Mental Health Assessment for Young Children

Brief Billing Overview
Recording Webinar

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[Buttons: Leave Meeting, Continue]
Infant-Early Childhood Mental Health Team

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Today’s Webinar

Objectives: This presentation provides a brief overview of Apple Health policy changes related to billing practices for Mental Health Assessment for Young Children.

Audience: mental health clinicians, billing & coding staff, and/or agency leadership

Other Resources

- Mental Health Assessment for Young Children webpage for providers, billers, and partners
- Prenatal – Age 25 Behavioral Health GovDelivery email list
Using Zoom Today

During the Presentations
- Have a question? Put it in that Chat or use the “Raise Hand” emoji if you want to ask verbally.
- Stay muted when not asking a question to reduce background noise.
- Click “Live Transcript” to have closed captioning added at the bottom of your screen.
- If you need technical assistance, send a chat to Kiki.
- Links will be provided in the chat; slides and recording will be uploaded to our webpage within a few days.
Apple Health Behavioral Health System

Multi-system network of providers and services
- Governed by different authorities
- Funded by different funding streams
- Multiple changes over the past decade
Managed care and fee-for-service

Fee-for-service
- Also known as Apple Health coverage without a managed care plan
- HCA pays providers directly for each service they provide

Managed care
- Delivery system organized to manage cost, utilization, and quality
- Contracted arrangements between HCA and managed care organizations (MCOs) that accept a set per member, per month (capitation) payment

Note: For clients enrolled in an HCA-contracted managed care organization (MCO), providers must follow the policies and procedures of the MCO.
Mental Health Assessment for Young Children
Developmentally appropriate mental health assessment

- Work on developmentally appropriate assessment & diagnosis for infants and young children has been ongoing for several years.

- Existing classification systems, such as the DSM, do not pay adequate attention to the unique developmental & relational experiences of infants and very young children.
Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5™)

Starts with understanding multiple aspects of a child’s life from the family’s perspective BEFORE diagnosing

Then, look at emotional/behavioral symptoms, with a developmental lens

<table>
<thead>
<tr>
<th>Cultural &amp; Community</th>
<th>Axis 1: Mental Health Disorders</th>
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<tbody>
<tr>
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<td>Axis 2: Relationships</td>
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<td>Axis 3: Medical Conditions</td>
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<td>Axis 4: Life Circumstances</td>
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<td>Axis 5: Development</td>
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Developmentally specific criteria for mental health disorders
- i.e. depression for a 3-year-old looks different than a 30-year-old

Additional mental health disorders that are specific for in infancy and early childhood
- e.g. Overactivity Disorder of Toddlerhood
2021 Legislation

Following a recommendation from the Children & Youth Behavioral Health Workgroup (CYBHWG), HB 1325 Sec (2)(11) was signed into law in April 2021, making the following changes for Apple Health:

(a) Allow the following for mental health assessment and diagnosis of children from birth through five years of age:
   (i) Up to five sessions for purposes of intake and assessment
   (ii) Assessments in home or community settings, including reimbursement for provider travel

(b) Require providers to use the current version of the DC:0-5 diagnostic classification system for mental health assessment and diagnosis of children from birth through five years of age.

See RCW 74.09.520: Medical assistance—Care and services included—Funding limitations.
Apple Health Implementation

**Up to 5 assessment sessions:**
Effective January 1, 2022, mental health providers can submit claims/encounters for up to 5 intake assessment sessions.

**Provider Travel Reimbursement:**
Effective January 1, 2022, mental health providers can submit A19 invoices for mileage reimbursement for intake assessment sessions.

**DC:0-5™ Requirement:**
HCA has published Interim DC:0-5™ Crosswalk
Free DC:0-5™ training for mental health providers & allied professionals

See **WAC 182-531-1400**: Psychiatric physician-related services and other professional mental health services
Multi-Session Assessments
Apple Health (Medicaid) mental health providers conducting a mental health assessment for a child from birth through age 5 will be eligible for reimbursement for up to five sessions for the assessment (per client, per provider, per calendar year).
**Billing and Encounter Guidance**

HCA *provider billing guides* & encounter guidance has been revised to reflect updates for assessments for children birth through age 5.

<table>
<thead>
<tr>
<th>Mental Health Billing Guide Part I</th>
<th>Mental Health Billing Guide Part II</th>
<th>Service Encounter Reporting Instructions (SERI)</th>
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<tbody>
<tr>
<td>Procedure Codes: 90791 or 90972</td>
<td>Procedure Codes: 90791, 90972 or H0031</td>
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<td>Modifier: 53 modifier for initial assessment sessions</td>
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**Reminder:** For clients enrolled in an HCA-contracted MCO, providers must follow the policies and procedures of the MCO.

Providers are expected to continue to use current coding standards (ex. Current Procedural Terminology coding)
A limitation extension (LE) is a form of prior authorization of services beyond the designated benefit limit allowed in Washington Administration Code (WAC) and HCA billing guides.

**Note:** For clients younger than age six, limitation extension is required to provide more than five mental health assessment sessions per provider, per calendar year.

For clients older than age six, limitation extension is required to provide more than one mental health assessment session per provider per calendar year.
Federal Medicaid guidance requires the use of ICD (International Classification of Disease) code on claims & encounters.

Licensed/credentialed professionals should determine the diagnosis for any encounter, within the scope of their licensure.

**Initial Assessment Sessions**
- When a diagnosis cannot be made or is unknown use: F99 “Mental disorder, not otherwise specified”

**Final Assessment Session**
- Providers must use the most specific ICD-10 code available (Fxx.xxx series)
- Providers may reference the Apple Health DC:0-5™ Crosswalk
Provider Travel
Apple Health (Medicaid) mental health professionals providing a mental health assessment to a child ages birth - 5 will be eligible for reimbursement for provider travel to home & community settings for mental health assessment sessions.
Provider Travel Reimbursement

Providers will submit an A19 invoice for travel reimbursement using OFM mileage rates.

Eligible claims must include:

- Service code indicating a mental health assessment
- Client age is birth through age five
- Place of service (POS) indicating assessment occurred in a home or community setting

Submission Process

- Fee-For-Service: Provider submits A-19 directly to HCA
- Managed Care: Provider follows the policies of their MCO to provide required information, MCO submits A-19 to HCA
Provider Travel Reimbursement

Visit the Mental Health Assessment for Young Children webpage for access to forms and additional information about the provider travel reimbursement process.

Example FFS A-19 Form

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<table>
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<tr>
<th>SERVICE DATE</th>
<th>CLIENT PROVIDER ONE NUMBER</th>
<th>FROM</th>
<th>TO</th>
<th>MILES (POINT TO POINT)</th>
<th>MILEAGE RATE</th>
<th>REIMBURSEMENT AMOUNT</th>
<th>FOR AGENCY USE</th>
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Current mileage reimbursement rates can be found at https://ofm.wa.gov/accounting/administrative-accounting-resources/travel/
DC:0-5™ Requirement
Apple Health (Medicaid) mental health professionals conducting a mental health assessment for a child from birth through age 5 are required to use the DC:0-5™.
When are Apple Health mental health professionals required to use the DC:0-5™?

HCA interprets that the intent of this legislation is to support the field in moving to the standard and expected use of the DC:0-5™ for children birth through age 5.

Current efforts are aimed at building up workforce capacity to support this new legislation through DC:0-5™ training and the Apple Health DC:0-5™ Crosswalk.

We anticipate there will be requests for clearer implementation dates and timelines in the future.
Resources to support DC:0-5™

Mental Health Assessment for Young Children
Implemented by Health Care Authority

- Supporting sustainability & infrastructure needs for Apple Health IECMH services
- Medicaid billing, contracting & other resources to support IECMH providers
- Apple Health DC:0-5™ Crosswalk

IECMH Workforce Collaborative
Coordinated by Washington Association for Infant Mental Health

- DC:0-5™ Clinical Training for mental health professionals (12 hrs)
- DC:0-5™ Overview Training for allied professionals (3 hrs)
- Additional workforce supports to adopt DC:0-5™ & application in practice

Sign up for training at the IECMH WC website
A DC: 0-5™ crosswalk is a reference tool for clinicians that helps to convert DC: 0–5™ diagnoses to associated ICD diagnostic codes and DSM diagnoses.

- CMS requires an ICD code for service reimbursement.
- Many electronic record systems require a DSM diagnosis for documentation.

Note: The DC: 0–5™ manual includes a sample crosswalk, but it is not state specific or updated on a regular basis.
How to use the DC:0-5™ Crosswalk

**Complete mental health assessment**

**Identify DC:0-5 Axis I Clinical Disorder**

**Look up appropriate code(s)**

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### DC:0-5 Axis I Clinical Disorder | DSM Diagnosis | ICD Classification
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Social Anxiety Disorder (Social Phobia) | Social Anxiety Disorder | Social Phobia, Unspecified | F4010
Generalized Anxiety Disorder | Generalized Anxiety Disorder | Generalized Anxiety Disorder | F411

Visit the Mental Health Assessment for Young Children [webpage](#) to access the current crosswalk
Community Informed DC:0-5™ Crosswalk

Crosswalk Work Group

- Infant-Early Childhood Mental Health providers & advocates from across the state are meeting to revise the crosswalk.
- Incorporate input from DC:0-5™ Crosswalk Feedback Form.
We want to hear from you!

Short feedback form after today’s training

MHAYC Implementation Survey – Fall 2022
Visit our website
Mental Health Assessment for Young Children

Watch a MHAYC Billing Webinar
Recordings, slides, and registration under How Do I Bill? on our website

Email us!
Kiki.fabian@hca.wa.gov
Christine.cole@hca.wa.gov

Sign up for alerts & updates
Subscribe to Prenatal – Age 25 Behavioral Health topics through GovDelivery

Join HCA IECMH Office Hours
Sign-up under How Do I Bill? on our website
MHAYC Links
(In order of appearance)

- **Prenatal – Age 25 Behavioral Health email list**: https://public.govdelivery.com/accounts/WAHCA/subscriber/new?topic_id=WAHCA_404
- **HB 1325 Sec (2)(11)**: https://lawfilesext.leg.wa.gov/biennium/2021-22/Pdf/Bills/Session%20Laws/House/1325-S2.SL.pdf?q=20220810110541
- **RCW 74.09.520**: https://app.leg.wa.gov/rcw/default.aspx?cite=74.09.520
- **Prior authorization**: https://www.hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/prior-authorization-pa
- **OFM mileage rates**: https://ofm.wa.gov/accounting/administrative-accounting-resources/travel
- **IECMH Workforce Collaborative webpage**: https://www.wa-aimh.org/about-training
Other IECMH Resources

- Infant and Early Childhood Mental Health: Promotion, Prevention, and Treatment: zerotothree.org/resources/series/infant-and-early-childhood-mental-health-promotion-prevention-and-treatment


- Washington Alliance of Infant Mental Health: wa-aimh.org/

- The Barnard Center for Infant Mental Health & Development: barnardcenter.nursing.uw.edu/

- PRiSM Project: nccp.org/prism-project/

- Diversity Informed Tenets: Divediversityinformedtenets.org/

- Center for the Developing Child: developingchild.harvard.edu/
Other DC 0-5™ Resources


