Drug Testing

CONSIDERATIONS

› Degree of exposure risk

› Minimum testing necessary to maintain efficacy

› Response to missed appointments due to illness, quarantine, shelter-in-place, or fear

SHORT-TERM EXAMPLES

› Temporarily halt all testing

› Halt testing that could expose staff to respiratory or other bodily fluids (e.g., oral fluid, breathalyzer testing)

› Encourage self-disclosure of substance use during supervision or treatment sessions

› Assure participants that self-reported use during this period will not result in sanction either now or later and that only therapeutic adjustments will be employed

LONG-TERM EXAMPLES

› Develop alternative drug testing guidelines compatible with the latest CDC information on COVID-19

› Use technology where appropriate and available (e.g., continuous alcohol monitoring, smartphone monitoring, transdermal patches)

› Contract with professional labs to provide collection and testing services

› Update policies and procedures to include virtual staffing procedures