

Enhancing Workplace Well-being Through Community

Washington Wellness

Employee and Retirees Benefits Division

Healthy Worksite Summit

March 21, 2019

Agenda

Welcome and Introductions	10:30 – 10:35	Washington Wellness
Enhancing Workplace Well-being Through Community	10:35 – 10:50	Pam Walker
Workplace; a Virtual Experience	10:50 – 11:05	Aaron Huff and Kathy Radcliff
Creating Community Activity	11:05 – 11:25	Ron Kim
Resources and Closing Remarks	11:25 – 11:30	Justin Hahn and Susan St. George

Workplace Wellness and Community Partnerships



People

+



Together

=



Healthy Communities

Massachusetts Department of Public Health



Community Buckets



Internal



External



Peers



Virtual

Internal

- ▶ Committees
 - ▶ Student, safety, and leadership
- ▶ Content experts
 - ▶ Lunch and learns and demonstrations
- ▶ Facilities



External

- ▶ Businesses and Non-Profits
 - ▶ Community supported agriculture and wellness fair venders
- ▶ Chamber of Commerce
- ▶ Health Care Systems
- ▶ Wellness Councils



Peers

- ▶ Wellness Coordinators
- ▶ Government Agencies
- ▶ Higher Education Institutions



Virtual

- ▶ SmartHealth Community
- ▶ Workplace (Facebook for work)



Welcome to Workplace!



An Agency Experience



Making the Work Community Better

Washington State Health Care Authority

Standard - Upgrade

Aaron Active now 5

News Feed

- Notifications
- Workplace Chat

Shortcuts

- Wellness Coordinators
- Capitol Campus Wellne...

Explore

- Groups
- Create Group
- Invite Coworkers
- Saved
- Events
- See More...

Create a post...

Add Photo/V... Add Activity Add Location

That's All for Now

Keep checking back to find the latest posts from across your organization.

GET THE APP

Workplace is available for Android in the Play Store and iPhone in the App Store. Enter your phone number to get a link to install the app.

+1 Phone number Send

People To Follow See All

Karin Kramer
Washington State Health Care Authority
Follow

Help Us Make Workplace Better

The people who make Workplace want your feedback. Tell us what works well and what we could do better.

Send Feedback

English (US) · Español · Português (Brasil) · Français (France) · Deutsch

Try the Chat app

YOUR TOP GROUPS

- Wellness Coordinators
- Capitol Campus Wellness...
- General
- Workplace Tips

GROUP CONVERSATIONS

- Create New Group

CONTACTS

- Justin Hahn
- Susan St. George
- Stephanie Malham
- Christie Stelzig
- Ron Kim
- Karin Kramer



How do I Join Workplace?



Activity: Creating Community



Resources and Closing



Questions?

Please contact us at:

Washington Wellness

360-725-1700

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In Memory of Mike Palmason



1964 - 2019