

LGBTQ+ resources

This is a list of LGBTQ+ resources, it is broken into two categories: organizations that represent on a national level and organizations that represent on a state level. The resource list is meant to be a living document and is maintained by the Office of Community Voices and Empowerment (OCVE).

National

Human Right Campaign

[Human Right Campaign's](#) campaigns are focused on mobilizing those who envision a world strengthened by diversity, where our laws and society treat all people equally, including LGBTQ+ people and those who are multiply marginalized.

National LGBTQ Task Force

[National LGBTQ Task Force](#) is the country's oldest national LGBTQ rights organization dedicated to achieving freedom and justice for lesbian, gay, bisexual, transgender, queer people, and their families through proactive, targeted, change-inducing initiatives. As a progressive racial, economic, and social justice organization, the Task Force is working to help build and sustain a society that values and respects the diversity of human expression and identity and achieves equity for all

Family Equality

[Family Equality](#) works in advancing equality for Lesbian, Gay, Bisexual, Transgender, Queer+ families nationwide.

LAMBDA LEGAL

[LAMBDA Legal](#) has resources geared to the LGBTQ+ community involved in the American justice system.

The Trevor Project

[The Trevor Project](#) has support and resources for LGBTQ+ young people, areas of focus are crisis services, advocacy, peer support, research and public education.

Gay Lesbian Alliance Against Defamation (GLAAD)

[GLAAD](#) is the world's largest Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) media advocacy organization. Their work increases media accountability and community engagement that ensures authentic LGBTQ stories are seen, heard, and actualized. Our findings have had a direct impact on inspiring positive LGBTQ cultural representation by nurturing understanding and holding social media platforms accountable for misinformation.

Parents, Families and Friends of Lesbians and Gays

[PFLAG](#) is the nation's largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them.

Washington State

Washington State LGBTQ Commission

[The Washington State LGBTQ Commission](#) was established by the Washington Legislature through [SB5356](#).

Their mission is to improve the government's interface with the LGBTQ community, identifying the needs of its members, and ensuring that there is an effective means of advocating for LGBTQ equity in all aspects of state government ([RCW 43.114](#)).

Washington State LGBTQ Commission Resources

The Washington State LGBTQ commission also has [an interactive resources tool](#) for statewide resources by county.

Pride Foundation Washington State

[Pride Foundation's](#) goal is to build a more equitable world. Our community's response to growing injustices has been to mobilize and resist—just as it always has been. Every day, Pride Foundation grantees, scholars, and supporters are working to ensure every single person's humanity is recognized, protected, and valued.

Gay, Lesbian and Straight Education Network

[GLSEN](#) wants every student, in every school, to be valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. They believe that all students deserve a safe and affirming school environment where they can learn and grow.

QLaw

The [QLaw Foundation of Washington](#) promotes the dignity and respect of 2SLGBTQIA+ Washingtonians within the legal system through advocacy, education, and legal assistance. QLaw offers a wide range of services to 2SLGBTQIA+ communities in Washington, including direct legal services, trainings, consulting, advocacy, litigation support, amicus work, and impact litigation.

Equal Rights Washington

[Equal Rights Washington \(ERW\)](#) is Washington's statewide lesbian, gay, bisexual, transgender, and queer (LGBTQ) advocacy and community outreach organization. ERW's mission is to ensure and promote dignity, safety, and equality for all lesbian, gay, bisexual, transgender and queer Washingtonians.

Transgender specific resources

This is a list of Transgender resources, it is broken into two categories: organizations that represent on a national level and organizations that represent on a state level. The resource list is meant to be a living document and is maintained by Office of Community Voices and Empowerment (OCVE).

National

Transgender American Veterans Association

The [Transgender American Veterans Association \(TAVA\)](#) is a nonpartisan nonprofit organization that advocates for the rights of transgender veterans and active-duty service members.

Trans Latin@ Coalition

The [TransLatin@ Coalition \(TLC\)](#) is to advocate for the specific needs of the Trans Latin@ community that resides in the United States and to plan strategies that improve our quality of life.

Transgender Law Center

[Transgender law center \(TLC\)](#) is the largest national, trans-led organization working to set all people free. TLC champions the right of all transgender and gender-nonconforming people to make their own choices and live freely, safely, and authentically. TLC prioritizes Black, Indigenous and other person of color, disabled, and HIV+ communities, they advance community-driven strategies that harness trans knowledge, power and joy to ensure that we all not only survive but thrive at all ages and phases of life.

Trans Lifeline

[Trans Lifeline](#) is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.

Advocate for Trans Equality

[Advocates for Trans Equality \(A4TE\)](#) fights for the legal and political rights of transgender people in America. Leveraging decades of experience on the frontlines of power, they shift government and society towards a future where we are no less than equal.

A4TE was founded in 2024 as the National Center for Transgender Equality (NCTE) and Transgender Legal Defense and Education Fund (TLDEF), two long-time champions for the trans community, merged as one organization. A4TE builds on their successes to boldly imagine a world where trans people live our lives joyfully and without barriers.

National Anti-Trans Bill Tracker

[Trans Legislation Tracker](#) is an independent research organization tracking bills that impact trans and gender-diverse people across the United States. They support academics and journalists with data and make tools that help the public follow and engage with legislation. Their growing set of resources help people understand the broader story of trans legal rights in the U.S.

The Transcend Campaign

The [Transcend Campaign](#) is a regional response to legislation in the upper Midwest. Their goal is to support transportation costs for queer youth from North Dakota, South Dakota, and Iowa to receive necessary and life-saving healthcare out-of-state, cover tuition costs for remote schools that are welcoming to all gender identities in cases where students' local districts are not safe spaces for transgender and queer youth, and provide small cash grants to other organizations doing groundwork in those states.

Elevate Access is an organized effort of volunteer pilots who believe that everyone deserves access to healthcare such as abortion services and gender-affirming care. Because of these beliefs, they transport passengers — at no cost — to access the healthcare they need.

Transitional Justice

Transitional Justice is a grassroots organization founded by a transgender man in Missouri in response to the bans of gender-affirming healthcare across the country. Its purpose is to provide aid, housing, and other support for transgender political refugees who are fleeing persecution.

TRANSport

TRANSport is a newly formed non-profit organization, founded by two transgender activists in North Dakota. Their goal is to help transgender people who want to leave the country get up-to-date legal documents, such as IDs with accurate genders and passports, and ultimately to assist with applications for work visas and asylum claims.

A Place for Marsha

A Place for Marsha is a newly founded organization whose mission is to facilitate safe housing for transgender and non-binary individuals leaving states with transphobic laws. Their goal is to connect trans people aged 18+ with volunteers in safe states who are willing to be their roommates.

Trans Lifeline

Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.

TransLash Media

TransLash Media is an independent news organization that tells trans stories to save trans lives.

State

Gender Justice League

Gender Justice League (GJL) is a civil & human rights organization that focuses on elevating the rights of TwoSpirit, Trans, & Gender Diverse (2STGD) communities in Washington State & beyond through advocacy efforts, direct services, shared leadership development, and the creation of sacred Trans spaces.

Ingersoll Gender Center

Ingersoll Gender Center is an organization by, and for transgender and gender nonconforming people that provides mutual support through peer led support groups, advocacy in navigating resources, community organizing, and education — all in the pursuit of our collective self-determination.

Traction

Traction works to cultivate connection and visibility for transgender and gender-diverse people through community service in support of underserved communities.

Gender Diversity

The work of **Gender Diversity** – spanning over two decades – has provided tens of thousands of individuals and their families with balance and hope during this time of upheaval. The work of Gender Diversity is a labor of love, and one that centers compassion for those within our communities, our supporters striving to make change, and for those struggling to understand as we find the optimal pathway forward.

Washington State
Health Care Authority

Lavender Rights Project

[Lavender Rights Project \(LRP\)](#) elevates the power, autonomy and leadership of the Black intersex and gender diverse community through intersectional legal and social services. They utilize the law as an organizing principle to affirm civil rights and self-determination. LRP disrupts oppressive systems that target Black gender diverse and intersex communities of color and lead to disproportionate levels of poverty, housing disparities and gender-based violence especially among Black and Indigenous people.

Project Open Arms

[Project Open Arms](#) is a new and rapidly growing searchable directory of vital, vetted resources such as gender-affirming healthcare, affordable housing options, job opportunities, mutual aid, peer support, and community groups in the Pacific NW.