

# Health-related social needs (HRSN) services

## Implementation updates

This document provides updates on the implementation of Washington’s **health-related social needs (HRSN) services** offered under the Medicaid Transformation Project (MTP 2.0), the state’s Section 1115 Medicaid demonstration waiver. HCA will update this document monthly, noting the availability of the three HRSN services offered by the **Department of Social and Health Services (DSHS)** and the statewide **Area Agencies on Aging (AAAs)**. The table lists each AAA (with a hyperlink to their website), the counties they serve, and the currently available HRSN services. If a table cell is empty, the HRSN service is not available at that AAA. A description of each HRSN service can be found after the table.

**Last updated: April 13, 2026**

AAA	Counties	Nutrition supports	Home modifications	Caregiver respite
<a href="#">Aging &amp; Adult Care of Central Washington</a>	<ul style="list-style-type: none"> <li>Adams</li> <li>Chelan</li> <li>Douglas</li> <li>Grant</li> <li>Lincoln</li> <li>Okanogan</li> </ul>			
<a href="#">Aging &amp; Disability Services</a>	<ul style="list-style-type: none"> <li>King</li> </ul>			
<a href="#">Aging &amp; Long-Term Care of Eastern WA</a>	<ul style="list-style-type: none"> <li>Ferry</li> <li>Pend Oreille</li> <li>Spokane</li> <li>Stevens</li> <li>Whitman</li> </ul>			
<a href="#">Confederated Tribes of the Colville Reservation</a>	<ul style="list-style-type: none"> <li>Colville Reservation</li> </ul>			
<a href="#">Kitsap County Division of Aging &amp; Long-Term Care</a>	<ul style="list-style-type: none"> <li>Kitsap</li> </ul>	<ul style="list-style-type: none"> <li>Medically Tailored Meals</li> <li>Nutrition Counseling and Education</li> <li>Pantry Stocking</li> <li>Fruit and Vegetable Provisions</li> </ul>		
<a href="#">Lewis/Mason/Thurston AAA</a>	<ul style="list-style-type: none"> <li>Lewis</li> <li>Mason</li> <li>Thurston</li> </ul>			
<a href="#">Northwest Washington AAA</a>	<ul style="list-style-type: none"> <li>Island</li> <li>San Juan</li> <li>Skagit</li> <li>Whatcom</li> </ul>	<ul style="list-style-type: none"> <li>Medically Tailored Meals</li> </ul>		

AAA	Counties	Nutrition supports	Home modifications	Caregiver respite
Olympic AAA	<ul style="list-style-type: none"> <li>• Clallam</li> <li>• Grays Harbor</li> <li>• Jefferson</li> <li>• Pacific</li> </ul>	<ul style="list-style-type: none"> <li>• Medically Tailored Meals</li> <li>• Nutrition Counseling and Education</li> <li>• Pantry Stocking</li> <li>• Fruit and Vegetable Provisions</li> </ul>		
Pierce County Aging & Long-Term Care	<ul style="list-style-type: none"> <li>• Pierce</li> </ul>			
Snohomish County Long-Term Care and Aging Division	<ul style="list-style-type: none"> <li>• Snohomish</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit and Vegetable Provisions</li> <li>• Pantry Stocking</li> </ul>	Available	
Southeast WA Aging and Long-Term Care	<ul style="list-style-type: none"> <li>• Asotin</li> <li>• Benton</li> <li>• Columbia</li> <li>• Franklin</li> <li>• Kittitas</li> <li>• Walla Walla</li> <li>• Yakima</li> </ul>	<ul style="list-style-type: none"> <li>• Nutrition Counseling and Education</li> <li>• Pantry Stocking</li> </ul>	Available	
Southwest Washington AAA	<ul style="list-style-type: none"> <li>• Clark</li> <li>• Cowlitz</li> <li>• Klickitat</li> <li>• Skamania</li> <li>• Wahkiakum</li> </ul>			
Yakama Nation Area Agency on Aging	<ul style="list-style-type: none"> <li>• Yakama Reservation</li> </ul>			

## Description of HRSN services

### Nutrition supports

The following services are offered as part of nutrition supports:

- **Medically Tailored Meals:** Provides an eligible individual with nutritious meals tailored to improve their health outcomes.
- **Nutrition Counseling and Education:** Provides an eligible individual with educational strategies to make their own healthy food choices.
- **Pantry Stocking:** Allows an eligible individual to purchase a variety of foods that promote better nutrition.
- **Fruit and Vegetable Provisions:** Allows an eligible individual to purchase fruits and vegetables from participating food retailers and farms.
- **Short-term grocery provisions:** Allows an individual to purchase a variety of foods that promote better nutrition (only available to individuals enrolled in [long-term services and supports](#)).

See HCA's [nutrition supports webpage](#) for more information.

## Home modifications

Home modification services – which include accessibility, remediation and home adaptation devices – provide physical changes to a home that are necessary to ensure the health, welfare, and safety of an individual. These services enable an individual to function with greater independence in the home. See HCA’s [home modifications webpage](#) for more information.

## Caregiver respite

Caregiver respite is a service that provides intermittent, temporary supervision of a qualified individual on a short-term basis. Services provided to an individual are primarily non-medical and may include attending to an individual’s basic self-help needs and other activities of daily living (ADL). Caregiver respite services are available when it is useful or necessary to keep a person in their own home, to prevent caregiver burnout, and to avoid institutional placement.