



# **NORTH SOUND BEHAVIORAL HEALTH MONTHLY FORUM**

*Serving San Juan, Skagit, Snohomish, Whatcom, Island counties*

## **WHAT?**

A community meeting to talk about the region's behavioral health system. What's going well? Where can we improve? What are the biggest barriers to providing care? What is needed? Share your story and ideas on resolutions.

## **WHO?**

Open to the public - youth, adult, and family/supports with lived experience receiving or seeking behavioral health services. **ALL ARE WELCOME!**

## **WHY?**

OBHA reports community trends/concerns to our local, regional, and state leaders.

## **WHEN?**

The 4th Thursday of each month from 2:00pm - 4:00pm via Zoom

**Zoom Meeting ID: 979 7056 5806**  
**Password: Welcome!**

*Contact us for an email invite or additional info at:  
[Northsound@obhadvocacy.org](mailto:Northsound@obhadvocacy.org) or call us at 509-389-4485*