August 9, 2022
Monthly Meeting

Prenatal through 5 Relational Health Subgroup
<table>
<thead>
<tr>
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<th>Participants at Today’s Meeting (8.9.22)</th>
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<tr>
<td>1.</td>
<td>Amritha Bhat</td>
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<td>2.</td>
<td>Anne Stone</td>
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<td>Arbor Sol</td>
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<td>Avreayl Jacobson</td>
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<td>Becca Calhoun</td>
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<td>Bridget Lecheile</td>
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<td>Carrie Glover</td>
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<td>Christine Cole</td>
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<td>Cindi Wiek</td>
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<td>Dorothy Gorder</td>
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<td>Elizabeth De La Luz</td>
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<td>Gina Cardillo</td>
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<td>Janet Fraatz</td>
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<td>Jennifer Rees</td>
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<td>Joel Ryan</td>
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<td>Judy King</td>
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<td>Kate Ingman</td>
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<td>Katy Warren</td>
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<td>Kiki Fabian</td>
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<td>Kristin Wiggins</td>
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<td>21.</td>
<td>Mary Ann Woodruff</td>
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<td>Mary Sprute Garlant</td>
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<td>23.</td>
<td>Megan Veith</td>
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<td>Melissa McPheeters</td>
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<td>Mia Edidin</td>
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<td>Miriam Hirschstein</td>
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<td>Molly Belozer Firth</td>
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<td>Muriel Herrera-Velasquez</td>
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<td>Nucha Isarowong</td>
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<td>Rachel Burke</td>
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<td>Rachel Dumanian</td>
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<td>Sarah Brady</td>
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<td>Sarah Pulliam</td>
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<td>Sharon Shadwell</td>
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<td>Soledad Carrillo</td>
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<td>Stephan Blanford</td>
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<td>Stephanie Courtney</td>
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<td>Tamara Sheehan</td>
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<td>Victor Cardenas</td>
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Agenda

✓ Welcome & Introductions
✓ Small Group Check-Ins
✓ Update on Tenets Discussion
✓ Review: Workgroup Process & Timeline
✓ Partner & Workgroup Updates
✓ Revised Issue Groups – Priority Development Process
  ✓ Integration & Quality of Services (formerly MHAYC)
  ✓ Complex Needs Fund & IECMH-C (Consultation)
✓ Report Out & Check-out
Welcome!

**P5RHS Co-Chairs and Liaisons to the Children & Youth Behavioral Heath Workgroup**

Representative Debra Entenman

Bridget Lecheile, WA-AIMH

**P5RHS Advocacy and Facilitation Leads**

Kristin Wiggins, Advocacy

Makeba Greene, Facilitation

*Perigee Fund provides philanthropic support for subgroup facilitation, advocacy, and parent engagement*
Check-Ins (Small Groups)

1. What is your favorite summer fruit and/or fruit recipe?

2. What (if any) summer fruit are you growing/foraging?
How We Work Together
Reminder: Racial Equity Norms

Previously:

Color Brave Space Norms
• Color Brave Space Norms are a set of meeting agreements that help to focus conversation on racial equity and justice
• Developed by Equity Matters, a local BIPOC-led consulting firm
• Designed broadly for organizations, especially nonprofits
• Some complex licensing challenges given the nature of P5RHS’s work

Proposed:

The Tenets
• Diversity-Informed Tenets provide a set of 10 strategies for work with infants, children & families
• Designed largely by BIPOC leaders working in prenatal to 5 work, with backing from the Irving Harris Foundation and endorsement from a variety of national organizations
• Opportunity to connect with workshops to link Tenets to practice
In response to our survey regarding an initial consideration of the Tenets (diversityinformedtenets.org):
• 30 survey respondents
• 50% of respondents said they were very familiar with the Tenets
• 100% of respondents indicated an interest in continuing to review and consider use of the Tenets for P5RHS

- “I fully support the adoption of the Tenets”
- “I am interested in ideas about how to use, model, and ‘teach’ the tenets in adult trainings.”
- “Yay, I’m so excited about this!”
- “It would be really important for subgroup members to operationalize the Tenets.”
Reminder: P5RHS Issue Decision Process

**Issue Group Discussions lead to Subgroup Priorities**
- New or revised issues for discussion can be raised by any member
- Primarily developed and initially vetted within issue groups
- Brought to large group for discussion and prioritization

**Subgroup Priorities lead to Workgroup Recommendations**
- Subgroup members help with outreach and vetting
- Draft recommendations to CYBHWG in September
- Subgroup members support final edits, due in October

It can often take several years to fully develop a priority that leads to a recommendation!
<table>
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| May 10th 2-3:30pm | First P5RHS meeting of 2022  
• Recap last session & implementation, preview activities for the year |
| June 8th 2-3:30pm | P5RHS meeting  
• Issue group breakouts; Identify 2023 session priorities |
| July 12th 2-3:30pm | P5RHS meeting  
• Issue groups develop recommendations for key priorities |
| August 9th 2-3:30pm | P5RHS meeting  
• Issue groups refine prioritized recommendations  
• Subgroup members help with outreach and vetting |
| September 13th 2-3:30pm | P5RHS meeting  
• P5RHS finalizes draft recommendations |
| September 15th | Draft P5RHS recommendations due to CYBHWG                                |
| October 11th 2-3:30pm | P5RHS meeting  
• Finalize recommendations and develop key talking points, FAQs |
| October 15th | Final P5RHS recommendations due to CYBHWG                                |
| November 1st | CYBHWG report due to the Legislature                                      |
| November 9th 2-3:30 | P5RHS meeting  
• Parent leader panel, presentation of final recommendations |
| December 14th | Final P5RHS meeting of the year – may be canceled if not needed          |
Partner & Workgroup Updates

• Welcome & Intro to Parent Rep Elizabeth De La Luz on Workgroup - Kristin

• Community Health Worker Grant - HCA

• Complex Needs Fund - DCYF

HCA = Health Care Authority
IECMH-C = Infant and early childhood mental health consultation
DCYF = Department of Children, Youth, and Families
Community Health Workers (CHWs) in Primary Care supporting children & youth [ESSB 5693, Sec. 211 (103)]

**Legislative Direction**
- 2-year grant program | Jan 2023 – Jan 2025
- Outreach, informal counseling & social supports for health related social needs
- Determine if eligible for federal matching funds
- Report on impact & health outcomes
- Explore sustainable reimbursement options

**Policy Implementation**
- Administer grant to primary care settings serving children, youth & their families
- Collaborate with Department of Health (DOH) to align with CHW core curriculum & new health specific modules
- Include CHW services in Medicaid Transformation Project Waiver renewal as means for possible federal match funds
- Conduct a mixed methods evaluation to assess impact & support sustainability efforts
Estimated Grant Timeline

**June 2022**
- Develop charter & project timeline

**August 2022**
- Launch application process

**September 2022**
- Application period
- Provide support in application process

**October 2022**
- Announce awardees & begin contracting

**November 2022**
- Finalize contracts
- Awardees to begin recruiting

**January 2023 thru December 2025**
- Grant program offered through awardee sites
- Conduct mixed-methods evaluation

**NOTE:** HCA will continue to explore MTP waiver & sustainable reimbursement options throughout project. Updates will be shared as available.
Complex Needs Fund Updates

➢ Child Care Complex Needs Fund

➢ ECEAP Complex Needs Fund
Thank you to our Partners!
1. Integration & Quality of Services (Formerly MHAYC - Mental Health Assessment for Young Children)

2. Complex Needs Fund & Consultation (Infant and Early Childhood Mental Health Consultation - IECMH-C)
Quick Report Outs

1. Integration & Quality of Services (Formerly MHAYC - Mental Health Assessment for Young Children)

2. Complex Needs Fund & Consultation (Infant and Early Childhood Mental Health Consultation - IECMH-C)
Thank you!

Our next meeting is Tuesday, September 13th from 2-3:30 on Zoom.

Hope to see you then!

Quick check out in the chat: What is one of your favorite children’s books?
Community Health Workers in Primary Care grant

A two-year grant for primary care clinics serving children and youth (birth through age 18) to hire Community Health Workers.

Grant amount: $2,087,000. An additional $6 million is intended to be appropriated during the next legislative session.

What are Community Health Workers?

Community Health Worker (CHW) is a term to describe a person working in a variety of settings who is a trusted member of or a close understanding of the community they are working with. The key part of their work is their connection to community and clients based on shared experiences and cultural background. CHWs use their role with clients to advocate on their behalf, connect them to culturally competent care, and build trust.

Other terms to describe Community Health Workers:

- Promotores(as): CHWs serving Hispanic or Latino communities
- Community health representatives (CHRs): CHWs who serve American Indian and Alaska Native communities

Why CHWs in primary care?

Advocacy for this project centered on addressing rising behavioral/mental health concerns in Washington, including long wait times for accessing services, difficulty navigating across services and settings, and the importance of providers who reflect the communities they serve.

CHWs will be located in primary care settings to provide guidance on processes, such as screening and referrals, support with understanding medical/mental health recommendations and diagnoses, and support in moving across different services and settings. This project includes CHWs who will focus on supporting young children from birth to age five and their caregivers, and an additional group of CHWs who will support school-age children and youth (5 through 18 years) with the caregivers.

Who does this impact?

Primary care clinics and staff

Clinics can apply for this grant, and those who are selected will be able to hire one to two CHWs to join their clinic team.

Community Health Workers

This project will increase the job opportunities for current CHWs and those who are interested in becoming CHWs.

Children, youth and families

The primary focus of this work is supporting children, youth and families in navigating our complex health system. CHWs will work closely with families who are receiving care at the selected clinics.
Child and youth advocates

This project is a demonstration grant, which means that we will use lessons learned to explore ways to build more CHW services throughout Washington

Timeline

- August 22: Application is available and posted online
- October 3: Application deadline (2 p.m. Pacific)
- October 29: “Apparent Successful Applicants” announced and notified via email and posted to our website
- TBD: Awards are disbursed
- November through December: HCA finalizes contracts, awardees begin recruiting
- January 2023: Estimated contract start date

Learn more

Questions and comments can be directed to CHWGrant@hca.wa.gov or 360-725-1244.