



October 11, 2022
Monthly Meeting

Prenatal through 5 Relational Health Subgroup



Participants at Today's Meeting (10.11.22)

1. Andrea Estes
2. Arbor Sol
3. Avreayl Jacobson
4. Becca Calhoun
5. Beth Tinker
6. Bridget Lecheile
7. Brooke Pringle
8. Cassidy Christopher
9. Christine Cole
10. Cindi Wiek
11. Elizabeth De La Luz
12. Haruko Watanabe
13. Janet Fraatz
14. Jess Galvez
15. Judy King
16. Kailani Amine
17. Kim Gilsdorf
18. Kristin Wiggins
19. Liz Venuto
20. Makeba Greene
21. Mary Ann Woodruff
22. Mary Sprute Garland
23. Nucha Isarowong
24. Representative Debra Entenman
25. Representative Thai
26. Rachel Burke
27. Rachel Dumanian
28. Sarah Brady
29. Sarah Pulliam
30. Sharon Shadwell
31. Soledad Carrillo
32. Stephanie Courtney
33. Tamara Sheehan

Agenda

- ✓ Welcome, Introductions & Small Group Check-Ins
- ✓ Housekeeping: Compensation for Members with Lived Experience
- ✓ Review: Workgroup Process & Timeline
- ✓ Agency Partner Updates on Budget Proposals
- ✓ Overview of Priorities
 - ✓ Expansion of Infant Early Childhood Mental Health Consultation (IECMH-C)
 - ✓ Expansion of Complex Needs Funds (ECEAP & Child Care)
 - ✓ Relationally Based Awareness and Navigation Supports for Parents & Caregivers
- ✓ Survey, Action Items for Members & Breakouts
- ✓ Preview of November Meeting & Check-out



Welcome!

P5RHS Co-Chairs and Liaisons to the Children & Youth Behavioral Health Workgroup



Representative Debra
Entenman



Bridget Lecheile,
WA-AIMH

P5RHS Advocacy and Facilitation Leads



Kristin Wiggins,
Advocacy



Makeba Greene,
Facilitation



Perigee Fund provides philanthropic support for subgroup facilitation, advocacy, and parent engagement



Check-Ins (Small Groups)

What are your observations (opportunities or concerns) for the “Gen C” or “COVID generation” and what gives you hope?

Children and Youth Behavioral Health Work Group (CYBHWG)

Update: Compensation for members with lived experience

- Starting October 3rd the CYBHWG may be able to offer payment (called stipends) of \$45/hr to people joining the P5RHS meeting who:
 - participate in this subgroup discussion but are not paid by their employer (or another entity) to attend.
 - are attending because of their own, or their family member's, lived experience with the behavioral health system.
- In addition, the workgroup may also be able to reimburse members with lived experience for child or elder care, if needed.

Please send Makeba a direct message if you're interested in receiving and believe you are eligible for a stipend and/or childcare reimbursement.

Additional questions can be sent to cybhwg@hca.wa.gov or send a message in chat to Nate Lewis or Rachel Burke.

P5RHS Calendar

Date	Actions
May 10 th 2-3:30pm	First P5RHS meeting of 2022 <ul style="list-style-type: none">Recap last session & implementation, preview activities for the year
June 8 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue group breakouts; Identify 2023 session priorities
July 12 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups develop recommendations for key priorities
August 9 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups refine prioritized recommendationsSubgroup members help with outreach and vetting
September 13 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">P5RHS finalizes draft recommendations
September 15 th	Draft P5RHS recommendations due to CYBHWG
October 11 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Finalize recommendations and develop key talking points, FAQs
October 11 th	Final P5RHS recommendations due to CYBHWG
November 1 st	CYBHWG report due to the Legislature
November 15 th 2-3:30	P5RHS meeting <ul style="list-style-type: none">Parent leader panel, presentation of final recommendations
December 14 th	Final P5RHS meeting of the year – will likely be canceled unless needed





Political Context & Next Steps with Subgroup Priorities

Legislative & Political Context

- Revenue forecast report
- Election year
- Status of budget development, process ahead

Next Steps in Our Shared Advocacy

- Subgroups must rank their priorities; we will be asking you to do this today!
- Promote P5RHS Recommendations
- The Children and Youth Behavioral Health Workgroup (CYBHWG) will choose which priorities make it onto their larger agenda. Recommendations are in four buckets:
 - ✓ Overarching
 - ✓ New
 - ✓ Legacy
 - ✓ Support (November meeting)

Partner Decision Package (DP) Updates

- Health Care Authority (HCA)
- Department of Children, Youth and Families (DCYF)

MHAYC Updates



Implementation Survey

Take the [survey](#) by November 1!



Clinical record guidance and workgroup

See the new [guidance](#) from DOH
Submit an [EOI](#) for the workgroup by November 1.



DC:0-5 Crosswalk

Subscribe to [P-25BH GovDelivery](#) to
stay up-to-date



P-25 BH Leg Updates webinar series

Register and learn more on the [P-25 BH
webpage](#)

2023 Budget and Legislation Proposals

- ▶ 10 Pregnancy, Infancy and Early Childhood Proposals
 - ▶ Focused on early life to achieve a strong start for children and build healthy communities for Washington
- ▶ All details and additional proposals from all State agencies can be found on the [Office of Financial Management webpage](#)
 - ▶ To learn more about HCA's requests for funding or any of the programs described here, please contact Evan Klein at evan.klein@hca.wa.gov.

Pregnancy, Infancy and Early Childhood Proposals

- ▶ Developmental Screening Rate Increase
- ▶ Compensation for Lived Experience
 - ▶ Specific focus on perinatal & early childhood initiatives
- ▶ Birthing Center Start Up Funds
 - ▶ Priority for BIPOC-owned/led centers & intention to promote midwifery services
- ▶ Additional SUD Maternity Support (Compassionate Maternity)
 - ▶ Parenting assistance, safe plan for discharge, & transition planning for SUD treatment
- ▶ Apple Health Rate Study for Doula Care
 - ▶ Analysis & recommendations for successful Apple Health implementation

Additional PIE Proposals:

- ▶ ABA Rate Increases & Training
- ▶ First Steps Maternity Support Services
- ▶ Prevention Services for PCAP & PPW
- ▶ Pregnancy & Postpartum Federal Poverty Level
- ▶ Substance Using Pregnant People (SUPP) Provider Support

DCYF P-5 DP Overview

Mary Sprute Garlant
Policy Advisor

October 10, 2022



Washington State Department of
CHILDREN, YOUTH & FAMILIES



Guiding Principles for Development

- Prioritize programs and services that reduce racial and ethnic disparities in outcomes and access to services across all DCYF systems of care.
- Prioritize resources that focus on core responsibilities outlined in DCYF's vision and strategic plan.
- Prioritize prevention services and intervention solutions to keep children, youth and families safe in their community and not going deeper into the DCYF system.
- Prioritize funding for programs and policies that have demonstrated their effectiveness in improving outcomes through evidence-based and promising practices.
- Think big, bold, and with innovation in mind.

Agency Request Legislation and Decision Packages

- **Prevention**
- **Rising Strong West Capital**
- **Combined In Home & Transitional Services**
- **Caregiver Placement Supports**
- **Family Time**
- **D.S. Compliance**
- **Licensed Kinship Placements**
- **CCWIS**
- **SSPS Replacement**
- **CCDF Audit Resolution**
- **JR Community Capacity Expansion**
- **JR Improve Educational Outcomes**
- **Housing Access and Supports**
- **Making Child Care work for Families**
- **Supporting Providers for Child Care Access**
- **WCCC Rate Increases**
- **Preparing for ECEAP Entitlement**
- **EL Facilities Fund Capital**
- **Culturally Relevant Language Access Program**
- **Background Checks and Licensing Fees and Schedules**
- **R-GAP**



Prevention

\$24.626M

DCYF Strategic Priority Alignment

- Safely reduce the number of children and youth in out-of-home care by half

What?

Investment in prevention services and interventions to reduce the number of families entering into child welfare and to promote child and family well-being.

Why?

- DCYF is charged with preventing harm to children and youth and implementing services and supports upstream
- Changing the trajectory of rates of child maltreatment and promoting well-being for children and families requires universal, targeted, and individualized approaches

Components:

- Services and supports for substance use disorder treatment
 - Network of substance use disorder professionals across the state
 - Expanding Plan of Safe Care Statewide
 - Expanding Pregnant and Parenting Intake Pilot
 - Support for HCA DPs: treatment beds for families and PCAP expansion
- Continuation and expansion of Strengthening Families Locally, a community-based prevention initiative
- Home visiting expansion, workforce investments, and infrastructure investments such as professional development and data system improvements
- Re-design of DCYF's Family Reconciliation Services

Rising Strong West

Capital Budget DP
\$13M

DCYF Strategic Priority Alignment

- Safely reduce the number of children and youth in out-of-home care by half

What?

Capital funding for the construction of a site for the Rising Strong model on the west side of the state. Rising Strong is a holistic, family-centered drug treatment and housing program supporting families in staying together while they begin to recover from addiction and heal from trauma.

Why?

- Substance use disorder is a top contributing factor for the placement of children into out-of-home care, especially young children
- Western Washington currently does not have any program where families can stay together while recovering from Substance Use Disorder

Components:

- Funding for capital costs to build a new residential treatment program on the west side of the state

Making Child Care Work for Families

\$298.95M

DCYF Strategic Priority Alignment

- Eliminate racial disproportionalities and advance racial equity
- Create a high-quality integrated B-8 system
- Improve quality and intention of our practice
- Improve quality and availability of provider services

What?

A multi-pronged approach to simplify and standardize child care subsidy and EL programs. These will provide 8,775 additional families with access to WCCC and increase ECEAP access to an additional 168 families.

Why?

- Ensure that our most vulnerable children have access to high quality care
- Simplify provider and family experience with the subsidy system

Components:

- Authorizing full-time care for all children
- Adding more student parents to eligibility
- Requiring only one parent to participate in an approved activity
- Allowing participation in ECEAP and Head Start as an approved activity for WCCC
- Allowing family participation in medical activities as an approved activity
- Allowing job search as an approved activity at application and reapplication
- Removing 12-month restriction on Homeless Grace Period
- Exclude child support, Social Security, and Supplemental Security payments as countable income for Working Connections Child Care and ECEAP
- Increase Family Access to Child Welfare Early Learning Navigators
- Transition Child Welfare Child Care to Working Connections
- Outreach and Communication Contracted Services

Supporting Providers for Child Care Access

\$236.81M

DCYF Strategic Priority Alignment

- Improve quality and availability of provider services
- Improve quality and intention of our practice
- Eliminate racial disproportionalities and advance racial equity
- Create a high-quality integrated B-8 system

What?

DCYF is proposing to simplify some administrative processes to reduce the burden for providers who participate in subsidy and to provide targeted supports to make it feasible for providers to serve specific populations of children.

Why?

Access to high-quality child care for families can be limited by structural constraints on providers. This is especially true for providers serving children on WCCC and those serving infants/toddlers.

Components:

- Sustainable and Predictable Subsidy Payment
- Non-Standard Hours Bonus Increase
- **Child Care Complex Needs Fund Expansion**
- Early Childhood Equity Grants Expansion
- Expand Early ECEAP in areas of most need
- Contracted slots to secure access for children involved in protective services
- Increase infant rate enhancement for child care subsidy from \$90/month to \$500/month
- Align Overpayment Collection with Federal Requirements

Preparing for ECEAP Entitlement

\$264.7M

DCYF Strategic Priority Alignment

- Eliminate racial disproportionalities and advance racial equity
- Create a high-quality integrated B-8 system
- Improve quality and intention of our practice
- Improve quality and availability of provider services

What?

Increased investments to continue building a flexible, responsive, and robust system that better supports ECEAP and other early learning providers to meet entitlement.

Why?

- ECEAP is proven to get kids furthest from opportunity ready for kindergarten.
- Enables the next phase of ECEAP expansion toward meeting entitlement in the 2026-27 school year as required by FSKA.

Components:

- Rate increase for school day and working day slots
- Slot increases to meet entitlement – 6,000 new slots (85% SD, 15% WD)
- Slot conversion to meet child and family needs – 5,000 PD to SD
- **ECEAP Complex Needs Fund expansion**
- Scholarships for workforce development
- Entitlement infrastructure – readiness TA, quality supports, DCYF program supports

THANK YOU

Mary Sprute Garlant

mary.sprutegarlant@dcyf.wa.gov



Washington State Department of
CHILDREN, YOUTH & FAMILIES

A photograph of a white rectangular card with the words "Thank you" written in a blue, cursive script. The card is placed on top of a brown, textured envelope. The background is a plain, light-colored surface.

Thank you



Thank you to
our partners!

Final
Priorities for
P5RHS to be
submitted to
CYBHW

1. Expansion of Infant Early
Childhood Mental Health
Consultation (IECMH-C)

2. Expansion of the ECEAP and
Child Care Complex Needs Funds
(CNFs)

3. Awareness and Navigation
Supports for Parents & Caregivers

2022 – 23 P5RHS Priority #1

Expansion of Infant Early Childhood Mental Health Consultation (IECMH-C)

Recommendation: Increase investment in IECMH-C by \$2M annually (ongoing) to address unmet need and increase equitable access to IECMH-C for WA's children, families, and adult caregivers in child care.

Specific impacts: Current investments fund a diverse and multi-lingual cohort of 15 mental health consultants statewide along with reflective/clinical supervision and training. The requested funds would be used to hire 13 additional mental health consultants and address ongoing program needs to maintain quality and access.

More Info: IECMH-C is an evidence-based and prevention-oriented multilevel intervention that: effectively improves caregiver social-emotional support for young children; reduces challenging behaviors; and interrupts bias and disproportionate expulsions and suspensions of young children of color in early care settings.

Summary: WA childcare providers report an urgent need for IECMH-C as children continue to grapple with the impacts of the COVID-19 pandemic. A \$2M investment will nearly double the number of children who can be served by IECMH-C.

2022 – 23 P5RHS Priority #2

Expansion of the ECEAP and Child Care Complex Needs Funds

Recommendation: Strengthen funding for the Child Care and ECEAP Complex Needs Funds (CNF) so that children 0-5 can experience fewer disruptions in early learning programs and providers can access crucial resources in responding to an overwhelming demand for behavioral health supports. Budget request: \$31.08M total for the 2023-2025 biennium.

Specific impacts: This budget request includes:

- An additional \$11.08M over the 2023-2025 biennium for ECEAP CNF (\$4.806M in SFY24; \$6.278M in SFY25).
- An additional \$20M over the 2023-2025 biennium for the Child Care CNF (\$10M in SFY24; \$10M in SFY25)

More Info: Early learning providers across WA report increased need for support for children who have complex needs. The ECEAP and Child Care CNFs provide vital state funding to support children with developmental delays, differing abilities, or challenging behaviors. Early learning providers submit requests for CNF supports; to date providers have submitted far more requests than the available budgets.

Details: Due to limited funding, DCYF was only able to provide for

- Approximately 55% of the funds requested for children in ECEAP who qualified for Complex Needs services, leaving many children and families in our state with continued unmet needs.
- A little more than 5% of the funds requested for DCYF's Child Care Complex Needs Fund in its first round of funding.

2022 – 23 P5RHS Priority #3

Awareness and Navigation Supports for Parents & Caregivers

Recommendation: Require the Health Care Authority (HCA) to analyze opportunities to improve relationally based family awareness and navigation supports in the perinatal stage and/or with children birth through five years old (P-5 families). The analysis should focus specifically on the experiences of families of color and multilingual families, as well as supports provided by family/peer/community-run organizations. Requested Budget: \$200,000.

Specific impacts: Expanded parent and caregiver awareness of and access to available services for mental health assessment, diagnosis, and treatment of our youngest Washingtonians will improve child and family outcomes, address significant equity gaps in accessibility, and act as a complement to existing and future efforts to expand provider awareness and access to referral pipelines. This comprehensive analysis will include a landscape analysis of services, a corresponding gap analysis (including a demographic analysis of existing users), an overview of best practices, and recommendations for future action.

More Info: The COVID-19 pandemic has underscored the importance of culturally responsive health education and the vital role that trusted messengers play in engendering trust for health care interventions and supports. In tandem and as a complement to provider-focused interventions, experts emphasize the need to strengthen parent and caregiver knowledge of early mental health interventions and services to better equip parents and caregivers to identify challenges, seek care, and navigate services if a need or crisis arises.

Summary: Culturally-responsive health education and interaction must also center the experiences and knowledge of parents and caregivers. This study will provide crucial understanding of more effective mechanisms to support parent/caregiver awareness of and access to mental health interventions in WA, ultimately supporting more equitable outcomes for young children and their families.

Action Items for P5RHS Members

1. Following our breakout discussions by priority and group debrief **please rank the current subgroup priorities** (survey link to follow)
2. **Please share your thoughts with voting members of the CYBHWG** (sample text and email addresses to follow via email).
3. **Attend our November panel** (invitation to follow via email).



Issue Group
Discussions:
Celebrate &
Develop Key
Talking Points
for Advocacy

1. Expansion of Infant Early
Childhood Mental Health
Consultation (IECMH-C)

2. Expansion of the ECEAP and
Child Care Complex Needs Funds
(CNFs)

3. Awareness and Navigation
Supports for Parents & Caregivers

Reminder: Action Items for P5RHS Members

- **Please rank the current subgroup priorities** (survey link in chat)
- **Please share your thoughts with voting members of the CYBHWG** (sample text and email addresses to follow via email).
- **Attend our November panel** (invitation to follow via email).





Thank you!

- **Reminder:** Our November meeting and panel presentation will be on November 15th from 2pm – 3:30pm
- **Quick Check Out:** What's your relationship with Pumpkin Spice drinks? Love them? Hate them? Meh? Never tried one?