactive online learning setting, peer counselors will learn how to positively work with people who experience co-occurring disorders.

### Speaker

#### Sharon Holmes

Education from SIUC, IL, a graduate certificate in Human Resources from Chapman University now Brandman University in Orange, CA, and an Associate of Art and Science Degree from Pierce College, Lakewood, WA. Sharon worked as a WA State Certified Peer Counselor and has managed a team to facilitate change and empower women. She is a Licensed Chemical Dependency Professional (CDPT). During her tenure as a Recovery Educator; Sharon provided direct care management and instruction to clients with mental health and substance use challenges and/or co-occurring disorders. Sharon is owner of Ms. SharCo LLC and Inspiring Here & Now LLC which offers workforce educational trainings; and she is also an Independent Contractor, currently working as Training Coordinator for Hoping the Hope; coordinating WRAP and Continuing Educational trainings sponsored by the State of WA. She is, facilitating Co-occurring Disorders trainings, a Certified Therapeutic Options Trainer, teaching de-escalation skills to Certified Peer Counselors, and WRAP as an Advance Level WRAP Facilitator. Sharon is passionate about educating others; she sees the power of education as a tool to work for others as it is for her and it's the focus of her work.



**Date: April 20, 2020**

**Time: 9:00am - 4:30pm**

This workshop is an interactive online workshop.

### Registration

For more details, please register at [www.holdingthehope.com/events](http://www.holdingthehope.com/events)

Pre-registration is required. Employed certified peer counselors will be given first priority. Please send questions to Marisa at [marisa@Holdingthehope.com](mailto:marisa@Holdingthehope.com).

*Sponsored by the Washington State Health Care Authority (HCA), this workshop is free of cost.*

## Holding the Hope

Holding the Hope is a peer owned and peer run organization providing workforce development in the behavioral health industry. They are sponsored by The Health Care Authority, Division of Behavioral Health and Recovery, Peer Support Program to bring you this workshop.

