

## Naloxone distribution- grant funded

### Washington State project to prevent prescription drug/opioid overdose-related deaths (WA-PDO) grant

#### Overview

The Washington State Project to Prevent Prescription Drug/Opioid Overdose (WA-PDO) is a statewide network of organizations mobilizing communities, providing overdose response training, and distributing naloxone through syringe exchange programs in five high-need areas (HNAs). Activities engage professional, first responders, pharmacies, local and regional stakeholders, health care providers, and lay responders to reduce overdose risk and deaths among people who use heroin and prescription opioids.

The WA-PDO is a collaborative five-year project between the Washington State Health Care Authority's (HCA) Division of Behavioral Health and Recovery (DBHR) and the Washington State Department of Health (DOH) with the purpose of preventing opioid overdose and deaths from opioid overdose, and building local infrastructure to plan, implement, evaluate, and fund overdose prevention efforts in the long-term. The objectives are:

1. Develop overdose prevention strategic plans in five HNAs;
2. Equip law enforcement with overdose response training/naloxone;
3. Equip lay responders (LR) with overdose response training/naloxone;
4. Increase naloxone dispensed by pharmacists each year;
5. Educate health care providers on opioid guidelines, patient overdose education, and naloxone and opioid use disorders;
6. Develop new models of substance use treatment linkage and care coordination in five HNAs;

7. Facilitate coordination in five HNAs among local and regional stakeholders and with state agencies;
8. Build and harmonize data infrastructures to inform resource allocation, maintain overdose surveillance, and measure outcomes; and
9. Create knowledge translation infrastructure to disseminate emerging data, best practices, training, and technical assistance.

#### Authority

U.S. Department of Health and Human Services (HHS), Substance Abuse & Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP), Grant Number SP082732.

#### Budget

This five year federal grant runs from August 31, 2021, through August 30, 2026. The budget is \$850,000 each year for a total of \$4,250,000 million over the five years.

#### Federal fiscal year 2021 highlights

Between August 31, 2021, and August 30, 2022, 12,494 naloxone kits were distributed, and 2,721 individuals were trained on naloxone administration (some individuals received multiple kits during each year, as well as many individuals receiving kits are repeat recipients that do not need additional training). 1,957 reported overdose reversals with program kits, with 100% of those reported overdose reversals completed by lay responders.

#### Key partners for the WA-PDO grant

1. Washington State DOH
2. HNAs partners:
  - a. North Puget Sound: Skagit County Human Services
  - b. Northeast: Spokane Regional Health District
  - c. South Puget Sound: Dave Purchase Project
  - d. Southwest: Willapa Behavioral Health.

# Washington State Department of Health overdose education and naloxone purchasing/distribution programs – SABG grant

## Overview

The Washington State Health Care Authority's (HCA) Division of Behavioral Health and Recovery (DBHR) is partnering with the Washington State Department of Health (DOH) to provide overdose response training and distributing naloxone through syringe exchange programs, local agencies, physical health settings, and emergency services. Activities engage professional, first responders, local and regional stakeholders, and health care providers to reduce overdose risk and deaths among people who use heroin and prescription opioids. HCA DBHR contracts with DOH to carry out the program. Per the Naloxone Distribution Plan, DOH has taken the lead on naloxone distribution and overdose response training.

This program is one of the strategies developed by the State Opioid Overdose Response Plan under the authority of Executive Order 16-109 with the purpose of preventing opioid overdose and deaths from opioid overdose, and building local infrastructure to plan, implement, evaluate, and fund overdose prevention efforts in the long-term. The objectives are:

1. Equip lay responders and professionals with overdose response training/naloxone through access at local agencies/ entities;
2. Educate health care providers, local agencies, syringe exchange programs, and emergency services on opioid guidelines, patient overdose education, opioid use disorders, and naloxone distribution; and
3. Build and harmonize data infrastructures to inform resource allocation, maintain overdose surveillance, and measure outcomes;

4. Make sure there is not overlap of naloxone distribution between this program and the WA-PDO program; and
5. Work closely with HCA DBHR to develop a sustainability plan, to include funding, in preparation for the WA-PDO grant expiring in August 2026.

## Authority

State Opioid Response Plan, Executive Order 16-09.

## Budget

The budget for naloxone is \$864,000 each year of grant funds from the Substance Abuse and Mental Health Services Administration (SAMHSA) Substance Abuse Block Grant, Grant Number 1B08TI084681-01.

## Federal fiscal year 2022 highlights

Between October 21, 2021 and September 30, 2022, 31,020 naloxone kits were distributed and 14,129 individuals were trained on naloxone administration (some individuals received multiple kits during each year, as well as many individuals receiving kits are repeat recipients that do not need additional training). 5,599 reported overdose reversals using program kits.

## Key partners

- DOH
- HCA DBHR

## Oversight

WA-PDO Project Director at HCA provides oversight to DOH for both grant funded naloxone distribution projects. DOH in turn provides oversight to sub-contractors and other entities distributing naloxone and collecting data for the two projects.

## For more information

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