

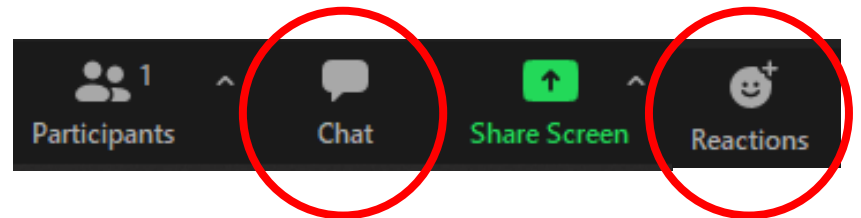
Medicaid Transformation Project (MTP) Public Forum

Update on year 6 (2022)



Welcome to Zoom!

- ▶ We're recording this webinar and muted all attendees.
- ▶ There will be time at the end for Q&A.
 - ▶ Submit comments through the **"Chat"** function
 - ▶ To verbally share your comments, raise your hand using the **"Raise Hand"** function (under "Reactions")
- ▶ View the slide deck and webinar recording at hca.wa.gov/about-hca/medicaid-transformation-project-mtp/meetings-and-materials.



Today's presenters

- ▶ **Michael Arnis**, deputy policy director, Health Care Authority (HCA)
- ▶ **Chase Napier**, MTP director, HCA
- ▶ **Cathy Kinnaman**, Home and Community Services director, Aging & Long-Term Support Administration (AL TSA)
- ▶ **Matt Christie**, Foundational Community Supports administrator, HCA
- ▶ **David Johnson**, federal programs manager, HCA
- ▶ Moderator: **Rachelle Alongi**, policy communications manager, HCA

Agenda

- ▶ Introduction to MTP and summary of programs
- ▶ 2022 success and challenges
- ▶ MTP renewal (called "MTP 2.0")
- ▶ Update on MTP 2.0
- ▶ Resources
- ▶ Q&A

MTP overview

- ▶ MTP is Washington's Section 1115 Medicaid demonstration waiver between HCA and Centers for Medicare & Medicaid Services (CMS).
- ▶ MTP allows the state to create and continue to develop projects, activities, and services that benefit Apple Health (Medicaid) enrollees.

MTP initiatives

1. **Transformation through Accountable Communities of Health (ACHs) and Indian Health Care Providers (IHCPs):** ACHs and IHCPs are implementing projects that change the way people receive health care in their region.
2. **Long-Term Services and Supports (LTSS):** support Washington's aging population and family caregivers through Medicaid Alternative Care (MAC) and Tailored Supports for Older Adults (TSOA) programs.
3. **Foundational Community Supports (FCS):** helps vulnerable adults find and maintain stable housing and employment.

MTP initiatives, continued

4. **Substance use disorder (SUD) IMD:** allows Washington State to make improvements and use federal financial participation for Medicaid SUD treatment services in facilities that are “institutions for mental diseases” (IMDs).
5. **Mental health IMD:** allows Washington State to purchase acute inpatient services for Medicaid clients between the ages of 21 and 65 who reside in a dedicated large psychiatric facility that qualifies as an IMD.

Initiative 1: successes and challenges

Successes:

- ▶ Over \$545 million distributed to-date to support delivery system reform
- ▶ Over 780 partner organizations received funding, with many others engaged and collaborating
- ▶ Expanded focus on health equity
- ▶ Cohesive effort to advance community-based care coordination

Challenges:

- ▶ Workforce shortages across the health care system
- ▶ Continued impacts and recovery activities due to COVID-19
- ▶ Navigating ambiguity with transition to MTP 2.0

MAC and TSOA accomplishments

- As of mid November 2022, **almost 14,000 care receivers have been served** since September 2017.
- **Client Satisfaction survey** showed 83 percent were pleased with services.
- **Delayed/diverted** care receivers from needing more intensive and costly LTSS programs, which saved both federal and state dollars.
- 2022 quarterly reports to CMS demonstrate that AL TSA and Area Agencies on Aging (AAA) have **exceeded proficiency requirements** in all quality measures.
- Worked with partners **to improve the translated Spanish version** of the TCARE caregiver assessment.

Supportive Housing accomplishments

- Currently **servicing 1,276 ALTSA clients**, as of August 2022.
 - 76 percent of ALTSA clients with identified serious mental illness (SMI)
 - 66 percent of non-ALTSA clients in Supportive Housing with SMI
- July through September 2022, ALTSA provided:
 - 82 provider technical assistance sessions
 - 15 regional or statewide trainings for ALTSA FCS services and supports

Supported Employment accomplishments

- Currently serving 900 ALTSA clients, as of August 2022.
 - 81 percent of ALTSA clients with identified SMI
 - ALTSA clients utilize services at a higher rate than non-ALTSA clients (up to 11 percent higher per month, with an average of 7.6 percent higher since September 2021)
- Preliminary findings based on client analysis completed in September 2018:
 - +8 percent employment increase for ALTSA clients
 - Average earnings increased by more than \$200 per quarter for ALTSA clients
- ALTSA Employment team provides FCS supported employment and benefits planning trainings to over 750 individual ALTSA and AAA staff each year.

Challenges in 2022

Supported Employment

- Provider shortage in some areas
- Travel costs for providers to serve clients in rural/hard-to-serve areas
- Coordination with subject matter experts for decision making

MAC and TSOA programs

- In-home respite & personal care provider shortage
- Social isolation for clients & caregivers
- COVID-19 hampered outreach efforts
- Implementing use of individual providers through Consumer Direct of Washington was delayed

Supportive Housing

- Provider network capacity
- Lack of rental subsidies to pair with services
- Coordination with subject matter experts for decision making

Initiative 3: successes and challenges

Successes

- ▶ More than 28,000 individuals enrolled since 2018
- ▶ 175 providers with 450+ locations statewide
- ▶ Increased collaboration and new funding:
 - ▶ Transition Assistance Program (FCS TAP)
 - ▶ Supported Employment and Housing & Essential Needs expansion
 - ▶ Apple Health and Homes

Challenges

- ▶ Medicaid billing for “non-traditional” providers
- ▶ Culture shift to billing Medicaid for Supportive Housing services
- ▶ Increase collaboration with inpatient treatment facilities

Initiatives 4 & 5: successes

- ▶ These initiatives allow Medicaid dollars to be used in institutions for mental diseases (IMDs).
 - ▶ Saved the state nearly 10 million dollars in state-only funds
 - ▶ Promoted increased access to care in both inpatient and outpatient settings
 - ▶ Underscores our commitment to increased quality in IMDs and greater access to care in community settings

Initiatives 4 & 5: challenges

- ▶ COVID-19 added stressors to individuals and providers alike:
 - ▶ Increased challenges for the provision of inpatient services
 - ▶ Added additional variables to required evaluations
 - ▶ The pandemic likely worsened provider workforce shortages:
 - ▶ May have hastened retirements
 - ▶ May have prompted a percentage of clinicians to switch to roles where they could work remotely via telemedicine

MTP renewal: MTP 2.0

- ▶ In summer 2022, Washington State applied for an MTP renewal, called MTP 2.0.
- ▶ Under MTP 2.0, we're asking to **continue** our current MTP programs, along with **expanding** the following programs.

MTP 2.0: proposed program expansions

▶ Long-Term Services and Supports (LTSS):

- ▶ Expand to include:
 - ▶ Rental subsidies
 - ▶ Coordinated personal care
 - ▶ Guardianship and decision-making supports
 - ▶ Presumptive eligibility
- ▶ This will provide more support and services for aged, blind, and disabled adults who are applying for and receiving home and community-based services.

MTP 2.0: proposed program expansions cont'd

▶ **Foundational Community Supports (FCS):**

- ▶ Expand the age requirement to “16 and older” so transition-age youth and youth exiting foster care can receive supportive housing services.
- ▶ Expand the eligibility criteria for those eligible for supported employment services, including individuals exiting a correctional facility or having an “on parole” status.

▶ **Substance use disorder (SUD) IMD:**

- ▶ Expand to provide contingency management for qualifying adults.

MTP 2.0: new proposed programs

- ▶ **Taking Action for Healthier Communities (TAHC)**, which builds on the work currently named “Initiative 1: transformation through ACHs and IHCPs.”
 - ▶ Develop and implement community hubs in each ACH region
 - ▶ Establish broad delivery of health-related services
 - ▶ Emphasize health equity
 - ▶ Expand community-based workforce
- ▶ Provide technological support to hubs by implementing a community information exchange.
- ▶ Work with Tribes and Indian health care providers on similar services to be delivered in a culturally attuned fashion.

MTP 2.0: new proposed programs

▶ **Continuous Apple Health enrollment for children**

- ▶ Children in Apple Health do not have breaks in coverage because of changes in income through their sixth birthday.

▶ **Re-entry coverage for continuity of care**

- ▶ Individuals exiting a correctional or treatment facility have health care coverage immediately upon reentering the community.

▶ **Apple Health postpartum coverage extension**

- ▶ Individuals have health care coverage for twelve months (one year) after their pregnancy ends.

MTP 2.0: new proposed programs cont'd

▶ **Washington Integrated Care Assessment (WA-ICA)**

- ▶ Helps assess a provider or clinic's level of integration for physical and behavioral health care.
- ▶ Provides technical assistance and targeted incentives for providers/practices to begin or continue their efforts in advancing clinical integration.

MTP 2.0 update

- ▶ HCA and the Department of Social and Health Services (DSHS) began meeting with CMS in October.
 - ▶ CMS won't finish their MTP 2.0 negotiations by the end of this year.
 - ▶ CMS approved a short extension—**from January 1–June 30, 2023**—to the *current* MTP waiver period, which was slated to end December 31, 2022.
- ▶ This short extension will allow:
 - ▶ Current MTP programs to continue, and Apple Health enrollees can continue to have access to services without disruption of care.
 - ▶ Time for CMS to review Washington's MTP 2.0 application.
 - ▶ Our state to continue to negotiate and work with CMS.

MTP 2.0 update cont'd

- ▶ CMS' short extension **may** include approval of **some** MTP 2.0 policies by June 30, 2023, based on precedent in other states.
- ▶ Some MTP 2.0 policies—**if** approved by CMS—would be approved by mid-2023 because they require ongoing negotiation with CMS.
- ▶ The new policies and programs of MTP 2.0 will be phased in throughout the life of the renewal.

MTP resources

- ▶ **MTP website section:** hca.wa.gov/about-hca/programs-and-initiatives/medicaid-transformation-project-mtp
- ▶ **MTP renewal page:** hca.wa.gov/about-hca/programs-and-initiatives/medicaid-transformation-project-mtp/mtp-renewal
 - ▶ Includes MTP 2.0 application and other information
- ▶ **MTP 2.0 FAQ:** hca.wa.gov/assets/mtp-2.0-faq.pdf
- ▶ **Sign up to receive announcements about MTP:** https://public.govdelivery.com/accounts/WAHCA/subscriber/new?topic_id=WAHCA_373

Q&A

Do you have any questions or comments for us?



Thank you!

Visit us at:

hca.wa.gov/about-hca/medicaid-transformation-project-mtp

Contact us at:

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