

# Parent Child Assistance Program (PCAP)

## Overview

The Parent Child Assistance Program (PCAP) is an evidence-informed program that provides case management, home visits, and support services to pregnant and parenting women with substance use disorders and their young children.

Previous Safe Babies, Safe Moms (SBSM) sites have transitioned to adopt the PCAP model beginning in July 2017. There are currently 15 PCAP sites around Washington.

PCAP services include:

- Referral, support, and advocacy for substance use disorder treatment and continuing care.
- Assistance in accessing and using local resources such as family planning, safe housing, healthcare, domestic violence services, parent skills training, child welfare, childcare, transportation, and legal services.
- Linkages to health care and appropriate therapeutic interventions for children.
- Timely advocacy based on client needs.

## Eligibility requirements

Women are eligible if they meet all three of the following criteria:

- Women who are currently pregnant or postpartum up to 24 months. Priority shall be given to women who are pregnant and up to 12 months postpartum; referrals shall be accepted up to 24 months postpartum on a space available basis.
- Women who self-report heavy substance use (drugs and/or alcohol) during the current or recent pregnancy.
- Women who have not successfully accessed community resources for substance use disorder treatment and long-term recovery.

- In addition, women who have given birth to a child diagnosed with Fetal Alcohol Syndrome (FAS) or Fetal Alcohol Spectrum Disorder (FASD), who are still drinking and able to become pregnant, may be enrolled regardless of pregnancy status.
- Financial eligibility: 220% of Federal Poverty Level or Medicaid eligible.

## Authority

2ES HB 2376. Sec 208 (1).

Proviso adopted 2015. S-3394. Sec 208.

Section 208 instructs the Division of Behavioral Health and Recovery (DBHR) to dedicate marijuana account-state appropriation continued from FY 2016 & 2017 of \$791,000 to provide solely for the increasing services to pregnant and parenting women through the Parent-Child Assistance Program.

## Budget

Total Budget: \$10,636,318 per year.

- \$10,124,662 dedicated to PCAP services per year.
- \$511,656 dedicated to PCAP data collection, evaluation, and staff training by the Fetal Alcohol and Drug Unit (FADU).

## Rates


Each PCAP site negotiates a per-client amount based on their geographic location and localized funding requirements. Per-client funds vary from \$457 to \$516.

## Costs and numbers served

At \$10,636,318 per year, PCAP's current capacity is to regularly provide services to 1,409 clients.

## Partners

- PCAP works closely with community service providers to ensure services are available and accessible to meet the needs of women and their children.

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- Agencies can act as referral sources, notifying PCAP regarding clients who may be eligible for participation in the program.
  - PCAP regularly collaborates with pediatric and family health care professionals to ensure that mothers and babies obtain regular care and consultation as necessary.
  - Many PCAP clients have mental health problems. PCAP works with mental health provider networks and arranges for assessments, treatment, and multi-disciplinary staffing for clients as necessary.
  - PCAP works with the University of Washington FAS Diagnostic and Prevention Network (FAS DPN) to obtain diagnostic services and treatment recommendations for eligible clients and their children.
  - Other collaborative relationships include housing, child welfare, courts, schools, vocational centers, and therapeutic childcare centers.

### **Oversight**

The Fetal Alcohol and Drug Unit (FADU) with the University of Washington provides quality assurance, implementation fidelity, training, and evaluation of all PCAP sites around the state.

Behavioral Health Administration (BHA) program manager conducts site visits biennially.

### **For more information**

Sarah Pine, behavioral health program manager  
[Sarah.Pine@hca.wa.gov](mailto:Sarah.Pine@hca.wa.gov) or (360) 725-9410