

# Nurse care manager project

## Overview

The Health Care Authority Division of Behavioral Health and Recovery (DBHR), received funds in the 2020-21 state operating budget to continue the Nurse Care Manager project. Established to increase access to medications used to treat opioid use disorder, funding for this project started as part of Gov. Jay Inslee's Executive Order 16-09, addressing the Opioid Use Public Health Crisis.

### Eligibility requirements

Individuals must meet the Diagnostic and Statistical Manual of Mental Disorders (DSM 5) criteria for Opioid Use Disorder (OUD) and be Medicaid eligible or low-income. People who are pregnant and those who use intravenous drugs should be prioritized for treatment.

### 2019-2021 budget

- State appropriation for fiscal year 2020: \$450,000 of the general fund
- State appropriation for fiscal year 2021: \$450,000 of the general fund
- Federal appropriation: \$1,058,000 of the general fund

### Rates

\$195,800 was provided to each organization through performance-based contracts to hire a Nurse Care Manager. Every site is contracted to serve a minimum of 240 unique individuals with opioid use disorder with medications approved by the FDA.

### Numbers served

A total of 1,680 unique individuals were served during the two-year (2017-2019) project period. As of June 30, 2020, the project had served 3,160 unique individuals. A total of 2,400 unique individuals will be served during the two-year (2019-2021) project period.

### Key partners

The Health Care Authority's Division of Behavioral Health and Recovery (DBHR) formed a workgroup.

The workgroup met and developed requirements and expectations to award these positions a list of criteria. DBHR contracted with 10 organizations to hire a Nurse Care Manager to provide care coordination for individuals with OUD and increase facility capacity. Two nurse care managers were placed in Eastern Washington and eight in Western Washington. The NCM's are located in FQHCs, CMHC, medical clinics, tribal health center and a jail.

- Olympia Medical Center, Port Angeles
- Cascade Medical Advantage
- Columbia River Mental Health, Vancouver
- Columbia Valley Community Health, Wenatchee
- Community Health of Central Washington, Ellensburg
- Cowlitz Tribal Health, Tukwila
- Multicare Health Systems, Puyallup
- Peninsula Community Health Service, Port Orchard
- Rainier Internal Medicine, Pierce County Jail
- Sea Mar, Monroe

### Oversight

DBHR contracted with Alcohol and Drug Abuse Institute to provide technical assistance to the nurse care managers.

### Information

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