



# HCA Infant Early Childhood Mental Health Office Hours

January 23, 2025

# Our time together

---

**Note:** Please drop questions in the chat throughout. HCA's team will respond during open floor portion.



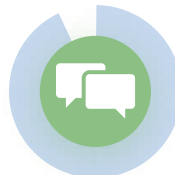
Welcome



Background



Provider Spotlight



Open Floor

# Welcome from HCA's IECMH team

---



**Christine Cole, LCSW, IMH-E®**

IECMH Program Manager  
Clinical Quality Care Transformation  
[Christine.Cole@hca.wa.gov](mailto:Christine.Cole@hca.wa.gov)



**Kimberly "Kiki" Fabian, M.Ed.**

IECMH Analyst  
Behavioral Health & Recovery  
[Kiki.Fabian@hca.wa.gov](mailto:Kiki.Fabian@hca.wa.gov)

# Getting to know one another

---

## In the chat box:

- ▶ Your name
- ▶ Your role & agency (if applies)
- ▶ What are you hoping to get from joining today?



# HCA IECMH updates

---



Apple Health DC:0-5  
Crosswalk updated  
for 2025

[Download](#)



MHAYC Overview for  
Agency Leaders

**Date:** April 17, 2025




**Time:** 2:00 - 5:00 pm

[Register](#)

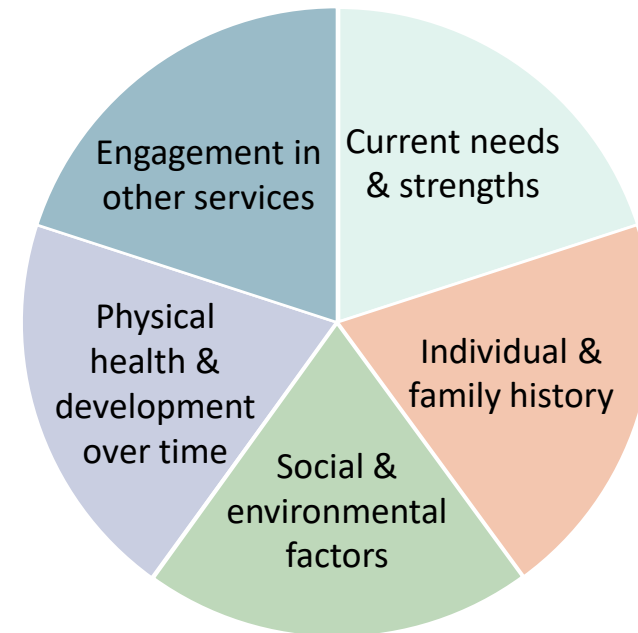
# Background

# Mental Health Assessment for Young Children (MHAYC)

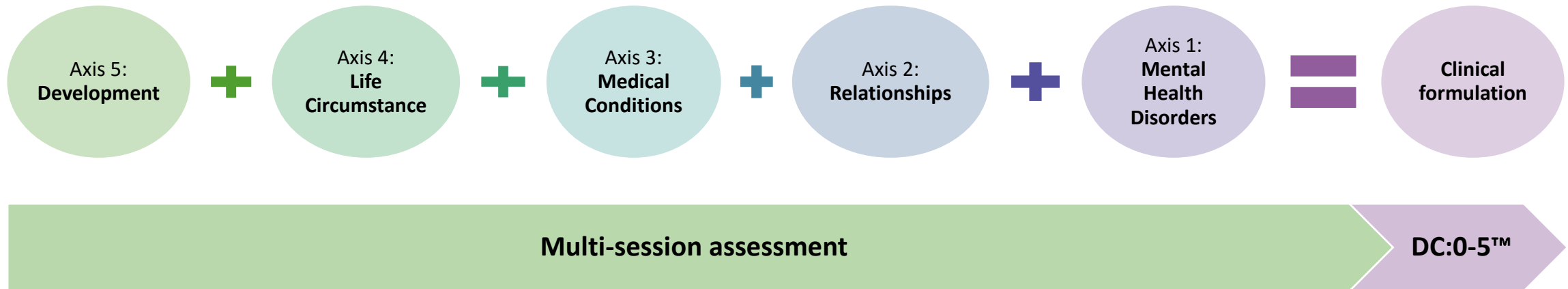
---

- ▶ Mental health assessments for children birth through age 5, Apple Health will:
- ▶ Allow reimbursement for:
  -  Multi-session assessments
  -  Provider travel to home and community settings
- ▶ Require providers to:
  -  Use the DC:0-5™

**Assessments include topics such as:**



# Multi-session assessment & DC:0-5™



- ▶ **Start with** understanding multiple aspects of a child's life from the family's perspective **BEFORE** diagnosing
  - ▶ It is important to understand the culture & community context of the behaviors
- ▶ **Then**, use the Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5™) to assess **emotional/behavioral symptoms**, with a **developmental lens**



# IECMH Statewide Tour

*"We need improved connection with other partners agencies who work with prenatal to five [age]. We need more days like today."*

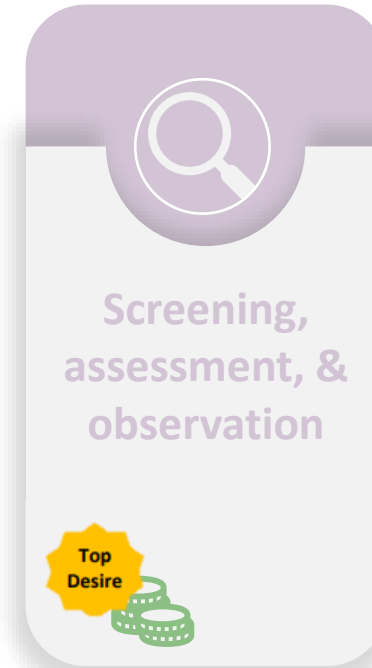
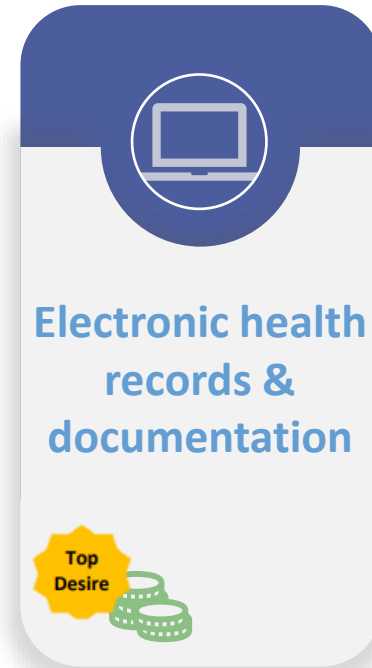
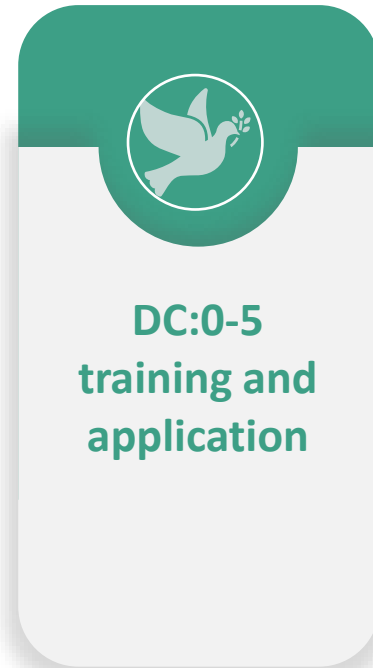
”



## By the numbers

**10** listening sessions  
**96** mental health providers  
**53** organizations  
**1,720** direct quotes

# What else do providers need to offer mental health assessment to young children?

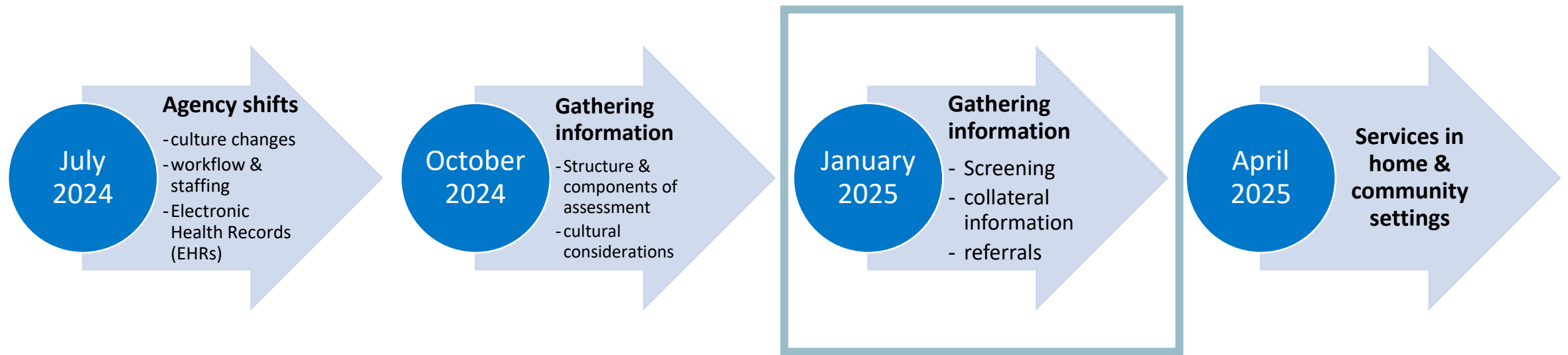


“

*“DC:0-5 training didn't always translate well into practice, particularly for highly stressed, low-income families. The cultural component particularly is challenging to translate.”*

# MHAYC Provider Spotlight Series

---



Look for our upcoming series to hear from providers like you about how they are making these changes.

[Subscribe for updates](#)

# IECMH Provider Spotlight