

Prescription drug/opioid prevention

Overview

To address the prescription medication and the opioid crisis in Washington, the Division of Behavioral Health and Recovery (DBHR) and partnering agencies support opioid prevention strategies that align with the Washington State Opioid Response Plan.

<https://www.doh.wa.gov/Portals/1/Documents/1000/140-182-StateOpioidResponsePlan.pdf>

Prescription drug/opioid misuse is a critical health issue. Young adults ages 18-25 are the largest group misusing opioid pain relievers and other medications. Opioid misuse can lead to dependency, addiction and an increased risk of death from overdose. Most young people who misuse prescription drugs are taking medications prescribed to others, often friends and family members. Up to sixty percent of prescribed medications are unused by patients, and much of this unused medication remains in private homes. Often they are not stored securely, providing easy access to young people and others seeking medications.

Since 2014, DBHR has supported more than 10 Targeted Enhancement Project (TEP) grants to qualifying Community Prevention and Wellness Initiative (CPWI) coalitions, enabling grantees to purchase, install, and maintain permanent secure medication drop boxes. The intent is to reduce availability of prescription medications in communities. With the award of the State Targeted Response (STR) to the Opioid Crisis grant in 2017, five new CPWI sites and four community-based organizations (CBOs) were funded to expand statewide opioid prevention efforts, including implementing evidence-based direct service programs aimed at reducing opioid misuse, and participation in local, state, and national drug take-back events. Grantees partnered with law enforcement, coalitions, and community-based organizations to collect 5,573 pounds of medication on October 26, 2019, National Drug Take-Back Day.

In 2018, DBHR expanded to an additional 18 CPWI sites with funding from both the State Opioid

Response (SOR) and the Partnerships for Success 2018 grant. With SOR, Washington is funding nine community-based organizations to implement prevention services in high-need communities around the state.

DBHR staff are key members and leads of the Prescription Drug Abuse Prevention Workgroup implementing the following goals and strategies of the Washington State Opioid Response Plan:

- Engaging our community to implement strategies to prevent opioid misuse, especially among youth
- Training and supporting health care providers to use best practices when prescribing opioids
- Increasing the use of the Prescription Drug Monitoring Program among health care providers to coordinate care
- Educating the public about the risks of opioid use, including overdose, through public education campaigns, such as the Starts with One campaign: www.getthefactsrx.com and www.watribalopioidsolutions.com
- Promoting safe home storage and implementing a statewide drug-take back system
- Collaborating with law enforcement and stakeholders to decrease supply of illegal opioids

Eligibility requirements

CPWI coalitions, community-based organizations, and state agency partners with a demonstrated need and key leaders' readiness and support to implement a project.

Authority

DBHR is authorized as the single state agency to receive and administer STR and SOR grants that focus on comprehensive opioid prevention strategies.



Budget

The STR Grant provided \$2,355,768 per year from 2017-2019 for primary and secondary prevention. The SOR grant provides more than \$6.3 million per year for two years for prevention activities for Washington State from 2018-2020. All other prevention education and awareness efforts are unfunded and implemented with existing staff and resources.

People served

In Year Two of the STR Grant, the Community Prevention and Wellness Initiative (CPWI) Coalitions and Community-Based Organizations served 2,880 youth, families, and community members through evidence-based programs, coalition activities, and trainings.

In Year One of the SOR Grant, 2,450 participants were served through evidence-based programs, coalition activities, and trainings with SOR through the CPWI Program, with another 3,087,022 served through environmental/information dissemination strategies. We served another 625 program participants through evidence-based programs with our community-based organization (CBO) grants.

Partners

This work continues through ongoing partnerships with the Washington State Department of Health, Labor and Industries, University of Washington, Washington State University, Washington State Poison Center, several other state agencies, and local community-based organizations and providers supporting the goals of the Washington State Opioid Response Plan.

Oversight

Internal: Division of Behavioral Health and Recovery
External: Substance Abuse and Mental Health Services Administration/ Center for Substance Abuse Prevention

For more information

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