Prenatal to 5 Relational Health Subgroup

September 14, 2021
Monthly Meeting | 2-3:30pm

Slide deck annotated following meeting
Agenda

• Welcome & overview (4)
• Small group break outs (4)
• Implementation updates (15)
• HCA update on dyadic billing (5)
• Refining recommendations (43)
  • Peer supports (small group 1)
  • Perinatal services (small group 2)
• Synthesis & Close (10)

*Slide deck annotated following meeting*
Participants

1. Sarah Brady
2. Rachel Burke
3. Diana Cockrell
4. Christine Cole
5. Mia Edidin
6. Ayan Elmi
7. Rep. Debra Entenman
8. Andrea Estes
9. Kiki Fabian
10. Janet Fraatz
11. Jess Galvez
12. Kim Gilsdorf
13. Carrie Glover
14. Dana Guy
15. Dr. Nucha Isarowong
16. Byron Jackson
17. Elizabeth Krause
18. Bridget Lecheille
19. Edna Maddalena
20. Lou Olson
21. Casey Osborn-Hinman
22. Avery Park
23. Kristina Peterson
24. Jennifer Rees
25. Joel Ryan
26. Caroline Sedano
27. Sharon Shadwell
28. Hikma Sherka
29. Victoria Cherniak
30. Beth Tinker
31. Cara Towle
32. Megan Veith
33. Cynthia Wiek
34. Kristin Wiggins
35. Dr. Mary Ann Woodruff
Implementation Update from DCYF

Complex needs methodology
Implementation Update

Complex needs fund

- DCYF will be posting an open position soon to coordinate the complex needs funds (ECEAP and early learning providers)
- Grant applications for ECEAP complex needs fund are anticipated to be available to ECEAP contractors in mid-September

IECMH Consultation Expansion

- Hiring update: Four positions for infanta and early childhood mental health consultants remain open until filled:
  - OlyPen: https://ccacwa.org/about-us/employment-at-ccac/
  - Southwest WA: https://www.governmentjobs.com/careers/esi112?pageType=jobOpportunitiesJobs&jobId=3152420&jobName=ec-mental-health-consultant&tab=1
  - Central WA: https://www.paycomonline.net/v4/ats/php/jobs/showjobdetails?jobId=16917&ClientKey=C1A6580EC9649FE925608E73C98D589
  - King/Pierce: https://drive.google.com/file/d/1-XYiK3WvIt2we8VAAdJt/Wif70RReq/view
- When hiring is complete there will be 15 consultants (6 existing plus 6 per expansion in Fair Start for Kids Act plus 3 funded through a federal, time-limited grant)
- IECMH-C expansion outlined in Fair Start for Kids Act included professional development and reflective supervision for the program situated at Child Care Aware of WA. A reflective supervisor has been hired.
Implementation Update

Developmentally appropriate mental health assessment and diagnosis for birth through age 5

- Still moving forward with January 1 timeline
- Crosswalk of DC:0-5™ diagnoses & ICD-10 Medicaid billing codes
  - Developing a Washington-specific interim crosswalk by adapting the national Zero to Three crosswalk
  - Feedback welcome on crosswalk development: Contact Christine Cole (christine.cole@hca.wa.gov) or Kiki Fabian (kiki.fabian@hca.wa.gov) with input or questions
  - Crosswalk development will take apx. 6 months with aimed publish date July 1, 2022
## Interim Crosswalk

Uses the National/Zero To Three crosswalk as starting point, minimal changes made to align with Washington Medicaid billing guidelines

Reviewed primarily by HCA billing staff

Published as soon as possible (Jan 2022 at the latest)

## Community-Informed Crosswalk

Will use the Interim crosswalk as a starting point, changes will be made to reflect community consensus on what is clinically and developmentally appropriate

Reviewed by community partners, stakeholders, advocates, and IECMH providers

Anticipate at least a 6-month process of workgroup meetings to complete, published once consensus is reached, hoping to publish by July 1, 2022.
The Washington Association of Infant Mental Health and Barnard Center for Infant and Early Childhood Mental Health are partnering with Healthcare Authority staff in developing a survey to understand the unique needs & challenges in serving this population to inform future training opportunities.

- This survey is intended licensed and license-eligible clinicians in the state of Washington working with pregnant/post-partum persons and children birth to 5.
- Access the survey: [https://www.surveymonkey.com/r/8WS2LF3](https://www.surveymonkey.com/r/8WS2LF3)
- Please feel free to share with your community! For more information, you can contact Christine Cole at [christine.cole@hca.wa.gov](mailto:christine.cole@hca.wa.gov).
Vision: Washington’s children, youth, and young adults have access to high-quality behavioral health care.

Mission: Identify barriers to and opportunities for accessing behavioral health services for children, youth and young adults (prenatal to 25 years old) and their families that are accessible, effective, timely, culturally and linguistically relevant, supported by evidence, and incorporate tailored innovations as needed; and to advise the Legislature on statewide behavioral health services and supports for this population.

Important Elements of Work Group Charge:

• Support the unique needs of children and youth (prenatally through age 25), including promoting health and social and emotional development in the context of children's family, community, and culture

• Develop and sustain system improvements to support the behavioral health needs of children and youth

Racial equity norms – The P5RHS has spent years addressing issues of racial equity
<table>
<thead>
<tr>
<th>Date</th>
<th>Actions</th>
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<tr>
<td>June 14</td>
<td>First subgroup report</td>
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| June 15, 2-3:30   | P5RHS meeting  
• Recap last session & follow-up implementation; Identify potential priorities                                                                                                       |
| July 20, 2-3:30   | P5RHS meeting  
• Issue groups refine prioritized recommendations & P5RHS further refine                                                                                                                          |
| August 17, 2-3:30 | P5RHS meeting  
• Issue groups refine prioritized recommendations  
• Subgroup members help with outreach and vetting                                                                                                                                             |
| September 14, 2-3:30 | P5RHS meeting  
• P5RHS finalizes prioritized recommendations  
• Generate message content for recommendation FAQs and talking points                                                                                                                                  |
| September 17      | Draft P5RHS recommendations due to CYBHWG (Due to staff in advance of 9/17)                                                                                                                             |
| October 5         | **Input on refined draft P5RHS recommendations due to Kristin & Casey**                                                                                                                                |
| October 12, 2-3:30 | P5RHS meeting – review final recommendations                                                                                                                                                           |
| October 15        | Final recommendations due to CYBHWG (Due to staff in advance of 10/15)                                                                                                                                  |
| November 1        | CYBHWG report due to the Legislature                                                                                                                                                                   |
| November 9, 2-3:30 | P5RHS meeting                                                                                                                                                                                          |
| December 14       | P5RHS meeting                                                                                                                                                                                            |
Our Focus

• COMMUNITY-INFORMED - Prioritizes approaches and ideas that strengthen child and family well-being, as shared by members of impacted communities and those that serve them

• CENTERS & ADVANCES EQUITY – Holds the promise to measurably close gaps in health access and outcomes

• ACHIEVABLE – Size and scope are appropriate for Washington’s policy landscape

• CAPACITY – Implementation could be described and executed well and quickly

• STRENGTHENS/TRANSFORMS – Helps to build, sustain, or transform foundational systems

• FIT – Fits within the P5RHS and CYBHWG scope, and avoids duplicating the work of other groups
Small Groups
Prioritized Issues

1. **Peer Supports** – Discuss research questions and investigation topics

*Objective for today: Develop research questions and identify investigation topics*

Group discussion and agreement that this concept needs further work. Group identified some research questions and will continue exploring questions for this work (for leading into the 2022 recommendation process).

2. **Perinatal Services & Supports** – Review and discuss draft Warm Line expansion recommendation

*Objective for today: Refine draft recommendation (no major changes). Commit to collecting input.*

Group is enthusiastic about the recommendation to expand the Warm Line so that 1) more families can access the line and 2) there is greater public awareness about the Warm Line and other relevant supports. Next step is to continue vetting draft recommendation with community members and refining accordingly.

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5. **STRENGTHENS/TRANSFORMS**
   - Helps to build, sustain, or transform foundational systems

6. **FIT**
   - Fits within the PSRHS and CYBHWG scope, and avoids duplicating the work of other groups
Wrap Up

Next steps

1. Next meeting –
   October 12, 2-3:30

2. Request for vetting
   with your colleagues
   by October 5

• Stay healthy
• Keep moving the prenatal to 5 relational health systems forward!

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