



August 9, 2022
Monthly Meeting

Prenatal through 5 Relational Health Subgroup



Participants at Today's Meeting (8.9.22)

1. Amritha Bhat
2. Anne Stone
3. Arbor Sol
4. Avreayl Jacobson
5. Becca Calhoun
6. Bridget Lecheile
7. Carrie Glover
8. Christine Cole
9. Cindi Wiek
10. Dorothy Gorder
11. Elizabeth De La Luz
12. Gina Cardillo
13. Janet Fraatz
14. Jennifer Rees
15. Joel Ryan
16. Judy King
17. Kate Ingman
18. Katy Warren
19. Kiki Fabian
20. Kristin Wiggins
21. Mary Ann Woodruff
22. Mary Sprute Garland
23. Megan Veith
24. Melissa McPheeters
25. Mia Edidin
26. Miriam Hirschstein
27. Molly Belozzer Firth
28. Muriel Herrera-Velasquez
29. Nucha Isarowong
30. Rachel Burke
31. Rachel Dumanian
32. Sarah Brady
33. Sarah Pulliam
34. Sharon Shadwell
35. Soledad Carrillo
36. Stephan Blanford
37. Stephanie Courtney
38. Tamara Sheehan
39. Victor Cardenas



Agenda

- ✓ Welcome & Introductions
- ✓ Small Group Check-Ins
- ✓ Update on Tenets Discussion
- ✓ Review: Workgroup Process & Timeline
- ✓ Partner & Workgroup Updates
- ✓ Revised Issue Groups – Priority Development Process
 - ✓ Integration & Quality of Services (formerly MHAYC)
 - ✓ Complex Needs Fund & IECMH-C (Consultation)
- ✓ Report Out & Check-out

Welcome!

P5RHS Co-Chairs and Liaisons to the Children & Youth Behavioral Health Workgroup



Representative Debra
Entenman



Bridget Lecheile,
WA-AIMH

P5RHS Advocacy and Facilitation Leads



Kristin Wiggins,
Advocacy



Makeba Greene,
Facilitation



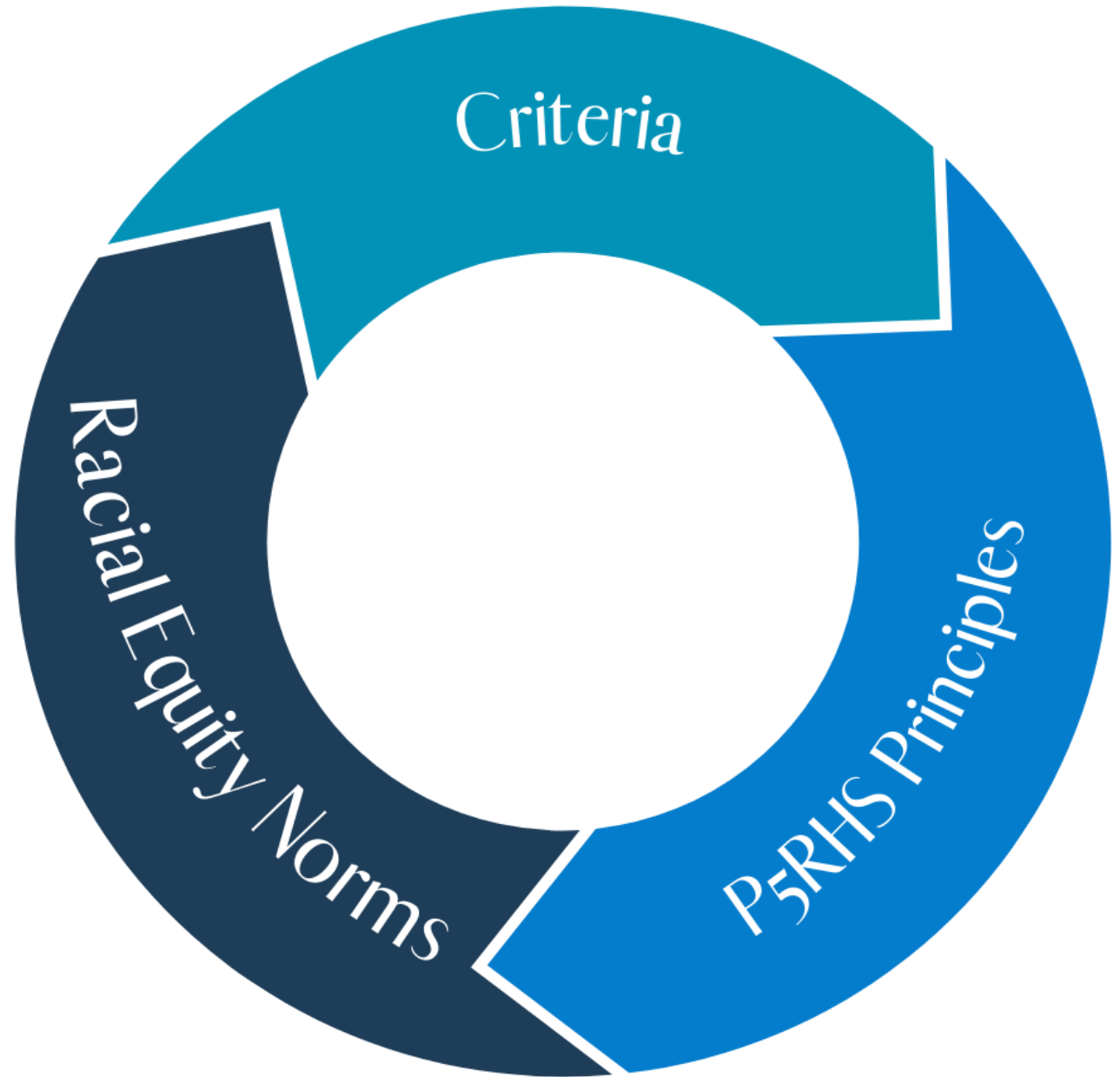
Perigee Fund provides philanthropic support for subgroup facilitation, advocacy, and parent engagement



Check-Ins (Small Groups)

1. What is your favorite summer fruit and/or fruit recipe?
2. What (if any) summer fruit are you growing/foraging?

How We Work Together



Reminder: Racial Equity Norms

Previously:

Color Brave Space Norms

- Color Brave Space Norms are a set of meeting agreements that help to focus conversation on racial equity and justice
- Developed by Equity Matters, a local BIPOC-led consulting firm
- Designed broadly for organizations, especially nonprofits
- Some complex licensing challenges given the nature of P5RHS's work

Proposed:

The Tenets

- Diversity-Informed Tenets provide a set of 10 strategies for work with infants, children & families
- Designed largely by BIPOC leaders working in prenatal to 5 work, with backing from the Irving Harris Foundation and endorsement from a variety of national organizations
- Opportunity to connect with workshops to link Tenets to practice

Survey Results: The Tenets

In response to our survey regarding an initial consideration of the Tenets (diversityinformedtenets.org):

- 30 survey respondents
- 50% of respondents said they were very familiar with the Tenets
- 100% of respondents indicated an interest in continuing to review and consider use of the Tenets for P5RHS

- "I'm curious about how leadership will navigate the training requirements."

- "I fully support the adoption of the Tenets"

- "I am interested in ideas about how to use, model, and 'teach' the tenets in adult trainings."

- "Yay, I'm so excited about this!"

- "It would be really important for subgroup members to operationalize the Tenets."

Reminder: P5RHS Issue Decision Process

Issue Group Discussions lead to Subgroup Priorities



- New or revised issues for discussion can be raised by any member
- Primarily developed and initially vetted within issue groups
- Brought to large group for discussion and prioritization

Subgroup Priorities lead to Workgroup Recommendations

- Subgroup members help with outreach and vetting
- Draft recommendations to CYBHWG in September
- Subgroup members support final edits, due in October

It can often take several years to fully develop a priority that leads to a recommendation!

P5RHS Calendar

| Date | Actions |
|--|---|
| May 10 th 2-3:30pm | First P5RHS meeting of 2022 <ul style="list-style-type: none">Recap last session & implementation, preview activities for the year |
| June 8 th 2-3:30pm | P5RHS meeting <ul style="list-style-type: none">Issue group breakouts; Identify 2023 session priorities |
| July 12 th 2-3:30pm | P5RHS meeting <ul style="list-style-type: none">Issue groups develop recommendations for key priorities |
| August 9 th 2-3:30pm | P5RHS meeting <ul style="list-style-type: none">Issue groups refine prioritized recommendationsSubgroup members help with outreach and vetting  |
| September 13 th 2-3:30pm | P5RHS meeting <ul style="list-style-type: none">P5RHS finalizes draft recommendations  |
| September 15 th | Draft P5RHS recommendations due to CYBHWG |
| October 11 th 2-3:30pm | P5RHS meeting <ul style="list-style-type: none">Finalize recommendations and develop key talking points, FAQs |
| October 15 | Final P5RHS recommendations due to CYBHWG |
| November 1 | CYBHWG report due to the Legislature |
| November 9 2-3:30 | P5RHS meeting <ul style="list-style-type: none">Parent leader panel, presentation of final recommendations |
| December 14 | Final P5RHS meeting of the year – may be canceled if not needed |



Partner & Workgroup Updates

- Welcome & Intro to Parent Rep Elizabeth De La Luz on Workgroup - Kristin
- Community Health Worker Grant - HCA
- Complex Needs Fund - DCYF




HCA = Health Care Authority


IECMH-C = Infant and early childhood mental health consultation

DCYF = Department of Children, Youth, and Families





Community Health Workers (CHWs) in Primary Care supporting children & youth [ESSB 5693, Sec. 211 (103)]

Legislative Direction

- ★ 2-year grant program | Jan 2023 – Jan 2025
-  Outreach, informal counseling & social supports for health related social needs
-  Determine if eligible for federal matching funds
-  Report on impact & health outcomes

 Explore sustainable reimbursement options

Policy Implementation

-  Administer grant to primary care settings serving children, youth & their families
-  Collaborate with Department of Health (DOH) to align with CHW core curriculum & new health specific modules
-  Include CHW services in Medicaid Transformation Project Waiver renewal as means for possible federal match funds
-  Conduct a mixed methods evaluation to assess impact & support sustainability efforts

Estimated Grant Timeline

NOTE: HCA will continue to explore MTP waiver & sustainable reimbursement options throughout project. Updates will be shared as available.

June 2022

- Develop charter & project timeline

August 2022

- Launch application process

October 2022

- Announce awardees & begin contracting

January 2023 thru December 2025

- Grant program offered through awardee sites
- Conduct mixed-methods evaluation

July 2022

- Gather input
- Create materials for application process

September 2022

- Application period
- Provide support in application process

November 2022

- Finalize contracts
- Awardees to begin recruiting

Complex Needs Fund Updates

- Child Care Complex Needs Fund
- ECEAP Complex Needs Fund





Thank you
to our
Partners!

Revised
Issued
Group
Names for
P5RHS

- 1. Integration & Quality of Services** (Formerly MHAYC - Mental Health Assessment for Young Children)
- 2. Complex Needs Fund & Consultation** (Infant and Early Childhood Mental Health Consultation - IECMH-C)

Quick Report Outs

- 1. Integration & Quality of Services** (Formerly MHAYC - Mental Health Assessment for Young Children)
- 2. Complex Needs Fund & Consultation** (Infant and Early Childhood Mental Health Consultation - IECMH-C)

Thank you!

Our next meeting is Tuesday, September 13th from 2-3:30 on Zoom.

Hope to see you then!

Quick check out in the chat: What is one of your favorite children's books?

Community Health Workers in Primary Care grant

A two-year grant for primary care clinics serving children and youth (birth through age 18) to hire Community Health Workers.

Grant amount: \$2,087,000. An additional \$6 million is intended to be appropriated during the next legislative session.

What are Community Health Workers?

Community Health Worker (CHW) is a term to describe a person working in a variety of settings who is a trusted member of or a close understanding of the community they are working with. The key part of their work is their connection to community and clients based on shared experiences and cultural background. CHWs use their role with clients to advocate on their behalf, connect them to culturally competent care, and build trust.

Other terms to describe Community Health Workers:

- Promotores(as): CHWs serving Hispanic or Latino communities
- Community health representatives (CHRs): CHWs who serve American Indian and Alaska Native communities

Why CHWs in primary care?

Advocacy for this project centered on addressing rising behavioral/mental health concerns in Washington, including long wait times for accessing services, difficulty navigating across services and settings, and the importance of providers who reflect the communities they serve.

CHWs will be located in primary care settings to provide guidance on processes, such as screening and referrals, support with understanding medical/mental health recommendations and diagnoses, and support in moving across different services and settings. This project includes CHWs who will focus on supporting young children from birth to age five and their caregivers, and an additional group of CHWs who will support school-age children and youth (5 through 18 years) with the caregivers.

Who does this impact?

Primary care clinics and staff

Clinics can apply for this grant, and those who are selected will be able to hire one to two CHWs to join their clinic team.

Community Health Workers

This project will increase the job opportunities for current CHWs and those who are interested in becoming CHWs.

Children, youth and families

The primary focus of this work is supporting children, youth and families in navigating our complex health system. CHWs will work closely with families who are receiving care at the selected clinics.

Child and youth advocates

This project is a demonstration grant, which means that we will use lessons learned to explore ways to build more CHW services throughout Washington

Timeline

- August 22: Application is available and posted online
- October 3: Application deadline (2 p.m. Pacific)
- October 29: “Apparent Successful Applicants” announced and notified via email and posted to our website
- TBD: Awards are disbursed
- November through December: HCA finalizes contracts, awardees begin recruiting
- January 2023: Estimated contract start date

Learn more

Questions and comments can be directed to CHWGrant@hca.wa.gov or 360-725-1244.