# Enhancing Workplace Well-being Through Community

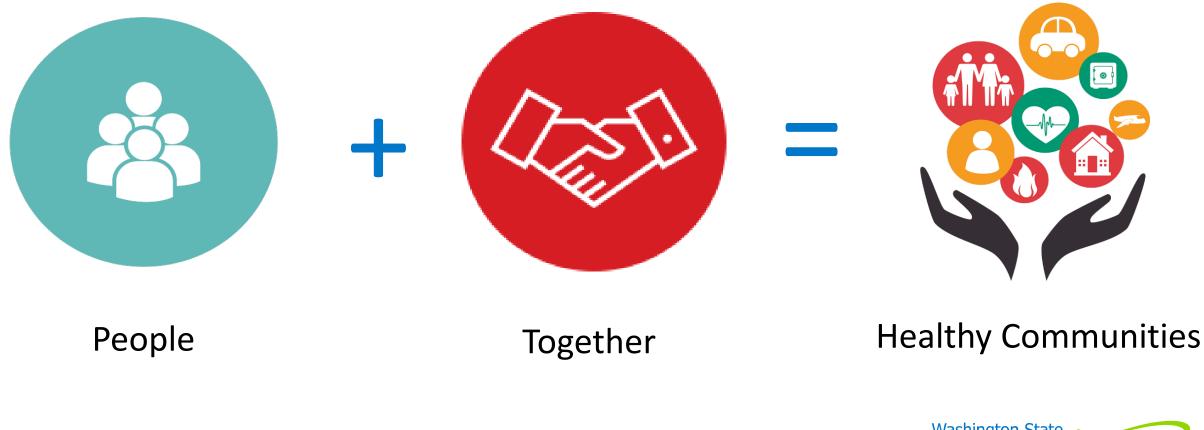
Washington Wellness Employee and Retirees Benefits Division Healthy Worksite Summit March 21, 2019



# Agenda

Welcome and Introductions	10:30 – 10:35	Washington Wellness	
Enhancing Workplace Well-being Through Community	10:35 – 10:50	Pam Walker	
Workplace; a Virtual Experience	10:50 – 11:05	Aaron Huff and Kathy Radcliff	
Creating Community Activity	11:05 – 11:25	Ron Kim	
Resources and Closing Remarks	11:25 – 11:30	Justin Hahn and Susan St. George	
		Washington State Health Care Authority	

#### Workplace Wellness and Community Partnerships



Washington State Health Care Authority

#### Massachusetts Department of Public Health



#### **Community Buckets**





#### Internal

- Committees
  - Student, safety, and leadership
- Content experts
  - Lunch and learns and demonstrations
- Facilities





#### External

- Businesses and Non-Profits
  - Community supported agriculture and wellness fair venders
- Chamber of Commerce
- Health Care Systems
- Wellness Councils



#### Peers

- Wellness Coordinators
- Government Agencies
- Higher Education Institutions



#### Virtual

- SmartHealth Community
- Workplace (Facebook for work)



#### Welcome to Workplace!





# An Agency Experience

# **WSDOT**





# Making the Work Community Better

Search	Q Invite Coworker	s 👳 Aaron Home 🗩 🄎 😨 🌣	0
Washington State Health Care Authority	Create a post	GET THE APP	Try the Chat app
			YOUR TOP GROUPS
Standard - Upgrade	🔀 Add Photo/V 😜 Add Activity 🧿 Add Location 🛛 🚥		Wellness Coordina
Aaron 5			Capitol Campus W
Active now			Capitol Campus W
🗎 News Feed 🛛 …			General
Notifications	That's All for Now	Workplace is available for Android in the	Workplace Tips
Workplace Chat	Keep checking back to find the latest posts from	Play Store and iPhone in the App Store. Enter your phone number to get a link to install the app.	
Shortcuts	across your organization.	+1 ▼ Phone number □ Send	GROUP CONVERSATIONS
Wellness Coordinators			Create New Group
Capitol Campus Wellne	- 1		CONTACTS
Explore		People To Follow See All	Justin Hahn
44 Groups		Karin Kramer Washington State Health Care Authority	Sustin Hann
Create Group		E Follow	S Susan St. George
11. Invite Coworkers			S Stephanie Malham
Saved		Help Us Make Workplace Better	
iii Events		The people who make Workplace want your	Christie Stelzig
- See More		feedback. Tell us what works well and what we could do better.	R Ron Kim
		Send Feedback	Karin Kramer

## How do I Join Workplace?





# Activity: Creating Community





#### **Resources and Closing**







Please contact us at:

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#### In Memory of Mike Palmason



