HCA Infant Early Childhood Mental Health Office Hours

July 27, 2023



Today's Agenda

Note: Please drop questions in the chat throughout. HCA's team will respond during open floor portion.

Welcome from the HCA IECMH team

IECMH Updates

- Emotional Health of Babies & Toddlers flyers
- B-5 at BHAs: IECMH best practices and opportunities for behavioral health agencies slides
- IECMH Statewide Tour

Open floor for questions & comments

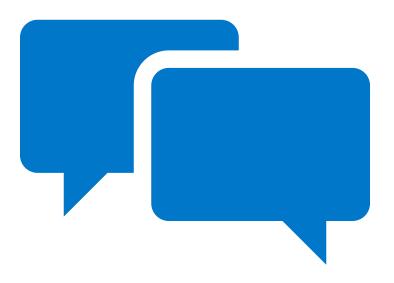


Getting to know one another

In the chat box:

Your name

Your role & agency (if applies)
What are you hoping to get from joining today?





Welcome from HCA's IECMH team



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What does the HCA IECMH team do?

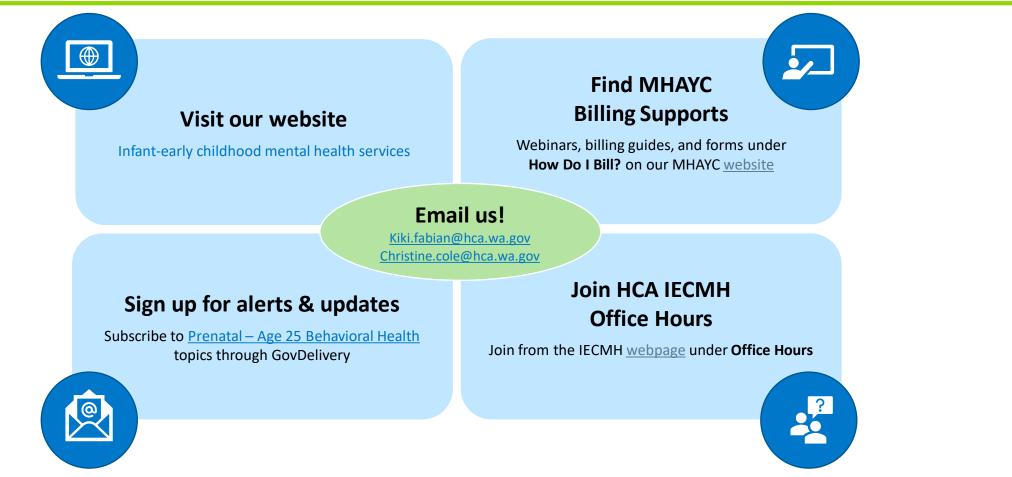
Implement and support policies for Apple Health IECMH services

Manage contracts and programs that support the IECMH field

Partner with sister agencies and organizations on IECMH projects



Want to learn more from HCA?





IECMH Updates



Emotional Health of Babies & Toddlers

A CLOSER LOOK AT Emotional Health for Babies and Toddlers

WHAT IS EMOTIONAL HEALTH?

Emotional health is learning how to express and manage feelings, learning about other people and yourself, and developing a sense of belonging within community and culture. It is the key to future development for children at every age.

By protecting early emotional health, children become more resilient to stress and are less likely to develop mental health problems down the road. These supports benefit children's health and success as they grow. They also benefit caregivers, by alleviating distress and fostering healing.

BEHAVIORAL HEALTH

EVERYDAY ACTIONS MATTER

Think about everyday actions you can take to support caregivers and their children at work and at home. What can you do to support families in your community? Find them on our IECMH webpage, under <u>Other</u> <u>IECMH resources</u>



Digital and print versions

Customized content for behavioral health, child welfare, early learning, and health care providers.

B-5 at BHAs slides



Infant-early childhood mental health best practices and opportunities for behavioral health agencies

Find them on our IECMH webpage, under <u>Other</u> <u>IECMH resources</u>

Washington Behavioral Health Conference June 2023







IECMH Statewide Tour

- Visiting each region of the state 0
 - Provider Listening Sessions
 - Community Networking
- Register today! 0
 - August 21-25: Great Rivers, Salish, & Southwest
 - September 8: North Central
 - Visit our IECMH statewide tour webpage!





Catholic Charities

SWACH

WithinReach

EARLY CHILDHOOD PCECN

Kids' Mental Health Pierce County

Pierce County

family service

Elevate Health

Health and Recovery Divisio

nton-Franklin

ŝ King County

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Open Floor

Comments & Questions



Where can we learn more about mental health assessment for young children?

Visit HCA's webpage on <u>mental health assessment for young children (MHAYC)</u> webpage for billers and providers to find:

- Billing webinars and guidance
- Travel reimbursement forms
- DC:0-5 Crosswalk

Visit the Infant-Early Childhood Mental Health Workforce Collaborative (IECMH-WC) website to find training on the DC:0-5 and other professional development resources

