

Transforming Health Care

for Washington State

Current System:



BHO Insurance

- Behavioral health prevention
- Treatment for serious mental health conditions
- Therapy/treatment for substance use disorder conditions
- Withdrawal management (e.g. detoxification) in a substance use disorder facility
- Psychiatric hospitalizations
- Emergency services for mental health conditions (e.g. crisis services)
- Recovery support services

MCO Insurance

- Primary care
- Counseling for mild mental health conditions
- Medication assisted treatment (e.g. opiate substitute therapy)
- Medical detoxification in an inpatient hospital setting
- Hospitalization/ In-patient admission (non-psychiatric)
- Emergency services for physical health
- Pharmacy benefits

Integrated System:



Integrated Insurance

- Primary care treatment and preventative services
- Mental health outpatient treatment (mild and serious conditions)
- Substance use disorder outpatient treatment
- Medication assisted treatment
- Pharmacy benefits
- Inpatient treatment for physical health and behavioral health conditions
- Emergency services and behavioral health crisis services
- Recovery support services